



December '04 SnoJob



OK, lets see here, Ski's and poles are ready, boots and goggles ready, fanny pack cleaned up (old candy wrappers tossed out), Parka washed and winterized, Sno-park permit stuck to windshield, snow tires on car.... Snow! Wait, we still need snow! With all the proactive preparation stuff at our fingertips, it seems cruel to have to wait for snow to fall to get out there and have our fun. With any luck, a huge dump of snow has accumulated since this writing.

Message from the President

Bill Boyd

whoch@earthlink.net

December is now upon us and hopefully we all enjoyed Thanksgiving with the friends and family members that are an important part of our lives. Christmas is just around the corner and of course New Years. 2005 will bring us a very important milestone in our history. We will celebrate 50 years of serving RLK and company at Timberline Ski Area. Since the first season of Timberline, there has been a world war, a tram from Gov'y to T-line., regular bus service in the 40's to the lodge, (my great uncle actually drove the bus a couple of seasons and would frequently have to stop and shoo the freeloaders off of the back bumper) and numerous changes in the Ski industry. As we look at the balance of riders today, we will easily find that Skiing is less than 50% of the mix on the slopes. Boarding continues to be popular and with the advances in technology, it is hard to predict how we will be "riding" in 20 years.

A lot of things have changed in the past fifty years, but the one constant has been the warm family feelings that have been consistently extended to us from Kohnstamm family. There will be a significant "party" in later May to share all the fond memories from the past fifty seasons. Please make an effort this season to join in the celebration and if you are relatively new to the Patrol, this will be a great chance to peer into the past, see how much has changed AND to see what has persevered through the years. Watch the coming Sno-jobs for dates and additional planned activities.

Please come to the December General meeting, the "Spirit of Giving" will be the theme and we will once again be collecting canned food for charity this year. Please remember the "reason for the season" and enjoy giving to those who are in need.

See you there,
Bill Boyd

Calendar Changes

The December 19th Sled Coaches and FRT on-hill calibration has been cancelled. Sled coaches, meet on Dec 18th for orientation. FRT updaters...we covered everything in the in-town session.

General Meeting

December 13th

Upcoming December Events

**8th - Basic Avalanche begins
12th - Meadows Orientation
14th - Basic Avalanche continues
16th - Advanced Avalanche
18th - Coaches and Evaluators Clinic
21st - Council Meeting**

...AND MUCH MORE-SEE FULLDETAILS ON THE BACK PAGE...

Ever wonder how the patrol figures out the required minimum days? It is not pulled out of thin air. If we assume that all areas will open the weekend of Thanksgiving and close winter operations in late April (Memorial Day for Timberline) then the mountain requires 2,782 patroller days for MINIMUM coverage.

	Hill Captain	Associate Supervisor	Hill Patroller	Associate Patroller	Any Patrol- ler
Mt. Hood Meadows	0	0	288	96	0
Mt. Hood Ski Bowl	47	47	396	386	0
Summit Ski Area	0	0	45	45	0
Timberline Lodge	62	62	516	256	0
Summer	30	30	180	90	60
Trainers	0	0	79	0	67
Total Service Days	139	139	1504	873	127
Grand Total Days					2782

In order to cover this MINIMUM requirement in 2004-2005 every active patroller needs to put in 15 days "boots on the ground" working as a patroller or trainer. Participating as a trainee is in addition to the 15 working days.

Regular Hill and Associate Patrollers

- 13 Winter days working on hill or as a trainer
- 2 Summer days working at Timberline or Ski Bowl
- Plus 1 day Sled & First Responder training
- Some also have 1 day Avalanche Refresher
- The above days are in addition to any green sheet credit for PR or OEC instruction

Hill Captains & Senior Hill Captains

- Same as regular Hill Patrollers
- 4 of the 13 Winter days doing Hill Captain duty
- 2 of the 13 Winter days doing Dispatcher duty
- 1 of the 2 Summer days doing Hill Captain duty

Associate Supervisors & Senior Associate Supervisors

- Same as regular Associate Patrollers
- 6 of the 13 Winter days doing Associate Supervisor duty
- 1 of the 2 Summer days doing Associate Supervisor duty

This schedule will yield (assuming no one gets hurt or moves away):

	Days Available	Days Needed
Hill Patrol	1925	1782
Associate Patrol	900	873
Any Patroller		127
Any Patroller	2825	2782

YOUR FELLOW PATROLLERS ARE COUNTING ON YOU!

Simply put, every one of us needs every other one of us to step up to the plate and do more than the minimum days required for active membership. If everyone puts in a full 15 days "boots on the hill" then we will have enough staffing to make for reasonable work days for everyone.

A short handed day is harder on every patroller who did show up. So think about your fellow patrollers and dispatch for a couple extra days. You'll be glad you did and so will every other patroller on duty with you.

Lisa Hargrave

Greetings all! I hope your winter has gotten off to a good, if not yet snowy, start. I'd like to repeat Lisa's point from the last General Meeting that we need everyone on our patrol to fulfill their service commitment. With each of us doing our part we can properly staff the areas we serve. Please keep in mind that you can always check the web-based dispatch to see if patrollers are needed on a day that you haven't signed up but would like to patrol – then Hill Patrollers can simply call the Hill Captain and Associate Patrollers can call the Associate Supervisor to let them know of your interest. In general I'm sure they will welcome the additional help. Also, here are a few friendly reminders: 1) Associate patrollers should have the new backpatch sewn on their parka before the end of this season (the backpatch may also be worn on the indoor uniform if you wish), 2) all Patrollers should be sure to sign up for a first responder update (which includes a sled update for Hill Patrollers), and 3) please make every effort to find a substitute when you need one (this may require a few telephone calls, as sending an e-mail request may not be enough). Lastly, I'd like to encourage each and every patroller to be sure to talk to the public about all of our patrol programs (Hill, Associate, and Nordic) when you're out on the mountain. Perhaps you'll spark the interest of some future member. Think snow, and I hope to see you on the mountain soon!

Eric Einspruch
AS461

Message from the Associate Director
Eric Einspruch
einsprch@teleport.com

I am telling you, bombing down the mountain in six feet of fresh powder is like the best....dream I have had in quite awhile. As of this writing, we are still waiting for the heavy snow to fly. I talked to Brad Englund this morning and he was sitting in a closed Timberline. There was eight inches of snow and lots of rain to go around.

A reminder to call the snow phone, the Hill Captain, the Supervisor, the Governor, Mother Nature, and pray to God (I hope its alright to say that.), to find out what is going on. The Hill Captain and Supervisor should know what is going on. Morning meeting is at 8:15 and we are on the slopes by 9:00.

Thanks a lot from the eternal dreamer, your Timberline APC,

Dave Wheeler

Message from the Timberline APC
Dave Wheeler
503-631-8410

Patroller Responsibility Code

Service before self, the needs of the mountain come first

Be on time

Never leave a patroller in need

If you need help, ask for it

Keep your training current

Always act in a manner that reflects well on the patrol

Committee News

Banquet Committee – The banquet is set for May 14th and McMenamins Crystal Ballroom in Portland. If you would like to help or just offer an idea contact one of the committee members: Dave Hornibrook, Patti Grant, Lisa Hargrave.

Message from the Vice President
Lisa Hargrave

Computer Committee – We need a few valiant souls to brave the unknown in testing the new member information system and knowledge base. Contact Todd Burwell or Lisa Hargrave.

Public Relations – The big ski shows are behind us but that is not the end of the public relations season. We need to get the word out about who we are, what we do and that we are looking for new members. If you would like to help or know a group that would entertain a speaker contact a member of the public relations committee: Jim Gianotti, Mac Sheldon, Karl Hoffmeister, Lisa Hargrave.

Sustainability Committee – We are looking for a few long-term thinkers who are interested in securing the future viability of MHSP. Key focus this year is to update the sustainability plan as needed and to develop immediate strategies for implementing the long term goals. Contact Eric Einspruch or Lisa Hargrave.

If you placed an order through us for DaKine, Arcteryx, Outdoor Research and Marmot we should have your gear by the Dec. meeting.

Clothing Committee
Steve Eversmeyer
sa_evers@hevanet.com

The same is true for avalanche gear. The order from Wasatch Touring is in and the BCA order was shipped to me Nov. 19. There were no back orders so I'll be bringing everything to the meeting. PLEASE if you ordered something and can not get it at the Dec. meeting, let Karl, Lori or myself know and make arrangements to get it. I don't want to store your stuff and if I don't hear from you will leave it with David Locke as he's got a nice BIG garage.

As I mentioned in my email, the RackAttack folks in down town Portland are offering us a 25% off discount for all their stuff. 503-226-7300 for Yakima, Thule and Saris gear. I'll have a couple of catalogs at the Dec. meeting if you can't get down there to look.

I also spoke with Meadowlark in Sandy. They are offering their wax pass to us for \$25 (vs. the regular \$30). This is good for as many hot waxes as you want between now and the end of April. They are usually open from 7 to 7 but will accommodate us if you call in advance. I usually stop on my way home and have them touch up my skies while I wait. As long as they are dry and fairly warm it works well. They are on the way up the mountain from Gresham, right across from the Sandy Fire Station, on the right hand side of the road. You can find John, Pat or Dave at 38858 Pioneer Blvd, 503-668-8173

Again, thanks to all who worked, helped, solicited, participated, or proffered good thoughts for our recently concluded 8th Annual. It is extremely gratifying to the committee to see more and more patrollers get involved... this event is quickly becoming an "all patrol" event... as it should be. A few important dates:

Ninth Annual John Keyes
Memorial Golf Tournament

- Monday, December 13: General Meeting. We've set a goal of \$30,000 for next year, and we'll take 10 minutes during the December meeting to share our "strategies;"
- Second Tuesday of each month at 6:00 PM. Our monthly committee meeting at Jerry Knowlton's office in Tigard. Join us for a few minutes... we'd love your input, ideas, etc.
- September 11, 2005: 9th (!!!) Annual at the Reserve.

Thanks!

Mark Larson • Jay Johnson • Pat Stevens • Jaye Miller • Mark Stephens • Frosty Comer • Jerry Knowlton

We are open for business.
The Government camp building and first Aid rooms are stocked and running. Thanks to Bob Tise and John Gastineau, along with all the apprentices for helping to get things up and running.

Message from the First Aid Chief
Paul Podett

Apprentice training is filled with information and skills that we build upon throughout our patrolling career. Unfortunately, skills become lack and forgotten if we don't continually use them. As we get glimpses down trails we haven't seen all year and hit the sweet spots that are awaiting our 8'S, lets be sure to revisit patrolling skills that weren't covered at the OEC refresher or chair evac. Please re familiarize your selves to all the equipment you may have worked with last year. This means investigating the contents of the FAR's for the Hill Patrollers and atop the lifts for Associates Patrollers. Know how to use your equipment and most of all, know where it is.

A Few Bad Boards

I have received a few reports about back boards missing or having incorrect strapping. Please check all boards. Please mark and pull the board from service if you find any discrepancies and take the board to Govy. If a board sneaks under the radar screen and your using it on a case, remember your best friend the cravat to make you board application work. Please then note the board #, were it went (Hospital) and send me a note so I can get the board from the ER.

Carpet Padding

We need carpet padding for splinting purposes. Can anyone score some to take to Government camp and or FAR.

How's that fanny pack?

Please be sure to explore and reorganize your fanny pack for the season and before each patrol day. You should swap out your bandages if they have gotten wet or have become stained. Not all first aid bandaging supplies have expiration dates; however, most do, so check for a date or rotate at least every few years. Protect your bandaging against the elements and perform a fanny pack inventory before every patrol day.

Please use the Government Camp building as your first stop for all your first aid supply needs before or after your shift.

Timberline Doc's

The Docs are back and will be covering Timberline for the winter and Summer months and are available for a consult or ALS. Please use there services with discretion.

We are always looking for a few good Doc's, so if you feel your personal physician has what it takes to be a part of our patrol, please contact me.

Medical Release Forms.

We have release forms at T-Line and Ski- Bowl this year.

If you have a case that you would like follow up on, have the patient fill out the available medical release form and Fax or mail the form to me. I will then be able to provide follow up information on your patient at the general patrol meeting &/or directly to you.

Skills Brief

For this editions FAC"s Skills brief. You get the answers.

During the OEC refresher, Station one, the infamous Annie station had a quiz given for anyone needing an extra point-er, to save Annie.

All Answers are correct.

Authorization for Release of Medical Information

Patient Name _____
Last, first MI

Date of birth _____
Mo Day Yr

Address _____ City _____ State _____ Zip _____

Day Phone Number(____) _____ Evening Phone Number(____) _____

For the purpose of continuing medical education and quality assurance I hereby authorize the release of information from my medical record to:

Mt. Hood Ski Patrol
c/o Paul V Podett M.D.
24900 S.E. Stark Street, Suite # 205
Gresham, OR 97030
(503)665-1010
(503)665-1023 Fax

Information to be released regarding the date of injury _____

- History and Physical
- Discharge Summary
- Emergency Room Record

Ski Area _____

Date of Injury _____

Signature patient or guardian Date

THE FAC'S

*******Skills Brief**

ANNIE STATION QUIZ

1. What are the indications for placing someone on a backboard?

- A. Head injury; altered levels of conscious
- B. Glasgow coma Scale < 13
- C. Palpable spine tenderness
- D. Laceration or bruising over spine
- E. Paralysis or sensory loss
- F. Impaired **CMS**.
- G. Significant MOI,
- H. Suspected pelvic,
- I. Suspected femur fracture
- J. You suspect a spinal injury.

2. What are the indicators for placing someone on O2.

- A. Suspected hypoxemia or respiratory distress from any cause
- B. Respiratory rate of an adult < than 8 or > than 24 breaths /min
- C. Severe head injury
- D. Loss of consciousness.
- E. Neck / spine injury.
- F. Suspected internal hemorrhage.
- G. Multiple injuries; 2 or more long bone fracture.
- H. Severe burns
- I. Stroke.
- J. Heart attack.
- K. Shock from any cause
- L. Carbon monoxide poisoning..
- M. Pulse OX < 92 %.
- N. CS< 13.
- O. Restlessness.

3. How can you tell which end of the board is up?

- A. The board logo read, up right, "READ ME"
- B. MHSP Shield at head.
- C. **Red Horizontal** strap at feet.
- D. Black cross (X) straps at top.

Training News

Matt Hickok has started the Level II class. They have had two in town classes so far.

Avalanche
Steve Eversmeyer

For those who need a refresher, please look at the calendar and sign up for one. We offer them in Jan, Feb and March. You have to attend every three years. We have a current list, check with either Matt Rea or myself if you're unsure.

Apprentices (Associate and Hill) – a reminder that your first meeting is Dec. 8 at the Kaiser Interstate building. More information will be provided at the meeting. The field day is set and we'll pick a spot once we get closer to the date based on snow pack. Mike Van Hoomissen is the main contact, or your trainers/coaches.

Snow News is Good News

BLUEWOOD

Buzz Bowman 503-644-8283

Time to think about Bluewood again. The date is set to leave Portland 4 PM Friday Feb 4, 2005 and return Sunday evening Feb 6th about 9 or 10 PM.

Price to be about \$125-135 for the weekend. Which includes Friday Dinner, bus, motel and Sunday beer. Oh yes gourmet beer is including.

Contact Buzz Bowman for more details. Sign up by Dec 15th by sending me a check for \$125.

LAKE TAHOE

Paul Podett

2/24-2/27/05

Includes

- Air
- Hotel (South shore, Lake Tahoe)
- Lift tickets to Heavenly (Fri), Kirkwood (Sat), Squaw(Sun).
- Shared 4x4

Trying to keep it under \$ 600.00

\$200 deposit - by 12/15

MHSP Calendar

December 2004	Event	Location	Time	Contact	Apprentices Required	Patrollers Required
Dec 8th	Basic Avalanche - Day 1 of 3 required in-town sessions	Kaiser Town Hall - North Portland	6:30 pm-10:00pm	Mike Van Hoomissen	Yes	
Dec 12th	Mt Hood Meadows Orientation	Meadows Ski Area		Debbie Norvell	No	MHM Patrollers - one orientation day required
Dec 13th	General Meeting	Athey Creek Middle School	6:30 - 9:00 pm	Bill Boyd	Recommended	Recommended
Dec 14th	Basic Avalanche - Day 2 of 3 required in-town sessions	Kaiser Town Hall - North Portland	7:00 pm-10:00pm	Mike Van Hoomissen	Yes	
Dec 16th	Advanced Avalanche			Matt Hickok		Pre-registered Patrollers
Dec 18th	Mt Hood Meadows Orientation - Backup Date	Meadows Ski Area		Debbie Norvell	No	
Dec 18th	Advanced Avalanche Field Session		7:30 am - 4:30 pm	Matt Hickok	No	Pre-registered Patrollers
Dec 18th	Sled Coaches and Evaluators Clinic			Larry Cahill	No	Hill Coaches and Sled Update Trainers
Dec 21nd	Council Meeting	Windermere Realty	6:30 - 10:00 pm	Bill Boyd	Contact Bill Boyd if you wish to attend or to add an item to the agenda	
Dec 24th-26th	Christmas Holiday	---	---	---	---	---
Dec 28th	Snojob Deadline for Submissions	ckdk@comcast.net	5:00 pm	Corinna Kupelwieser	---	---
January 2005	Event	Location	Time	Contact	Apprentices Required	Patrollers Required
Jan 1st	New Year's Holiday	---	---	---		
Jan 5th	Basic Avalanche - Day 3 of 3 required in-town sessions	Kaiser Town Hall - North Portland	7:00 pm-10:00pm	Mike Van Hoomissen	Yes	
Jan 8th	Basic Avalanche Field Session		7:30 am-4:30 pm	Mike Van Hoomissen	Yes	
Jan 8th	Advanced Avalanche Field Session		7:30 am - 4:30 pm	Matt Hickok	No	Pre-registered Patrollers
Jan 8th	Senior S&T Instructor Calibration			Bob Smith	No	Senior Sled Instructors
Jan 8th	FRT/Sled Update	Timberline	Open - Noon	Corinna Kupelwieser Larry Cahill	No	Yes...on the day that you signed up for at OEC
Jan 8th	FRT/Sled Update	Timberline	Noon - sweep	Corinna Kupelwieser Larry Cahill	No	Yes...on the day that you signed up for at OEC
Jan 9th	Senior Emergency Management Module			Kathy Lee	No	Pre-registered Patrollers
Jan 10th	General Meeting	Athey Creek Middle School	7:00 - 9:00 pm	Bill Boyd	Recommended	Recommended
Jan 16th	Basic Avalanche Field Session		7:30 am-4:30 pm	Mike Van Hoomissen	Yes if you did not attend on Jan 8th	
Jan 17th	MLK Day	---	---	---		

* Shaded events/dates are tentative or TBD