# MHSP SnoJob May 2006

## President's Choice - Lisa Hargrave

The days are getting warmer and the early flowers have come and gone. But, for we lucky few, we band of patrollers, the winter of 2006 keeps on keeping on. It has been a long time since we had a winter this good, although I keep resurrecting memories of other long seasons and even a May blizzard or two.

Now is the time of year we find ourselves distracted by other things. But the mountain still needs us and so, too, do your fellow patrollers.

As I write this we have at least two, and maybe three, ski areas planning to operate in May. If you have not pre-dispatched for at least one or two days in May please do so. I'm not talking about meeting your minimums – I'm talking about patrolling simply because you are needed and for the joy of it.

In addition to our patrollers on the mountain we have a cadre who are spending every Thursday night from April until the end of June teaching Outdoor Emergency Care to the latest group of future patrollers. They are going to do it again, for another fourteen weeks, starting in September. That's right, we have TWO OEC classes this year – 74 potential patrollers coming onboard to help us tote that sled and lift that patient.

Our OEC instructors are one of our most valuable resources. Every year they give above and beyond the call of mere duty. This year their contribution is astounding. Can you thank them by patrolling an extra day or so – keeping the mountain safe for humanity?

And don't forget Summer Ski at Timberline and the Adventure Park at Mt. Hood Skibowl. All Silver and Gold members need to pre-dispatch by May 15th for 1 or 2 days of summer patrolling .

It's been an amazing season so far. Although we don't have quite enough active members to meet the need, we are turning out patrollers each weekend, doing the job with what we have, and taking pride in the job we do. It is an honor to work with all of you.

Lisa Hargrave
President
ph 541-386-6835
lisa@philhargrave.net

**Membership Requirements**

Gold = 20 days total, including 2 summer days
Silver = 17 days total, including 1 summer day
Gold = 12 days total
Total days includes training days and days as an instructor or coach.

Ski year ends on Labor Day

## Important Information:


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|---|---|
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| Inverts are? | *Pg. 3* |
| CPR | *Pg. 4* |
| Golf Benefit | *Pg. 5* |
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| Calendar—May/June | *Pg. 10/11* |


**MHSP/Jelly Belly Family Fun Day**

Saturday, September 16th
Mt. Hood Skibowl
This is a fun-day and fundraiser for MHSP.
Discount Action Park tickets, barbeque and fun!

***Send your milestone announcements to mhsp@onebox.com.***

# Chief Notes
# – Steve Eversmeyer

Hard to believe it's the end of April already, and we're STILL getting plenty of snow. Summit and Meadows will have been open longer than they originally planned. The Bowl is still going strong, and the last time I checked this week, Tline had over 200 inches at the lodge! Charlie and the Summit folks, along with APCs Diane Kindall and Dave McKay provided a GREAT almost end of the season party. Everyone I saw and spoke with commented on the fun. If you missed the kids or adults "egg" hunt, keep it in mind for next year and check them out. I enjoyed my day there in Jan.!

As I mentioned last month, the coming summer dispatch is a super time to enjoy some skiing, your fellow patrollers, and the sun. It's also a chance to catch up on missing days. If you haven't helped at Tline in the summer or with the Bowl's bike patrol, please contact me so we can make sure you know what is expected, who to contact with questions, etc. Please consider doing two (2) days this summer, even if you don't have to. Everyone, especially the areas, will appreciate the extra help.

Timberline's operating hours will change, getting an earlier start and ending earlier in the afternoon. Be proactive and check the snow phone for start times if you haven't been contacted. Call the Hill Captain or Associate Supervisor to find out what time the meeting will be. Operation end times can vary with some activities still going on after we've ended our activities. The Pro will let you know if we need everyone off the mountain or not. As the snow pack melts off, we will start transporting people down via truck with the transfer point moving as needed. Knowing how to get to the different camps is critical. If you're not sure what camp is where on the hill, ASK.

*Make a point of skiing past the camps and determine your route in and out so if you need to move a case you can.* In the very late season, we may rely on a ride to travel up and out of the camps to move a sled. We don't have to staff the first aid room unless there are patients, giving Associates a chance to ski/board or continue doing their fine job of helping to open and close the mountain.

The start of Bowl's summer operations will depend on how fast the snow disappears. Our help there is always appreciated as well. They host some major mountain bike races and the activity parks are usually busy too. They usually ask us to be there from 10 AM to 6 PM. Depending on the demand, a bike or two may be available. We are usually free to move around the area unless the first aid room has patients. Watch for more details on the bike patrol next month or call if you have questions.

THANK YOU ALL FOR YOUR HELP SO FAR!

***Mount Hood from the climber's lot.***

***Photo credits: Steve Eversmeyer***

# What the heck is an "Invert"?

Part of the Council's plan to build up membership is the "Mountain First" training. New apprentices participate in area orientation, FAR and sled training before taking their OEC class.

Well the first "Mountain First" class is a great group with a lot of enthusiasm and a bit of a wild streak in the finest ski patrol tradition. And in honor of the creative and experimental nature of their training program they have dubbed themselves the "Inverts".

All the Hill Inverts have been signed off on sleds and area orientation. They are now in OEC until the end of June which will be followed by First Responder training over the summer.

If everything goes according to plan the Inverts will be joining us on the hill as full-fledged patrollers by August.

Happy Pit Diggers

# Moments from Meadows

Mt. Hood Meadows issued a challenge to skiers and riders for the month of May. They'll continue operating Saturdays and Sundays as long as 4000 skiers and riders per weekend are on the mountain. Patrol Director Melissa "Mel" Toney hopes for all weekends in May.

Mel really appreciates all we do and is working with the council to broaden the area's support for our operations. I want to thank our President, Lisa Hargrave for her work with MHM. Mel said ideas include using MHM lodge for our OEC, a Jelly Belly Day, a recruiting link to our web site from theirs and benefits for our instructors and coaches. We'll let you know more when the plans are finalized.

Our training is welcome at Meadows. We've had several shadows in April and are hoping for more to join us in May. The area is well covered, the parks and pipes are in great shape and the canyons have never been better. Please call or email me to schedule a shadow day.

I noticed another category added to MHM's pro patrol awards. They used to just vote for patroller and rookie of the year, now there's also volunteer patroller of the year! You may vote by writing the name of the award and patroller on a piece of paper and putting it in the patrol room ballot box.

Thanks again to all Meadow's MHSPers who worked so hard this season! It's been a busy season and I can hardly believe we're nearing the end. The response to keep patrolling in May, even though many of you have already done the required amount of days to earn your passes, has been great! You guys are the best. Meadows loves it's volunteers and I hope you will all be back next season. *-Debbie Norvell, Meadow's APC*

# First Aid Chief

- Jodie Jeffers

"See you on the mountain. Leaving tracks of all kind!"

It is amazing a season has passed and I think I am just getting the hang of things! My hat is off to all those that have done this job in the past, wow, what an adventure. A huge thank-you to all those helping out with OEC classes, challenges and refreshers. It would never have gone well without you. I hope the *Topics of the Month* have been helpful and I look forward your requests for next year. Also, many thanks to Kathy Lee for her continued guidance and support. The patrol is very lucky to have her help keeping OEC consistent.

**Outdoor Emergency Care Class:**

Looking for anyone interested in playing victims for the OEC classes on Thursday's. Please contact me. We need help from now to the end of June and again during this fall's class beginning in September. This goes for alumni, family, friends!

THANKYOU.

# Topic of the Month

## CPR Alert

**CPR ALERT!!! CPR ALERT!!! CPR ALERT!!! CPR ALERT!!! CPR ALERT!!!**

Changes in CPR standards mean we all need recertified. As mentioned in the January Snojob, this affects all of us. The biggest change concerns compressions to breaths are now 30:2!! CPR standards are updated nationwide every 5 years. The good news is it won't affect us again until 2011!

A four hour class is required for certification, and therefore time prohibits our ability to cover CPR at the OEC Refresher. Other options for certification may be work-related, or other local community groups teaching CPR including your local fire department, hospital, American Heart Association or American Red Cross for classes they may offer.

You'll need **a class teaching;**

- **Adult/ Children/ Infant**
- **1 & 2 Person CPR,**
- **Choking, and**
- **AED.**

American Heart Association calls this their *"Healthcare Provider Course with AED"*.

All patrollers need a current CPR card by the next OEC Refresher. After this year, we will conduct updates through OEC as before until the next round of changes in 2011. So again, please check on getting your recertification through a source outside MHSP prior to the October OEC Refresher.

MHSP is working on dates and instructors to assist patrollers in getting CPR recertification. Our resources are limited and a nominal fee will help us get qualified instructors. Stay tuned for dates, times, location and costs. If you have questions, please contact me.

Thanks again

- Jodie

***It had to be you, it had to be you***
***I wandered around, and finally found***
***The somebodies who Could make it come true,***
***And always come through,***
***Donations are rad, I'm never sad***
***Thinking of you.***

Maybe that isn't exactly how Frank Sinatra sang it, but it's how the Golf Committee is singing right now! **YOU** are the ones who made the difference. Last year, the Silent Auction and the Raffle comprised 29% of the donation we made to the Patrol. That was $6,270. Those events were so successful because you came through with some great donations.

For those of you who haven't tried to find donations, the technique is simple. The people who know you or know the Patrol are our best donors. So first, think about whom you know personally, what they do for a living, what you could reasonably ask of them.

Before you approach them, get your thinking straight. You are not begging. You are asking them to help us so we can then help them. Their generosity comes back to them in the form of the services you provide, the first aid equipment you use and the quality of your training.

Now, be fearless! What is the worst that could happen? They say "No"? That isn't bad, or a reflection on you. They just can't donate. Big deal. Go on to the next possibility.

And finally, if you just can't screw up the courage to ask for the donation, contact one of us with your suggestions for donations. The Golf Committee would love to have new suggestions. Example – ask your favorite restaurant if they donate to nonprofit organizations. Then get the name of the contact and we can take it from there.

The Golf Committee couldn't do it without your help. We appreciate **YOU**.

| | | |
|---|---|---|
| Jerry Knowlton | Mark Larson | Mark Stephens |
| Jay Johnson | Jaye Miller | Pat Stevens |

## FUN at Summit

What do you call a bunch of kids, enthusiastically slogging though feet of snow, in the middle of a blizzard, playing hide-n-seek? The first-ever *Summit Patroller Appreciation Party Childrens' Easter Egg Hunt,* of course! Yes, six or seven hearty pre-patrollers searched desperately for the blue, yellow, green and red plastic Easter eggs during the party last Saturday, April 15th. Even during near whiteout conditions, these kids would not give up until all 52 eggs were found! Even the most seasoned avalanche professional would be impressed. They are definitely next generation Mt Hood Ski Patrollers!

A good time was had by young and older during the Summit party!

Particularly intriguing was the "adult" Easter egg hunt, in which an avalanche transceiver was buried in the snow, along with a plastic egg, and a refreshing "over 21" prize. Parties of three braved the wintry conditions, with transceiver in hand, in search of "victims" from the Bumblebee slope release.

Our own President, Lisa Hargrave, found her prize in record time, and quickly swapped out the Jagermeister for something more to her taste. But don't worry, the Jager didn't sit idle for long.

In addition to the Easter egg hunts, adventurous patrollers were towed up the slopes by snowmobile, for ski racing. Gates were placed on the lower slope of Yellowjacket (the one on the right of the lodge, looking up the hill). A major dumping of snow gave some challenging runs. Probably the best part was being towed by snowmobile. Snowboard, FAT ski's, or even better, water skis, were the best gear for this ride!

Charlie and his crew put out a fabulous feast of pizza, chips, dip, and veggies for the party. THANKS to Charlie and the staff at Summit, and to all of you who dared the weather to join the fun!

Dave McKay

*See photos on pg 8*

Diane Kindall

## REGISTRATION

☐ Sponsorship Package: $_____

☐ I would like to register as an individual. Enclosed is my check for $_____

☐ I am unable to attend, enclosed is my donation of $_____

## TEAM MEMBERS

Name_____
Address _____
City_____State_____Zip_____
HDCP _____Average Score_____
Shirt Size S M L XL XXL

Name_____
Address _____
City_____State_____Zip_____
HDCP _____Average Score_____
Shirt Size S M L XL XXL

Name_____
Address _____
City_____State_____Zip_____
HDCP _____Average Score_____
Shirt Size S M L XL XXL

Name_____
Address _____
City_____State_____Zip_____
HDCP _____Average Score_____
Shirt Size S M L XL XXL

**MAKE CHECKS PAYABLE TO:**
**Mt. Hood Ski Patrol**
8618 SW Hall Blvd. • Beaverton, OR 97008
(503) 643-5984

**Search & Rescue Golf Benefit**
8618 SW Hall Blvd.
Beaverton, OR 97008

# JELLY BELLY CANDY CO.

## Presents

# TENTH ANNUAL

MT HOOD SEARCH & RESCUE GOLF BENEFIT

MT. HOOD SKI PATROL

**In Honor of John Keyes of the Mt. Hood Ski Patrol and the 939th Search & Rescue Wing**

## SEPTEMBER 10, 2006

**The Reserve Vineyards & Golf Club**
4747 SW 229th • Aloha, Oregon

**www.mthoodskipatrol.org**

# SPONSORSHIP LEVELS

*To host a major quality event at this level, major corporate and community sponsorship is required. The following is a list of sponsorship opportunities for the Search & Rescue Golf Benefit Invitation.*

### GOLD SPONSOR

The Gold Sponsorship is our Luncheon & Awards Sponsor. The Sponsor's name will be the title of the event, and will be printed on material referring to the event (i.e. schedule of events, media releases, etc.). The Company's name and logo will appear on a large banner at the luncheon. The sponsor will have 8 golfers in the tournament. Will be in MHSP Website w/ links.

**($5,000)**

### SILVER SPONSOR

The Silver Sponsorship is our Golf Cart Sponsor. All golf carts used by golfers will have signage recognizing this Sponsor. Silver Sponsor receives a team (4 golfers) into the golf tournament. Will be in MHSP Website w/ links.

**($4,000)**

### BRONZE SPONSOR

The Bronze Sponsorship is the sponsor of the Beverage Carts (2) & volunteer carts with signage including the sponsor's name and logo. Sponsor also receives a team (4 golfers), into the golf tournament. Will be in MHSP Website w/ links.

**($3,000)**

### CORPORATE TEAM SPONSOR

The Corporate Sponsorship includes a 4 person team in the golf tournament. Sponsor will have signage on the golf course and in the program. Team players will receive 18 holes of golf, cart, luncheon/awards and tee gifts.

**($900)**

### TEE SPONSOR

Tee Sponsor will receive recognition at a designated tee. Tee signs are 24" x 30".

**($250)**

### INDIVIDUAL PLAYER

Includes 18 holes of golf, cart, luncheon/awards party and a tee gift.

**($175)**

### GOLF PACKAGE INCLUDES

- Tee Prize
- Courtesy Range Balls
- Prizes for Closest to the Pin
- Long Drive Awards
- Prizes & Awards
- Contest on all Par 3's
- Complimentary Course Refreshments
- Hosted Lunch

### ABOUT THE TOURNAMENT

*This charity golf tournament is being held yearly, in posthumous honor of "John Keyes," past President of the Mt. Hood Ski Patrol and a Lt. Colonel in the 939th Search and Rescue Wing formerly based in Portland, Oregon. John and 10 others lost their lives on November 22, 1996. The tournament sponsored for the Mt. Hood Ski Patrol by Jelly Belly Candy Co. is designed to provide funds for Search and Rescue activities in the Mt Hood Region. The proceeds will be earmarked for the capital/facility priorities as they relate to Search and Rescue in the Mt. Hood Wilderness in Alpine, Nordic, Hiking and other outdoor activities. The monies will be dispersed by the executive committee of the Mt. Hood Ski Patrol. Mt Hood Ski Patrol is a non-profit 501c (3), all volunteer organization.*

### SCHEDULE OF EVENTS

September 10, 2006
The Reserve Vineyards & Golf Club
4747 SW 229th
Aloha, Oregon 97007
Registration starts at 6:45 am
Shot Gun Starts at 7:30 am
Contests, Lunch & Awards – after golf

***Prior Long-term Sponsors:***

- **Subaru of America**
- **Columbia Sportswear**
- **Nike Golf**
- **Stacey and Witbeck**
- **Full Sail Brewing Co.**
- **Jerry H. Knowlton, CLU, Inc.**
- **PGE**
- **Qsent**
- **Dot Golf Center**
- **Manzanita Lumber**
- **Jackson National Life Ins. Co.**
- **Medical Opinions**

# A day at Summit

- story on page 5

"

*The Summit Party*

*Photo credits: Dave McKay*

## Hill Apprentice training 2005-2006

It's been a productive season of hill apprentice training. We have nine new hill patrollers coming from the traditional training program. These patrollers did OEC last spring, and then First Responder Training (FRT), avalanche, and sleds this winter. On top of that, there are another eleven hill-first apprentices who have completed sled training. These hill-first "inverts" are now taking OEC and will complete FRT this summer. They will be full patrollers this coming season.

The invert program adds a second entry point to the training year for hill apprentices. By letting motivated candidates get started with training right away, we capture their interest and get them qualified quickly, without sacrificing training quality.

Next season we will have a large group of apprentices (both hill and associate) who are in either the spring or fall OEC course. Coupled with another invert class, there will be lots of opportunities for coaches next year.

Contact John Gastineau for more information.

Photo credit: John Gastineau

## Nuts! Bolts!

Want to polish your toboggan skills with patrollers from all over the region? Come to the Nuts and Bolts workshop on June 9-11 at Timberline. More details to follow, but save the dates!

## Radio Rant– worth repeating (get it?) –

**by Rad I. O'Rant (MHSP #0000)**

There are too many Johns to call on the radio. Common first names, or Don/John sound-alike names, cause confusion.

If in doubt, use a unique last name or both names when you call a patroller with a problem name.

## Schedule of Events

- ***May 4: OEC; Meridian Park 6:30—10 PM Contact Jodie Jeffers***
- ***May 6: Mount Hood Ski Patrol Banquet. Begins 6 pm at Timberline Lodge***
- ***May 10: Mount Hood Ski Patrol Executive Council 6:45—10 PM, Portland Fire Station #12 , 8645 NE Sandy Blvd. Portland, OR***
- ***May 11: OEC; Meridian Park 6:30—10 PM Contact Jodie Jeffers***
- ***May 18: OEC; Meridian Park 6:30—10 PM Contact Jodie Jeffers***
- ***May 18: SnoJob article deadline***
- ***May 25: OEC; Meridian Park 6:30—10 PM Contact Jodie Jeffers***

***SEND! Stories, pictures & those wonderful words-of-wisdom for the SnoJob to MHSPSecretary @gmail.com***

# May 2006

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 OEC | 5 | 6 MHSP Awards Banquet |
| 7 | 8 | 9 | 10 MHSP Council Mtg | 11 OEC | 12 | 13 |
| 14 Mother's Day | 15 | 16 | 17 | 18 OEC/ SnoJob | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 OEC | 26 | 27 |
| 28 | 29 Memorial Day Holiday | 30 | 31 | | | |

http://www.mthoodskipatrol.org/members/snojobs.cfm

Photo credit: Dave McKay

## Schedule of Events

# June 2006

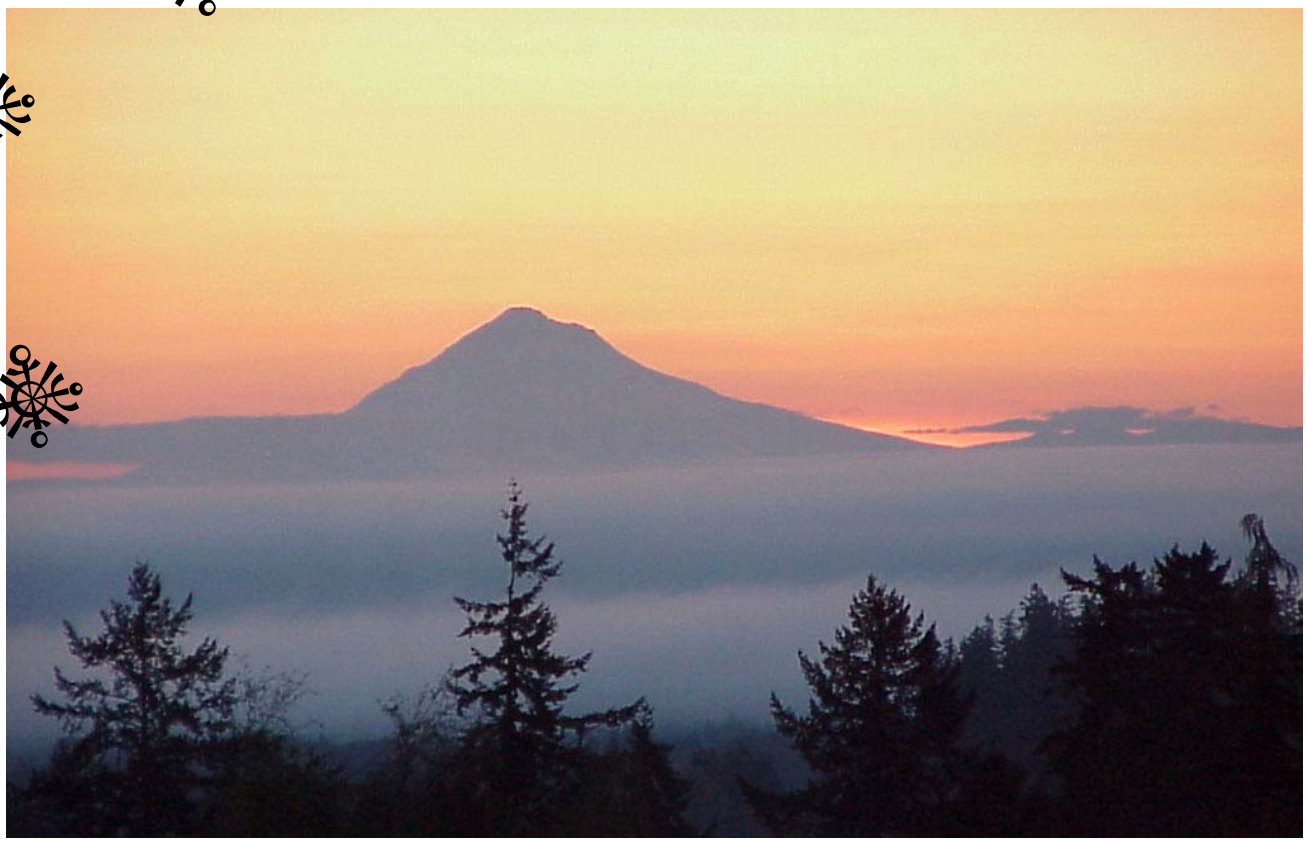
Nuts! Bolts!

Want to polish your toboggan skills with patrollers from all over the region? Come to the Nuts and Bolts workshop on June 9-11 at Timberline. More details to follow, but save the dates!

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|---|---|---|---|
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 Nuts and Bolts ——> | 10 ——> |
| 11 ——> | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | |

***SEND! Stories, pictures & those wonderful words-of-wisdom for the SnoJob to MHSPSecretary @gmail.com***

http://www.mthoodskipatrol.org/members/snojobs.cfm



Mailing Address Line 1
Mailing Address Line 2
Mailing Address Line 3
Mailing Address Line 4
Mailing Address Line 5

**Mount Hood Ski Patrol**
P.O. Box 4384
Portland, OR 97208

http://www.mthoodskipatrol.org/members/snojobs.cfm

READ THIS NEWSLETTER ONLINE!

Make sure to visit Mount Hood Ski Patrol Website

www.mthoodskipatrol.org