MHSP SnoJob
May 2008

President's Notes

I wish the council could take credit for the snow this year. It would make us the most successful council in MHSP history. Regardless, it has been a great year. We will have a lot of new members at the banquet. We are already on track for a great apprentice class for next year. The skiing has been epic. Our areas have been setting attendance records. We have had pretty good coverage so far, but we need your help, patrolling for the rest of the season, since we will probably have the longest season on record.

We continue sending our prayers for Matt Hickok's rapid and complete recovery. In addition to Matt, we have several other patrollers recovering from significant skiing injuries this season. The most recent is Mike Petersen with a major crash at Mt. Hood Meadows last weekend. In the immortal words of Sgt. Phil Esterhaus "Hey, lets be careful out there!" We can't afford to lose any more of you this year.

I hope to see all of you, especially the apprentices, at the MHSP Awards Banquet. We have great group of new patrollers to introduce, and a lot of outstanding old patrollers to recognize. Timberline always puts on a great meal, and there will be dancing afterwards.

As most of you know, we have installed a new digital lock on the Govy Building. We are still working out all of the details, but it is much more flexible than the old key system. All of the Hill Captains and Supervisors have a code, so they can always let you in. There is also a key override so people without the code may still get in. To make it a little more convenient for patrollers staying at the building, we are keeping two keys at the Mt. Hood Inn. If you stay in the building, be ready to open the door for guests, and try to leave one key at the Inn. *One thing to be aware of: The door ALWAYS locks when it closes.* If you are outside without a key or a code, you are locked out. Also, **DO NOT** lock the dead bolt. It is only to be used in an emergency if the main lock fails, or has to be removed.

We are in the process of analyzing the recent survey, but I would like to make a few early observations. Many of you took the time to add comments in different areas. Thanks for taking the time to make suggestions.

- First, we had very good participation, much better than a typical survey, but then we are not a typical group.
- About 25% of our members have two (2) or fewer years, and almost exactly the same number have more than 11 years. 33% of you expect to be here for 10 or more years.
- You did a great job of suggesting outstanding patrollers. It made the council's job a lot easier this year.
- You gave us a lot of useful information about how you use your benefits, and what is important to you.
- Most Patrollers think the current commitment levels are reasonable and work well for them.

Important Information:

CPR training	*Pg. 2*
Dispatch Facts	*Pg. 3*
Senior EMM	*Pg. 4*
Good Vibes	*Pg. 6*
Awards	*below*

May 3 is our 70th Annual Ski Patrol Awards Banquet!

6:00 PM

– no host bar followed by the banquet and program

Music, dancing and conversation to follow the program.

Timberline Lodge

Dress: Cocktail stuff (leave your ski duds with your skis)

Continued on page 2...

President's Notes continued...

- 60% of you expect to patrol 15 or more days next year. 21% expect to exceed 20 days.
- The vast majority of the members like the pre-dispatch system, and find it easy to use.
- A significant majority of our members do not want our list server used for solicitations by patrollers. We will create a policy on this in the near future, and make an area in the SnoJob for ads.
- An overwhelming majority (86%) of our members think the ski swap is a good idea that they would support.
- The discussion about coat colors will require a lot more study, since there is no clear mandate based on the survey results.
- Based on the information about our meetings, we will to try to make the meetings more interesting and useful next year.

I have a short **Fact Sheet** about the dispatch web site **on page 3 of this issue**. It explains some of the items people commented about. We will probably use the survey tool more in the future, to find out what you think about issues that are important to the patrol.

We can probably quit "Thinking Snow" for a few months. I'm hoping the rhodies in front of my cabin will see the sun before August.

- Joel Stevens

CPR Classes Available

All patrollers must maintain a current CPR card. At the Fall Chair Evacuation training we will check your CPR skills and verify your CPR certification is current.

Carol Gleason, a long-time patroller, will offer CPR courses to patrollers:

DATES: June 2, July19, September 6, September 20 and August 30
TIME: 9:00 AM-2:00 PM
PLACE: Sunnybrook Kaiser Permanente .
COST: Carol only charges $20.00 per person for the class. You will not beat that price.

To take a CPR class from Carol please contact her directly at skinut77us@yahoo.com
Stay tuned for further details on the CPR classes.

First Aid Chief - Cleo Howell

HANDS-ONLY CPR

As most of you probably know by now the American Heart Association (AHA) stated recently hands-only CPR is acceptable for bystanders who witness a person collapse and the bystander is unwilling or untrained to do mouth-to-mouth breathing. You may be asking, "How does that affect us as patrollers?"

The answer is that the recent AHA announcement does not affect patrollers. As patrollers we are trained at the "Professional Rescuer" (American Red Cross) or "Health Care Provider" (AHA) level and we are an integral part of the Emergency Medical System. We are not just mere bystanders. We have the training to perform chest compressions and mouth-to-mouth breathing safely until a higher level of medical support arrives on the scene. Each of you should carry a pocket mask in your patrol first aid bag so you may perform mouth-to-mask breathing.

If we are working at one of the resorts AMR may be 15 minutes or more from the scene. A patient can not survive 15 minutes without oxygen, so we must provide oxygen through mouth-to-mouth breathing or supplemental oxygen.

If you have it available use a bag-valve-mask and high flow (10-15L/min) oxygen to supply oxygen to your patient. For more details see pages 180-183 of the Outdoor Emergency Care Manual 4th edition.

Keep in mind there is at least one AED at each of the resorts. Go take a look at the AED so you know where it is located.

For more information about the AHA announcement go to www.americanheart.org.

If you have further questions about doing CPR please contact me or any CPR instructor.

Membership Commitment

Gold = 20 days total including 2 summer days

Silver = 17 days total, including 1 summer day

Bronze = 12 days total

Total days includes training days and days as an instructor or coach.

Ski year ends on Labor Day

Associate Director - Dave McKay

I can't believe it's nearly the end of our regular winter season and Spring is here! I know our minds may begin to wander a bit toward thoughts of warm days on the golf course, bike riding or other such "warm weather" activities, but winter continues to keep its grip on the slopes. The snow continues to pile up, making conditions ideal for winter-like spring skiing, and our presence on the hill is as important today as it was in December. The Associate Patrollers are doing a great job filling the dispatch. We must continue this momentum! I challenge you to sign up for a few more shifts over your initial commitment level! Those of you that dispatch two or more shifts over your current module commitment level will receive a special gift from me!

OK, now a little refresher on FRT. When responding to a case, quickly complete your scene size up and rapid assessment, which includes pulse, respiration, level of responsiveness, mechanism of injury/spine clearance, distance of fall (if applicable), and need for additional equipment/assistance. Try to make an AMR decision as quickly as possible, and CALL THIS INFORMATION IN TO THE FAR, RC or dispatch . There have been several examples this season of a "scoop and run" mentality with little or no communication with FAR. Many of these have been AMR cases.

Giving good patient care is important. AMR requires information to determine the response level of the ambulance affecting whether or not they'll be using lights, sirens or faster driving to expedite a response for the critically injured/ill patients. Without appropriate information, the ambulance may use unnecessary code 3 response placing the AMR staff at greater risk. This is especially treacherous in our usual icy conditions. Additionally it is important to get baseline vitals on critically injured patients so AMR and the emergency room personnel have information to compare vitals of the patient at a later time. So there are patient care and safety reasons for providing vital patient information to the FAR as quickly as possible.

Remember, upon arriving at a scene, take a deep breath, and use your excellent FRT skills. We've all received some incredible FRT training; we just need to consistently use what we've learned.....Thanks!

Dave McKay, Associate Director with
Cleo Howell, First Aid Chief and
Paul Podett, Patrol Chief

Dispatch Fact Sheet

Compiled to address questions from the recent survey. This is a list of answers based on comments patrollers made in the dispatch section. A set of instructions for the dispatch site is available on the Wiki. Feel free to make comments there as well.

The **Ski History** tab shows the days you have done, and the **My Schedule** shows what you have in the future. It would take a lot of programming to show whether individual patrollers were on track for their commitment, but the information is there for you to check yourself.

The **My Schedule** tab is also the place where you may **Withdraw**, or if it is too close to the date, **Request a Substitute**. Note the bottom of the schedule page shows the current windows for **Signing Up** and **Withdrawing**. The administrators may change these from time to time depending on the situation.

If you make a mistake on the dispatch or have an emergency, and you are to close to **Withdraw**, you may either **Request a Substitute**, or *ask an administrator to* **Withdraw** you from the day.

We intentionally limit changes close to the dispatched day, so the Hill Captains, Supervisors and Pros know what to expect for manpower. We continue to fine tune the windows in an attempt to best suit the needs of all the users. If you can't make your dispatch, and don't get a substitute, you need to contact the Hill Captain to let him/her know.

The **Module descriptions and deadlines** are listed under **Announcements** on the **Dispatch Home Page**.

The **Master Calendar** is color coded to make it easy to see where we are short and where we have adequate coverage for each class of Patrollers. Please look here when you are trying to decide when or where to patrol.

You may view the **Roster** as a continuous list, by checking the **Printable Page** box. You may also build a **Custom** sortable roster, to find patrollers with particular skills, locations etc. For the Geeks, you can export the roster to Excel and then import it into Outlook. You may also print your own mini roster, with only the information that is important to you.

Hill Captains and Supervisors, there is a new link on the **Schedule Page** that will send an email to everyone dispatched for the area that day. You may use this to remind you Patrollers about their schedule, check for attendance, and also notify Patrollers of special assignments or events.

Senior EMM – Kathy Lee

The Senior Emergency Management (EMM) Final Evaluation was held March 8, 2008 at Willamette Pass. There were nine candidates from Mt. Hood and Oregon Regions. Congratulations to all of them for passing! The candidates from Mt. Hood were John Gastineau, Jodie Jeffers, Todd McDaniel and Paul Stadnik.

Both Regions also sent a number of folks to help with the evaluation. A huge thank you to those who participated as evaluators, advocates, patients, and support Staff. From Mt. Hood: Larry Cahill, Karen Calende, Carol Gleason, Rachel Hoch, Gina Malamphy, Bob Tise, Jim Trett and Laura Villines.

The Willamette Pass Back Country Patrol were wonderful hosts for the event, providing drinks, snacks and dinner. They also put in a tremendous amount of work to dig out two sections of an eight foot snow bank to make it easier to access and stage the scenarios. Then they put all the snow back at the end of the day!

The NSP Senior Program provides a great opportunity to meet and train with fellow patrollers from other patrols. If you've been thinking about going it, especially Senior EMM, it's not too early to sign up for next year - contact Kathy Lee, leek@ohsu.edu

March 2, 2008; from left to right: John Gastineau, Todd McDaniel, Paul Stadnik. Photo by Kathy Lee

March 8, 2008, Final evaluation at Willamette Pass Backcountry - the whole gang from Mt. Hood and Oregon Regions. Success!

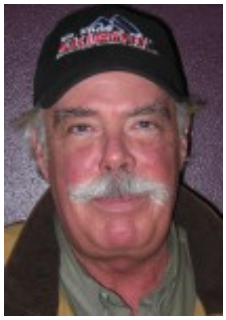
From our friends at Timberline

Timberline has openings for patrollers for this spring and summer. There are two (2) openings, full or part time. The pay is $7.95 - $12.50 per hour depending on experience.

Contact Brad Englund

Mountain Hosts

H - hospitality
O - optimize
S - safety
T – teamwork



We have had an absolutely great Host season. Our apprentice group was the best ever and made major contributions to the program. We have just ordered thirty (30) Host jackets for the group and welcome them to full Host status.

Saturday, April 19 - our EOS party. A packed house at Gary and Phyllis Smith's - BBQ, cold adult beverages, and some awesome desserts. Our "Outstanding Host of the Year," John "the Mountain Monk" Moss, was presented with the MHSP award certificate, the perpetual plaque for the Host Closet, and the Timberline "Snow Goose" pin award. John has made major contributions to our Host program, worked tirelessly on the John Keyes Memorial Golf Tournament, rolled out the MHHP program at Ski-bowl, and found time to complete 66 shifts. A shift is a four (4) hour work cycle at an area, we ask for a minimum of nine (9) - not bad. In another show of MHSP support, I would like to thank Joel Stevens, Dr. Paul Podett, and John Gastineau for participating in the event - Joel gets "the last man standing" award.

My sincere thanks for making the Mt. Hood Host Patrol the great program it is - and to the Mt. Hood Ski Patrol for it's support and involvement.

Bill Johnson

Director, MHHP

MHHP Spring Fling - Photo by Doug Henderson

Fun on the Hood

Left to Right: Associates Eric Granning, Dina Peganoff, & Lori Neal riding Palmer Chairlift first thing Sunday April 13 on a trek to ski from the top of Palmer to the bottom of Jeff Flood Express.

Patrick Lacey (widening the view) in front of RC at Ski Bowl on April 12. Photo by Corey Schneider

Riding up to Palmer

Photo by Eric Granning

Good Vibes, Get Wells, Best of Lucks, Updates and ...Stuff*

We would like to thank everyone for all of their good thoughts, prayers, cards and visits when Don was going through his heart surgery. Gail was also very happy with the flowers. They were beautiful. All of your support was a positive that helped Don on his recovery. It was a very scary situation! We are so thankful that the Dr.'s found the problem and that Don did not have a heart attack. Before the surgery, the Dr. told me his heart was only functioning at 20%. Now it is fine and there is no scaring. He should be tearing down the slopes next year.

Don continues to improve, although the going is slow. The hardest part is the boredom he suffers from not being able to do anything. In three weeks he should be able to vacuum and drive a car.

Thanks to all of you for your support.

Gail and Don
GAIL GARDNER
rendrag@teleport.com

Matt Hickok continues to recover. Most of you have seen the daily updates on his progress. Joes Donuts is waiting for you Matt!

Mike Peterson is recovering from injuries sustained from his day at Meadows. Mike—we wish you healing thoughts.

More get wells go to Skibowl pro Brett Wesson, as he recovers. Heard you're are coming along Brett—we're all rooting for you.

Don't be in such a hurry—or you'll tripp….Jim Tripp is literally moving up. Up higher on the Hood, that is. With his new position at historic Silcox Hut. Lots of us will now have a new destination. MHSP will miss our Timberline pro. Yeah Jim, this is one of those best of luck things—but you can't shake us off….we know where to find you.

Always one of the best! Jim Tripp , former Timberline Pro Patroller moves up the mountain to historic Silcox Hut. Photo by John Gastineau

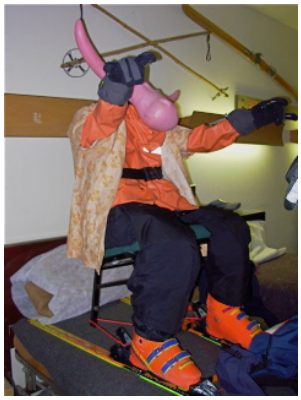


Photo left -

Jodie Jeffers

Sending Jim Tripp off (in style?)*

Photos above from Jodie Jeffers—a fond send-off from MHSP for Jim.

Outdoor Emergency Care (OEC) (starts indoors…)*

OEC—Where the First Aid Chief spills (his) guts.

Photo by Jodie Jeffers

OEC—its all about duct tape!

Photo by Jodie Jeffers

The '07 Apprentice & M1 groups and the VP of FUN, Toby, cordially invite you to.....

THE 2008 MHSP **FUN DAY!!!!**

What: The 2008 MHSP **FUN** Day

Who: All MHSP Members, ProPatrol and their Families

Where: Ski Bowl East (Multorpor Lodge and Cascade Chair)

When: Saturday, May 10, 2008 from 10:00 a.m. to 3:00 p.m.

Food, Beverages, Games for adults & kids, **FUN**, Face-Painting, Raffle... All Included!

COMPETITIONS may include:

Team Trauma Race, Rapid Response Sled GS, Ski Patrol Jeopardy, Carboard Derby (w/ Calcutta auction), Snow Golf & more.....

Please join us for a day of food, family and most importantly **FUN**

*RSVP via Evite (coming soon) or call Mary Stempel (503) 292-9462

MT. HOOD SKI PATROL

Nuts & Bolts 2008

June 6th, 7th, 8th, 2008
Timberline at Mt Hood

Three fun filled days of

Toboggan Enhancement Seminars (TES)

Ski Enhancement Seminars (SES)

Snowboard Enhancement Seminars (SES-B)

Tele Programs

Instructor Development Class

Other courses may be offered as well

Have fun skiing

Spend time with other patrollers

Camp in the upper lot

Watch for more details in your email in basket!...
Questions? contact bmerryman@msn.com

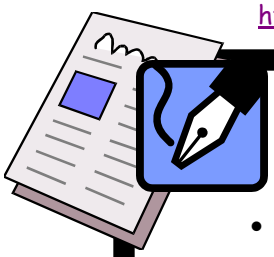
Important Dates

- *May 3—MHSP Awards Banquet, Timberline Lodge*
- *May 6, 13, 20, 27—OEC, 6:30 pm, 9205 SW Barnes Road, Portland*
- *May 10—Fun Day , 10 am—3 pm, Multipor Lodge & Cascade Chair*
- *May 14 —Mount Hood Ski Patrol Executive Council , 6:45 pm*
- *May 20—SnoJob Deadline*

May 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3 MHSP Awrd Banquet @ Timberline
4	5 Cinco de Mayo	6 OEC	7	8	9	10 Fun Day
11 Mother's Day	12	13 OEC	14 MHSP Council Mtg	15	16	17
18	19	20 SnoJob Deadline OEC	21	22	23	24
25	26 Memorial Day	27 OEC	28	29	30	31

http://www.mthoodskipatrol.org/members/snojobs.cfm



The MHSP SnoJob email address:

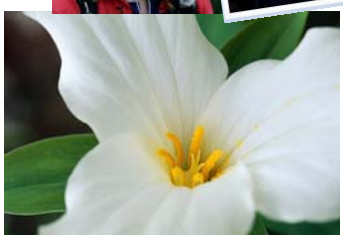
SnoJobEditor@gmail.com.

Contributing writers, please remember:

- **Send copy as simple text in emails,**
- **Send pictures, graphics as jpg files,**
- **Send copy and all graphics separately;**
- **Make sure to identify who is in your contributing photo,**
- **Editors DO get editorial privileges to help formatting and standards of the publication.**

Donna Disch & Lisa Hargrave

The official MHSP event calendar is available on-line through Google. Links are available from the MHSP Dispatch website through www.mthoodskipatrol.org —OR— if you have your own Google account access the calendar directly from your web browser by typing *calendar.google.com.* The name of the calendar is "*Mt Hood Ski Patrol – Oregon*". It is a public calendar so anyone may view it.



SEND! Stories, pictures & those wonderful words-of-wisdom for the SnoJob to SnoJobEditor@gmail.com

Important Dates

- *June 3, 10, 17, 24—OEC, 6:30 pm, 9205 SW Barnes Road, Portland*
- *June 6, 7, 8—Nuts & Bolts Ski & Toboggan*
- *June 11 — Mount Hood Ski Patrol Executive Council , 6:45 pm*

June 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 OEC	4	5	6 PNWD Nuts & Bolts Ski & Toboggan	7 PNWD Nuts & Bolts Ski & Toboggan
8 PNWD Nuts & Bolts Ski & Toboggan	9	10 OEC	11 MHSP Council Mtg	12	13	14 Flag Day OEC Field Session
15 Father's Day	16	17 OEC	18	19	20	21
22	23	24 OEC	25	26	27	28
29	30					

http://www.mthoodskipatrol.org/members/snojobs.cfm

Mt. Hood creating its own weather - photo by Mac Sheldon

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SEND! ***Stories, pictures & those wonderful words-of-wisdom for the SnoJob to SnoJobEditor@gmail.com***

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Mount Hood Ski Patrol
P.O. Box 4384
Portland, OR 97208

Mount Hood Ski Patrol

READ THIS NEWSLETTER ONLINE!

Make sure to visit Mount Hood Ski Patrol Website

www.mthoodskipatrol.org

MHSP
Executive Council

President - Joel Stevens
Vice President - John Gastineau
Secretary - Mark Diamond
Treasurer - Kathy Lee
Patrol Chief - Paul Podett
First Aid Chief - Cleo Howell
Associate Director - Dave McKay
Nordic Director - Michael Curtis
Senior Trustee - Matt Hickok
Middle Trustee - Steve Eversmeyer
Junior Trustee - Lisa Hargraves