



Mt. Hood Ski Patrol

Snojob

January 2013



Essential Reading

- Time for patrollers to check and upgrade uniforms, *page 3*
- Required calibration and refreshers for all patrollers, *page 5*
- We need you to update your records with MHSP and NSP, *page 6*
- Safety Week, *page 2*
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General Meeting

Monday, January 14, 2013, Clothing Committee opens around 6:30; Meeting begins at 7:00 PM

SPECIAL LOCATION: Stafford Elementary School, 19875 SW Stafford Rd, West Linn, OR
(We will return to Athey Creek for the February, March and April meetings)

President's Message

By Steve Eversmeyer, President, HC 1170



As we move into 2013, we are all hard at work continuing the tradition of service begun by Hank Lewis 75 years ago. Our equipment and techniques have changed some, the areas are certainly different than they were back then, but I think the type of people patrolling and skiing or riding are similar in lots of ways. We do this because we love the mountain, being outside, helping others when they need it, making sure they have a good day and similar reasons. It doesn't matter what category of Mt. Hood Ski Patroller you fall in, you've got a bond with roughly 425 others here and thousands throughout the US and beyond. And that's a good group to be part of. I was at Lake Louise Canada the week after Thanksgiving for Winterstart, the first world cup race of the season. Didn't matter that it was Canadian patrollers (a few from the US too) we all spoke a common language and shared a common bond.

I know this year is going to fly past but I hope to see most of you while I'm patrolling at the different areas, or at the meetings. I've mentioned the need for good candidates to step up to help lead us the next year or two. I think the folks who set-up the two-term limit were pretty smart as it ensures new ideas and methods have a chance to work. The exception has been the First Aid Chief and Cleo has done a tremendous service to the patrol by staying there. We'd like to see someone or possibly several people step up to help get that critical job done this next year. The Council is open to new ideas, new ways to enable the offices and officers to work smarter. A straw poll at the December meeting had a majority agreeing that opening the Secretary and Treasurer positions to all member classes, including Hosts, was a good idea. We have some tremendous people in that program who could do a fine job and help the patrol continue to grow and improve. Look for a bylaws change to permit this and make sure you're at the April meeting to vote for officers!

You'll be hearing more about the swap, our fund raiser. The photo is the ski patrol building at Mt. Spokane -- built with their swap proceeds. It's a wonderful building and something we'd like to do as well. Please note the 2013 swap dates now (October 4-6) and plan on helping to build this event. The Mt. Spokane Patrol has been at this for a longer period but started the same way we did. If next year follows the form of our first few years at West Linn we'll see a nice **bump in attendance and sales.**

As I said, the year will fly by so get out there, enjoy the snow (1 to 2 foot dumps just in time for Christmas and the holiday period is perfect timing), look for me on the mountain, give me your thoughts, tell Joel or other nominating committee members if you're interested or talk others into running. We need everyone to make sure we're still doing this 75 years from now. I wonder what the equipment will be like then. And I'm sure they will be amazed at how we pulled sleds and treated patients today....

SPIF!!!



Mt. Spokane Ski Patrol Building

SAFETY WEEK

The Safety Week Needs Your Help THIS Month! January 19-27th

By Jodie Jeffers, Safety Week Coordinator, AS 90526

This is the 75th year for both MHSP and NSP and we are part of an organization that has continued to maintain the “*creed of Service and Safety*” so let us make a point to spread that creed to the public and the areas especially for these dates.

We need your help and support for Safety Week on the weekends during Jan 19th -27th, 2013. You can help by volunteering for a half-day shift to staff a table and educate the public at the areas. Hill, Associate, Nordic and Host members are welcome. If interested, contact Jodie Jeffers as soon as possible. tailwaggin1@mac.com



Pay It Forward to others that share our passion for being out in the snow by making a personal commitment to talk up safety for at least one day that week (and perhaps even for the season). Take advantage of some time when riding the lift; going down a run; in the terrain park; waiting in line; having lunch....please have a conversation about safety to that person next to you! When you see someone following the Code of Conduct, thank them for being safe not only for themselves but for others as well. Sure we are emphasizing this event but safety is something for us to promote all the time!

How did you do on the [Your Responsibility Code](#) in last month's Snojob? Were you aware of the other programs such as: Get Smart, Smart Style, Tree Well and Deep Snow Safety, Lids on Kids, Objects are Closer than they Appear, ESUVEE, ASAP? To learn more about Safety Programs and Safety Week in general please go to: National Ski Areas Association-NSAA <http://www.nsaa.org/nsaa/safety/>

Know the Code

1. Always stay in control, and be able to stop or avoid other people or objects.
2. People ahead of you have the right of way. It is your responsibility to avoid them.
3. You must not stop where you obstruct a trail, or are not visible from above.
4. Whenever starting downhill or merging into a trail, look uphill and yield to others.
5. Always use devices to help prevent runaway equipment.
6. Observe all posted signs and warnings. Keep off closed trails and out of closed areas.
7. Prior to using any lift, you must have the knowledge and ability to load, ride and unload safely.

75TH ANNIVERSARY

The Anniversary Committee wants YOUR photos.

We need photos of patrollers in uniform in action or in group shots from any period of MHSP history. Digital photos may be emailed to MHSP@okelydokely.com or call 866-828-9205 to arrange to have your photos picked up. Our volunteers will scan your photos and return the originals to you.



75th Anniversary Celebrations Set

Save these dates for some anniversary fun!

- Thursday, February 21 for an in-town reunion and history event
- Saturday, February 23 for a slope side re-enactment of Roll Call followed by a Glade Trail run and apres ski party at the Mt. Hood Cultural Center and Museum.

Details coming to the website soon.

75th Anniversary Commemorative Poster

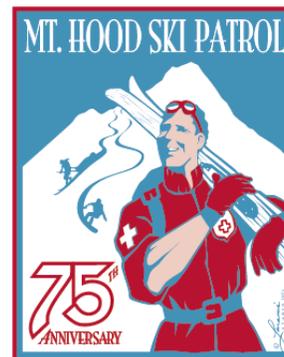
These fantastic posters are suitable for your home, office, or even in your garage over your ski tuning bench. Or maybe you prefer a t-shirt. Or maybe both?

Proceeds from poster and shirt sales will go toward funding an MHSP exhibit at the Mt. Hood Cultural Center and Museum and an online historical archive.

Posters are \$20 and t-shirts are \$15. Shipping is \$3 per item, call for a better shipping estimate if you order more than 2 items.

Purchases may be made at the general meeting and by mail order. Credit card purchase is available at meetings only.

To purchase by mail send your order and check (sorry, no credit cards) to Lisa Hargrave, 2790 May Street, Hood River, OR 97031.



NATIONAL SKI PATROL

Wy'east Region Awards Committee is growing

By Jody Jeffers, Wy'east Region Awards Coordinator, AS



We are looking for a few interested patrollers to expand the MHSP- Wy'east Region awards committee. It involves some time, love for paperwork, a talent for detail and due diligence, as well as creative writing and desire!

Does this sound like something for you? Want to learn more? Contact Jodie Jeffers, Wy'east Region Awards Coordinator to learn more. All areas of MHSP are invited! Please let me know of your interest by Tuesday, 1/15.

FIRST AID

First Aid Chief

By Cleo Howell, First Aid Chief, AS1444



Keep NSP and MHSP Informed of Your Mailing Address

As a member of the Mt. Hood Ski Patrol you are also a member of the National Ski Patrol (NSP). The NSP periodically will send material to you such as your NSP membership card, OEC card, Refresher Workbook and the Ski Patrol magazine. You must keep your mailing address current with the NSP or you will not receive these important mailings. You can do so by going to the NSP website <http://www.nsp.org/public/Default.aspx> and click on Update Member Profile/Password. Click on the Address button, then the Edit button. After making changes click on the Save button.

Please keep your information in the MHSP roster current as well. Just log onto the Dispatch, and then click on My Address to make changes.

Don't Leave Home Without Them

It is also important that you carry the following cards with you when you are patrolling or participating in any NSP or local patrol sponsored training:

- NSP membership card
- OEC card
- CPR card
- MSHP membership card

First Aid Kudos

While in a local gym MHSP member Beau Dickey saw an adult male come into the locker who was confused, sweaty, pale and having a hard time breathing. Beau talked to the patient, asked the SAMPLE questions and obtained vital signs. He did a head-to-toe exam of the patient in an attempt to determine if the man had been injured. He called for additional help and eventually local EMS personnel arrived. While waiting for EMS Beau held cervical spine immobilization and continued talking to the patient. Beau commented that his training with MHSP really paid off. Way to go Beau!

SKI PATROL OPERATIONS

Patrol Chief

By David Atkinson, Patrol Chief, HC 1239



The snow is flying! With all the recent snow accumulation, we are in for a great winter. All the areas are in full swing, and I want to thank everyone for their hard work in the early season. The area patrols have expressed their thanks to us in all the help that we have provided early on; from putting up rope lines, to hanging tower pads, to making sure all the equipment is deployed to the proper spots. Thanks MHSP for a great job!

Area Operations

If you have any specific questions about the areas, their operations or the conditions be sure to check the Snow Phones or contact the area APC's. They are:

- Meadows – Eric Pool, Kat Moore
- Skibowl – Matt Rea, Shelly Johnson
- Summit – Diane Kindall, Claudia Pieters
- Timberline – Rick Williams, John Howard

They can also answer any of your questions about area protocol and benefits.

Morning Meeting Times

- Skibowl: Meet at the Govy building at 7:00 am, transport to Skibowl by shuttle, re-convene at Multorpor Lodge (eastside) at 7:30 am, out-the-door at 7:45.
- Timberline: Meeting at 7:45, out-the-door at 8:00

Dispatch

Thank you to everyone who dispatched for the second module. Currently, there are lots of holes at the areas during Jan/Feb, so please check your schedules and fill in the dispatch. Our performance in filling out the area staff speaks volumes to the ski areas.

If you are looking to get some days in remember the areas are always appreciative of us coming up during the week (Mon-Fri). Just let the paid patrol director at the area know you are planning on coming.

Again, remember if you decide at the last minute you want to walk-on on a day you have not pre-dispatched you must first clear it with the Hill Captain of the day otherwise you will not get patrol day credit for the day. No Exceptions!

Also, please help out your fellow patrollers who might need to switch around days at the last minute. You might be the next one who needs to find a sub. Everyone is responsible for finding their own sub if needed.

First Responder Scenario and Toboggan Calibration

This season, all patrollers are required to participate in a First Responder scenario and all hill patrollers must also participate in toboggan calibration. The training staff will be available on many weekends to make this happen. However, **IT IS YOUR RESPONSIBILITY** to ensure you are checked off. Don't wait until the last weekend to do this.

Uniforms

As the season starts, it is important to take an inventory of our patrol uniforms. There are many who are in need of new uniforms or who may not know the requirements for uniforms and patches. Below is what is required for Mt Hood Ski Patrol:

Outdoor Uniform

All patrollers will wear a similar all-red uniform jacket with black pants:

- Hill patrollers will continue to wear the present uniform with reflective crosses on each shoulder/upper arm.
- Associate patrollers will wear the same red uniform jacket and will be identified by a different reflective patch worn on the shoulder/upper arm. For associate members using a vest instead of sewing patches on their coat, the associate patch is to be displayed on the right chest.
- Nordic patrollers will wear the same red uniform jacket. Dual patrollers may wear their hill or associate uniform for Nordic patrolling. Nordic-only patrollers wear the NSP Nordic patch on the shoulders.
- All first aid packs, whether belt packs or backpacks worn by uniformed patrollers **MUST** display the appropriate small or medium MHSP cross.

	Hill Patroller	Associate Patrollers	Nordic-only Patrollers
Jacket/Vest	Solid red*	Solid red*	Solid red*
Back Patch	Large MHSP cross.	Large MHSP cross.	Large MHSP cross.
Left Front	Name tag placed above MHSP shield. Shield with	Name tag placed above MHSP shield. Shield with	Name tag placed above MHSP shield with red outline cross.

	gold cross for HC, red outline cross for all others.	gold cross for AS, red outline cross for all others.	
Right Front	Optional NSP appointment or senior patch.	Optional NSP appointment or senior patch. If no shoulder crosses then MUST display round associate cross patch.	Optional NSP appointment or senior patch. If no shoulder patches then MUST display the NSP Nordic patch.
Left and Right Shoulders	Small plain white reflective cross.	Round Associate cross patch.	Round NSP Nordic patch.
First Aid Pack	Small or medium MHSP cross.	Small or medium MHSP cross.	Small or medium MHSP cross.

Indoor Uniform

On duty associate patrollers are to wear the indoor uniform when in the base area. Hill patrollers and off-duty associates are not required to wear an indoor uniform. The indoor uniform is a red vest or shirt displaying a name tag over the MHSP shield on the left front. Indoor vests may be worn over red, black or white sleeves.

Leave the Driving to Someone Else!

Timberline has already had its parking lot fill up this season. When that happens not only does the ski area lose revenue, but carloads of skiers and snowboarders are sent home disappointed. Part of our service to the public is leaving parking spaces free for the public's use. So please park at the Govy building and hop the Skibowl shuttle or consolidate cars and carpool to Timberline or Meadows.

Let's have a great season!! Remember: S.P.I.F. !!!!

Associate Director

By Kathy Lee, Associate Director, SS 90232



Shout Outs!

All of the areas are up in full operation and there have some busy days in the first aid room. A shout out to Dina Peganoff and Steven Schafer who handled many of the cases on a particularly busy day – 19 cases, of which 16 were walk-in patients. That same day, Lori Neal did a good job responding to a serious backboard case.

Many of the Associate Apprentices started their on-mountain training and had good exposure to first responder cases on the hill as well as cases in the FAR requiring transfer to AMR. A good start to their training!

Keep up the good work in providing excellent patient care and keeping the first aid rooms humming!

A Quick Note about Getting a Substitute

When you withdraw, it shows up in the 'Substitutes Needed' box on the dispatch site. But no one will know you need a substitute unless they happen to go to the dispatch site. Please proactively look for a replacement. Email sometimes works, but phone calls to patrollers is usually the most effective method.

MHSP & NSP Records: It's the New Year, Time to Get Organized!

By Jodie Jeffers, NSP Wy'east Region Awards Coordinator, AS 90526

It is a new year and time to get organized with your ski patrol records.

Why is this important?

- So that you get credit for what you have worked so hard to do.

- To maintain your instructor or coach status.
- So you receive important information from NSP and MHSP
- To make Peggy O'Leary's life easier (and as a result yours too)
- You might be nominated for an award and it would be a shame to be denied because of missing or inaccurate records.
- NSP Service Year Awards are granted on the basis of this data.
- It might help your accountant for tax time too!

It is up to you to ensure the accuracy of these records.

MHSP Roster and Ski History

Ensure all of the following is correct on the dispatch site (mhspdispatch.org):

- Name, Address, Email, Contact Numbers, Photo current
- MHSP #, Class, and NSP Number, Nat. Appt.
- MHSP Join Date

Check your Ski History to verify you have been credited with all your time. Might as well check your future schedule while you are there.

Been with another patrol? Have a break in service? Ensure that Jaye Miller & Kathy Lee are aware of this so it can be accurately documented.

National Ski Patrol

Ensure all of the following is correct on your Member File:

Go to <http://www.nsp.org/>, click on *Member Services*, (log in), Click on *Member Resources*, & *Member Profile* on the left. Review all of it including making sure the dates are listed and correct. Some can be completed at *Edit Your Member Record*. If not, contact NSP right away!

Instructors/Coaches: from *Member Resources* click on *Education Tools* and document all your work on *Instructor Activity Log*. In the past this was optional, however now it is required to maintain your status!

Lost your OEC Card?

Go to <http://www.nsp.org/public/Core/Orders/product.aspx?catid=53&prodid=3415>

PATROLLER TRAINING

Senior Ski and Toboggan

By Tom "Tool Time" Payne, Senior S&T Instructor, HC 1378



Senior S & T (Ski and Toboggan) is a program designed to refresh skills and teach new skills for skiing and running sleds. It is part of the overall Senior program which includes the Senior First Aid segment.

Coaches and Hill Captains will benefit from this program as their duties extend to coaching other patrollers and setting a high level of performance expectations on the hill. Having the benefit of advice from very experienced patrollers outside of our own instructor trainers and experienced coaches allow you to learn different ways to accomplish your duties and teach others the skills they need to know to perform well.

others the skills they need to know to perform well.

The final evaluations are being held this year at Mt. Hood so it will never be easier to join us for this valuable program. The program requires that the candidate attend at least one clinic outside their home ski area and you can see that there are a few dates close by. Last year's training at Hoodoo was quite fun and it is possible to do it as day trip. You are welcome and encouraged to attend as many clinics as possible to hone your skills and learn from other area's patrollers.

As MHSP is heading towards requiring hill coaches to be Senior S & T qualified, joining us this season will accomplish that goal with the least amount of time while having the most fun.

Feel free to contact Tom Payne, Doug Stanton, Mike Kurfis or Jeffery Weitz if you have any questions.

An Avalanche Story for all Hosts and Patrollers

By John Gastineau, Avalanche Training Director, HC 1393

You've probably heard about the Tunnel Creek Avalanche near Stevens Pass last season. The dry final report tells what happened, but without a lot of avalanche training it is only so many symbols. You can see that report at <http://bit.ly/WwOOLX>

There have been a number of excellent stories written about the incident. One was in Outside magazine this fall: <http://bit.ly/Raac6O>

Another outstanding story was in the New York Times at <http://nyti.ms/RaaiPR>

This last story does not try to ask why, but it does put you in the group. You can ask yourself why as you read and watch the clips. Going through the whole piece will take a bit, as it contains videos and animations, but at the end you'll be glad you spent the time.

The last page of that story includes a video that you might start with. It's also at <http://nyti.ms/12CNvL3>

Be safe out there.



MOUNTAIN HOST OPERATIONS

Happy 2013!

By Jan Silagi, Mountain Host Director, HS 60054



Apprentice Training

We completed apprentice training shifts at Timberline during the first two weeks of December. Our apprentices were introduced to station assignments and duties unique to Timberline, and have since been dispatching to partner with mentors. We are very pleased with the outcome; these folks have a great foundation of information and have shown an eagerness to jump right in helping guests.

The Skibowl training shifts were postponed to the end of December, but many apprentices have now been trained or will complete their training by mid-January.

Many thanks to Marilyn Hanson, John Moss, and John Silagi for facilitating apprentice training shifts.

Season in Full Swing

January is always my favorite month of the Hosting calendar, there are lots of folks coming to the mountain to enjoy the new 'toys' that Santa brought them, and lots of events and activities at the resorts. Guests literally arrive



by the bus load and it's great fun! We're having fun now, but don't forget to dispatch for shifts in March and April. Hope that 2013 is a great year for all of us!

ADMINISTRATION

Nominating Committee

Bu Joel Stevens, Senior Trustee, SHC 736



The patrol is looking for a few good men and women to take leadership roles. All of the offices except Middle and Senior Trustee are open, and only a two (Nordic Director and Host Director) have incumbents eligible to run for re-election. You can read about the specific offices in the Bylaws which are on the Wiki. If you have additional questions you can ask a member of the nominating committee or the current office holder. If you are interested in running for an office, or want to suggest someone else for office, contact a member of the nominating committee. It is a great way to be more involved with the Patrol.

Your 2013 Nominating Committee: Joel Stevens; Matt Rea; Lisa Hargrave; Mike Cullen; Larry Church; Dina Peganoff.

OTHER NEWS

A refresher on the protocol for the Govy Building Lock

By Joel Stevens, Lock Czar, SHC 736

The Govy Building lock is programmable, and we change the codes from time to time. Because of some programming issues, we have not changed any of the codes for a while, but those problems are now resolved, and we will go back to changing the regular patroller codes on a monthly basis. The new code will be emailed to all who are dispatched to work on each weekend. You can share this code with other MHSP members as needed. I would suggest writing it down somewhere or storing it in your smart phone so you can find it. You may find that the code for the previous month still works, but don't depend on this, use the new code as soon as it is published. The old one can go away at any time.

The code is always a 6 digit number. There will be red LED flash and a beep when you enter each number. When you enter the code correctly, the green LED will flash, the tone will beep, and the door will unlock for approximately 15 seconds. If you enter the wrong code you will get a series of 6 Red LED Flashes and 6 beeps. If this happens wait until the lights quick blinking and re-enter the code.

If you see a yellow LED and a 4 second tone when you enter the correct code, it means that the batteries are getting low. Please notify Joel Stevens ASAP. The lock will continue to function for quite a while, but we will need to schedule a battery change. (they normally last about 5 years)

As always do not lock the dead bolt on the door, unless there is a complete failure of Electronic lock, so that it will not lock.

If worse comes to worst, there is a key to the digital lock as well as the dead bolt. If you don't know where it is kept you will need to ask Joel Stevens as we can't publish that in the newsletter. But really should not need a key unless the electronics fail. The digital lock will still lock, even with a failure of the electronics.

Hill Captains and Supervisors – Your group has its own code. Please don't share it with anyone who is not a Hill Captain or Supervisor. If the HC/Supervisor code is compromised, we will have to change it, which is a nuisance for all concerned.

Air Gas, the Forest Service and several individuals have their own codes. I also have several codes I can give out if someone (PGE, Event Rental or similar) needs to access the building one a one time basis. We change these codes

after they are used. In an emergency we can also give out the monthly patroller code to someone who has a legitimate need to access the building immediately. If this happens let me know so I can change the code ASAP.

MHSP In The News

Check out this great write up on MHSP in Oregon Jewish Life.

<http://www.mthoodskipatrol.org/www/uploads/Main/Oregon%20Jewish%20Life%20-%20January%202013.pdf>

Snojob Deadline is the Third Monday of the Month

Lisa Hargrave, Snojob Editor, HC 1053 and Barb Korsmo, Copy Editor, Alumni AP 90260



The deadline for Snojob articles and photos is the third Monday of each month (7 days after the general meeting). Send your submissions to snojobeditor@gmail.com.

Articles: Please submit as the body of your email rather than an attached document. If you have a long article covering several topics please break it into several articles covering one topic each.

Photos: Send as an attachment in JPG format. Be sure to identify who took the picture, where it is and who is in it.

CALENDAR

For the most current information and details check the online calendar at www.mhspdispatch.org.

January

7 Council Meeting
12 Women's Toboggan Clinic
13 Senior S&T at Meadows
14 General Meeting
20 Senior S&T at Bachelor
21 Snojob Deadline
27 Senior S&T at Santiam Pass

February

4 Council Meeting
11 General Meeting
18 Snojob Deadline
21 75th Anniversary Event in town
23 75th Anniversary Event on
mountain

March

2 Ski the Glade
2 or 3 Patrol Tryouts
4 Council Meeting
9 Senior S&T at Mt. Hood
11 General Meeting
18 Snojob Deadline