MHSP SnoJob
September 2007

President's Notes

SPIF—Ski patrolling is fun!

IT'S ALMOST HERE!! The MHSP is really ramping up for the 2007-08 Ski Season. We just finished the Pacific North West Division (PNWD) Convention and in about a week we'll have our 11th Annual John Keys Golf Benefit. That is followed by two chair evac practices and three Outdoor Emergency Care (OEC) updates before the end of October. A number of patrollers are putting in a lot of work to make all these events happen. Special thanks to all of the PNWD committee members, and to the OEC instructors.

As you know, the Council decided to postpone our first ski swap for a year. The MHSP is in need of a significant, stable funding source. We believe a ski swap similar to the ones run by Mt Spokane, Willamette Pass and Santiam Pass can probably fulfill that goal. It will be a very large operation and we need to do some testing of the equipment and processes before we put it on.

Important Information:

Insurance	*Pg. 3*
OEC	*Pg. 4*
Mt. Hosts	*Pg. 5*
New run	*Pg. 6*

Membership Commitment

Gold = 20 days total, including 2 summer days.
Silver = 17 days total, including 1 summer day
Bronze = 12 days total.

Total days includes training days and days as an instructor or coach.

Ski year ends on Labor Day

Sign up NOW!

Chair Evac

All Patrollers
SUMMIT 7:30 AM
Saturday, September 15
Sunday, September 23
Dispatch limit: 150

- Bring your pocket mask to the chair evacuation training and OEC refresher.
- CPR skills covered at the chair evacuation

For more info contact:
Jeffrey Weitz
503-723-9103
Jweitz@northrimcommercial.com

It's time for your **annual Outdoor Emergency Care (OEC) refresher.** **All** patrollers must attend one of the refreshers.

Instructors teaching at the OEC and chair evacuation: please sign-up as a trainer.

Bring your **first aid pack, checkbook, OEC card, CPR pocket mask, and current CPR card.**

Review the OEC Refresher Guide; be prepared to participate in training and discussions. If you did not receive a study guide go to: http://www.nsp.org/1/nsp/NSP_Education_Programs/

If you cannot attend one of the MHSP OEC refreshers, find another patrol's refresher to attend, have your OEC card signed by the instructor and return the refresher acknowledgement form to Cleo Howell.

OEC Refresher

All Patrollers 8:00 AM
Sunday, September 30
Saturday, October 20
Sunday, October 28

Meridian Park Hospital
Community Health Education Center
19300 SW 65th Ave
Tualatin, OR 97062

DISPATCH LIMIT: 80 per session

MAP:
http://www.legacyhealth.org/body.cfm?id=665

For more info contact:
Cleo Howell
503-357-2665 or
cleohowell@integrity.com

Be prepared for any weather conditions; some stations outdoors. Bring lunch or money for a cafeteria lunch. Only 30 minutes for lunch.

NO DROP-INS

Please register for the OEC refresher and chair evacuation using the online dispatch.

The OEC Postcard went out in August—and should have arrived in a mailbox near you!

Here it is again—see more on page 4

President's Notes continued...

We want our first Annual Ski Swap to be a first class operation. Both the council and the swap committee felt we might not be able to get it all together by early October. Several of the committee members are going to work at other patrol's ski swaps this fall, so they can see the operations from the inside. The whole committee will continue to work on it, through the year, so everything will be in place next fall. We need the participation of virtually 100% of our members to pull this off. I would like to thank all of the committee members who have already put a lot of work into the planning for this event, and will continue to work on it throughout the year. We are looking for more volunteers for specific jobs on the committee during the winter. Next fall we need help from all of our patrollers (and their friends and family members) to pull off this event.

All of you should have received your "Save the Date" post card. If you did not get a postcard, please check your address in the *Online Roster* at HTTP://www.mhspdispatch.org Remember to bring your **Checkbook** to the OEC update, so you can pay your dues. We had a small increase this year, to $110.00 (This is our first dues increase in 3 years)

THINK SNOW!! AND REMEMBER SKI PATROLLING IS FUN!!

Joel Stevens

Roster Updates

OEC updates are approaching fast and I would like to make sure we have the most accurate contact information for our records and our roster.

IF YOU HAVE CHANGES

IN YOUR CONTACT INFORMATION PLEASE:

1. log onto the dispatch system
2. select "My Address" (on the left hand margin)
3. make your changes
4. select "Save Your Info"
5. Use the link to National Ski Patrol on the same page to update their records as well.

Please contact me if you encounter any difficulties, and thanks in advance for saving me some work up the road.

Peggy O'Leary
MHSP/Records

Ski Swap Waits Until Another Day

The MHSP Council has decided to cancel the MHSP Ski Swap for this year.

Although the Ski Swap Committee's incredible work in laying the foundation by planning and organizing the swap, there is more preparation than time will allow this year. Venue, equipment, computers and networks, computer programs, ski shop participation and member support have all influenced this decision by the Council.

The MHSP Council does feel the swap should take place and supports a more coordinated and timely effort for October 2008. We hope having a ski swap will ensure the patrol's financial security, promote recruitment, patroller benefits and patroller retention.

I would like to thank those of you that signed up for the event and give a whole-hearted thank-you to our Ski Swap Planning Committee members for all of their efforts over the past several months. Brian Barker, John Gastineau, Todd McDaniel, Joel Stevens, Michael Thornburg, Stewart Carter and Jose Rodriguez put in many hours of work.

The Ski Swap Committee will continue work and meeting on a monthly basis to ensure a quality swap for October 2008. Committee members will be visiting other swaps in Spokane, Bend, Eugene and Corvallis in order to gather more information on running a successful swap. We will be moving forward in obtaining our computer network, programs and ski shop participants.

Membership participation will also be a critical factor, not only for the event itself, but throughout the year to enhance advertising, generate public awareness, and initiate prep work such as banners, equipment racks and storage.

I look forward to continuing the work on this project and am confident MHSP will succeed in its efforts. With your help and participation, we will make the 2008 Mt. Hood Ski Patrol Ski Swap a success.

Paul Podett
Patrol Chief

Patrol Chief – Paul Podett

What's New ?

New privileges at Meadows

All MHSP patrollers in good standing are eligible for season pass privileges at Mt Hood Meadows – Thank you, Mel!!

Team members at MHM will also see enhanced privileges at MHM this next season.

See the MHSP Wiki, under *Lift Tickets.*

New Patches – Shoulder Cross

The new small cross patches for your left and right shoulders are on order and will be available at the OEC refreshers. These added patches for Associate and Hill Patrollers should help to solve the issues we've experienced with patroller visibility and identification.

New Injury Insurance

And they said it couldn't be done.

For years the patrol has been frustrated with the inability to obtain injury insurance for our patrollers. As a volunteer organization we are ineligible for worker's compensation. However, I found at least two alternatives.

At the OEC refreshers, information will be provided on two sources of supplemental injury insurance that would provide coverage similar to worker's comp insurance.

The estimated cost is around $25 per month. This optional coverage will be available for purchase by patrollers to provide medical coverage in the event of an injury sustained while working with MHSP.

New; 2nd edition of the Patroller Pocket Book

Finally, the printer assures me the second edition of the MHSP Pocket Guide will be available at the OEC Refreshers. I will also have updates on area trail maps with the secret and super-secret trail names.

Chair Evac

Both chair evac practices will be held at Mt. Hood's first ski resort, the famous Summit Ski Area.

Registration is 7:30 – 8:00 AM.

YOU NEED TO PRE-DISPATCH.

Components;

1. Chair evac,
2. Peeps/radio/MCI.
3. Low angle rescue.
4. CPR sign off

In Memoriam

Bob North #44

Bob North, Mt. Hood Ski Patrol charter member number 44, passed away August 13, 2007, one day short of his 88th birthday. His broad smile, warm laugh and engaging personality will be missed by all who knew him. Bob and his wife Pat treasured their association with MHSP and frequently attended annual awards banquets and the quarterly luncheons held by the MHSP Old Timers, which are open to all members.

With his older brother Ken, Bob operated a ski shop over the family garage. Known as "The North Ski Shop", Bob and Ken had to close when they were called to service in World War II. During the war Bob served in the Army in Europe as a member of the 998th Treadway Bridge Company – the unit that built the first American floating bridge over the Rhine River at Remagen, Germany in March, 1945.

After returning to Portland while on the slopes of Mt. Hood he met his wife Pat and they married in 1956. Bob had a life-long affiliation with the mountains and was skiing on Mt. Hood before Timberline Lodge and its lifts were built. In addition to his charter membership in MHSP, Bob was also a ski instructor until the 1970's and he and Pat were still skiing well into the 1990's.

Bob's funeral services were attended by Hank Lewis, #22; Bill Keil, #177; Dave and Sue Nelson, #'s 301 and 320; Jean Cumming Schmaling, #651; Ken Harding, # 451; Jack Weigand, #918 and John Wilberding, #497.

Dave Willey #296

Dave Willey was killed in a float plane crash on the Willamette River, Saturday, July 28, 2007. Dave was MHSP #296 and received his badge in 1958. Along with skiing he was a nationally recognized award-winning flight instructor. He operated a float plane base at his home on the Willamette between Lake Oswego and the Milwaukie boat ramp. He taught Molly Kohnstamm to fly float planes.

Most of you have noticed the cabin in Govy immediately behind The Rat. Its the one with the 'bird house' type walls. That belonged to Dave and/or his family.

First Aid Chief - Cleo Howell

Do I Need To Take A CPR Course?

In the recent past years 2000-2006, the MHSP facilitated CPR recertification at the OEC Refreshers. Due to many CPR changes, the amount of other material to be covered at the Refreshers, and the number of patrollers, the MHSP will not recertify or offer a new CPR course at this year's OEC Refresher. However, see links below and sources on the right for additional ways to renew your card if needed.

The National Ski Patrol (NSP) requires each patroller have a valid CPR card and each patroller must demonstrate their CPR skills each season, regardless of the expiration date of the current CPR card. At the upcoming chair evacuation training, patrollers will need to demonstrate their CPR skills. This will be a time for you to demonstrate your CPR skills for NSP only. Your CPR card will not be recertified. To patrol you must demonstrate your CPR skills annually.

Listed below are the minimum skills you must demonstrate at the Chair Evac:

Single rescuer;

- Adult CPR- 30:2 ratio; rate of about 100 chest compressions per minute
- Child CPR- 30:2 ratio; rate of about 100 chest compressions per minute
- Infant CPR- 30:2 ratio; rate of about 100 chest compressions per minute
- Use of AED- Turn power on, attach electrode pads, follow verbal directions from AED

If you are not sure of your CPR skills we recommend you take another CPR course or contact a fellow patroller who is an Instructor for additional training. When looking for a CPR course make sure the course includes

- breathing and cardiac emergencies;
- adult, child, infant, and two rescuer CPR techniques; and use of an AED.

Listed below are sources for a CPR course:

- American Heart Association- BLS for Healthcare Providers; http://www.americanheart.org/presenter.jhtml?identifier=3012360
- American Red Cross- Professional Rescuer; http://www.redcross-oregontrail.org/services/safety_classes.shtml
- National Safety Council
- American Safety and Health Institute
- Medic First Aid
- Local fire department or hospital
- Your place of employment

Patrollers who are CPR Instructors:

- Carol Gleason,
- Diane Kindall,
- Jim Trett,
- Harold Crawford,
- Stewart Carter,
- James Schuler.

If other instructors are on the patrol, please contact me so I may pass your information on.

Please review any current written material on CPR skills and/or practice the skills before the Chair Evacuation training day.

Prepare for the OEC Refresher

It is almost time for the annual OEC Refresher course. Every patroller must attend one of the refreshers. The mandatory OEC Refresher courses are scheduled as listed below:

September 30- Sunday

October 20- Saturday

October 28- Sunday

All refreshers start at 8:00 AM sharp. Please be on time and come a little early to get signed in. All refreshers will be at Meridian Park Hospital; 19300 SW 65 Ave. Tualatin.

This year's refresher will consist of lectures, small group discussions, scenarios and hands on skills demonstration. It is important that you review your Cycle C Study Guide and be prepared to participate in discussions and skills demonstration. If you did not receive a study guide in the mail go to: http://www.nsp.org/1/nsp/NSP_Education_Programs/

Some stations may be outside, so come prepared for any weather conditions.

Remember to bring the following items:

First aid pack
Checkbook
OEC card
Current CPR card
CPR pocket mask

NO DROP-INS will be allowed. Please register for the OEC Refresher via the on-line dispatch.

Gear Up!

Headlamps

A headlamp is one of the pieces of equipment we highly recommend for all patrollers. If you are involved in a search either in area or out of area search in the evening, you need to be able to see.

The new LED lamps are much lighter and have much better battery life than the old incandescent lamps available years ago, but the bright ones have been fairly expensive.

Mac Sheldon told me about one Costco has for $15.88. It is made by Ray-o-vac and has a red LED tail light built in. I bought one, tried it out and was impressed. It is bright enough to be useful (Think skiing the Glade at night) and a lot less money than similar units.

If you don't have a good headlamp, or could use an extra, consider picking one of these up.

Joel Stevens

Red or Navy Jackets

Sometimes finding a Red or Navy upper outer is a challenge. MHSP has pro deals on several coats right now.

Mountain Hardware GTX 2.5 Jacket, retails for $300, available to patrollers for $150 (plus approximately $25 to sew on patches). Comes in Red and Navy, men's and women's sizes. These are available as long as the supply lasts. We will have samples of this coat at the Chair Evac Practice.

Mountain Uniform offers two different coats starting at $189. Check out www.mountainuniform.com for specs.

We plan a group order with Mountain Hardware in late September. Contact the clothing committee for details. The Mountain Uniform coats may be ordered directly via the website. If there is enough interest, we may do a group order.

Mt. Hood Host Patrol Fall Orientation

Saturday October 13th 9:30 am

All new apprentices and members who joined the program since fall of 2005 must attend at this time. All active Hosts are welcome.

Please invite any individual you know who wishes to learn more about the program to attend without further obligation.

12:00 pm All active members join at this time. Lunch will be provided as we continue with the agenda items.

2:30-ish Conclude

We are excited about the start of a great new season! Department heads will be introduced and information about the new Still Creek lift will be presented.

Please RSVP by September 23rd to jansilagi@verizon.net

Mt. Hood—an everchanging mountain…
previews of the new Still Creek Run at Timberline

Photos courtesy of Doug Jones
US Forest Service—
submitted by Doug Fischer

(Note - climbers on tower)

The Mt Hood Region AKA the MHSP just hosted the **Pacific NorthWest Division Convention**, a very successful event reflecting well on the MHSP. Our own Buzz Bowman gave a talk about Ski Patrolling in the early days. Lisa Hargrave gave a presentation on recruitment and retention, Joel Stevens demonstrated the Web Based Dispatch, Ike Anunciado gave exercise and conditioning tips, Jim Trett showed us new teaching methods and Jan Silagi described the Mountain Host Program. The Embassy Suites did a good job with the meals and the venue. The Saturday night banquet was a great success. Thanks to Corinna Kupelwieser, the raffles and silent auction had a lot of great prizes. Rod Legg and Jodie Jeffers were the prime movers on this event, with a lot of help from the committee including Reba Sharp, Lori Bennett, Corinna Kupelwieser and Kathy Lee.

Joel Stevens

We Love Our Sponsors !!!

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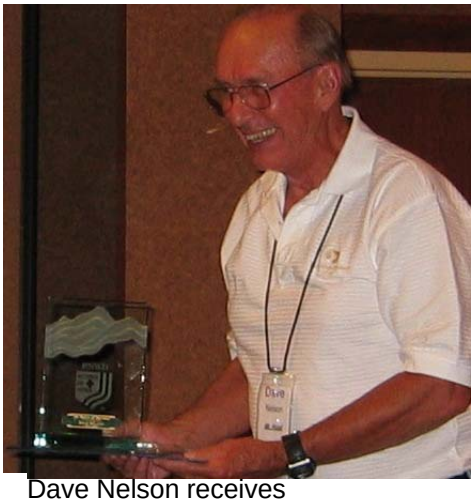
You are the best !!!



Dave Nelson receives
50 years of service award

—Photo by Kathy Lee

Important Dates

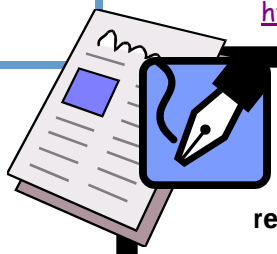
- *September 3—Golf Committee Meeting 5:30—7:00 pm, Contact Jerry Knowlton*
- *September 9 — MHSP Golf Benefit (see page5 of this newsletter)*
- *September 12 —Mount Hood Ski Patrol Executive Council , 6:45 pm*
- *September 15—Lift Evac- Summit*
- *September 17, 18 —OEC Instructors, Vernier Software Beaverton, 6 pm*
- *September 20 —SnoJob Deadline*
- *September 23—Lift Evac- Summit*
- *September 30 —OEC refresher, Meridian Park Hospital*

September 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 Labor Day	3 Golf Committee	4	5	6	7	8
9 MHSP Golf Benefit	10	11	12 MHSP Council Mtg	13	14	15 Lift Evac
16	17 OEC Instructors	18 OEC Instructors	19	20 SnoJob Deadline	21	22
23 Lift Evac	24	25	26	27	28	29
30 OEC Refresher						

SEND! Stories, pictures & those wonderful words-of-wisdom for the SnoJob to SnoJobEditor@gmail.com

http://www.mthoodskipatrol.org/members/snojobs.cfm



The MHSP SnoJob has a new address!

SnoJobEditor@gmail.com.

Now that you can hardly wait to be a contributing writer, remember:

- **Send copy as simple text in emails,**
- **Send pictures, graphics as jpg files,**
- **Send copy and all graphics separately;**
- **Make sure to identify who is in your contributing photo,**
- **Editors DO get editorial privileges to help formatting and standards of the publication.**

Donna Disch & Lisa Hargrave

The official MHSP event calendar is available on-line through Google. Links are available from the MHSP Dispatch website through www.mthoodskipatrol.org — OR— if you have your own Google account access the calendar directly from your web browser by typing *calendar.google.com.* The name of the calendar is "*Mt Hood Ski Patrol – Oregon*". It is a public calendar so anyone may view it.

Important Dates

- *October 4 — Apprentice Meeting 7—9 pm*
- *October 8—General Meeting—Athey Creek Middle School 7—9 pm*
- *October 13—Apprentice Work Party—Government Camp Building*
- *October 15 —Mount Hood Ski Patrol Executive Council , 6:45 pm*
- *October 18 —SnoJob Deadline*
- *October 20, 28 —OEC refresher, Meridian Park Hospital*
- *October 30— MHSP Alumni Luncheon —Eastmoreland Golf Club, 2425 SE Bybee Blvd, Portland, Oregon, 1 pm*

SEND! ***Stories, pictures & those wonderful words-of-wisdom for the SnoJob to SnoJobEditor@gmail.com***

October 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4 Apprentice Meeting	5	6
7	8 General Meeting	9	10	11	12	13 Apprentice Work Party
14	15 MHSP Council Mtg	16	17	18 SnoJob Deadline	19	20 OEC Refresher
21	22	23	24	25	26	27
28 OEC Refresher	29	30 MHSP Alumni Luncheon	31			

http://www.mthoodskipatrol.org/members/snojobs.cfm

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Mount Hood —Photo by Doug Fischer

Mailing Address Line 1
Mailing Address Line 2
Mailing Address Line 3
Mailing Address Line 4
Mailing Address Line 5

Mount Hood Ski Patrol
P.O. Box 4384
Portland, OR 97208

http://www.mthoodskipatrol.org/members/snojobs.cfm

READ THIS NEWSLETTER ONLINE!

Make sure to visit Mount Hood Ski Patrol Website

www.mthoodskipatrol.org

MHSP
Executive Council

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Patrol Chief - Paul Podett
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