MHSP SnoJob
January 2009

President's Notes
- Joel Stevens

Did you pray for Snow?? If you did ~ GOOD JOB!!! All of the areas are open and things are looking up. Many thanks to the patrollers who helped open Skibowl on very short notice on December 14th. Incidentally some of your fellow patrollers got first tracks on Cascade Saturday night (the 13th). Of course they had to earn their turns!

The cold snap and snow in the valley sort of shows the difference between flat-landers and mountain people. Three inches of snow in Portland and the schools close and everyone stays home, (I tried to pick up crab Sunday night and all the sea food and meat departments had closed early) Twelve inches of snow on the mountain and everyone goes driving to their favorite ski area. What a difference snow tires, experience and AWD/4WD makes!!! Which is a segue into my annual rant about studless snow tires. If you don't already have them, get them. They make a huge difference in control and safety, they don't chew up the highway, they work on wet and dry roads, and you don't have to take them off until you are good and ready. While you are at it, get some winter wiper blades. Bosh has some new all season ones that are even better than the ones with the rubber boots. They are expensive, but they do work better. Nothing enhances the driving experience like being able to see.

If you have been to the dispatch site lately you have probably noticed the reduced number of patrollers at Timberline. Paul wants a consistent number through out the season and felt limiting the numbers would spread us out better. We really want to hit the maximums every weekend. The other change at T-line is that working patrollers and hosts will now need to wear a lift ticket or season pass. This is the same policy we have at Skibowl. Hill Captains and Supervisors, remember the dispatch site allows you to preprint a green sheet for the day. Please make at least two copies, one for the area, one for Peggy, and perhaps an additional one for you to carry during the day.

We had hoped to get the roof replaced on the Govy Building this fall, but I think the roofer missed the window of opportunity. Unless we get some really bad (for skiers) weather, it won't happen until spring, but eventually you will see a new Forest Green metal roof on Govy.

Speaking of the Govy building I'm making another try with the "rolling codes" for the front door. I had problems with the programming (you've heard of user friendly programming, the lock program is user vicious). I think I have the issues corrected, and we will start sending out the weekend codes to all patrollers dispatched for each weekend. You may share the weekend codes with your fellow patrollers. They generally are set up to work from 3:00pm Friday to 9:00pm Sunday each weekend. If you have suggestions or comments, or if they don't work, please let me know. If you need a code to get in during the week, let me know and we will try to accommodate you.

Keep thinking snow and remember SPIF (Ski Patrolling Is Fun).

Joel Stevens
President

It's on YOUR calendar, right?

General Meeting
Date: Monday, January 12, 2009,
Time: 7:00 PM
Place:
Athey Creek Middle School
2900 SW Borland Rd.
West Linn, OR

Come to the General Meeting

Monday January 12, 7PM at Athey Creek Middle School.

December's winter storms caused a number of patrollers to ask what they could do to help when emergency vehicles were stranded.

Alice Lasher of the Sandy Fire District will talk about the Community Emergency Response Team (CERT). Find out about the CERT program, decide whether you would like to be involved, or just figure out what you can do on your own when the next disaster strikes.

Patrol Chief - Paul Podett

Equipment check.

If you aren't ready now you may not be ready when its time. Your as dependable as your equipment in performing your duty. You have to get to the case, assess and then provide the necessary stabilization, intervention and transport.
As the season gets rolling, lets continue to check and recheck our equipment. This means everything from den settings to Zip locks - before your shift. Check your equipment pack for inventory, remove and replace outdated supplies and check the safety and effectiveness of your patrol equipment. You can make a difference by always being prepared.

For additional patrol gear that needs inspection or maintenance please contact;
Matt Dindia ~ Sleds
John Gastineau ~ Radios
Matt Aimonetti Or John Trump ~ Government Camp Building care takers.

Looking for a few good medics

The Timberline Medic's are looking.
Do you know an area Physician or Nurse Practitioner who might be interested in the Medic Program?
Please forward their contact info to me.
We are looking into the possibilities of expanding the program to seven days a week and adding paramedics to the Medic Program- Stand By

More Benefits.

Last year we asked, and this year we received.
See the Wiki for additional benefits provided by Ski Bowl --- Thanks Kurt.

Thanks again to all our pre season and seasoned trainers; from chair evac to OEC. First responder and Avalanche, these are the people who make us think, who challenges us and give their time, to make us better patrollers
See an instructor? Tell them thanks –again.

There are many changes that have occurred over this past year and you can expect with changes in management at Meadows, Ski Bowl and Timberline, there is more change ahead. Be patient and communicate any concerns or recommendations on ways to improve our program to Me and your area APC's

See you above 3,000 feet,

Doc

Did you know MHSP is a member of the Northwest Ski Club Council (NWSCC) and the Farwest Skiers Association? MHSP got a lot of attention in the December newsletter. http://www.nwskiers.org/newsletter/index.htm

First Aid Chief - Cleo Howell

First Aid "Off Duty" Kudos

I want to give kudos to all of you who have stepped in to give emergency medical care in your respective communities. Many of you have given first aid at the scene of traffic crashes, while camping and hiking, and even at home. I don't have the specific information on all the cases you have been involved in, but I just want to say a big thank you for providing emergency medical care when needed. You are a valuable asset to your community. GOOD JOB!!

I want to give special recognition to two patrollers that did outstanding work at two different incidents recently. In July Eric Granning assisted at the scene of a boating accident on the Willamette River, involving multiple patients. Eric treated the most seriously injured patient. The patient had multiple serious injuries, including a femur fracture. See the September SnoJob http://www.mthoodskipatrol.org/www/uploads/Main/September2008.pdf for details on this incident.

In October Terry Niedermeyer was driving on Scholls Ferry Road in the Raleigh Hills area when he came upon a traffic crash involving a motorcycle and a car. Terry was the first person to provide emergency medical care for the motorcycle rider. The patient had an open lower leg fracture, which Terry provided immediate care for by controlling the bleeding. Terry assisted the local fire department paramedics in splinting the patient's leg. Unfortunately the patient had to have his leg amputated later.

In both of these cases the respective patroller had his Ski Patrol first aid bag with him. This should be a reminder to all of us to keep basic first aid supplies in all of the cars that we drive and around our home. In addition to first aid supplies you should carry other emergency supplies in your car such as a flashlight or headlamp, flares, blankets, and extra food and water.

Thank You to OEC Instructors

I would like to thank and recognize all of the Instructors who assisted with the 2008 OEC Refreshers. These folks are the backbone of the Mt. Hood Ski Patrol. These are the people who provide all of us with the valuable first aid skills that we use on the mountain and in our communities. Many of these instructors spent hours preparing for the class and then taught at all three of the courses.

Listed below are the instructors who helped in various ways with the refreshers:

Mike Anderson,
Peter Casey,
Harold Crawford,
Andrew Degner,
Donna Disch,
John Gastineau,
Eric Granning,
Larry Cahill,
Larry Church,
Michael Curtis,
Mark Diamond,
Steve Eversmeyer,
Carol Gleason,
Jodie Jeffers,
Diane Kindall,
Vince Langmann,
Gina Malamphy,
Terry Neidermeyer,
Paul Podett,
Bob Tise,
Charlie Wessinger,
Darrell Winterbourne,
Pam Louie,
Jim Kitchin,
Don Gardner,
Todd McDaniel,
Corinna Kupelwieser,
Mike Klein,
Kathy Lee.
Kat Moore,
Peggy O'Leary,
James Schuler,
Jim Trett,
Toby Willey,
John Maloney,
Jim Holway,
Matt Dindia,
Jaye Miller,
Joel Stevens,
Dan Miller (Willamette Backcountry Patrol)

When you talk to these people please tell them how much you appreciate them and the time that they take to teach others. They are Rock Stars!!

Associate Director - Dave McKay

A few weeks ago, I was moping around the house, griping about the unseasonably dry and mild winter we were appearing to have…..I had all but given up hope that the snow would come, and we would soon be slicing down the slopes of our favorite area resorts (when I mope, I REALLY mope!) And then, it hit last Saturday with a blast of arctic cold and wet weather. I'm not sure how much we've received on the mountain so far, but I hear another few feet are expected over the next week or so…So, it looks like our season is finally off to a late, but great start!

We have some great Associate leadership developing this year! We have four Associate Patrollers who will be completing their training as Supervisors: They are Pamela Louie, Jerry Knowlton, Sue Derting and Lisa Hargrave. Lisa completed much of her training last year, and should be good to go very soon this year….We also have 10 Associate Patrollers stepping up as on-hill coaches to assist with the integrated hill and associate apprentice training. It's an exciting new way to train apprentices with both on-hill and FAR cross-training. Kudos to them for getting involved in this new program!

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You may have noticed the dispatch requirements for AP's have been reduced at Timberline. The maximum is now four, although this may be increased to six or eight in the future. But for now, it's four. That just means for T-line, you should dispatch EARLY, so as to get the days you want. The good news is as usual, our AP's have really filled up the schedule. THANKS SO MUCH to those who have predispatched early. However, if you find slots are taken on the days you want, be sure to check out the other areas, namely SUMMIT. There are still plenty of slots open there….

Be safe, and enjoy the holidays with your friends and family.

Dave McKay
Associate Director

January 23-25th, 2009

Nordic Clinic/Nordic Ski Enhancement Seminar @ Hoodoo Ski Area

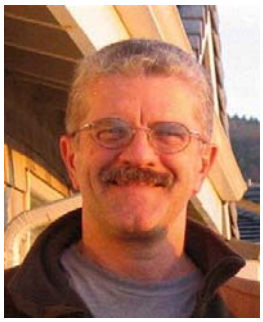
Contact: Steve Oder sjo@proaxis.com

Limit to 20 students

A complete Nordic Clinic, taught at the Senior level but open to everyone. Covers all aspects of Nordic skiing and toboggan handling required for the Senior Nordic S & T. test.

Bring your sleeping bag, pad, patrol packs and all your skies. Stay in the old lodge starting Friday night for early arrivals.

Registration will start at 8:00 am Saturday; the clinic will last all day. Lunch will be on the trail but dinner will be provided along with Sunday breakfast by the Oregon Region. The Sunday schedule will end at 2:00 pm.



Nordic Director - Michael Curtis

Training Intensive

MHSP Nordics hunkered down in December for training the first two weekends of December. Of note, with our gratitude, is the devotion of Jeff Hepler, who showed up for training, though most of his time these days is spent in Afghanistan.

(Previous special features from Jeff are in the December 2008 SnoJob - page 9 http://www.mthoodskipatrol.org/www/uploads/Main/Dcemberr%202008.pdf and page 8 of the September 2008 SnoJob http://www.mthoodskipatrol.org/www/uploads/Main/September2008.pdf)

The consistent **KISS** (**K**eep **I**t **S**imple **S**weetie) techniques used in our training by Dave Ewen are really paying off for the Nordics. The technical training and our on-the-hill day both drew rounds of epiphanies and appreciation as Nordics expressed increasing confidence in the technical aspects. Thank you again Dave, and thank you Nordics—you are all applauded for your consistency and commitment.

Search and Rescue (SAR)

On December 27, 2009, MHSP participated in a SAR call out for a lost skier; Joel Stevens, John Gastineau and Donna Disch participated. Joel happened to see the Incident Command (IC) set up at Multipor and grabbed those who were close and available to go. In this case, John and Donna, and Dave Ewen was there with the RAT team, too.

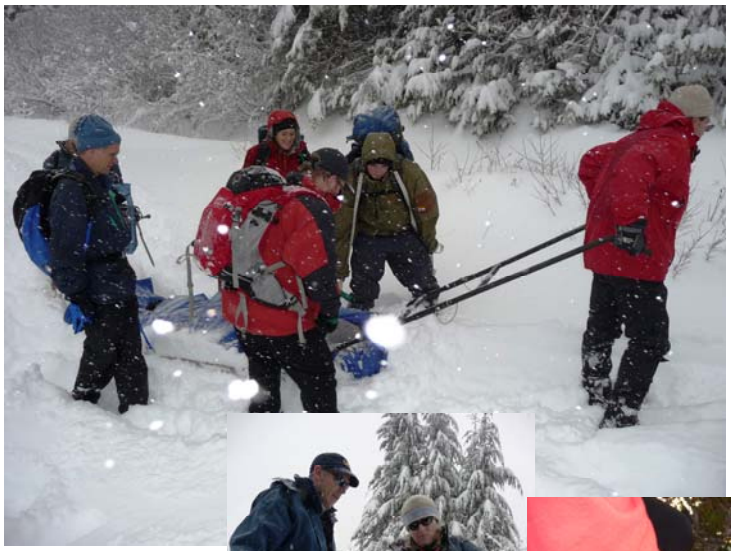
MHSP patrollers departed as team number three of four @ 1:30 a.m. They were combined with searchers from PNW rescue. The IC was the county sheriff unit with communication support from Mountain Wave. Team three snowshoed up through Multipor and into Still Creek basin/watershed. Luckily the subject was in contact with the IC through his cell phone, and coordinates were put together through pinging his phone.

Thanks to Joel's GPS abilities and knowledge of the area, he recognized what the team was shown on the map, didn't match the coordinates they started with. They called IC to clarify and got new coordinates. Without Joel questioning this mismatch, it would have taken the rescue group longer to find the subject. The team effort worked really well.

The team broke a lot of trail in rough terrain, watched the sky light up like UFO's as Govy lost power and transformers blew, and their ability to communicate was compromised. It was a long, rough, wet, often beautiful, night. Still, they found the lost skier about 5:30 am. He was able to walk out to a Skibowl Snocat on Still Creek Road using MHSP-supplied snowshoes,

Rescuers then had a long hike out of the area along Still Creek Road, crossed a collapsed bridge and were picked up by a do-gooder Sno-Cat driver who felt they needed a ride to Highway26 to catch a ride back from emergency vehicles waiting for them. Rescuers got back to IC about 9 am.

Wet and cold, team three called it good and went to dry off, warm up and rest. Alls well that ends well...



Nordics practice their skills in real conditions—December 2008

Mountain Hosts

H - hospitality
O -optimize
S - safety
T – teamwork

We are now wearing lift tickets when working at Timberline (just like at Skibowl).

On weekends and holidays the Host Supervisor will get them from Skier Services and distribute them. Please check in with the HS before going to the lifts. The HS will be available at the Host Locker room around 8:00 AM, around 10:00 AM and around 12:00 noon.

During mid-week days with no HS on duty, Hosts will need to obtain their lift ticket from Skier Services.

As always, drive carefully and have fun.

Mike Cullen

Loading sled on Floodo *photo by Steve Sirken*

Timberline APC

They still love us at Timberline! Thank you to everyone who patrolled in November and December.

A few operating changes from years past:

1. Morning meeting is now at 8:00. Please be booted up and ready to go by then. We should be out the door by 8:20ish and on the lifts at 8:30.
2. All patrollers, hosts, and apprentices will be wearing working tickets this year just like at Ski-bowl.
3. All communication now goes through Dispatch (which is located at the Bump) instead of the FAR. This includes calling in cases, equipment, help, even the ambulance. Dispatch is responsible for making sure that everything that needs to get done on the mountain gets done and for keeping a log of all activities. Associates, please report walk-in cases and ambulance arrival times to Dispatch.
4. We will have a total of 8 hill patrollers, 6 Associates and 7 paid patrollers on duty each day. The patrol room is going to be very, very crowded so a few common courtesies will be welcome.
    - Bring only what you need.
    - Please keep all your gear (family's, too) in your cubby rather than the benches or floor.
    - One cubby per patroller.
    - The Sunday Hill Captain will take any left behind items to the Govy building.

Expect additional changes will come along as Paul Knight has a chance to evaluate operations and implement additional improvements. Watch your email for updates and…
If you don't know, ASK.

Your Timberline APCs,

Lisa Hargrave & Mark Diamond

Clothing Committee News - Steve Eversmeyer

I've been looking for patrol jackets since this summer, especially the navy blue Associate coats. High Gear in Hood River can and will make patrol jackets in either our solid red or navy blue. Their contact info is on the MHSP Wiki you can check there. We're also trying to post other resources on the Wiki such as places for patches to be sewn on, etc. Look for uniform standards and photos to be posted soon. There are several Associates testing a Columbia jacket that Eric Granning has. Please contact him for more info on those. For Hill folks there seem to be more options and I'll continue to look, call and add information as I get it. If YOU find a source, please let me know or post it to the Wiki for all. High Gear contact - Tamara shop 541-386-7456/cell 541-490-9062 highgearllc.com

Tamara suggested the Ranger or Outlaw coats for us. If you want to stop in on your way off the mountain, please CALL before hand to make an appointment.

We'll have the last of the sweatshirts ($30), fleece vests ($35) and fleece jackets ($45) at the January meeting, along with the last of the 70th anniversary T-shirts ($10). If you can't make the meeting but want one of these, please email me and we'll find a way to meet and exchange money for merchandise.

I have had several of you offer suggestions and ideas on how to make some money for the patrol by offering different items for sale to both patrollers and the public. I'll work with you to make some of these happen but YOU need to undertake a large part of the coordination. I simply do not have the extra time in my days to add more to my plate.

Along those lines, I would like to hand over the clothing committee chair position to someone else after this season. It's a critical role and very rewarding. I've meet more patrollers by doing this than I ever did on the hill. If you are interested, please let me know and I can explain what the responsibilities are and what the time commitments are. I have good help at the meetings and really appreciate Carol Gleason's consistent assistance from start to finish each night along with Jodie Jeffers when she's not working and Bill Johnson's help. If you need a new or another name tag please either order it at the meeting or contact me and I'll add it to the list. The normal turn around is I'll send the order in within a week to 10 days of the meeting and have them for the following month. I have to go to Tigard to get them and they are not open weekends.

Please don't forget to support those shops that have been supportive of us over the years. The Mountain Shop, Hillcrest, Rack Attack, Oregon Mountain Community, etc.

See you all on the mountain!

Apprentices practice scene management-building a shelf for the toboggan-

Left to right Greg Winterrowd-Andy Legard, Scott Collie, Mike Kurfis

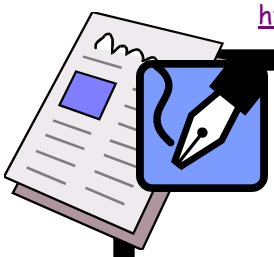
Important Dates

- *January 6- Level 1 Avalanche, 6:30-9:30 pm*
- *January 10, 11—Senior EMM S & T Clinic—Mt. Bachelor*
- *January 10, 11—Tentative Try-outs—Skibowl—Contact Lisa Hargrave*
- *January 12 —General Meeting—Athey Creek Middle School, 7—9 pm*
- *January 14—Mount Hood Ski Patrol Executive Council , 6:45 pm*
- *January 14—Tentative Apprentice Registration Night—Contact Tom Payne*
- *January 17—S & T Clinic—Hoo Doo, Santiam Pass*
- *January 17—Senior EMM MHSP Only*
- *January 20 —SnoJob Deadline*
- *January 21—Level 1 Avalanche session 2, 6:30 pm—9:30 pm*
- *January 24—Senior S&T , Bachelor*
- *January 25—Senior S&T, MHSP*
- *January 25—Senior S&T, Willamette Pass*
- *January 27—MHSP Alumni Lunch, 1 pm, Eastmoreland Golf Club Grill*
- *January 30, 31, February 1—Bluewood Trip*
- *January 31—Senior S&T, Warner*

January 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6 Level 1 Avalanche	7	8	9	10 Senior EMM S & T Clinic/ Tryouts
11 Senior EMM S & T Clinic/ Tryouts	12 General Meeting	13	14 MHSP Council Mtg / Tentative Apprentice	15	16	17 S & T Clinic/Senior EMM
18	19	20 SnoJob Deadline	21 Level 1 Avalanche	22	23	24 Senior S&T Bachelor
25 Senor S&T, MHSP, Willamette Pass	26	27 1 pm Alumni Lunch	28	29	30 Bluewood	31 Senior S&T, Warner/ Bluewood

http://www.mthoodskipatrol.org/members/snojobs.cfm



The MHSP SnoJob email address:

SnoJobEditor@gmail.com.

Now that you can hardly wait to be a contributing writer, remember:

- **Send copy as simple text in emails,**
- **Send pictures, graphics as jpg files,**
- **Send copy and all graphics separately;**
- **Make sure to identify who is in your contributing photo,**
- **Editors DO get editorial privileges to help formatting and standards of the publication.**

Donna Disch & Lisa Hargrave

SEND! Stories, pictures & those wonderful words-of-wisdom for the SnoJob to SnoJobEditor@gmail.com

Important Dates

- *February 1 —Bluewood (continued from January 30)*
- *February 3, 18 – Level 1 Avalanche, 6:30-9:30 pm*
- *February 7, 21, 28 —Senior EMM, S & T Ashland, MSHP- see online calendar for details*
- *February 7—Level 1 Avalanche Field Session —Timberline*
- *February 8—Avalanche refresher 8 am—Contact Matt Rea*
- *February 9—General Meeting—Athey Creek Middle School, 7—9 pm*
- *February 11 — Mount Hood Ski Patrol Executive Council , 6:45 pm*
- *February 17—SnoJob Deadline*
- *February 22—Level 1 Avalanche Field Session*
- *February—Tentative Tryouts—Skibowl—Contact Tom Payne or Lisa Hargrave*

The official MHSP event calendar is available on-line through Google. Links are available from the MHSP Dispatch website through www.mthoodskipatrol.org — OR— if you have your own Google account access the calendar directly from your web browser by typing *calendar.google.com*. The name of the calendar is "*Mt Hood Ski Patrol – Oregon*". It is a public calendar so anyone may view it.

February 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Bluewood	2	3 Level 1 Avalanche	4	5	6	7 Senior EMM S & T Clinic/Ave Field
8 Avalanche Refresher	9 General Meeting	10	11 MHSP Council Mtg	12	13	14
15	16	17 SnoJob Deadline	18 Level 1 Avalanche	19	20	21 Senior EMM S & T
22 Level 1 Avalanche field session	23	24	25	26	27	28 Senior EMM S & T

http://www.mthoodskipatrol.org/members/snojobs.cfm

Driving to Timberline *photo by Jodie Jeffers*

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Mailing Address Line 4
Mailing Address Line 5

Mount Hood Ski Patrol
P.O. Box 4384
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Mount Hood Ski Patrol

MHSP
Executive Council

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First Aid Chief - Cleo Howell
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Junior Trustee - Lisa Hargrave

READ THIS NEWSLETTER ONLINE!

Make sure to visit Mount Hood Ski Patrol Website

www.mthoodskipatrol.org