



Mt. Hood Ski Patrol

Snojob



November 2011

DISPATCH DEADLINE FOR NOV-DEC

Please sign up for your minimum days by 11/15 and any additional days AFTER 11/15

Minimum 3 days for gold and silver members, 2 days for bronze members

Hill Captains need 2 HC days, Associate Supervisors need 1 AS day

Meadows team members need to dispatch for their team days so the area knows who will be there.

General Meeting

Business Meeting

Date: Monday, November 14, 6:30 for clothing committee and vendors, meeting runs 7-9

Location: Athey Creek Middle School, 2900 SW Borland Rd, West Linn, OR

President's Message

By Steve Eversmeyer, President, HC 1170



It's actually starting to feel and look like Fall. We've had most of the training completed with one more OEC refresher and chair evac to go. If you missed either PLEASE DISPATCH for the Nov. 5 OEC or Nov. 6 Skibowl evac training (especially if you are interested in self evac).

We completed our 4th annual Ski Swap fund raiser. I haven't heard the final counts and numbers but do know that a number of friends made it this year and they were blown away at how well run, organized and HUGE it was. To all of the people involved, from the Swap Committee that starting meeting almost a year ago, to everyone involved in the pre-swap tasks, to the hundreds who helped during the event, hosts and patrollers, friends and family, THANK YOU!!! You all did an excellent job. Stay tuned for dates, etc. for next year's swap.

I saw an email from Pat Stevens looking for feedback. Please take time to let her know what worked well and what can be improved. The only way we can continue this is if everyone works together to make it better. If everyone works it, it's not a burden. Many hands make light work may be a cliché, but it is still quite true.

During the second OEC refresher there were some comments about feeling like we're in a rut. Based on the feedback, I'd say it's more of a groove. Things get assigned to lead instructors, others help, the patrollers come prepared and show what they know. What a vast improvement over sitting and listening. Tell, show, do are great ways to learn and as an instructor I find the "student" always manages to help me better understand something, find a better way to do something. I really enjoy this preparation time! If you haven't instructed yet, consider it. That's one way to become a better patroller. Even if you are pretty new in the patrol, talk to an instructor in an area of interest, offer to help, try showing others, you may find you really enjoy it and the patrol will be better for your taking the extra step. Sometimes having a fresh pair of eyes, a view that's not based on "that's the way we always do it" can provide insight and improvement opportunities.

THANK YOU ALL, everyone working together keeps Ski Patrolling Fun!!!

Remember, Timberline has Palmer running and dispatch is open. Get your days picked.

I look forward to see you on the snow in just a few short weeks!

MT. HOOD SNOSPORTS SWAP

Thank you

By Stewart Carter, Swap Manager, HP 1559



We are still waiting for the final number to come in, but driven by an outstanding social/grass roots marketing effort by individual patrollers & snowboard team members, preliminary numbers show approximately a 20% increase in gross revenue over last year's SnoSport Swap.

Attendance showed a similar increase which, added to the volunteers working the swap, gave us a total of about 2,500 shoppers at this year's event. Public gear check in recorded nearly 2,000 items, or double the amount of public gear offered last year.

Local shops & businesses are increasing their commitment to the SnoSport Swap. Next Adventure and Hillcrest Sports, along with George Performance and the Pro Shop provided the foundation inventory for the swap, stepping up again this year with more quality gear.

Mt. Bachelor joined Mt Hood Meadows, Mt. Hood Skibowl & Gladstone Toyota, as key SnoSport Swap sponsors.

I would also like to mention the Northwest Ski Club Council for their support of the Swap. This group of ski clubs has been unstinting in their support of the Mt Hood Ski Patrol. Their participation turns the swap into a truly regional event.

My special thanks go out to the committee chairs and key personnel that have invested countless hours over the last year to insure that all our ducks are in a row before the first item is checked in. They are:

Joel Stevens – Assistant General Manager (& Yard Sign Czar);
Steve Johnson, Doug Stanton & their killer gorilla marketing teams;
Polly Foushee – WL Snowboard Team Coordinator;
Dave Miller & dynamic duo of Kurt Kruger and Geoff Sears;
John Gertlar, Dean Phillips (WLHS Liason) & Bob Stephens - Operations;
John Moss, Lisa Hargrave, Gina Malamphy & Krista Reyes – Finance;
Pat Stevens, Peggy O'Leary and Kimberly Remsing - H.R.;
Mike Anderson – Security.

Plus Steve Eversmeyer and Jim Trett for making sure there was always someone at the meeting to record the minutes & provide adult supervision.

If you have any thoughts or suggestions for the 2012 swap, please send them to Pat Stevens (pat@SDEltd.com) or myself (stewart@barefootconsulting.us), so that we can incorporate them into next year's event. If you think you might be interested in becoming more involved in the planning & execution of this event contact Pat Stevens, at the email above, to learn more about the exciting volunteer opportunities on the 2012 Mt. Hood SnoSport Swap Planning Team.

FIRST AID

Last OEC Refresher

By Cleo Howell, First Aid Chief, AS1444

This is just a reminder that the LAST OEC refresher is scheduled for Nov. 5 at Meridian Park Hospital, with a start time of 0800.

This will be your last chance to attend the MHSP 2011 OEC refresher. If you have not dispatched for the refresher please do so ASAP. **There will not be a make-up refresher.**

Please bring the following to the refresher:

- OEC card
- CPR card
- [Study guide](#)
- Completed [OEC 5th Edition exercise](#)
- First aid supplies
- Lunch (cafeteria on site)



SKI PATROL OPERATIONS

Patrol Chief

By David Atkinson, Patrol Chief, HC 1239



The new season is upon us.

With most of our required training activities in the rear view mirror, we are now focusing our attention to preparing to provide the outstanding service to the ski areas. Now is the time to check all your equipment and make sure you are ready to perform your duties as a MHSP patroller.

The areas

All of our area meetings have been completed and went well. For details on the benefits provided by all areas please see the [wiki](#) or contact one of the APC's (area patrol chief) below:

- Meadows: Eric Pool & Kat Moore
- Ski Bowl: Matt Rea & Shelly Johnson
- Timberline: David Atkinson & John Howard

Dispatch

The dispatch has been open a few weeks now. Please fill out your required number of days based on your patrol commitment. We have a responsibility to the ski areas to be present **all season**. Remember to spread your days out throughout the entire season. See the dispatch site home page for guidance on the minimum number of days per module.

If you can't dispatch for your required days, you need to contact the Patrol Chief.

We do not have walk-ons at the ski areas. If you would like to patrol on a day that you are not pre-dispatched for, you must contact the hill captain of the day and see if there is a slot for you. With the hill captain's approval you may patrol but you will not get patrol credit.

Modules Deadlines

Remember your benefit package for this season is based on your days from last season. Look at your schedule early and sign up for your preferred days early so you are assured of getting the specific days you want.

- Module #1: Nov- Dec, Deadline 11/15/2011
- Module #2: Jan- Feb, Deadline 12/15/2011
- Module #3: Mar- May, Deadline 2/15/2012
- Module # 4: Jun- Aug, Deadline 5/15/2012

Training and clinics

1. If you need an avy 1 course or an avy refresher, now is the time to sign up so you are assured of a place in the class. Any questions, please contact Justin Zucconi.
2. Coaches calibration clinic will be held December 11th & December 17th. Any questions, please contact Mike Kurfis.
3. Ski Fever show is November 4-6. Contact Lisa Hargrave with any questions.

Looking forward to seeing everyone at the remaining training events and on the slopes this season! Let it snow!

New Patrol Director At Timberline

By Dave Atkinson, Patrol Chief, HC 1239

I want to announce that Brett Wesson has been named the new Patrol Director at Timberline for the upcoming season. Brett will assume his new duties on November 7th. Our congratulations go out to Brett. I know that he is looking forward to working at Timberline and bringing his talents and abilities to the ski area.

Associate Director

By Kathy Lee, Associate Director, SS 90232



Greetings all!

Pre-season training and patrol preparations are just about complete - now all we need are a couple of big snow storms to get the season off to a good start. If you haven't checked it off on your To Do list yet, be sure to have your car tuned and ready for driving on snow and ice. Check and re-stock emergency items in your car. And if you haven't gotten one yet, Sno-park permits will be available for sale at the 11/5/11 OEC Refresher and the 11/14/11 General Patrol meeting.

Scrutinize your calendar to ensure your weekend days are lined up so you are able to fulfill your patrolling commitment, including pre-dispatching! If you are unable to pre-dispatch due to your work schedule or have other issues, please be sure to contact the patrol chief and me to work out an alternative.

Margaret Usher will hold several ski enhancement sessions for Associates:

- Dec 11, 2011, Skibowl (afternoon)
- Jan 21, 2012, Timberline (morning and/or afternoon)

I encourage you to take advantage of Margaret's training with the Professional Ski Instructors of America (PSIA) and pick up a tip or two to refine your skiing. If you are not able to attend either of these dates, please contact Margaret or me to coordinate a date that works for you.

Whether you are on or off the mountain, talk to members of the public and let them know about our terrific organization. We are approaching 75 years as a patrol and have much to be proud of – let others know! Talk to people about the mountain, skiing, boarding, the various ski areas – the things that brings you back to patrolling each season. It may spark an interest in joining MHSP!

Avalanche Equipment Recommendations

By Justin Zucconi, Avalanche Training Director, HC 1478

Rumors are floating around that it is going to be another La Nina year, and I hope the rumors are correct and not just hopeful wishes. As we all know, last year the West had an amazing winter. With this comes snow hazards that we have to be prepared for. We are offering a pro-deal with Backcountry Access to help all patrollers have the gear that they need to assist in a avalanche rescue if needed.

Below are my equipment recommendations for our patrollers this year:

Shovels

The B2 EXT has the JZ recommendation for the 2011/2012 season. This shovel sells for \$33.00, has a 10" x 11" blade and a extendable shaft. This will really save your back when you are practicing digging snow pits, excavating for a snow shelter, digging out the entrance to the Palace, or during a actual rescue. It only weighs 25.5 oz and has a fully assembled extended length of 31".

If you are looking for a compact shovel/probe set up look at the BCA A2 for \$60.00. This shovel comes with a full length 240 cm probe in its shaft, and has a nice 10" x 11" blade for efficiently excavating and digging snow pits. It is not perfect though... The shaft does not extend and the probe has a smaller diameter which means it is not as beefy. The probe is for emergency probing only and I wouldn't recommend it for any practice sessions.

Probes

This is easy for us patrollers. The Profile 240 is a bomber full length probe. At 7' 11" (240 cm) it is a snap to assemble and break down, and can take a beating. The shaft is marked every cm, so when you are digging pits you don't need to break out your ruler, and when you hit that strike board, you know what dimensions to start excavating. I have used the 240 for the last 5 seasons and I have no reason to replace it. \$27.50.

In the case you have money falling out of your pockets go with the Carbon 260. It only weighs 7.3 oz! You can probe like a mad man for \$44.00 and not even break a sweat!

Transceivers

For a double antenna transceiver go with the easiest one to use, the BCA Tracker DTS. At \$174.00 it is a steal and will get you through most avalanche scenarios efficiently and effectively. This is what we recommend for the everyday patroller. We train with these and rely on them because they are easy to use.

If you are looking for a triple antenna transceiver the JZ recommendation is the Pieps DSP. The major advantages that this has over the Tracker DTS is that this unit can mark buried transceivers which allows the user to go right to the next closest buried victim in a multiple burial. No need to use the three-circle technique, if the other burial is in range. Other advantages are an extended range (50 m without turning or swiveling the unit,) identifies, 1, 2, 3, or 3+ burial victims on the screen, doesn't spike, and lastly can check the transmitting frequency of other transceivers. If you are heading toward snow dorkdom like I am, consider this unit. It has been a proven tool since 2003. You will pay about \$100+ more than the DTS. Roger Meyer is the contact person if you are interested in this unit.

Skins

BCA offers some pretty sweet skins for a great price. I have used them for the last two seasons and I have no complaints. Sizes range from 100 - 150's, and the prices range from \$84.00 - \$111.00. It a steal!

Group Order for BCA, Back Country Access

If you are interested in ordering, go to www.backcountryaccess.com to view their gear. I will be sending in one order this year on November 18th. Please keep in mind you must be a active MHSP member to order. Add \$5.00 to your order for shipping, and orders must be paid by the time of order. If you have any questions on gear or pricing just e-mail me. Hope this helps and LET IT SNOW!

Do I get credit if my pre-dispatched ski area is not open?

The short answer is, "No".

If you are pre-dispatched to patrol at an area it is your responsibility to determine if the ski area will be open for operations. We use the 6 AM ski area snow report as the definition of "open".

- If the 6 AM snow report says the ski area is not opening you will not get credit.
- If the 6 AM snow report says the area will be open for skiing, you must drive to the mountain prepared to patrol. If the area later chooses not to open that day for weather or other reasons you will get credit because you showed up to patrol. This applies even if you didn't actually make it to the area because the hill captain called your cell phone to turn you around. If you were excused for sickness or other reason you will not get credit because you would not have patrolled if the area did open.

If your ski area is not open you are welcome to try for a walk-on spot at an open ski area if there is space available and at the discretion of the hill captain.

This applies to patrollers and hosts.

MOUNTAIN HOST OPERATIONS

Mountain Host Director

By Bill Johnson, Mountain Host Director, HS 60001

Orientation

We had a tremendous and very well attended host orientation on October 1st in the Barlow Room at Timberline. There are 16 apprentice in our group for 2011-2012 as well as 4 returning hosts. Our membership stands strong at 130+.

Jeff Kohnstamm, Area Operator, and Brian Reed, Marketing Director, presented 75 years of Timberline history and 2012 marketing plans for celebrating the anniversary. Hopefully this will again be presented at a MHSP General Meeting...and the next meeting date is November 14th by the way.



Events

The 32nd annual Ski Fever show is November 4th, 5th, and 6th.

The 22nd annual Christine Cato Memorial Race, the largest high school race in the U.S., is Saturday, January 7th. Mike Cullen will be supervising on-slope requirements as well as Wy'east, and Jan Silagi will be coordinating activities in the hotel. This is always a great event and the shifts fill up early and quickly.

Benefits

Host benefits for Timberline and Skibowl remain the same as last season. Now that Skibowl is managing operations for Summit, there may very well be opportunities there.

Speaking of Skibowl, it's very important that we all make an effort to dispatch and support requirements at SB this season. They love the MHHP and truly value our involvement.

I am also working on a program with the Snosports Center at Timberline to offer ski and snow board lessons - group as well as private - at a discount when space is available. Stay tuned.

Check Your Roster Information

It is very important that you check, confirm, and update your personal information - especially e-mail accuracy.

Any questions or comments, please contact me.

Bill Johnson, Mountain Host Director, 503-349-6505

TRAINING

Instructor Development

By Kathy Lee, SS 90232

Instructor Development is not only useful for teaching ski patrol topics but can benefit you in your work and personal life. The course is required for all members wanting to coach or instruct, and if you are not sure you want to become involved in that way for MHSP, you are welcome to attend and check out the class. It might help you make up your mind. The course is scheduled for 11/16/11 and 11/30/11 and is on the dispatch, so don't be shy about signing up!

Senior EMM

By Gina Malamphy, Senior EMM Coordinator for Wy'east Region, SS 90303



Senior Emergency Medical Management dates are now on the calendar! We will host the joint clinic with the Oregon region in January and the final evaluation will be held at Mt. Ashland in late March. We have our first meeting on Tuesday, December 6th at Meridian Park Hospital.

If building muscle memory of OEC skills is your goal, Senior EMM is for you. The goal of the program is to improve not only OEC skills, but also the leadership, problem-solving and decision-making skills you use in everyday life. Join us in December for more information and to sign-up for the program.

ADMINISTRATION

List Servers

By Joel Stevens, Senior Trustee, SHC 736

As most of you know, we use several list servers to send out email to the patrol. There are List servers for:

- Patrollers <Members>,
- Hill Captains and Supervisors <Hillcaps>,
- Nordics <Nordic>,
- Mountain Hosts <MountainHosts>
- Alumni <Alumni>,



All of these lists are closed lists, so you cannot just sign up. You must be added to the list by the moderator. This means that if you change your email address you need to send me a note to update your info in the list servers.

Updating Your Email Address

If you change your email address you must update your information in the roster at www.mhspdispatch.com. However, this will not update the list servers.

To update your address on the list servers send an email to mhsp@onebox.com or to my personal email address in the roster. Please include:

- Your name as this is not always obvious from your email address.
- Which list servers you wish to be a member of. (Note that HillCaps is open only to HC and AS patrollers. But all other lists are open to any member.)

Remember There Are Outsiders on the List Servers

There are some members of the public and ski area management on the lists, so please think about what you say on a list server message.

Unsubscribing

While you cannot subscribe yourself to an MHSP list server, you can unsubscribe.

To unsubscribe:

- Send a message from the email address you wish to unsubscribe.
- Change the options settings on your email to turn HTML off (plain text is on).
- Send the message to “members-request@mthoodskipatrol.org” (or Mountainhosts-request, Nordic-request, Hillcaps-request, etc.).
- Leave the subject blank.
- In the body enter the single word “unsubscribe” only.

If this does not work, send me an email Joel@SDELtd.com

Replying to a List Server Message

When replying to a list server message, please do not use Reply All, unless you really need to reach everyone on the list. Just use Reply to reach the person who sent the message.

Purging the List

If your email from the list server bounces repeatedly, that address will be removed from the list server. This usually happens when someone replaces their email address, but can also happen when employers have strong spam filters, or restrictions on list server email.

Sometime in late November we will purge all of the list servers, and replace the contents with email addresses from the roster of active patrollers, hosts and alumni. If for some reason you do not want the email address in the roster to be your list server address, please send me an email the pertinent details, including the email address you want to use in the list server.

Intel Donates \$10,000 to Match Employee Volunteer Hours

At the October General Meeting MHSP received a grant of \$10,000 from Intel Corporation. Intel matches the volunteer efforts of their employees by donating \$10 for each hour served.

Of course patrollers employed by Intel actually put in way more than 1,000 hours, but that is the maximum donation for any one organization.

Many patrollers work for companies that make matching grants. If you work for one of these companies usually all you have to do is fill out some paperwork at human resources. Ask your employer today.



***MHSP Treasurer Gina Malamphy and President Steve Eversmeyer accept a donation from Intel Corporation.
Photo by Kathy Lee.***

OTHER NEWS

Nunnally Johnson Recognized for 50 Years of Service

Nunnally Johnson, MHSP 896, missed the banquet this spring so was honored at the October general meeting for 50 years as an NSP patroller.

Nunnally started patrolling in 1961 with Mt. Bachelor Ski Patrol. In 1980 he joined MHSP as a hill patroller.

In 2003 Nunnally added Associate Patroller to his resume.

Jim Trett, Wy'east Region Director, presented Nunnally with an NSP Service certificate as well as an award from the Pacific Northwest Region.



Nunnally Johnson and Jim Trett. Photo by Kathy Lee

Bluewood

By Larry Cahill, HC 1111

Due to popular demand, the date for Bluewood has changed to the weekend of January 27-29, 2012. To reserve your seat on the bus, send me a check for \$185.00. If you haven't given me a check yet, I need it soon – with the date change, seats are filling fast! Checks won't be cashed until January.

Snow Tires

By Joel Stevens, Senior Trustee, SHC 736

Many of you have probably bought and installed your snow tires for the season, but if you haven't, please consider putting on the studless snow tires. They are approved by ODOT and they perform much better than studded tires almost all of the time. They are better on wet and dry roads, better on black ice, just as good on snow and packed snow, and in some tests even better on glare ice YMMV. Also they don't make all the racket and they don't do \$40,000,000 of damage to the Oregon high ways each year.

All of the brands seem to work well. Costco and Les Schwab have a good selection along with the Tire Rack. I have used Michelin, Blizak and Toyo in the past with good results.

Visit to New England Ski Museum

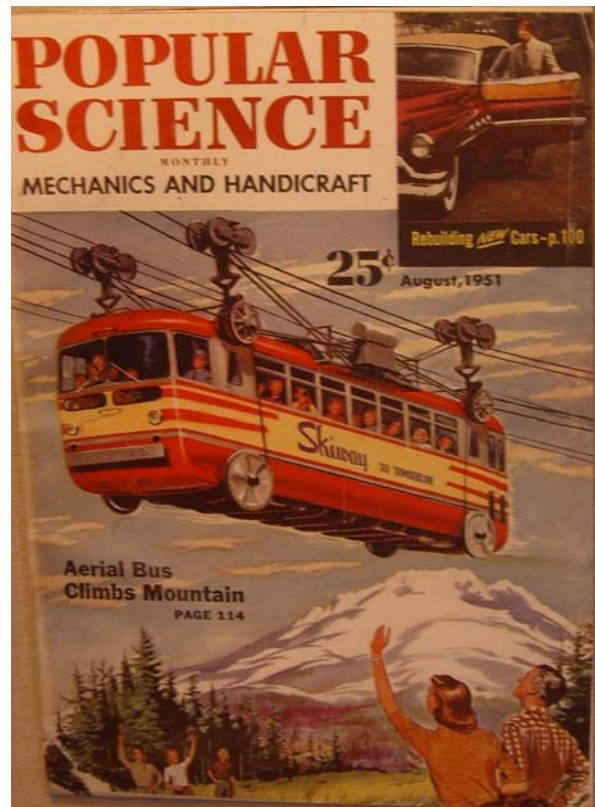
By Cleo Howell, First Aid Chief, AS 1444

On a recent vacation in New England my wife and I went to the New England Ski Museum in Franconia Notch State Park in New Hampshire. Although the museum focused on the history of skiing in the New England area it also had displays about skis, ski clothing, transportation devices, resorts, and grooming equipment. The displays rotate annually.

One display included Bode Miller's Olympic medals. Apparently Bode Miller grew up in the area. Another display showed the history of the National Ski Patrol.

In the transportation display there was a photo of the Skiway bus used in the 1950s to transport people from Government Camp to Timberline. Some of our patrollers rode the Skiway. The White Stag company was featured in the clothing displays. White Stag was a Portland, Oregon clothing company that made ski clothing.

The best thing about the museum was that it was free and was not crowded with other tourists. The next time you are in New Hampshire top by and see this gem of a museum. www.skimuseum.org.



Display at the Ski Museum, photo by Cleo Howell



New England Ski Museum in Franconia Notch State Park in New Hampshire, photo by Cleo Howell.

Snojob Deadline is the Third Monday of the Month

Lisa Hargrave, Snojob Editor, HC 1053 and Barb Korsmo, Copy Editor, Alumni AP 90260



The deadline for Snojob articles and photos is the third Monday of each month (7 days after the general meeting). Send your submissions to snojobeditor@gmail.com.

Articles: Please submit as the body of your email rather than an attached document. If you have a long article covering several topics please break it into several articles covering one topic each.

Photos: Send as an attachment in JPG format. Be sure to identify who took the picture, where it is and who is in it.

Calendar

For the most current information and details check the online calendar at www.mhspdispatch.org.

November

- 5 OEC Refresher (dispatch required)
- 6 Self Evac Practice at Skibowl
- 9 Council Meeting
- 14 General Membership Meeting
- 18 Instructor Development Class
- 20 Nordic Training Day
- 21 Snojob Deadline
- 30 Instructor Development

December

- 3 Nordic Training
 - 4 Avalanche Level 1 Didactic A
 - 6 OEC Class Begins
 - 6 Senior EMM
 - 10 Avalanche Level 1 Didactic B
 - 10 Make up Chair Evac
 - 11 S&T Coach Calibration
 - 12 General Meeting
 - 14 Transfer Meeting
 - 17 S&T Coach Calibration
 - 19 Snojob Deadline
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SPECIAL SECTION

Here is some information from Nancy Brown, R.N., Director of the Providence Mountain Emergency Services Clinic at Mt. Hood Meadows.

Providence Mountain Emergency Services at Mt. Hood Meadows Ski Resort

OUR MISSION

As people of Providence, we reveal God's love for all, especially the poor and vulnerable, through our compassionate service.

OUR CORE VALUES

Respect, Compassion, Justice, Excellence, Stewardship

Hours of operation:

Open daily during ski season
9 a.m. to close of Mt. Hood Meadow's lift operations
503-337-2292

www.providence.org/hoodriver





Providence Mountain Emergency Services is a comprehensive medical and first-aid facility located at the base of Mt. Hood Meadows Ski Resort. All of the doctors, nurses and X-ray technicians on staff specialize in high-quality emergency care for skiing and snowboarding injuries and other medical problems.

For serious injuries or illnesses, our experts will stabilize and transfer patients to an appropriate medical facility in the Portland metro area.

Ski and snowboard safety tips

As ski season approaches, skiers and snowboarders can't wait to hit the snow and leave their first tracks of the year. Before you step into your bindings, keep in mind that a day on the slopes can be dangerous. To ensure you enjoy your visit, here are a few important things to remember:

- **Prepare for the weather:** Wear layers of clothes. If you're cold, add layers. If you're hot, remove them. Dry gloves and a helmet liner, hat or headband are good options for staying warm.
- **Wear protective gear:** It's important to protect yourself while skiing and snowboarding – and that means wearing the proper gear. Wear a ski helmet and goggles, and make sure they fit properly.

- **Ski with a friend:** Although the single lift line always seems to move faster, it's safer to ski with a friend. Designate a meeting place in case you get separated, and use cell phones to stay in touch.
- **Stay hydrated:** When you're focused on getting in as many runs as possible, sometimes you forget to stay hydrated. Don't forget to drink plenty of fluids as the day goes along. Being dehydrated can lead to fatigue and other problems.

Orthopedic care

If you need follow-up care after being treated at Providence Mountain Emergency Services, our local clinic is close by to serve you. Providence Medical Group-Hood River Orthopedic Center has an outstanding team of orthopedic specialists right here in the Gorge area. As part of a large health system, we also have connections to Providence Orthopedic Institute and Providence Sports Care Center, a multidisciplinary clinic focused on rehabilitation for sports-specific injuries, located at JELD-WEN Field in Portland.