Snojob

March 2018

MESSAGE FROM THE PRESIDENT

Snow... Yes, We Have It!

Matt Rea, President

As of February 15 we reached the end of the first module for our 2017–18 ski year. It has been an up and down year so far with schizophrenic weather that has wreaked havoc with the operating conditions and schedules of the ski resorts on Mt. Hood. In spite of that I am extremely proud of the response of MHSP members. Our dispatch coverage has been outstanding and the resorts are pleased with our team approach. Please keep up the great work as we move into the heart of the winter season. For me, March and April are the primo months for skiing in Oregon. The best is yet to come!

PLEASE CONTINUE TO DISPATCH FOR PATROL DAYS

While the team approach has been a success for those of you who are on teams, we realize that it has not been as good for those of you who were not able to commit to a team and for many of you it has been difficult to get patrol days in. This has been exacerbated by the limited operations at Skibowl where we have actually had to reduce the size of our dispatched numbers in response to area requests for fewer patrollers. Please do not be disheartened. Once again, snow conditions are improving and as I look at the online dispatch I see quite a few days open in the next two months for "Shadow" slots. Don't let the concept of being a shadow patroller sound demeaning to you. Our Team Lead Hill Captains and Associate Supervisors are doing a great job of integrating shadow patrollers into the teams. Those shadow patrollers slots end up being good, valuable patrol days. Likewise, there are quite a number of patrollers looking for substitutes on dispatch days. Please make it a priority to fill any of those if you can. If you are not a team member and are uncertain as to whether or not you are qualified to fill any of those substitute slots, please look up the Team Lead and ask them if you can fill in. Lastly, please look ahead to the summer module dispatch. There are no teams in the summer module and here will be plenty of opportunity to get in summer days either ski patrolling at timberline or bike patrolling at Ski Bowl.

HELP TO IDENTIFY FELLOW MHSP MEMBERS WORTHY OF RECOGNITION.

We are about halfway through our 2017–18 winter season. By now you have spent some good quality time with your fellow hill and associate patrollers and hosts. You've seen some of them go above and beyond the call of duty – either through performance in an individual incident or through sustained exemplary service. Remember at the end of the year we will recognize worthy members for their special performance through this season. The Executive Council needs your help. Please help us identify candidates for awards. You can nominate candidates either by speaking with one of the Council members or by telling your team lead Hill Captain or Associate Supervisor. For reference, here is the list of MHSP Annual Awards. Refer to the wiki for more details, including lists of past winners of these awards.

- Rod Morrison Apprentice of the Year
- Barney Macnab Patroller of the Year
- Jerry Edgar Hill Captain of the Year
- Associate Apprentice of the Year
- Irv Huppin Associate of the Year

- Associate Supervisor of the Year
- Outstanding Nordic Patroller
- Outstanding Mountain Host of the Year
- Host Apprentice of the Year
- Outstanding Mountain Host Supervisor of the Year
- Outstanding Alpine Coach
- Outstanding Associate Coach
- Ralph Wiese First Aid Instructor of the Year
- George Anderson First Aid Excellence
- John Keyes Meritorious Service
- Dave Hitchcock Avalanche Service Award

ANNOUNCING NEW MEMBERS. PLEASE JOIN ME IN WELCOMING TWO NEW MEMBERS TO MHSP.

- Michael Cummings, Associate Patroller, MHSP #1837
- Steve Brown, Nordic Patroller, MHSP #1838

Both of these gentlemen transferred to MHSP from other NSP affiliated patrols. They have completed their orientation and training and have been voted into the membership of MHSP. Please congratulate them when you see them on the hill.

UPCOMING MHSP ELECTIONS: BYLAWS AMENDMENTS AND NEW MHSP EXECUTIVE COUNCIL.

Since last year, we have been engaged in discussion of proposed bylaws amendments that would allow us to modify the procedures that MHSP follows to elect our Executive Council officers. More recently, a group of members have proposed an additional bylaws amendment that would change the term limits for Executive Council officers. It is time for the membership to vote on those proposed amendments. Our bylaws may be amended at any general meeting of the Patrol by a two thirds (2/3) majority vote of those active members present and voting, plus those members voting by Absentee Ballot. A quorum is currently 25% of active members. The vote will occur at our next General meeting on March 12 at Providence Portland Medical Center, 7:00 pm. There will be an opportunity at the meeting to discuss the pros and cons of the proposed amendments and to ask clarifying questions prior to the vote. However, the proposed amendments may not be further modified at this time.

If you cannot attend the meeting, you have the opportunity to submit an absentee ballot. Mailed absentee ballots must be received by Senior Trustee Lisa Wilberding Hargrave at the address listed in the instructions by 5:00 pm Friday, March 9, 2018.

WE NEED YOU TO PRACTICE YOUR CIVIC RESPONSIBLITY AS A MEMBER OF THE MHSP DEMOCRACY--PLEASE, VOTE EITHER IN PERSON OR BY ABSENTEE BALLOT!

In summary, there are three separate votes--one for each of the three sections of the bylaws where amendments are under consideration:

- Vote #1: Amends Article IV – MEETINGS, Section 3 Quorum. This amendment would change the quorum required for election of MHSP Officers from not less than 25% of the eligible voting membership to not less than 15% of the eligible voting membership.

- Vote #2: Amends Article V - OFFICERS AND EXECUTIVE COUNCIL, Section 3: Election of Officers. These amendments would change our methods of nominating candidates for officer positions. Candidates would self-nominate by contacting the Nominating Committee. It would eliminate the requirement for nominations “from the floor” at general meetings. Nominations will be closed prior to the election meeting so that all voters are presented with the same slate of candidates whether they vote in person or in absentia. Finally, it allows for implementation of vote-by-mail or e-voting.

- Vote #3: Amends Article V - OFFICERS AND EXECUTIVE COUNCIL, Section 4: Terms of Office. This amendment would change MHSP term limits by increasing the number of consecutive one-year terms that most officers of the Executive Committee can serve from two to four.

A detailed description of the three proposed bylaws amendments is in this Snojob.

Please be aware that the vote of the membership for Executive Council Officers will occur at our April 9 General Meeting. The outcome of the current vote on bylaws will influence how we conduct the election of officers in April, as well as potentially the slate of candidates eligible to run for Officer positions. Consider your vote carefully!

If you have any questions about the bylaws amendments or voting procedures, please feel free to contact myself or Lisa Wilberding Hargrave. Thank you for participating.

FIRST AID PROTOCOL UPDATES

This has been a busy season so far for coordination with the ski areas on Mt. Hood for updates and revisions to first aid/OEC policies and procedures. In this SnoJob, you will see two articles by our Wy'East Region Medical Advisor, Dr. Jim Hamilton. One is on policies and procedures for use of Oxygen on the hill. The second is on use of aspirin. Both of these articles emphasize that these are not changes from our standard of care as instructed through OEC but clarifications on appropriate procedures under different circumstances. Please be sure to read these articles carefully and listen to the ongoing training updates being provided by Associate Supervisors and Hill Captains. If you have questions, please contact Dr. Hamilton or First Aid Chief Bob Tise.

THE IMPORTANCE OF CARPOOLING

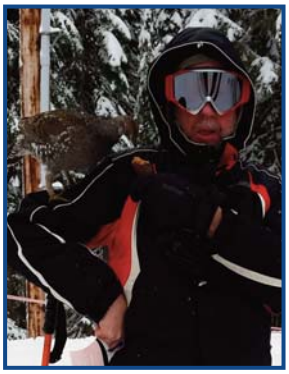
As we all know, all of the parking lots at all of the areas we serve have been very crowded this year. This includes the lots at Teacup Lake and at Summit. Both of those areas are seeing a lot of backup from the lots at Meadows and Timberline filling early. Please, Please, continue to arrange to meet up with your team mates at the Govy Building and carpooling up the hill. Or better yet, arrange to carpool up the mountain from in town. That's an opportunity to get to know your Patrol buddies even better. I really do not want to see vehicles with a single patroller pulling into any of those lots.

Some of you have been pulling into the lot at Summit Ski Area and taking the shuttle to Timberline. I know that for some hosts that are coming up for the middle shift that has been the only way to Timberline when the lots are full. However, please remember that Summit Ski Area relies on that lot for their paying customers. If you are going to take the Timberline shuttle you are better off parking at the Govy Building and catching it at the Collins Lake stop. By catching it there you are more likely to have space on the shuttle AND there's more parking available.

BE SAFE OUT THERE!

By now most of you are aware that one of our members, Paul Wellner, suffered a seriously fractured femur while on an opening assignment a couple of weeks ago. Paul has had surgery and is home and seems to be recovering well although he has a long road ahead of him to get back on skis. Our best wishes go with him for a speedy recovery and plans to see him back on the mountain next winter. Paul was accompanied by two hill apprentices on his opening rounds that morning. They received an early and harsh introduction to the hazards of ski patrolling that morning. The take home message for them, and for all of us, is that what we do is fun—but it is also serious business fraught with some danger. Remember to take your training equally seriously, keep your insurance up to date and, above all, be safe out there!

PATROL CHIEF REPORT



Paul Podett

Hi Kids
Looks like the snow piñata has produced.
Face shots in February with full mountain Opps and continued dispatched opportunities into August at Ski Bowl and Timberline.

SO – WHAT DID YOU LEARN TODAY?

Did you know that temperature matters?
Yes, I worry about a patient's temperature above 103 and below 96 F' but what about that sun tan lotion.
All molecules and chemicals have a temperature range where they are most effective. Go beyond those ranges and the molecule will start to change in structure and activity.
Aspirin products will start to deteriorate below 60 and above 80 F', all prescription medications have specific temperatures at which the active pharmacologic molecule becomes less effective or useless.
Most commonly used product will also change in color, consistency and effectiveness when exposed to light, heat or cold temperatures. So when in doubt – read the label.
The rigs got a foot of fresh on it and the sun tan lotion is in the glove compartment with my Ibuprofen and Grandpas BP meds.
All products will have a functional- effective temperature range.
Too high or too low beyond the recommended storage temperature range guideline and the active molecule- pharmacological or otherwise, may not work as well.

RESOURCES

Oxygen. A valuable resources and in limited supply.
Always, follow your OEC protocols when initiating treatment with O2.
Mike Murray MD, our official Medical Advisor to Timberline and Ski Bowl will be sending us a memo about O^2 titration recommendations protocols- in the meantime
When in doubt- look at your patient and please use your recourses wisely.

Current EMS/AMR/OEC protocols call for supplemental oxygen use for:

A. Suspected hypoxemia or respiratory distress from any cause.
B. Acute chest pain in which a myocardial infarction is suspected.
C. Shock (decreased oxygenation of tissues) from any cause.
D. Major trauma
E. Carbon monoxide poisoning.

TRAINING AND CERTIFICATIONS

The class of 2018 is starting their final training checks. Thanks to Rachel Leiber and David Wintering for coordinating and organizing a tryout process that gave us a great apprentice class this season.
Stuart Stanger is heading up final sled testing and Matt Wood has a great Associate group getting ready for final certification and deployment.
We will also be concentrating on final training and testing for the Associate Empty Buckets certs and plan on starting a new training group- empty toboggan in the spring, at Timberline

MEET GRETA THE GROUSE (SEE PICTURE AT THE BEGINNING OF PAUL'S ARTICLE)

Greta is the one on the left sharing a granola bar with Mike Beckman of Government camp. Recently adopted (Greta), by the lifties at the bottom of Flood, Greta will come visit during the day for to say hi, and for snacks when available. Mike did mention that he was able to get Greta's number however, Greta told me she doesn't know how to use her cell phone yet.

Please stay tuned to additional Rat Pack opportunities.

BYLAWS AMENDMENT – TERM LIMITS

Currently a council member may only serve two consecutive years in their elected position.
That means that by the time our beloved President Matt Rea is feeling confident and comfortably effective in his positioning and in his second year of service, he has to go.
The nominating committee than has to recruited and sometimes desperately seek another patroller who is qualified, ready and able and effectively serve us in that executive council position.

A council member may be re-elected to the same position again and again but they have to take a year off.

In the interest of this council being able to serve you effectively, a group of patrollers has proposed a Bylaws change and amendment.

MOUNTAIN HOST OPERATIONS

Winter Information

Sam Smith

OPERATIONS REMINDERS

Here are some reminders on a few important topics. The more often we talk about it, the easier it is to know exactly what to do quickly. A few moments spent doing some refresher reading may be a great help when needed.

OVERDUE GUEST REPORT

We get many reports each busy day about a concern for a guest who has been separated from their friend or family.
Our response to these concerns needs to be very formal at all times.

- Inform the guest that patrol has an "Overdue Guest" search protocol if they wish to request it.
- If YES: Help connect the guest with patrol. This will usually be a radio call to inform dispatch that a guest wants to file an overdue guest report.
- Assist dispatch as requested. This might be to escort the guest to the First Aid room to file a report.
- Share with dispatch any sense of urgency that a reporting guest may have.

Hosts will be requested by dispatch to assist in a search once information has been collected.

HOSTS AT 1050'S

Hosts responding to and helping at 1050's is usually "priority #1" over our normal duty stations. The SNO CAT duty is the only station we cannot leave vacant.

Our mission is to help secure the scene by diverting traffic. This creates a safer environment for the guest and the patroller.

1. Position yourself uphill to divert traffic.
2. Use your equipment and any other available equipment to

establish the “stay clear” zone.

3. If you arrive prior to patrol, inform the guest that patrol is on the way and then proceed with steps #1 & #2 quickly.
4. While stationed uphill, stay close enough so that the patroller can communicate with you if your assistance is needed.

The steps listed above are the standard guidelines that apply to most 1050’s. A secure scene is essential for the safety of everyone involved.

CALLING DISPATCH

It is very important that most calls to dispatch be kept as **short as possible** so dispatch can use the channel next.

Call:	“Host ‘your name’ to Dispatch” - that’s it (four words is the perfect initial call).
Wait:	Give them time to respond.
Inform:	“There is a 1050 @ ‘give location’ - STOP - no more details needed at this time.
Wait:	Give them time to respond.
Answer questions:	Keep answers as short as possible.

Stay on the patrol channel until they arrive, then switch back to the host channel.

OEC UPDATES

O^2 Administration and the NSP Patroller

James J. Hamilton, MD, PNWD and MHSP Medical Advisor

National Ski Patrol membership affords significant protection against liability for administering first-aid while patrolling *provided* that official NSP policies or officially approved local protocols are followed. Those policies are contained in our OEC 5 text or approved local protocol. OEC 5 was published in 2012 and significant new knowledge has become available since then. Because of these advances, the National Medical Advisors are currently working on a revision of the OEC text to potentially be available in January 2019. When new knowledge has the potential to significantly improve patient outcomes, official training protocols are issued to ensure our patrollers can use that knowledge. This type of change in NSP protocols will be implemented in a revision to our backboard protocols during the 2018 fall refreshers.

Research involving the use of O^2 in emergent situations suggests that O^2 is being overused and in some situations may actually be harmful. NSP patrollers reading this material have been left confused as to how to use O^2. It is universally agreed that if a patient presents with shortness of breath, cardiac or respiratory arrest, cardiac-related chest pain, stroke, significant blood loss, decreased level of responsiveness, head injury or long bone fracture the use of O^2 is appropriate (page 310, OEC 5). In the emergent, on-hill situation, 12-15 LPM is advised.

However, O^2 is an expensive and limited resource. Unfortunately, once O^2 is started, it is commonly left on until the patient is passed to the ambulance crew. This wastes our limited supply and can result in hyperoxemia that can be detrimental to the patient, especially in a cardiac-related event. Patrollers need to continuously monitor the patient during O^2 use.

Patrollers often use pulse oximeters to help determine the need for O^2. Although these are wonderful devices, they have some important

limitations. Because they are dependent on peripheral circulation, they are totally unreliable when used on someone with cold hands and thus are not helpful in winter situations on the hill. However, once the patient is in the FAR and warmed up, they can be very helpful in assessing the continued need for O^2.

As a *guideline*, an O^2 saturation level of 95% is acceptable (OEC 5, page 315). People at altitude or with COPD may have a lower O^2 saturation level with no symptoms. Conversely, people with CO poisoning may have a higher O^2 saturation level and be in need of O^2. Patrollers need to observe their patient and continually reassess their need for O^2 considering the clinical situation and O^2 saturation levels. Was the rapid breathing seen on the hill caused by anxiety and pain or true respiratory distress? If an O^2 saturation level of 95% is obtained, then decrease the O^2 flow and monitor the result. Continue to monitor the patient and potentially stop the O^2 if the patient maintains a satisfactory O^2 saturation level and clinical response. Because current research has shown that *hyperoxygenation* is harmful in cardiac-related events, O^2 saturation levels above 95% should be avoided.

It is hoped that by following the above procedures, the patroller provides appropriate first-aid using established OEC policies while also incorporating all recent research advances and preserving a valuable and limited resource.

SUMMARY

1. O^2 use is dictated by NSP policies contained in OEC 5.
2. While pulse oximeters are very useful in the FAR, they are unreliable on the hill.
3. O^2 should be delivered at 12-15 LPM on the hill
4. Once in the FAR, the continued need for O2 needs to be monitored and decreased or discontinued as appropriate.
5. In the FAR O^2 flow rates of 4-6 LPM may provide satisfactory oxygenation even if clinical need is still evident.
6. O^2 saturation levels above 95% are not desirable, especially in patients with cardiac related events.
7. Continued clinical evaluation of the patient factoring in O2 saturation levels determined by pulse oximetry is important.
8. Patients with COPD or patients at altitude may normally show an O^2 saturation level below 95% and NOT need O^2. Conversely, patients with CO poisoning may have O^2 saturation levels of 100% and still need O^2.
9. Appropriate use of O^2 will provide optimal patient care and help preserve a limited and valuable resource.

The Use of Aspirin in a Cardiac Emergency

James J. Hamilton, MD, PNWD and MHSP Medical Advisor

I am aware of at least three cardiac-related events that have been treated by MHSP patrollers this year. As our population ages and remains more active, this type of problem is not as isolated as was believed in the past. Rapid progress has been made in the understanding of cardiac physiology during medical events. Another article in this edition of SnoJob discussed the role of oxygen in a cardiac situation, recognizing that too much oxygen can actually result in some untoward consequences.

Recent research has demonstrated that administering aspirin in the early phases of a cardiac event can have significant benefits and result in decreased damage to the heart. Traditionally, ski patrollers have been told

they could not "give" a patient any medication – they could only "assist" someone in taking their own medication or suggest they should obtain some medication and take it. Sometimes that medication just happened to be openly sitting on a nearby shelf. Because of the significant benefit seen in the early administration of aspirin in potential cardiac events, a "local medical policy" has been formally accepted for implementation by all the ski areas service by Mt. Hood Ski Patrol. No longer are we going to "assist" or "suggest." We are now going to actually GIVE aspirin in this particular situation.

As with any treatment we provide as a ski patroller, there are some precautions that have to also be considered. The most important one is determining that there is no allergy or medical contra-indication to the patient taking the aspirin. For instance, is the patient already on a blood-thinner or had a very recent hemorrhagic stroke or other bleeding event like bleeding ulcers? If there is no such contraindication, the patroller will give the individual 325 mg. of aspirin. Preferably this should be in a non-coated tablet. It could be as one "adult" aspirin or four "baby" aspirin. The tablets should either be crushed or the patient directed to thoroughly chew the tablets allowing absorption to begin in the oral cavity. Aspirin has a bitter taste and small amount of water can be provided to help dissolve the aspirin and facilitate swallowing.

Does this have to be the first thing done on the hill? NO! It just needs to be done early in the course of treatment, potentially on arrival to the FAR where there is water for the patient. Specifically at Mt. Hood Meadows, because of the proximity of the medical clinic at the bottom of the hill, the decision to provide aspirin to the patient will be made by the clinic personnel.

Hopefully this new policy will improve the care we can provide to our patients. Below is the actual policy that was adopted.

MT. HOOD SKI AREAS LOCAL POLICY FOR USE OF ASPIRIN IN ACUTE MI – 16 FEBRUARY 2018

Protocols have been recently published for use the general population to give aspirin to a patient with a suspected cardiac event as soon as possible. The following policy is being implemented so that MHSP patrollers can provide what is now considered the standard of care in this situation.

It is anticipated that the new OEC 6 will contain a similar protocol.

Protocol for the use of Aspirin in Suspected Acute MI

If a patient presents with the symptoms suggestive of an acute heart attack (MI) the patroller will keep the patient in a comfortable position (either semi-Fowler's or Rothberg position), warm, elevate the feet to assist in cardiac return and immediately contact AMR for transport.

If the patient has their own nitroglycerin, the patroller may assist the patient in taking this medication. It should not be given if the blood pressure is below 100 mm Hg.

If there is no known allergy to aspirin or other known medical contraindication, the patroller will give the patient one crushed or chewed 325 mg tablet (OR four crushed or chewed 81 mg tablets) of non-coated aspirin with some water.

NOTE: At Mt. Hood Meadows, the decision to administer aspirin will be made by personnel in the base clinic when they are available.

APPROVALS: Timberline (Bret Wesson) 2/5/18; Summit (Charlie Wessinger) 2/9/18; Ski Bowl (Erich Mauer) 1/30/18; Mt. Hood Meadows (Kelci Barnes) 2/16/18; Teacup Lake Nordic Club (Paul Blackburn) 1/29/18

OFF THE MOUNTAIN

Dispatch

Wendy Stuart

Please do not email me with a change request without:
YOUR PATROL NUMBER
THE DUTY/ROLE YOU ARE ASKING ME TO PLACE YOU IN,
AND/OR YOUR LAST NAME; not everyone's email address is intuitive.

This is all I have to work with when adding folks; the system won't take your name but I need your full name to confirm that the add, was correct.

Ok, Now that I Have Your Attention

Allen Hansen

THE POWER OF CONTRIBUTIONS

I want to highlight some of the contributions we've received to date this year.

We received notice that Intel employee members of MHSP contributed 1100 hours of service in 2017 which will translate into a donation of $10,000 to the Patrol from Intel in 2018.

As a result of AmazonSmile program activity between October 1 and December 31, 2017 a donation of $95.92 has been issued to MHSP. So keep doing your Amazon sales through the Smile portal – it makes a difference!

We Need You at the March General Meeting

Cleo Howell

BYLAWS CHANGE ON THE BALLOT

Date: March 12
Time: 7:00pm
Location: Providence Portland Medical Center, Social Room, 4805 NE Glisan St. Portland
Changes to the current bylaws will be voted on at this meeting. We need you there to have a quorum.
Members of the Clothing Committee will also be there. Bring your money or plastic.

MHSP Banquet 2018

Courtney and Mike Walsh

The 2018 MHSP Banquet will be from 5:30pm – 11:00pm on Saturday, May 19, 2018. The event will be at the Red Lion Hotel on the River (Jantzen Beach) in Portland.

This year invitations to the Banquet will be emailed and RSVP to and payment for

the event will be managed online. In order to prevent invites being unseen or lost in spam or junk-mail folders, we will send a separate email immediately after sending the official invites encouraging invitees to ensure receipt of their invitations.

The following hotel reservation information will also be included in the invitations: Attendees are offered a hotel group rate of $135.00 per night (plus tax) for a standard guestroom with two queen beds. Attendees are welcome to make reservations by calling the hotel directly at (503)283-4466 and asking for the Mt. Hood Ski Patrol rate, or by using the reservations link at https://aws.passkey.com/go/mthood.

Nominations for Executive Council

Lisa Hargrave

Executive Council members are elected for one-year terms (except Trustees who are elected for 3 years). This means that every year the entire council is up for election. To run for any Executive Council office contact any member of the nominating committee: **Lisa Hargrave, Stewart Carter, Jaye Miller, Sue Bishop**. Or **email mhspnominations@gmail.com**

If the Bylaws amendment is passed on March 12, then nominations will close on March 19. In either case mail or absentee ballots will be available and the election will conclude at the April 9 general meeting.

The following nominations have been made to date:

President: Matt Rea,
Vice President: _____
Secretary: Kimberly Granning,
Treasurer: Allen Hansen,
Patrol Chief: Paul Podett,
First Aid Chief: Cliff Leighton, Will Pardy,
Associate Director: Margaret Usher,
Nordic Director: Steve Potter,
Mountain Host Director: Sam Smith,
Junior Trustee: heather Van Houten,

Side Note (not from Lisa):
For a true democratic organizaiton, all voting members should have options for each position when voting. **It is in the patrol's best interest to have multiple people run for these offices.** So, please, consider running for a position if you are eligible!

BYLAWS

Proposed Bylaws Amendment for the Conduct of Elections for Executive Council

Lisa Hargrave

Proposed Bylaws amendments for:

- Article IV -- Meetings, Section 3 Quorum
- Article V -- Officers and Executive Council, Section 3 Election of Officers
- Article V – Officers and Executive Council, Section 4 Terms of Office

Amendments have been proposed to three sections of the MHSP Bylaws. Eligible members will vote on those proposed amendments at the March meeting and by absentee ballot. We will vote individually on the proposed amendments to each of the three sections (three separate votes). You must vote in favor of, opposed to or abstain for each of the three votes.

ABSENTEE VOTING

To vote by absentee ballot

- Print the ballot included in this newsletter (also available on the MHSP wiki)
- Mark your vote on the ballot.
- Place your ballot inside a “secrecy envelope”.
- Place the secrecy envelope inside another mailing envelope. On the back of the envelope print your first and last name, member class, and patrol number. Sign the envelope.
- Mail your ballot to MHSP, c/o Lisa Hargrave, 2790 May Street, Hood River, OR 97031
- Ballots sent by mail must be received at the mailing address by 5:00 pm Friday, March 9, 2018. Or ballots may be delivered in person at the General Meeting before 7:00 pm
- If you mail-in a ballot it is final, you may not retrieve your ballot to vote in person.

VOTE # 1: ARTICLE IV MEETINGS, SECTION 3 QUORUM

SUMMARY OF CHANGES

- Changes the quorum required for election of MHSP Officers from not less than 25% of the eligible voting membership to not less than 15% of the eligible voting membership.

PROPOSED CHANGES

Text to be omitted is lined out, text to be added is in boldface.

Article IV Meetings, Section 3 Quorum

~~A quorum shall consist of not less than one quarter (1/4) of the eligible voting membership.~~

A quorum shall consist of not less than 15% of the eligible voting membership.

VOTE #2: ARTICLE V OFFICERS AND EXECUTIVE COUNCIL, SECTION 3 ELECTION OF OFFICERS

SUMMARY OF CHANGES

- Changes method of nomination
  - Candidates self-nominate by contacting the Nominating Committee.
  - Eliminates the requirement for nominations “from the floor” at general meetings.
  - Nominations will be closed prior to the election meeting so that all voters are presented with the same slate of candidates whether they vote in person or in absentia.
- Allows for implementation of vote-by-mail or e-voting.

PROPOSED CHANGES

Article V Officers and Executive Council, Section 3 Election of Officers

A. There shall be an election at the regular November meeting of the membership to form a Nominating Committee. The committee shall

consist of four (4) or more active members elected by the membership and the Senior Trustee, who will be the chairperson thereof. In the event the Senior Trustee is unwilling or unable to serve, the President shall appoint a chairperson from the remaining two Trustees.

B. The Nominating Committee must nominate at least one qualified member for each office to be filled. It is the duty of the Nominating Committee to secure the agreement of proposed nominees and to assure that all nominees meet the specified minimum requirements for the office for which they are nominated. The Nominating Committee will promptly notify nominees who do not meet the minimum requirements.

C. Nominees will be qualified to serve by having been an Active Member for the previous three (3) consecutive years and presently being an Active Member in good standing.

D. At any time subsequent to the formation of the Nominating /committee, any qualified member may submit their name **verbally or** in writing to any member of the Nominating Committee for consideration as a nominee.

~~E. At the February, March and April general meetings, the Chairman of the Nominating committee shall publicly announce the name of the office; the first and last names of the nominees for that office then call for additional nominations from the Floor for that office. This process shall be repeated for each office in the same order as specified for the voting on each office. Those so nomi- - nated will then be included in any subsequent publication of the list of nominees.~~

Nominations will close at midnight 20 days before the annual meeting of the patrol. Any candidate seeking election after close of nominations will be by write-in only.

F. Elections of officers and trustees shall be concluded at the regular April Membership meeting, which is the annual meeting of the Patrol.

1. ~~Elections shall be by individual preprinted ballot for each office. Names to be printed on any ballot must be submitted no later than ten (10) days prior to the annual meeting.~~
   Elections shall be by single ballot for all offices. Different ballots will be prepared consistent with the voting privileges of each member class. Ballots will contain space for write-in candidates.

2. ~~Voting members present at the Annual Meeting will register to vote on the night of the election and will be issued individual ballots for each office based on their eligibility to vote for those offices. Member and class eligibility to vote for each office is listed in Article V, Section 3, Paragraph R, Subparagraph 13.~~
   Specific voting procedures are to be documented in the Policies and Procedures and published in the April newsletter. Procedures must include provisions for maintaining a secret ballot while ensuring that each member remits a ballot consistent with their eligibility to vote. Voting methods may consist of in-person voting, mail-in ballots, electronic voting or a combination of methods.

3. ~~Space shall be provided on the ballot for write-in candidates or those nominated from the floor at the April Meeting. Nominations from the floor will be permitted prior to the election for each office.~~

4. ~~The vote will be conducted and the results announced for each office before the vote is conducted for the next office, unless all candidates running for the office being counted agree that the Senior Trustee may proceed with the election. In the case of a runoff or tie, the runoff or tiebreaker will be conducted immediately, and before the election for the next office. The voting order shall be as follows: President, Vice President, Patrol Chief, Associate Director, First Aid Chief, Secretary, Treasurer, Nordic Director, Junior Trustee, and Mountain Host Director.~~

5. ~~Absentee ballots from Active Members shall be counted and included in the tally for each office provided the absentee ballot is received by mail at the address designated by the Patrol the Friday at 5:00 PM prior to the election or received by the Senior Trustee prior to the start of the election process. Absentee voting shall be by official ballot provided by the Executive Council. Each absentee ballot shall be returned in an envelope bearing the printed name, patrol number, and signature of the absent member. Ballots not meeting the above criteria will not be counted. An Active member may vote by absentee ballot or in person, but not both. Absentee ballots may not be retrieved or changed once cast.~~

6. ~~Notice of an Active member's right to an absentee vote shall be published in the monthly newsletter of the Patrol in February and March along with instructions for receipt of an official absentee ballot and the address to which it must be delivered.~~

7. ~~Officer candidates shall be elected by a majority of the voting members present at the annual meeting and those voting members voting by absentee ballot, subject to quorum requirements. When three (3) or more names appear for any one position, more than fifty percent of the members voting shall be required for election. A runoff election between the two candidates receiving the greatest number of votes, but each fifty percent (50%) or less shall be held directly after the initial election if necessary. The candidate receiving the most votes cast in the runoff election either by absentee ballot or in person will be declared the winner.~~
Officer candidates shall be elected by a majority of the voting members casting votes (subject to quorum requirements).

   a. **When three or more names appear for one position, more than fifty percent of the members voting for that office shall be required for election. If no one candidate receives more than 50% then a run-off ballot will be necessary.**
   b. **Where two names appear for one position and each receives an equal number of votes a run-off ballot will be necessary.**
   c. **Run-off elections will be by absentee ballot (mail or electronic) to be concluded no more than 21 days after the annual meeting.**
   d. **If a run-off election results in a tie the election will be decided by a flip of a coin at the next Executive Council Meeting. The candidate present with the longest length of service to the Mt. Hood Ski Patrol will call heads or tails.**

8. Eligibility to vote for a specific office is dependent on a member's class and category, these classes and categories are outlined in Article III Membership. Candidate eligibilities are as follows:
President: All Active Patrollers,
Vice President: All Active Patrollers,
Secretary: All Voting Members,
Treasurer: All Voting Members,
Patrol Chief: All Active Patrollers,
First Aid Chief: All Active Patrollers,
Associate Director: All Active Patrollers,
Trustees: All Voting Members,
Nordic Director: All Active Patrollers,
Mountain Host Director: All Active Mountain Hosts

9. ~~In the event of a Tie, the membership present at the time and those voting by absentee ballot, will vote again for the candidate for the office. If there are three consecutive tie votes the election will be decided by a flip of a coin.~~

10. ~~If a member leaves the meeting before the conclusion of the election, the member must turn in all remaining ballots prior to leaving. If the member has written in the name of a qualified candidate prior to turning in said ballots, the member's ballot will be counted when the election for that office is held. Such "turned in" ballots will not be counted in tie or runoff elections. No proxy ballots are permitted.~~

11. If there are voting irregularities (such as ineligible voters, proxies, etc.) the election will stand if the margin between the candidates exceeds the number of irregular votes. (i.e. the irregularity had no material effect on the election).

12. Voting Tellers shall be appointed by the Nominating Committee and shall not be members of the Nominating Committee or current Executive Council. Active Members, Apprentices, Inactive Members, and non-members may be Voting Tellers. Those related to any candidate shall not serve as Voting Tellers.

VOTE # 3: ARTICLE V – OFFICERS AND EXECUTIVE COUNCIL, SECTION 4 TERMS OF OFFICE

SUMMARY OF CHANGES

- Amends term limits. Increases the number of consecutive one-year terms that most officers of the Executive Committee can serve from two to four.

PROPOSED CHANGES

Article V – Officers and Executive Council, Section 4 Terms of Office

A. President, Vice President, Secretary, Treasurer, Patrol Chief, First Aid Chief, Associate Director, Nordic Director, and Mountain Host Director shall hold office for a term of one year. They may stand for reelection but the President, Vice President, Secretary, Treasurer, Patrol Chief, First Aid Chief, Associate Director and Mountain Host Director may not serve more than two four consecutive terms in the same office.

MHSP ABSENTEE BALLOT

Instructions

Lisa Hargrave

- Complete the ballot.
- Place ballot inside a “secrecy envelope”. And place the secrecy envelope inside another mailing envelope.
- Complete the Voter Identification form and tape it to the back of the envelope, or simply write the Voter Identification information on the envelope.
- Mail the envelope to:

  MHSP
  c/o Lisa Hargrave
  2790 May Street
  Hood River, OR 97031
- Mailed ballots must be receive at the above address by 5:00 pm Friday, March 9, 2018
- Alternatively ballots may be hand delivered at the General Meeting on Monday, March 12, 2018 up to 7:00 pm.

Voter Information (apply to back of MAILING envelope)

Signature _____

Print Name _____

Member Class (circle one): Patroller Host

MHSP Absentee Ballot for Bylaws Changes March 12, 2018

Vote #1: Article IV Meetings, Section 3 Quorum

SUMMARY OF CHANGES

- Changes the quorum required for election of officer from 25% of eligible voting members to 15% of eligible voting members.

_____ FOR the bylaws change

_____ AGAINST the bylaws change

Vote #2: Article V, Section 3, Election of Officers

SUMMARY OF CHANGES

- Changes method of nomination. Candidates self-nominate by contacting the Nominating Committee. Eliminates the requirement for nominations "from the floor" at general meetings. Nominations will be closed prior to the election meeting so that all voters are presented with the same slate of candidates whether they vote in person or in absentia.

- Allows for implementation of vote-by-mail or e-voting.

_____ FOR the bylaws change

_____ AGAINST the bylaws change

Vote #3: Article V, Section 4: Terms of Office

SUMMARY OF CHANGES

- Changes MHSP Executive Council term limits by increasing the number of consecutive one-year terms that most officers can serve from two to four.

_____ FOR the bylaws change

_____ AGAINST the bylaws change

NORDIC

News

Jeff Hepler

Despite a shallow snowpack Teacup Ski Area has managed to stayed open all winter. Recent snowfall has resulted in the opening of all 23 trails. To cut down on rescue time a pair of ultralight 'Racing' snowshoes (by Northern Lites) has been added to the rescue cache. These snowshoes weigh in at just 14 oz each and have been an instant hit (see pic). March promises to be a very busy month with the patrol providing first aid support to the Washington School for the Blind on March 6 & 7; a SAR exercise with the Hood River Sheriff on March 15; Spring Break skiing and our end of season ski party on March 31. Everyone on the team is dispatching and contributing to a highly successful season. Keep up the great work!

CALENDAR

For a complete listing see the official MHSP calendar at www.mhspdispatch.org

March

3 Ski the Glade
4 Avalanche Refresher
5 Council Meeting
12 General Meeting, 7:00 pm, Providence Portland Medical Center, Social Room, 4805 NE Glisan St. Portland
17 Snojob Deadline
17–18 Avalanche Level 1
18 MHSP Tryouts, 7:30 am, MHSP Building, Government Camp, OR
24–25 Avi Refreshers
26 Communications Meeting

April

2 Council Meeting
9 General Meeting
21 Snojob Deadline
21 PNWD Instructor Conference in Government Camp
22 Senior Evaluator Training in Government Camp
30 Communications Meeting

May

7 Council Meeting
19 Snojob Deadline
19 Banquet, 5:30pm – 11:00 pm, Red Lion Hotel on the River (Jantzen Beach) in Portland
21 Tentative –Communications Meeting

WHAT WE'VE BEEN UP TO ON THE MOUNTAIN