



The Sweep

May 2019

Message From the President

This is my final newsletter article as President of Mt. Hood Ski Patrol. Beginning in June our new President, James Schuler, will preside over a new leadership team on the Executive Council. That new council features a combination of long-term seasoned members with experience on the Council along with first time Council members who bring fresh ideas. I am excited to be continuing to work with the Council as Junior Trustee.

During May and June, we will work on transitioning from the old to the new Council. Our work will include identifying activities from the past Council on which we will want to continue to work, as well as new priorities on which to focus in the upcoming years. As always, feel free to communicate your ideas for improving MHSP with any member of Council.

Either way, the cycle of the life of a volunteer ski patrol continues. It is hard to believe that we are already beginning to gear up for the 2019-2020 patrol season. We have a new group of candidates who will begin their training in just a couple of months. Before you know it we will all be training hard again on our OEC refreshers, chair evacuations, and other early season prep work.

Before going on to next year, however, I want to look back on the past. By any measure, THE 2018-19 SEASON HAS BEEN A VERY GOOD YEAR FOR MHSP!

- Although the snowfall started out slow, the conditions on the mountain were epic in February and March with all of us getting in some excellent skiing days;
- MHSP continues to be very strong financially, to the point that we are able to reinvest back into the training of our members – I encourage all of you to take advantage of the opportunity for FREE tuition at the upcoming Nuts and Bolts training;
- The quality of our trainers and training is outstanding and it shows in the quality of first aid and rescue care that you all provide;
- We have successfully implemented the team approach at Timberline, Skibowl, and Meadows, and the participation and performance of our teams at all the areas has been excellent;
- The areas recognize our consistent quality service and, consequently, our relationships with the paid patrol staff and all of the resorts on Mt. Hood is strong and positive;
- Our total numbers of members are down slightly but our recruitment is strong and the quality of our new patrollers is excellent.

Perhaps the most important thing that I can say about MHSP is that we are a valuable volunteer resource that goes beyond Mt. Hood to encompass the broader Community. In the past three years there have been more than a dozen occasions off the mountain where MHSP members used their training and skills as first responders in serious and life-threatening situations. MHSP makes better citizens of us all. Thank you all for everything you do! Because of you, the FUTURE OF MHSP IS VERY BRIGHT!

Matt Rea, MHSP Council President



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<u>Area Operations/Showtimes:</u>				
<u>Skibowl:</u> Closed	<u>Timberline:</u> Open 0715 Arrive at FAR 0745 Booted Up 0800 Out the door 1600 Final Sweep	<u>Meadows:</u> Open Call a Team Lead for Showtimes and Patrolling Opportunities	<u>Summit:</u> Closed	<u>Teacup:</u> Closed

NO MAY GENERAL MEETING

The Annual Banquet and Awards Ceremony is better

May 11, 2019 6 pm – 10 pm

Oregon Resort , 68010 E Fairway Ave. Rhodendron, OR

Cascade Ballroom

All Patrol Operations

Paul Podett, Patrol Director, HC 1210

Time flies when you are having fun, and I must say these past two years as your Patrol Chief have been memorable.

We went through many changes and demonstrated resilience and adaptability. We have made this patrol great again, all because of you. Thank you for your support and service.

This was my second time serving as Patrol Chief and after more than a decade on several councils, serving in many different offices, I must say this was the best council I have had the honor of serving with.

Thanks to Matt Rea for his great organizational skills and leadership. Thanks to Steve Giesey and Stuart Stanger for their vision and insight with developing the Empty Sled training program and promoting and supporting the team platform.

Thanks to David Winterling and Rachel Leiber for taking on and developing a great new chair evac program, and Nicole Gains for taking over the Avalanche program and developing self-evac rope rescue programs.

We went through five new area directors for our four areas and I would like to thank our Assistant Patrol Chiefs (APCs) for helping and guiding us with those difficult transitions:

- Roger Meier and Kat Moore from MHM,
- Matt Harms and Rachel Leiber from Skibowl,
- David Winterling and John Howard from Timberline
- David Nead, APC at the world- famous Summit

heather Van Houten, you have been a great training director this past year. Thanks also to all the sled coaches and associate trainers.

Also we couldn't do this without records and registration, so much thanks to Wendy Stuart, Kyle Richards, and Kathy Lee.

And mostly, thanks to you the Hosts and MHSP Patrollers who came to serve. This continues to be a great patrol because of you.

One More Idea And Plan

Over the past two years this council has managed to bring in many new ideas and programs that are benefiting our members and have improved our skills.

As a part of continuing this progress in improving skills and adding to the benefits of being a member of MHSP I have worked with several council members on one additional program. As I complete my time with you as Patrol Chief I leave the council with a proposal for creating PSIA certified instructors within our ranks. The incoming council will look at making it an official part of what we do. Please forward any comments to your new council as to what you think about it.

PSIA-MHSP Instructor Program

With many moving parts, this program has continued to successfully evolve.

The eventual goal of the PSIA-MHSP instructor program is to have several level 2 and 3 PSIA- MHSP instructors that will be able to provide MHSP with consistent and complete rider enhancement, at no charge to the patroller.



We have a handful of patrollers who have begun their training and certification with PSIA (Professional Ski Instructor Association). As part of their required training they must teach in order to qualify and achieve the upper ranks of PSIA certification.

So for this spring and summer we are offering skier enhancement classes at no cost to MHSP.

Skier Enhancement in May at Timberline

At this time we have two dates in May at Timberline: May 25th and May 26th.

Class - hill time; 9:00–13:00

Currently these classes are for Hosts and Associates only.

We will be providing intermediate to intermediate/advanced coursework beginning on the Mile and moving up to Palmer (conditions permitting).

Go ahead and dispatch for the available slots.

These classes are at **NO Charge** for active Hosts and Associate patrollers with the following stipulations.

- We will not be in uniform and not on duty, however you will get “Elective Dispatch credit.”
- You must use your own voucher to ride and participate in the classes. You will NOT receive an area voucher credit for this elective day and are officially off-duty.
- The course work will follow standard PSIA format that will include general evaluation of personal technique, and demonstration and instruction of multiple ski drill sets. Then there will be a final review and movement analysis, which will include videotaping before and at the end of the session.
- Space is limited for May 5/25 and 5/26. We will meet at the Government Camp building for registration and required carpooling.

We plan to have additional dates in June, July, and August depending on interest and new council approval and recommendations.

Wanna Be A PSIA Instructor?

If you are interested in participating in this program and would like to train for your PSIA certification, please contact John Cartwright for more information. There will be PSIA instructor clinics at Timberline this summer and beginning in December at MHM and TL.

This program is not yet an official part of the MHSP curriculum, but we hope this demonstration will be the first step in providing a great benefit to you the active member.

End Of Service Note

I will be giving the keys to the ranch over to the competent hands of Rachel Leiber in June. Best of luck to the new council and to all of you. Thank you all for your continued service.

It has been an honor and a privilege to serve as your Patrol Chief.

Signing off,

Paul Podett MD

MHSP Patrol Chief (2005-2007, 2017-2019)

TIMBERLINE OPERATIONS

Dave Winterling, Timberline APC, HC 1806

Fellow patrollers,

The Timberline winter ski season, with team schedules, is winding down. As we all know, this just marks a transition to summer operations, which commence on Saturday June 1. There are now dispatch slots “up” and available, seven days a week through Labor Day.

Snow Operations

The Timberline summer snow-sports operation is based around the “camps” that run in week-long sessions on Palmer from June 17 through the end of July. Those weeks have the highest number of summer dispatch slots – (1) AS, (2) A, (1) HC, and (5) HP.

The camps include a wide variety of racing and freestyle/slopestyle groups, including world-class skiers and boarders (e.g. the US Ski Team). The top of Palmer is always a great “people show,” and a beautiful place to spend a summer day.

If your schedule enables you to dispatch during the week, you will be especially welcome since, based on the session schedule, the weekdays are frequently busier than the weekends for Timberline summer operations.

Bike Operations

Bike operations are highly anticipated, but might NOT be running (yet) in 2019. There is a possibility of limited operations starting in August. Separate announcements will be made when more information is available.

Timberline team members need to complete two summer patrol days at Timberline. However, summer operations are NOT team-based – all active MHSP patrollers are eligible to dispatch for the available hill and associate slots. Summer dispatch is the best (only) way to make up any days that you might currently be short on your annual commitment for the 2018/2019 patrol year ending in September.



Because the resorts lose some paid patrollers to other jobs during the summer, they appreciate MHSP for the summer support we provide.

Providing a consistently solid summer dispatch is a very important part of MHSP’s relationship with the mountain resorts.

Many people like to plan their summer weekends well in advance, so please review the summer dispatch schedule and feel free to dispatch now for the days that you would like to patrol.

Please participate with as many days as you can this summer. Looking forward to a great summer on Palmer!

Thanks!!

MOUNTAIN HOST OPERATIONS

Sam Smith, Mountain Host Director, HS #530

NEW HOST DIRECTOR

I would like to announce and to congratulate Jan Silagi as your next Host Director. The official transition occurs in June, after the MHSP Awards Banquet in May.

Jan has a wealth of experience and is well prepared to “hit the ground running.” Even with all her experience, your support and help are always appreciated and productive.

I thank you in advance for joining me in giving her your support and helping with some of the many tasks that come up during the year.

HOST SUMMER SEASON

The Skibowl summer season will begin as early as possible when enough snow has melted. Once they have a solid start date, we will be sending out plenty of detailed information. Shifts worked during the summer count toward your commitment for the 2018-19 season.

NEW RECRUITS

If you know someone who is interested in joining next season, please let Mike Cullen know; he will be tracking interested folks. The interview/tryout period is usually in September & October. Training begins in October & November.



NORDIC OPERATIONS

Steve Potter, Nordic Director, NP, AP 1630

The 2018-2019 season at the Teacup Lake Nordic Ski Area has been busy at times. We have had seven minor care cases, three cases requiring minor interventions without advanced care, three serious cases, and seven incidents involving search for reported missing or injured people, two of which were out of area. I am glad to say that all were dealt with in a timely manner and had good outcomes. Congratulations on a great job Nordic Patrol.

On March 30th the Nordic Patrol met at the Ray Gary cabin at Teacup Lake for an annual end of season pot-luck. There was some early evening skiing on good snow in great weather and Teacup Nordic Club President Paul Blackburn was able to attend. Paul shared some banjo music and expressed his appreciation for our patrol service and contributions to their success in growing their level of service to the community and Nordic skiing.

We are looking forward to two more weeks of skiing in April and an even better 2019-2020!

Thanks for volunteering!



COUNCIL ELECTIONS

Michael Klein, Senior Trustee, SHC 1089

A big thank you to all the candidates who ran for office, and to the Nominations Committee for bringing such a qualified slate forward for us to choose from. Also, our gratitude goes out to Michael Cummings for researching, programming, and managing our first electronic vote. The end result not only met our quorum requirement but exceeded it by 100% for hosts and 220% for patrollers.

The system was not without challenges and much was learned. A final report has been submitted so that next year's Council can make improvements. Your suggestions, comments, patience, and understanding are greatly appreciated.

Finally, congratulations to the 2019-20 Executive Council Members!

Here are your leaders for next year:

President: James Schular

Vice President: Matt Wood

Patrol Chief: Rachel Leiber

First Aid Chief: Will Pardy

Treasurer: Jaye Miller

Secretary: Dave Winterling

Associate Director: John Howard

Nordic Director: Steve Potter

Mountain Host Director: Jan Silagi

Junior Trustee: Matt Rea

Middle Trustee: heather Van Houton

Senior Trustee: Cleo Howell



What a great team. Please give them your support, encouragement, and patience as they move into their new positions.

Lastly, thank you for your participation in the election and also for allowing me the honor of serving as a trustee. It's been a blast.

Summer Race Support

2019 RACE SUPPORT

Mike Anderson, Race Support Coordinator, MHSP 1510

The Council has once again approved our partnership with Terrapin Events to provide race support for seven races in 2019. We have not yet heard from the other groups for which we provide support. As soon as we do we will let you know which other races we will be involved with.

It's important to remember that if you are a member of a team at Timberline, Meadows, or Skibowl you must complete your team obligations and also provide 1-2 days during the summer at Timberline or Skibowl. All patrollers are expected to get eight days of active duty on Mt. Hood in addition to all of the required training. That being said, here is the Terrapin schedule for 2019.



We had a great Bridge to Brews race with about 10 people helping with the event. A big thank you to everyone that helped.

- **Cinco de Mayo:** Sunday May 5. 1,800 runners expected. Meet at Kliever Memorial Armory on the 33rd. I will notify you of the exact meeting time prior to the race. This is a morning event; we will be done by noon.
- **The Grateful Dad Run:** Saturday June 15. 900 runners expected. Meet at 07:30 at Kliever Armory on NE 33rd just south of Marine Drive.

• **Rose City Relay:** Participation has been canceled due to logistics.

• **Country Girl Half Marathon:** Saturday August 3. 900 runners expected. Kliever Memorial Armory. I will need someone else to be the Associate Supervisor for this race as I will be at the World Scout Jamboree. Let me know if you can help. We've done similar races many times, so it will be easy.

• **Sunset on the Springwater:** Saturday September 21. 900 runners expected. Meet at 19:30 at Sellwood Riverfront Park. They swapped the date for this race with Country Girl because of the heat issues the past few years. It's an evening run.

• **Run Like Hell Half Marathon:** Sunday October 21. This is also a very large race with over 3,500 runners expected. Many runners will be in costume. This is a very fun event. We meet at 07:00. They are moving the location out of downtown Portland due to costs, so the location has not been determined.



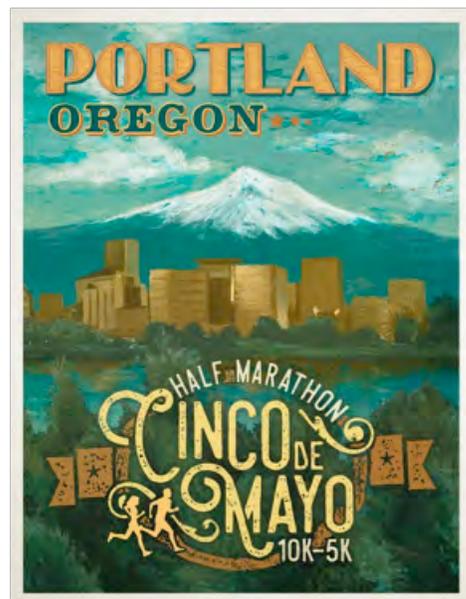
All other races. As I mentioned before, there are other races we did last year that we will possibly do again this year. I have been in touch with the new sponsors of the **Portland Marathon** but we will not hear back from them for a couple of months as they are still in the planning phase.

I think we did some races out near Hood River as well as the **Vancouver Marathon**. If you have information on these please pass it on to me.

Please sign up for these events as soon as you know your schedule. They will fill up fast.

We may have some assistance from the Intel Emergency Response Team who would like to know how to work at this type of events as well. You can find more information at

www.terrapinevents.com.



MESSAGE FROM THE FIRST AID CHIEF

Will Pardy, First Aid Chief, AP HC 1744

I'd like to share that recruitment brought in 25 new students for this upcoming season. They consist of 13 new hillers, 1 crossover from associate to hill, 5 associates, 4 nordic, and 2 transfers. We will gather them for orientation night on June 11th, and then get the OEC class started September 10th to meet weekly through early January 2020.

As this ski season is winding down, it's time to begin thinking about our upcoming training responsibilities this fall. Here are a few dates to consider putting onto your calendar:

OEC Instructor Refreshers @ St. Vincent's - 9/14/19, 9/22/19

OEC Patrol Refreshers @ Athey Creek (pick one) - 9/29/19, 10/13/19, 10/26/19



At some point in the next few months you will receive your NSP magazine. If it is wrapped in plastic, please **KEEP IT** as it contains your OEC Refresher workbook.

You will need to present your completed workbook **AND** your certificate of online completion in order to gain admission to the OEC Refresher. Let me state that once again, **you will not gain entrance to an OEC Refresher without your completed workbook and certificate of online completion**. No exceptions.

Finally, thank you for re-electing me as your First Aid Chief. I sincerely enjoy working for and with all of you.

Enjoy your summer!!!

BANQUET AND AWARDS CEREMONY 2019

Courtney Walsh, Banquet Committee, HP 1833

We look forward to seeing you at the Banquet!

As of the publication of this Newsletter, the RSVP form is closed.

When: Saturday, May 11, 2019

17:00 – 22:00

Dinner is at 19:00.

Where: Mt. Hood Oregon Resort

68010 East Fairway Avenue

Welches OR 97067-9706

Cascade Ballroom

Attire: "Dressy Casual"



We will have a well-stocked FREE photo booth, a DJ (who takes requests – see below!), two bars just for us, a coat/bag check, awesome Raffle prizes, and more!

If you'd like to make **song requests** of our DJ (whether you're attending the Banquet or not!), please feel free to do so at "<https://encore-mobile-djs.djintelligence.com/request/>" using the group name "mthoodskipatrol" and password "Skihood2" (without the quotes).

Lodging: Our block of rooms is completely booked. That said, they still have rooms available (as of 4/23/19), and you can still get a discounted room rate by mentioning that you are with Mt. Hood Ski Patrol right up until the evening before our event, as long as rooms are still available. (If you're wanting to reserve a room, you should do it ASAP.)

Reservations can be made at 503.622.2220 or at 503.622.3101. With our discounted rate, King and Queen rooms are \$129 per night and Fireside rooms are \$159 per night. There is an additional \$20 resort fee per night and a 7.8% lodging tax. Pet-friendly rooms are available; please be sure to request a pet-friendly room (if needed) when you make your reservation.

Guests with reservations made using our group rate will also receive 20% off spa treatments at the Spa and greens fees at the Courses.

See you there!

INCIDENT COMMAND SYSTEM 100 COURSE

heather Van Houten, Junior Trustee, MHSP # 1793

This is a reminder that everyone on patrol needs to complete **ICS 100 by July 1, 2019**. The Council would prefer for everyone to have this completed before we roll into all of our fall training.

NSP is now **“requiring”** all patrollers to have this course on their record of continuing education. **It has to be completed this year (2019)** or you will not be able to patrol next season (2019-2020) under NSP provisions.

Many of you have completed this and turned in appropriate paperwork, thank you! For those of you who haven't done this yet there is still plenty of time to get it done.

All MHSP members must take or prove they have taken the ICS 100 course in order for patrol to better interface with search, accident, or disaster agencies.

Here is what to do:

1. **If you have already taken this course**, submit your **certificate of completion** to oeorefresher@mthoodskipatrol.org. Then go to the NSP.org website and register for the ICS 100 course for MHSP. The course number is **P054190006**.
2. To register at NSP, log into your account. Go to **Member Resources** at the top, select **Course Schedule**. Under **Course Number Starts with** enter **P054190006** then **click on** the course titled **Incident Command System 100**. On the next screen click on the button that says **Register Myself**. Once you do this, go ahead and **check out** as if you are buying the class. There is no charge for this course.
3. **If you have not taken** the ICS 100 course or cannot find your certificate, follow the instructions below: **You will need to register for a FEMA SID number prior to taking the course.**
<https://cdp.dhs.gov/femasid>

The ICS 100 is a free online course that will take about two hours to complete.

FEMA ICS-100 Course

<https://training.fema.gov/is/searchis.aspx?search=ICS%20100>

Click on “Introduction to the Incident Command System, ICS 100” link.

4. Once you complete the course and take the test you will receive an email within a few days to confirm you passed the test. In the email there is a link to see a **completion certificate with your name on it**. **You need to save this as a PDF file** on your computer and/or print it out and keep it.
5. Then submit your **Certificate of Completion** to oeorefresher@mthoodskipatrol.org
6. After you complete the course and submit your Certificate of Completion to MHSP, go to the NSP.org website and register for the Incident Command System 100 course as described in #2 above.



Again, MHSP Council is asking you to **complete this requirement by July 1, 2019**.

If you have any problems or questions please contact me.

Calendar

May

- 6 Council Meeting, Providence Portland Medical Center, Conf Rm C/D – 7:00 pm – 10pm
- 11 MHSP Banquet, Cascade Ballroom, Mt Hood Oregon Resort - 68010 E Fairway Avenue
- 18 The Sweep Newsletter Deadline, 6:00 pm
- 22 Rookie Meeting, Location TBD
- 31-1 Jun Nuts and Bolts

June

- 1 Nuts and Bolts, Timberline Lodge and Government Building
- 3 Council Meeting, Providence Portland Medical Center, Conf Rm C/D – 7:00 pm – 10pm
- 15 The Sweep Newsletter Deadline, 6:00 pm

July

- 6 Council Meeting, Providence Portland Medical Center, Conf Rm C/D – 7:00 pm – 10pm
 - 18 The Sweep Newsletter Deadline, 6:00 pm
 - 22 Rookie Meeting, Location TBD
-

FRIENDS OF TIMBERLINE

presents

History Happy Hour

"Timberline Traditions"

First Thursday at the Oregon Historical Society

1200 SW Park Ave., Portland OR 97205

May 2, 2019

5:30 to 8:00 p.m.

BEER

WINE

FOOD

PRIZES

EXHIBITS

Tickets \$25 pp

Purchase online at: bit.ly/FOTMAY2

Note: URL is case sensitive.

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