



Mt. Hood Ski Patrol **Snojob**

February 2016



Save the Date

Awards Banquet for Hosts and Patrollers

May 14, 2016 at the Red Lion on the River, Portland, Oregon

MESSAGE FROM THE PRESIDENT

Message from the President

By *Jaye Miller, President, HP/AP 1437*



Odds and Ends

You know what makes MHSP members happy? Snow. And more snow.

Thank you to whomever rearranged the living room at the Govy Building and vacuumed! It looks great.

Please remember to take the shuttle to Skibowl.

Please remember to car pool to Timberline.

BANQUET – May 14th at Red Lion on the River.

Did you received your NSP Ski Patrol magazine in the last month? If not, please update your address on the NSP website. www.nsp.org

Please have your picture on the dispatch site.

At the beginning of the ski season there is nothing better than putting on your boots. Snuggling into them and the anticipation of skiing. Then it snows and we run to the slopes for those great early powder days. Eventually spring comes around and there is more snow, but fewer patrollers. Spring skiing is wonderful. The skies are blue, the areas play music, the beginners are no longer beginners, and the apprentices are almost done. Please help your fellow spring patrollers and dispatch now for March, April, and May.

MHSP By-Law Amendment Voting Notice

On Monday, February 8, 2016 at the monthly General Meeting there will be a number of votes taken to amend the current by-laws.

The meeting will be at:

Athey Creek Middle School
2900 SW Borland Road
West Linn, OR 97068

Eligible voters will be able to vote in person or may vote by absentee ballot. **Absentee Ballots must be received by mail by Friday February 5th by 5:00pm.** Send ballots to:

MHSP
P.O. Box 4384
Portland, OR 97208

Or absentee ballots may be delivered at the meeting, to the Middle Trustee, Scott Collier, no later than 7:00 pm on February 8, 2016.

Absentee ballots must be submitted in a sealed envelope bearing the printed name, patrol number and signature of the absent member. A copy of the absentee ballot is provided at the end of this newsletter. There is further information about absentee voting on the MHSP wiki.

ADMINISTRATION

You Are the Best Recruiter

Cleo Howell, Vice President, AS 1444

We Need Your Help

Over the years we have found that one of our best recruiting tools is our current members, like you. Tryouts for MHSP are scheduled for Saturday, March 5, at the Ski Patrol Building in Government Camp.

If you know someone who is interested in joining the Mt. Hood Ski Patrol please talk to them about the patrol and encourage them to go to the MHSP website for more information and how to apply. While you are patrolling talk to people about the patrol and encourage them to visit our website. I personally learned about MHSP when I spoke to an Associate Patroller while skiing at Timberline. He told me when the tryout was and how to apply. The tryout was about three weeks from the date that I spoke to him.

We will soon have information available so that you can post a recruiting flyer or information at your work, gym, community center, etc. For now you can tell people to visit our website for details. www.mthoodskipatrol.org

Tighten your belts, 2015 was the last Skiswap

By Jaye Miller, President, HP/AP 1437

I'd like to thank the Skiswap committee for all their years of hard work. Pat Stevens, Joel Stevens, Dave Miller, and Dean Philips were troopers on the committee for the full 8 years of the Skiswap. Thank you for your long hours and hard work. This last year the committee included Kurt Krueger, Mark Ripkey, Gayle Maize-Hall, Ian Lass, Matt Wood, Cleo Howell, Lisa Hargrave, and Mike Anderson.

In January, the Council voted to discontinue to Skiswap. The shops have been notified and now it's time to sell off our extra inventory (skis, boots, poles, clothing, boards, etc.), and shop supplies (computers, printers, racks, etc.).

Over the eight years, MHSP received over \$50,000.00. The final amounts for this year event will be available at the February meeting. Our contract provides time for disputed credit card purchases and everything must be reconciled by January 30.

Personally, I'll miss the Skiswap meetings and working with the committee members. And I think we'll all miss sharing in the work towards one goal, the PR for the Patrol and the income.

PREPARE Meeting Program

At the January MHSP General Meeting speakers Tyler Morrison and Tammy Katlin, from the American Red Cross, presented information about how to prepare for an earthquake in Oregon. They addressed the likelihood of such an earthquake as well. They explained that our region is overdue for a major earthquake. They stated that the Cascade Subduction Fault, which is located off the Oregon Coast, generally becomes active every 240 years causing a major earthquake which may approach a 9.0!! They informed us that the last event was 300 years ago! It would appear that we are overdue and need to take precautions!

The speakers provided a copy of a free ARC publication titled: *Prepare*. This is a resource guide designed to educate about how to prepare for a variety of dangers we may face. These include house fires, wildfire, earthquake, tsunamis, floods, and winter storms. *Prepare* provides a variety of checklists to assist in the development of disaster supplies and planning for what to do in the event of an event. For example, it lists contents of a good first aid kit, how to plan to be prepared for a large earthquake, and what steps to take now to be able to communicate with family and friends. There are several checklists to use to be sure all the bases are covered. *Prepare* is available at redcross.org/cascades, along with other useful publications.

I found the suggestion to have an out of the area contact person set up to communicate with your family to be a good idea. She said that local lines may be down and are likely to be overcrowded. The ARC has found that making long distance calls works better. Go Figure!

An interesting item that was discussed are variety of apps for your phone that are available to aid in a disaster. This information is also in the *Prepare* guide.

Smoke alarms were another important topic. ARC has free smoke alarms and installation available by calling 503-528-5783.

There is a lot of information in the Prepare Resource Guide and on-line at www.redcross.org. This guide is full of very useful information, I encourage all of you to get it!

To summarize, know how to turn off gas and power, have an out of the area contact person to call for family to connect, have food and water stored where it's easily accessible for the family, keep some supplies in your car especially for infants and children. Have a good first aid kit and a supply of medications that are needed daily. Check out an Earthquake Damage policy for your home.

I lived in Southern California for several years and experienced several earthquakes. They are scary and it doesn't take much shaking to make a significant impact on the community so take their advice and PREPARE!

PATROLLER OPERATIONS

Patrol Chief

By Carl Gatzke, Patrol Chief, HC 1113



Training

Don't forget to ask your HC/TR for a second set of eyes while you grab a sled and make a few runs just to get the cobwebs shaken loose. It's good for ALL of us to have as much sled running time as possible

Dispatch

Now that the holiday season is behind us, the ski areas are all in auto mode and the skiing has been fantastic, so, come on up, get a chit, get a guest pass for your friends, run a sled, save a life, raise some tower pads and ski some powder!!

Miscellaneous

Hill Captains – just a friendly reminder – the new RCA radios need a bit of special attention when being put back into their charging slots. You have to make sure the LED charge light shows “Red” when you put the radio in the slot. It's easy to miss the slots on the back, which means it won't get a charge overnight

For those of you that patrol with a pack, make sure that you take the pack OFF when loading the chairs. This is for any chair type (double, triple, quad).

Lastly – as I mentioned at the General Meeting in January, if you're traveling to another ski area and would like to capitalize on being part of the NSP system and get a comp'd pass, please shoot me an email (at least 5 days in advance of needing the letter) asking for the “Member in Good Standing” letter. I'll get it to you straight away. Please include your MHSP number and your NSP number in your email. Thanks.

Changes at Timberline and Mt. Hood Skibowl

Cleo Howell, Vice President, AS 1444



We have been working for the last three years to transfer equipment and first aid supplies to the respective resorts. This is being done on the recommendation of the National Ski Patrol for a variety of reasons, such as liability and to maintain our non-profit status.

Mt. Hood Skibowl

Mt. Hood Skibowl has purchased all of the hard equipment items such as toboggans, backboards, traction splints, blood pressure cuffs, etc.

Skibowl will also supply the oxygen used on the mountain and in the first aid rooms. The oxygen cylinders at Skibowl are the style that will require that the regulator be installed. Skibowl staff will install the regulator before the cylinder is placed into service. If you are not familiar with this system please ask one of the paid patrollers to show you how to use it before you actually need to use oxygen.

Skibowl is now providing all of the consumable first aid supplies, such as tape, roller gauze, bandages, gloves, and so on. Please restock your first aid packs at the Govy Building, NOT from the Skibowl first aid room.

Please do not take any supplies or equipment to Skibowl. If you find that there is not enough equipment or supplies at Skibowl please notify the on duty paid patroller.

Please stock your personal first aid pack from the Govy Building brown supply cabinet. If you use something from your pack at Skibowl it is okay to replace it with the exact amount from the Skibowl supplies.

Skibowl is primarily using the Spider Strap system for backboards, so make sure that you are familiar with that system when you go to Skibowl. We will train on the Spider Straps at the Fall OEC Refreshers.

Timberline

Timberline has also purchased all of the hard equipment items such as toboggans, backboards, traction splints, blood pressure cuffs, etc.

Timberline will supply oxygen. The cylinders are the same style, with the handle, that we have been using for about 10 years.

Please stock your personal first aid pack from the Govy Building brown supply cabinet. If you use something from your pack at Timberline it is okay to replace it with the exact amount from the Timberline supplies.

Please contact me if you have questions.

Winter in Full Swing

By Pete Campbell, Associate Director, AP 1654



Filling the Void

Let me start by thanking all of you who are actively dispatching this winter as Associate Patrollers and Associate Supervisors. Your efforts are appreciated and the areas are pleased with the quality of work that we are turning in. Not to mention, the conditions have been fantastic thus far.

One concern as we head into February is the amount of open slots each weekend at both the AP and AS positions – primarily at Skibowl (and even up at Timberline on certain occasions). We have all seen the emails asking for coverage (thanks to all of you who answered the call) but I'd like to remind everyone to get their days in now, especially at the areas located a little lower on the mountain. The snow is here now, the snow is great now, please take advantage and patrol now!

Lastly, when you dispatch as an AP and in the event that no AS has dispatched during the day – the AP with the lowest number, or the AP with the most experience at the area should take on as much of the AS responsibility as they can. Please remember to work together to ensure that all associate responsibilities are being met daily.

Skibowl Associate Schedule

Those of you who have patrolled at Skibowl may have noticed a change in our daily operations with an update to the assignment schedule for Associates. Erich contacted our area APC's Matt Harms and Shelly Johnson with a request that Associates follow a daily schedule (similar to our Hill Patrol counterparts) with assignments that can be followed at Rescue Center throughout the day. This follows the same logic as the staffing assignments currently used at Timberline and Meadows. With feedback from our area APC's and members of the council, I worked to put together a preliminary draft that is being tested at Skibowl this season and will allow anyone working dispatch at Rescue Center to quickly assess where our patrollers are located and who may be available at a certain location using one simple assignment schedule for the day.

At the morning meeting, the HC and AS will work together to set assignment schedule for the day. They follow the 1.5 hour assignment shifts that are currently being utilized by the HP at Skibowl and allow the AS to set First Aid Room shifts along with assigning both Westside and Eastside lift assignments. For example, during a Westside lift assignment, an AP is able to ski/ride any and all lifts on the Westside during their shift in order to provide first-responder coverage. Same goes for the Eastside. Both First Aid Rooms should be staffed during the day with patrollers utilizing the same assignment shifts. So far this has been working well to provide full coverage to the aid rooms and to have our associates in position to quickly respond on the hill.

This is an ongoing effort to provide the support that our Area Patrol Director requested, but there may be multiple iterations of the schedule before it is dialed in. For more information about this topic, please attend the February

General Meeting or contact me via email with any feedback or questions you may have. Your input is vital to ensure that we cover this topic from all angles and thank you to those of you who have offered comments thus far.

Associate Apprentices

Our new class of Apprentices have finished their in-class scenarios and written tests and are now moving on to their on-hill portion of training at Timberline, Skibowl and Summit. If you have the opportunity to work with them this season, please do so. They have completed their OEC training and will be assisting their coaches during their on-hill area orientations. Please welcome them to MHSP and remind them that **Ski Patrolling Is Fun!**

Nordic News

By Jeff Hepler, Nordic Director, 30006

Excellent snow conditions and superior grooming have rewarded patrollers at Teacup Lake Nordic Area. All of our equipment is stowed at the Ray Garey Lodge in the Mountainsmith sled. Keep in mind that unnecessary equipment should be removed before taking the sled out or there won't be much room left for the patient. And a reminder: no use of O2 in the lodge.

January has been a busy month at Teacup Lake patrolling the annual "Tea Party" on January 3rd; High School races on January 9th and the "Teacup Classic Race" on January 24th. A big *thank you* to Nordics who turned out for these events and contributed to their success. Unfortunately we remain critically short of Nordic patroller coverage on non-event days so please step up and dispatch with a friend.

Backcountry trails are finally skiable and I recommend patrolling White River, Barlow Pass, Bennett Pass and Pocket Creek in Hood River County. Should you need to provide minor first aid to a patient at Teacup or Backcountry – "just do it". However, if the injury or illness is beyond minor first aid, requires professional medical care or sled evacuation follow your OEC protocols and contact the Sheriff immediately. Follow directions from the Sheriff's office – they are "area management" and in charge.

Send me your suggestions to make this a great year and I will do my best to make it happen. Thanks for being a Nordic patroller on Mt. Hood.

Young Adult Patrol

By Mike Levis, YAP Coordinator, AP 1742

The YAP program is well underway. On mountain activity has occurred at Timberline, Skibowl, and Mt. Hood Meadows. The YAPs have been focused on refreshing basic area orientation, beacon skills, loading & unloading sleds, and generally having fun on the mountain.

All YAP participants should keep the following in mind:

- Make sure you bring your YAP bib or MHSP training bib each on-mountain day. You will not be able to participate without it.
- Make sure you have stocked up on medical supplies at the Govy Building. You cannot restock using the supplies in the first aid rooms at the resorts.
- Be on time! Your coaches appreciate it.

A special thanks to the coaches (Brian Lee, Mike Klein, and Allen Hansen) who have made the first three on-mountain days a success.

To our patrol membership at large: We have room for more cadets. If you have teenagers who are interested in what you do with all your weekends on the mountain, the YAP program would be a great way to give them an



introduction to the patrol. Cadets will spend 8 days skiing and will take Avy Awareness and Outdoor First Care. Not to mention you as a parent can get some time on the mountain with your son or daughter. Nothing is quite like the drive home from the mountain listening to your child talk about the cases he or she saw to re-enforce why we do what we do.

If you have an interest in this, please contact Mike Levis (mplevis@gmail.com).

Avalanche Training

By John Gastineau, Avalanche Director, HC 1393

With last year's poor snow, we were able to do only one avalanche refresher. As a result, nearly 2/3 of the patrol is due for any refreshers of some kind. We need your cooperation and energy to get this important training done this year.



A reminder of your avalanche training obligation:

- If you are an associate patroller or a patroller over age 65, you must take either avalanche awareness or the level 1 refresher every three years.
- If you are a hill or Nordic patroller, you must have completed at least level 1 and take the level 1 refresher every three years, unless you are over 65.
- If you are an apprentice you must take avalanche awareness.

Hosts are invited and encouraged to also take the avalanche awareness course.

MOUNTAIN HOST OPERATIONS

Mountain Host Director

By Mike Cullen, Mountain Host Director, HS 60009



We have great conditions on the mountain and the resorts have been very busy. Everyone really appreciates all of the help from both the hosts and the patrollers.

A few operational questions have come up as we have been very busy.

Hosts in Terrain Parks

These protocols have changed a few times over the past years. At this time, the protocols are pretty much the same at both Timberline and Skibowl. Hosts can ride through the parks under the following conditions to check on safety:

- Ski conservatively along the edge to see how our guests are doing.
- Keep a sharp eye on guests that are running the features and avoid being a distraction for them.
- If you see guests crossing the parks unaware of the safety concerns they are causing, take a few minutes to help educate them in a friendly manner.

Radio Operations

When you need to call patrol, please use the following protocols:

- Switch to the patrol channel – you do not need to contact the supervisor first, as this results in a delay and possible confusion.
- Listen for 45 to 60 seconds to be sure the channel is clear and ready for you to call.
- Exercise scene safety practices while listening waiting to make the call.
- Call dispatch and identify your self --- do not give details at this time.
- Following response from dispatch, give location of 10-50, or other short details as to why you are calling.

- In the case of a 10-50, stay on the patrol channel until they arrive – they often want to call you and clarify your location.
- Return to the host channel the instant that patrol arrives.
- If help is needed for scene safety, make the call on the host channel as soon as needed within this process.

Overdue Guest Reports

Hosts should call patrol if a guest is reporting an overdue guest. It is always a patrol function to record information and initiate a search.

Patrol will direct you to what to do next, which will likely be some quick information from the guest and then escort the guest to the first aid room.

Hosts will assist in a search when patrol announces one.

The Overdue Guest protocols are set by the resort and should be followed to the letter.

Unable to Make Your Shift?

Please make every attempt to contact the supervisor for the day (both if there are 2). The supervisor needs to know if there are any last minute changes in order to best allocate resources. If it is prior to 9:00 pm you should also be able to go onto dispatch and do a "REQUEST SUBSTITUTE". This identifies that your shift is available for someone else that wants to fill it. Contact me ASAP if you need any help with using dispatch.

Off Duty Skiing Before or After a Shift

If you are not on duty, you need to be out of uniform.

Timberline will provide a lift ticket for your hours of off duty skiing if you are working a shift that day.

Breaks From Your Shift Period:

If you need to take a break from your shift period, contact the supervisor. We all know that 4 hours outside in wet or 10 degree windy weather is a real challenge. Help the supervisor have a chance to rotate coverage to your position if needed.

On Duty with Friends or Family

Many in MHSP have friends and family members on the hill at the same day that they are working a shift.

Please keep focus on your responsibilities while on duty.

I have seen many patrollers accompanied by a friend or family member without interference with their duties.

If anything comes up that interferes with doing your normal duties, contact the supervisor and let him or her know.

Have Fun

It is important that we are all having fun while doing our duties for the resorts. If you are having fun, you will radiate that energy to our guests.

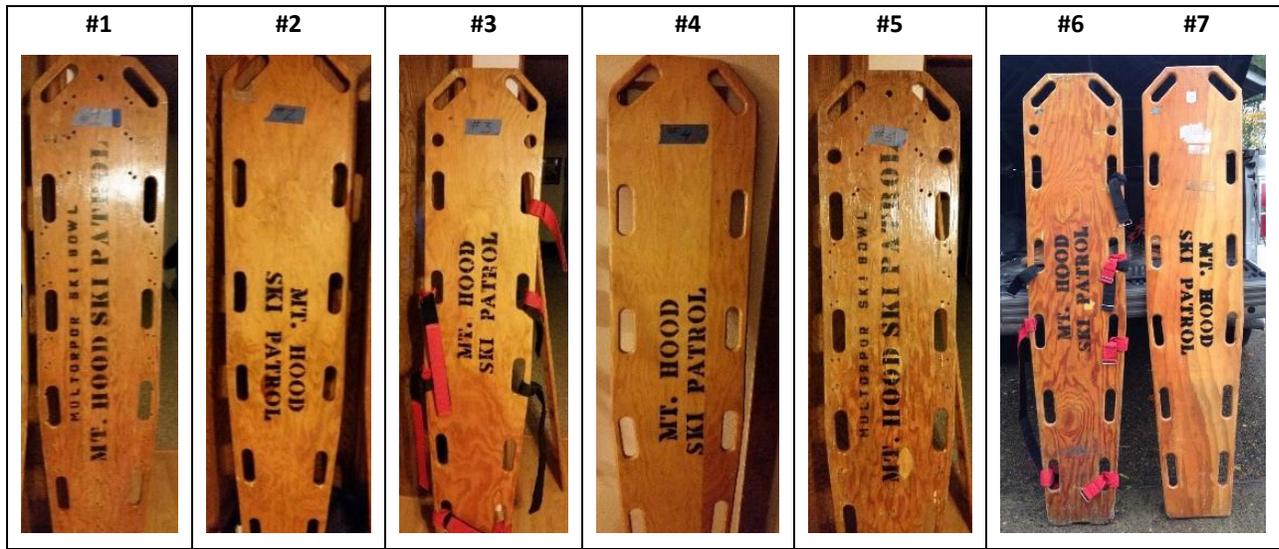
OTHER NEWS

Vintage Backboards for Sale – Top 5 Boards to Sell

Jaye Miller, HP/AP #1437

We have 5 of 7 wooden backboards to auction off. Below are the pictures. The 2 backboards with the lowest dollars bid will return to MHSP to be made into a chair.

Only members of MHSP are eligible to bid.



Please send an email to millerjaye@comcast.net. In the subject line enter the backboard # and amount (minimum bid is \$20).

I'll post the amount, date and time on a sheet on the back of the board and let you know if there are higher bidders when I confirm back your bid.

We'll close the auction at the end of the February General meeting.

You'll have a chance to look at the boards at the December and January meetings.

Troops Triumph – Save the Date – Sunday, April 10, 2016

Troops Triumph is a one-day event that introduces disabled veterans to skiing and snowboarding and is held at Timberline. Its huge success in previous years is due entirely to the time and efforts of volunteers.

You can help in the following ways:

1. Donate your expired Timberline vouchers
2. Be an on-snow assistant
3. Be an in-lodge assistant
4. Provide transportation to the mountain for an ambulatory disable vet

Next month's Snojob will have more detailed information about these opportunities. If you have questions in the meantime, please don't hesitate to contact me.

Thank you in advance for your time and efforts. They truly are appreciated.

Sue Bishop, Mountain Host; 360-450-7858, sbish1808@yahoo.com, www.troopstriumph.org

In Memorium – Shiro Yoshida, #323

Shiro Yoshida, age 89 and MHSP # 323 passed away peacefully just before Christmas. There will be a celebration of life at a later date along with a more formal announcement from the family.

Memorial Service for Dick Pooley

By Bob Smith, # 436

The memorial for Dick Pooley is 12:30 PM, Saturday, January 30, 2016 at Trinity Episcopal Cathedral, 147 NW 19th Ave, Portland, OR 97209

I'm sure red coats will be appropriate. I'll see you there.

Here is the site for the online memorial and guestbook for Dick. <http://www.forevermissed.com/dick-pooley>

CALENDAR

For a complete listing see the official MSHP calendar at www.mhspdispatch.org.

February

8 Council Meeting
15 General Meeting
22 Snojob Deadline

March

7 Council Meeting
14 General Meeting
21 Snojob Deadline
21-25 Oregon Spring Break
28-Apr 1 Washington Spring Break

April

4 Council Meeting
11 General Meeting
18 Snojob Deadline

MHSP Bylaw Amendments Voting

1. Amendment #1 yes _____ no _____
This amendment clarifies the bylaws to more succinctly identify voting rights and who can run for what positions. This amendment makes no changes to who can currently hold what positions and who can vote for what positions.

2. Amendment #2 yes _____ no _____
This amendment changes the language “active patroller members” in Article III- Amendments of the bylaws to “voting members”. This allows Hosts to vote on bylaw amendments.

3. Amendment #3 yes _____ no _____
This amendment makes Hosts eligible to run for the position of President.

4. Amendment #4 yes _____ no _____
This amendment makes Hosts eligible to run for the position of Vice President.

5. Amendment #5 yes _____ no _____
This amendment makes Hosts eligible to run for the position of Secretary.

6. Amendment #6 yes _____ no _____
This amendment makes Hosts eligible to run for the position of Treasurer.

7. Amendment #7 yes _____ no _____
This amendment makes Hosts eligible to run for the position of Trustee. It also limits Hosts to only occupying one of the three Trustee positions at any one time.

8. Amendment #8 yes _____ no _____
This amendment makes Hosts eligible to vote for the position of President.

9. Amendment #9 yes _____ no _____
This amendment makes Hosts eligible to vote for the position of Vice President.

10. Amendment #9 yes _____ no _____
This amendment makes Hosts eligible to vote for the position of Secretary.

11. Amendment #11 yes _____ no _____
This amendment makes Hosts eligible to vote for the position of Treasurer.

12. Amendment #12 yes _____ no _____
This amendment makes Hosts eligible to vote for the position of Trustee.