



MHSP SnoJob October 2007



President's Notes **SPIF—Ski patrolling is fun!**

We are almost there!!

The First Patrol Meeting is October 7th at

7:00 pm. We have finished the golf tournament, fall chair evac, and we are part way through OEC refreshers. If you haven't started getting in shape for the season, you better get going. It will be here before you know it. With a little luck we'll be skiing in thirty days.

Just a reminder, as volunteers, we are not covered by Workman's Comp Insurance. If you are injured doing a patrol activity, the only medical coverage you have is your own medical insurance policy. In addition, with the exception of some training activities, we do not have any liability coverage. The Good Samaritan Act will generally cover you while you are involved in rescue and first aid.

If you are interested, liability coverage is offered by many home owners and renters policies, either as part of the normal coverage or through an additional rider (Safeco's Volunteers of America for example). If you have questions about this, you should discuss it with the MHSP officers, and/or your insurance agent.

As most of you are aware, MHSP Patrollers are not doing Self Evac at this time. This is a continuation of a policy from last year, reinforced by the current council. This is typical of most NSP volunteer patrols. We have a committee established to meet with the ski areas to determine what best serves the needs of our members and our ski areas.

On a happy note, the 11th Annual MHSP Golf Benefit honoring Lt. Col John Keyes was a great success! Even though we had no title sponsor, and no cash sponsors other than corporate teams and tee signs, it looks like the event will add a nice amount to our bank account. Many of the players complimented us on the quality of the tournament, and thanked us for putting it on. A big thank you to all the patrollers and friends who worked so hard to make this event happen!

REMEMBER SPIF (Ski Patrolling Is Fun)

Joel Stevens

MHSP President

Important Information:

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Membership Commitment

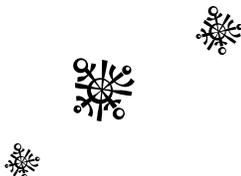
Gold = 20 days total, including 2 summer days.

Silver = 17 days total, including 1 summer day

Bronze = 12 days total.

Total days includes training days and days as an instructor or coach.

Ski year ends on Labor Day



Patrol Chief - Paul Podett



What's new

New privileges, yes they're on the way- stand by and stay tuned.

A New Pocket Guide - second edition

All patrollers will be getting a copy of the new MHSP Pocket Guide during the OEC refreshers. I would like to thank Lisa Hargrave, the MHSP council and all instructors and APCs contributing to this text.

Teams at Ski Bowl and Timberline

Starting this season at the suggestion of pro staff we're hoping to coordinate a team system at Ski-bowl and T-line similar to Meadows.

There would be up to seven hill patrollers and four associates per team. Teams would be scheduled November-May. Winter and summer days would be required for team members. Team members would receive additional privileges. All other patrollers, non-team members, would dispatch according to their commitment level.

We are compiling the information received from our recently sent survey. Give us your thoughts or give me a call or email, if you are interested in a team position at Timberline, Skibowl or Meadows.

Returning Meadows teams, check in with Jeff Ezzell. There are a few openings this year for new team members at MHM. First year patrollers are not

eligible for team status at Meadows and may only dispatch a total of 5 days at MHM in their first year of service with MHSP.

New Dispatch

Not really new, the Wheeler System is back. All Patrollers are required to Pre-dispatch by:

10/15 = Module 1, Nov-Dec

12/15 = Module 2, Jan-Feb

2/15 = Module 3, Mar-May

5/15 = Module 4, June Sept

Patrollers not dispatching by the registration deadline;

1) The Patrol Chief will schedule the patroller their required number of days and schedule an additional day in August or September.

2) The Patroller will then loose all privileges allowed by MHSP including season passes, chits, vouchers and Pro Form discounts for that module.

3) If a patroller is in violation for two modules the patroller's record will be reviewed by the council.

If dispatch difficulties are anticipated for the season, you should contact me immediately. No-call/No-shows are required to dispatch an additional day for the season and also to make up the no-show day. Two no-call/no-shows will forfeit any privileges and will require a review of record by the MHSP council.

First Aid Chief- Cleo Howell



Always Be Prepared

The Boy Scout motto of "Always be prepared" applies to us as ski patrollers also. On at least two separate occasions in the past month two different MHSP patrollers were the first people on the scene of traffic crashes.

In each case the respective patrollers were able to provide emergency care to the patients and managed the scene until local emergency medical services personnel arrived on the scene. Each patroller then assisted the EMS personnel in preparing the patients for transport.

Each of us as ski patrollers has received excellent emergency care skills through the Outdoor Emergency Care course. The two cases above demonstrate we can put those skills to use in our community, in addition to on the mountain.

In order to protect yourself and to provide the best care, I recommend you always carry some first aid supplies in your car. At the very least carry with you protective gloves, a protective shield or pocket mask for CPR, and supplies to control bleeding. Consider carrying your MHSP first aid pack or a similar arrangement of first aid supplies.

You and your skills are a valuable asset to your community. Keep up the good work!

P.S. If you're interested in details about the above incidents contact Jeffrey Weitz or Cleo Howell.



Associate Director - Dave McKay



Once again, that time of year has come around and we're anxiously waiting for the first snowflakes to fly. I love this time of year, with the cold fall mornings, warm sunny days, the ever-changing colors, football, chair evac and OEC. It's a very busy time of year, full of anticipation and excitement. So, here are a few things going on.

*First, I would like to acknowledge our 15 new associate apprentices are coming on board this year. We have some real talent and enthusiasm and I'm sure they will do great this year under the guidance of our training director, Jim Holway. We are trying to incorporate much of the on-hill and first aid room experiences this year, including orientations to bump, opening assignments and closing in addition to the usual FAR experience. We're also going to give final sign-offs at the time training requirements are completed, instead of waiting til the May banquet. This will help get more people out on the hill during the year.

*Associate supervisor training will occur on October 6th. We have around 20 associate/senior supervisors with 6 or 7 new trainees this year. The associate supervisors training generally consists of an evening going thru the requirements, forms, and duties, and then a year of shadowing associate supervisors at the various areas. The associate supervisor works closely with the hill captain to ensure adequate staffing, care management, and coverage in the first aid room and on the hill.

*The Executive Council has assigned a committee to review the current associate uniform. The committee, consisting of both hill and associate patrollers, has met once and will ultimately be making a recommendation to the Executive Council regarding any changes to the uniform.

*Summit: OK, now I've switched to my Summit APC hat. If you've driven by lately, you may have noticed a little building constructed in the middle of the parking lot. No, it's not the new first aid room. But, it is a new tube rental and espresso kiosk, which will be open this season. I gather from Charlie, the new first aid room will have to wait until next year. Oh well.

That's about it for now. Be sure to attend one of the chair evac and OEC sessions. A lot of work has gone into making these very enjoyable. See you at the October meeting!

Dave McKay

Mountain Hardware GTX 2.5 Jackets were at chair evac to try. To order, please send a check for \$150.00 to:

MHSP Clothing Committee
P.O. Box 4384
Portland, OR 97208

Be sure to specify the size-

Men's Small, Medium, Large, XL and XXL.
The \$150 will get the jacket without patches.

Mountain Hardware estimate's charging \$25 to put on patches. We will get a firm cost after they do the first coat for us. Note, due to the location on the pocket, it may be necessary for you to sew the shield and name tag on by hand. Mountain Hardware can put on the back cross and the two (new) shoulder crosses, they are not sure about the shield. We will do another order after the October meeting. Supply is limited, and it is first ordered, first served.

Avalanche Training

I hope you all had an opportunity to read the two really good articles on avalanche training and rescue in the Spring / Summer edition of *Ski Patrol Magazine*. If you haven't, I encourage you all to go back and review them. The first article talked about the increasing number of dedicated transceiver training and practice sites appearing around the country, including at ski areas. Backcountry and inbound skiers and riders are encouraged to practice frequently with transceivers to keep up their skill and comfort level with this most important rescue equipment.

In the second article, Bruce Edgerly of Back Country Access and Dale Adkins of RECCO, Inc. wrote about recent findings in the study of effective methods for shoveling out buried avalanche victims. Data shows recent advances in transceiver use, technology and training, search times for buried companion rescue are diminishing. The most time consuming activity associated with avalanche rescue remains excavation of buried victims. They studied alternative methods of digging out buried victims and recommend a number of strategic approaches to digging.

In the Mt. Hood Ski Patrol Avalanche training, we'll continue to emphasize the importance of transceiver skills. This year we'll also begin to integrate some of what we are learning about excavation strategies and other techniques. Here's a summary of upcoming avalanche training opportunities this year.

Apprentice Avalanche Training

In the past MHSP policy required apprentices to complete a Level I (Basic) Avalanche class during their apprentice year. We have decided to make this a second year requirement; this year's apprentices will not be required to take the full Level I course until next year. We will, however, provide all of the apprentices with a short Avalanche Awareness class to equip you with what we think are the bare minimum avalanche protection and rescue skills. Avalanche Awareness will involve one evening class in town followed by a couple of hours of skill practice on the snow. We'll work with your coaches and apprentice training directors to schedule the field sessions into your regular apprentice training. The evening session will be scheduled some time in November—stay tuned for more details.



Avalanche Refreshers Courses

Everyone should remember we require every patroller to take an avalanche class—refresher, Level I or Level II—every third year. Unfortunately, over the last two years we cancelled all of our Avalanche Refresher classes due to low patroller dispatch and the need to cover the areas. Consequently, we have a very large backlog of patrollers needing a refresher. We'll be putting a big push on to get all of you who are overdue through avalanche refreshers this year. We'll ask everyone to schedule a refresher online this year. Dates and details will be available in the November SnoJob.

We've kept very accurate records of avalanche course completion over the last five years and can tell every patroller what their current standing is. Those records will be available at OEC refreshers. If you still have questions about your avalanche status—contact Matt Rea.

Level II—Advanced Avalanche Class

We will be conducting a Level II Advanced Avalanche class this year. Matt Hickok will be lead instructor. Level II is open to anyone who has completed the Level I course and is highly encouraged for Hill Captains, Associate Supervisors, Nordic Patrollers and anyone else involved in backcountry activities. We also use the Level II course to train and develop new instructors in our Avalanche training cadre for MHSP. If you are interested in Avalanche Training this is the way to get started. In-town class sessions will begin in December with field sessions through the winter. Please make certain to register with Matt Hickok by the final OEC refresher class on October 28.

Matt Rea

MHSP Avalanche Advisor

OEC Refresher - Registration – Roster - Dues

Reminder: If you are unable to attend an MHSP refresher, there are several things that need to happen.

1. Find another patrol's refresher to attend, have your OEC card signed by the instructor, and return the refresher acknowledgement form to Cleo Howell. Also include a copy of your current CPR card.
2. Contact Peggy O'Leary no later than 10/28/07 to let her know you will not be attending one of our refreshers. A printed roster will be provided this season and contacting Peggy will ensure you are listed as an active patroller in the roster. Also, if for some reason you are unable to go on-line to update your personal information, be sure to contact Peggy by 10/28/07 to get it updated. And if you haven't already sent it to her, be sure to let her know the year of your birth.
3. Send your dues check to Kathy Lee no later than 12/1/07. Dues are \$110.00. Make the check payable to MHSP and include your MHSP number on the memo line. After 12/1/07, there is a \$10 late fee, so get those checks in early!

Senior Program

National Ski Patrol has a Senior Program designed to provide a forum in which patrollers may enhance patrolling skills and improve their management and leadership skills. There are several required and elective components, and Senior Emergency Management Module (EMM) is one of the required components. The focus of Senior EMM training is on decision-making, problem management, and leadership, using OEC multiple patient scenarios as a framework for training and evaluation.

In addition to the above goals, there is another component for Hill Patrollers, which is Ski and Toboggan (S & T). Patrollers improve skiing skills via PSIA standards and continue to hone toboggan skills with new equipment and methods. The Senior Program also offers an opportunity to meet and train with fellow patrollers from other patrols. See the patrol calendar for training dates.

All patrollers interested in Senior EMM are encouraged to contact Kathy Lee, leek@ohsu.edu, (503) 494-2630 work, (503) 654-7494 home,

All patrollers interested in Senior S&T are encouraged to contact Jeffrey Weitz, 503-525-1925, jweitz@northrimcommercial.com.

Instructor Development

Interested in teaching Avalanche, MTR, OEC? Or maybe being a First Responder Trainer or Sled Coach? One of the first steps is to take an Instructor Development Class and the next one is scheduled for 10/30/07 and 11/06/07, 6:45pm-9:30pm. Both nights are required. Contact Kathy Lee, leek@ohsu.edu, to register for the class. Can't make both nights? Contact Kathy to make other arrangements.

Portland to Coast Walk August 2007

Once again, the Mt Hood Ski Patrol Hoodlums had a great relay walk to Seaside. And we even had opportunities to provide first aid. Actually, it was Bob Tise who hogged all the cases ranging from heat exhaustion to ugly lacerations and abrasions. Our collective feet were slapping the pavement for almost 27 hours before we hit the sand, and we placed 5th in the Masters Division and 43rd overall out of 340 teams.

It's always a great feeling to hear the crowd cheer as Mt. Hood Ski Patrol is announced crossing the finish line. And it's a terrific team effort by everyone – volunteers, drivers and walkers. Our volunteers were vital in keeping us from being disqualified and it was great to see their smiling faces at the finish – Pam Louie, Judy Madsen, and Donna Snoke. Our drivers, 'Bobmobile' Tise and John 'Road Warrior' Howard, once again did an awesome job keeping us out of ditches and getting us safely to Seaside.

Congratulations to the walkers for a great effort in the 127 mile leap frog journey – Lori Bennett, Larry Cahill, Tonya Drayden, Patty Grant, Mike Grant, Bill High, Linda High, Gerry Johnson, Sheryl Karstens, Diane Kindall, and Craig Savage.

Kathy Lee



August 25, 2007, Portland to Coast Relay, Handoff from Gerry Johnson to Larry Cahill on Lewis and Clark Road, five miles from Seaside. Photo: By Kathy Lee

Important Dates

- *October 8—Coaches Meeting @ Wankers Corner @ 6 pm & General Meeting—Athey Creek Middle School 7—9 pm*
- *October 10 — Mount Hood Ski Patrol Executive Council , 6:45 pm: Apprentice Meeting 7—9 pm*
- *October 13—Apprentice Work Party—Government Camp Building: Moutain Hosts Refresher @ 9:30 am, Timberline*
- *October 17—Hill Captain/ Supervisor meeting— The Lucky Lab Brew Pub 7675 SW Capital Hwy (Note this is not the Down Town Pub)*
- *October 18 —SnoJob Deadline; - Pro form night at Hilcrest Ski Shop, 25006 SE Burnside, Gresham*
- *October 20, 28 —OEC refresher, Meridian Park Hospital*
- *October 30— MHSP Alumni Luncheon —Eastmoreland Golf Club, 2425 SE Bybee Blvd, Portland, Oregon, 1 pm*

The official MHSP event calendar is available on-line through Google. Links are available from the MHSP Dispatch website through www.mthoodskipatrol.org — OR— if you have your own Google account access the calendar directly from your web browser by typing calendar.google.com. The name of the calendar is "Mt Hood Ski Patrol - Oregon". It is a public calendar so anyone may view it.

▶ October 2007



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8 General Meeting Columbus Day	9	10Apprentic e/ MHSP Council Mtgs	11	12	13 Apprentice Work Party/ Host Refresher
14	15	16	17 Hill Captain/ Supervisor Mtg	18 SnoJob Deadline/Pro form night	19	20 OEC Refresher
21	22	23	24	25	26	27
28OEC Refresher	29	30 MHSP Alumni Luncheon	31 Halloween			

<http://www.mthoodskipatrol.org/members/snojobs.cfm>

Radio Rant—worth repeating (get it?)

by Rad I. O'Rant (MHSP #0000)

Never pick up a radio by the antenna!

If the antenna is bent too far, too often, the internal conductor will break.

This invisible failure reduces the range of the radio. One police department surveyed their handheld radios and found that some 60% of the antennas were invisibly broken due to poor handling.

If you want to be heard, treat your radio with care, every day.

SEND! Stories, pictures & those wonderful words-of-wisdom for the SnoJob to SnoJobEditor@gmail.com

Important Dates

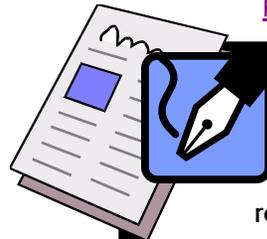
- November 2, 3, 4—Portland Skifever Ski & Snowboard Show—Portland Expo Center
- November 6 — Instructor Development 6:45 pm
- November 10, 11 —FRT for apprentices @ Timberline
- November 12 —General Meeting—Athey Creek Middle School 7—9 pm
- November 14—Mount Hood Ski Patrol Executive Council , 6:45 pm
- November 23 —SnoJob Deadline
- November 27—Sr EMM OEC skills check

▶ November 2007



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 Skifever	3 Skifever
4 Skifever Daylight Savings Time Ends	5	6 Instructor Development Election Day	7	8	9	10 FRT for apprentices
11 FRT for apprentices Veteran's Day	12 General Meeting	13	14 MHSP Council Mtg	15	16	17
18	19	20	21	22 Thanks-giving	23 SnoJob Deadline	24
25	26	27 Sr EMM OEC skills	28	29	30	

<http://www.mthoodskipatrol.org/members/snojobs.cfm>



The MHSP SnoJob has a new address!

SnoJobEditor@gmail.com.

Now that you can hardly wait to be a contributing writer, remember:

- Send copy as simple text in emails,
- Send pictures, graphics as jpg files,
- Send copy and all graphics separately;
- Make sure to identify who is in your contributing photo,
- Editors DO get editorial privileges to help formatting and standards of the publication.

Donna Disch & Lisa Hargrave



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Mount Hood Ski Patrol

P.O. Box 4384
Portland, OR 97208



**MHSP
Executive Council**

President - Joel Stevens
Vice President - John Gastineau
Secretary - Mark Diamond
Treasurer - Kathy Lee
Patrol Chief - Paul Podett
First Aid Chief - Cleo Howell
Associate Director - Dave McKay
Nordic Director - Michael Curtis
Senior Trustee - Mac Sheldon
Middle Trustee - Matt Hickok
Junior Trustee - Steve Eversmeyer

READ THIS NEWSLETTER ONLINE!

Make sure to visit Mount Hood Ski Patrol Website

www.mthoodskipatrol.org

