



# Mt. Hood Ski Patrol

# Snojob



January 2012

## General Meeting

**Date:** Monday, January 9, 6:30 for clothing committee and vendors, meeting runs 7-9

**Location:** Athey Creek Middle School (regular place)  
2900 SW Borland Rd.  
West Linn, OR 97068-9338

## President's Message

*By Steve Eversmeyer, President, HC 1170*



By the time you're reading this we'll be moving into our second module of dispatch. Where did the fall go? We accomplished a lot thanks to all of you! From the instructors to each patroller; the person showing up, ready to refresh, review and show what you know. THANK YOU! You make a difference! Whether you treat someone or not, people know we are there if they need us and they know we are ready to provide outstanding care.

Our OEC class has started, and our new apprentice patrollers are getting ready for their hill related training as well. Those Tuesday night sessions are a great way for you to meet the new folks, help them learn new skills as they work on becoming patrollers. If you're interested, please talk with Cleo to find out how best to help.

Sled coaches will be starting their training process and the associates have a well-defined path for their hill training. The hosts have a similar plan as well. We also have some transfers joining us. They too have a specific path to follow so they can start contributing to MHSP. Take a minute to introduce yourself to all of these folks, make sure they feel welcome.

I hesitate to ask but if you haven't done your snow dance this year please do so. We got off to a pretty decent start around Thanksgiving. The long range forecast says we'll move back to a wetter cycle in Jan. but the sooner the better for the areas and ourselves. I know the solid base got some fluff recently, but more would be better.

For those who missed my email about your MHSP patrol cards, my apologies. I should have had them ready for the December meeting. I will have them at the January 9 general meeting. If you can't get them at the meeting, either send me a self-addressed, stamped envelope OR get them in Govy starting January 15. If we need to work something else out, email or call and I'll see what I can do. In the interim, use your existing MHSP card. It should serve the purpose for the at most two week transition period.

See you on the mountain!

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# FIRST AID

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## Remember to Check all Packs on Opening

By Cleo Howell, First Aid Chief, AS1444



Here are updated versions of the pack lists. When opening the hill remember to check inside all packs to make sure they are complete. When you load or check a pack please put your name, not initials on the seal tape.

Also, remember that the old Stiff-neck c-collars have been phased out by MHSP. Only Laerdal or Patriot brand adjustable collars should be in the bag. If you find another type of collar please replace it with an adjustable collar.

Here are some lists you can clip and carry in your radio pack.

Backboard Bag	Oxygen Pack	Sled First Aid Pack
Adult Adjustable C-collar (1) Pediatric Adjustable C-collar (1) Foam Block Set (1) Cravats (4) 2" Tape (2 rolls)	Oxygen D Tank (1) Nasal canula, Adult (1) Nasal canula, Pediatric (1) Non-Rebreather Mask, Adult (1) Non-Rebreather Mask, Pediatric (1) Oral Airway Set , 100-50mm (1) Suction Kit – handle and canister, extra canister, extension tube Bag Valve Mask, Adult (1) Bag Valve Mask, Pediatric (1) Biohazard Bag (1) BSI Gloves (2 pair, S,M,L)	Band-aids (10) Cravats (6) Gloves (2 pair S,M,L) 2x2 Gauze pads (2) 4x4 Gauze pads (8) 5x9 ABD pads (2) Non-adhesive pads (4) 2" Tape (2) 1" Tape (2) 2" Roller gauze (2) 3" Roller gauze (2) 4" Roller gauze (2) Tongue depressor (2) Wire splints (2 prepared splints) Gallon Ziploc bags (2)

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# SKI PATROL OPERATIONS

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## What to do if you need a Dispatch substitute?

If you cannot make a dispatch day, it is your responsibility to "actively seek a replacement and notify the designated Hill Captain (Hill Patrollers) or Associate Supervisor (Associate Patrollers) of the day".

When you withdraw, it shows up in the 'Substitutes Needed' box on the dispatch site. But no one will know you need a substitute unless they happen to go to the dispatch site. You need to proactively look for a replacement. Email sometimes works, but phone calls to patrollers who owe you favors is usually the most effective method.

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# TRAINING

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## Senior Ski & Toboggan Clinics

*By Tom Payne, Senior S&T Coach, HC 1378*

Senior ski and toboggan dates have been set and are listed below. This training is appropriate for those who want to complete all Senior training or those who just want to have an advanced course of sled training. We will work on fundamentals and then move on to perfecting all the skills necessary for well executed sled running. In addition, we will drill in fundamental skiing skills and learn skills to teach others these important elements of patrolling.

One enjoyable part of Senior S & T is the ability to train with other patrollers at other areas with very skilled trainers from across Oregon. It is not required that you attend all sessions, but experience has shown us that the more sessions attended by the candidate the more likely they will be successful in the evaluations.

Dates:

1/14/12 & 1/15	S & T Women's Clinic @ MHM
1/22	S & T @ Bachelor
2/11	S & T @ MHM
2/19	S & T @ Skibowl
3/24	S & T @ MHM
4/1	S & T @ Mt. Ashland

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# ADMINISTRATION

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## 2012 Patrol Cards

Membership cards will be available at the January 9 general meeting. Until you have them, please continue to carry and use your existing MHSP card, even though it expires 12/31/11.

If you need a 2012 card prior to that, please let me know by MAILING Steve Eversmeyer, a self addressed, stamped envelope and I will get a card out to you that way. (Steve's address is in the online roster.)

For those who can't make the meeting, you'll be able to get your card at the Govy building starting January 15.

Please let me know if you run into issues with this, or refer them to Steve Eversmeyer.

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## Do you recognize this sled?

If so, the diamond jubilee (that's 75<sup>th</sup> anniversary) committee wants to hear your stories and see your photos about patrolling when this was standard equipment on the mountain. Email your story to [mhsp@okelydokely.com](mailto:mhsp@okelydokely.com) or call Lisa Hargrave at 541-386-4785.



*Scott Russell shows off vintage patrol sled he may be loaning to MHSP for the 75<sup>th</sup> Anniversary.  
Photo by Bill Johnson.*

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# OTHER NEWS

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## Welcome Bruno



*Jeff Kohnstamm introduces the new generation of a long standing Timberline tradition.*

## Be part of the Ski to Defeat ALS!

Join The ALS Association Oregon and SW Washington Chapter for what is sure to be an epic and inspiring day on the mountain. Hit the slopes at **Mt. Hood Meadows on Saturday, April 14, 2012** with one goal in mind – raising dollars to sustain local services for those living with ALS in our community, while also supporting international research and highly effective national public policy efforts. **You can make a difference today.**

**The Ski to Defeat ALS offers something for everyone.** For a registration fee of just \$75, each participant will be given an exclusive lift ticket and be entered into a vertical feet challenge, where a prize will be given to the skier or snowboarder who racks up the most vertical feet from their runs. This fee also includes all food and beverages. We promise it will be a great day.

**ALS, also known as Lou Gehrig's Disease, is a deadly illness that affects the motor neurons in a person's brain and spinal cord.**

When the motor neurons die, the muscles waste away. Gradually, a person is robbed of the ability to eat, speak, walk, swallow, and eventually breathe. All the while, the mind remains as sharp as ever and aware of the total paralysis that is quickly setting in. Upon diagnosis, doctors give ALS patients only two to five years to live. The disease can strike anyone at any time.

**There is no known cause of ALS and currently, there is no cure.**

**It's a fundraiser.** Each person who registers to be part of the event will be required to raise at least \$150. It might sound like a lot, but it's easy and staff at The ALS Association are here to help you surpass this goal. We know that once you start emailing your friends and family, the support will pour in. It will surprise you. It will empower you. It will empower those living with ALS.

**How to join:** Visit [www.skitodefeataals.org](http://www.skitodefeataals.org) today or call 800-681-9851x2 to get your team started! Remember, a team can be two people or two hundred people – The Ski to Defeat ALS is a great opportunity to have some fun enjoying Mt. Hood's powder while making a difference in your community.



Join **Fred Noble**, the honorary chair for the Ski to Defeat ALS. Fred was diagnosed with ALS in December of 2010.

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## Snojob Deadline is the Third Monday of the Month

*Lisa Hargrave, Snojob Editor, HC/AS 1053 and Barb Korsmo, Copy Editor, Alumni AP 90260*



The deadline for Snojob articles and photos is the third Monday of each month (7 days after the general meeting). Send your submissions to [snojobeditor@gmail.com](mailto:snojobeditor@gmail.com).

**Articles:** Please submit as the body of your email rather than an attached document. If you have a long article covering several topics please break it into several articles covering one topic each.

**Photos:** Send as an attachment in JPG format. Be sure to identify who took the picture, where it is and who is in it.

# Calendar

For the most current information and details check the online calendar at [www.mhspdispatch.org](http://www.mhspdispatch.org).

## January

- 2 Council Meeting
- 7 Senior EMM @ Summit
- 9 General Meeting
- 14-15 Women's S&T Clinic @ Meadows
- 15 Senior S&T @ Meadows
- 19 Snojob Deadline (delayed this month)
- 21 Associate Ski Enhancement @ Skibowl
- 27-29 Bluewood Trip
- 31 Alumni Luncheon 1:00 @ East Moreland Golf Club

## February

- 8 Council Meeting
- 11 Senior S&T @ Meadows
- 12 Senior EMM
- 13 General Meeting
- 20 Snojob Deadline
- 26 Senior EMM

## March

- 5 Council Meeting
- 11 Senior EMM
- 12 General Meeting
- 14 Mountain Travel & Rescue begins
- 19 Snojob Deadline
- 24-25 Senior EMM
- 24-31 Oregon Spring Break