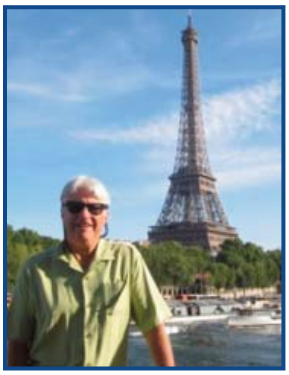
Snojob

September 2017

MESSAGE FROM THE PRESIDENT



Fall Schedule

Matt Rea, President

The fall Training Season is just about upon us. Please read all the articles below. They contain some important information that you need to know and act on to stay active as a patroller.

OEC REFRESHERS

Start reviewing your OEC refresher materials now. Bob Tise had a great article last month about the upcoming refreshers. However, **there have been some changes in locations and dates for the refreshers** so please read the up-dated details.

CPR REFRESHERS

For the past decade or longer we have been providing opportunities for MHSP members to fulfill their requirement for an annual CPR hands on demonstration at Chair Evacuation. **This year we will shift that opportunity to the OEC refreshers.** Any of you that did not renew your card this year will be required to do so during the OEC refresher. We'll remind you who you are so you have an opportunity to study up ahead and come prepared to show your skills.

NSP REGISTRATION

Last year there was a new requirement for all NSP members to register for the OEC refresher and study online. **New this year is a requirement for all NSP members, including us, to pay our NSP dues online.** In order to be prepared for the refreshers and pay your dues, you will need to make sure that you have logged into the NSP website and have updated your personal profiles. **It is critical that all MHSP members provide a current email to effectively register for the refresher and pay your NSP dues.** Read the article by Kathy Lee and Kyle Richards about how to do that.

CHAIR EVACUATION

Read the article by Paul Podett regarding chair evacuation training. This year we have engaged all the areas on the mountain to help provide more consistent and professional training in chair evacuation and related patroller skills. The end result is that you should expect a longer training day but with improved content.

DUES

Dues for this year will be $53 at OEC refreshers, this includes MHSP, WyEast Region and PNW Division dues. Checks are the preferred payment method. See treasurer's article for details of the budget and dues. Important to remember this year that you will pay your NSP dues online. You will get email notification from NSP when they are due after OEC refreshers are completed.

GOALS FOR THE UPCOMING PATROL YEAR

As we near the start of another Patrol Season, I believe it is worth revisiting our mission statement:

"The Mt. Hood Ski Patrol is a member-driven organization primarily serving the Mt. Hood recreational community. It is dedicated to providing rescue, emergency care, public safety, and educational services."

As President of MHSP, I've done a lot of thinking about what our goals should be for this coming season. There are lots of things we could focus on, but in terms of improving on our core mission I keep coming back to two themes:

1. **Improve our Dispatch Numbers.** Over the last two seasons there has been a marked decline in both the numbers of patrollers dispatching to the areas that we serve, as well as the average number of days our members perform patrol duty. While some of you served huge numbers of days last season (Thank You!) an uncomfortably large number of us served significantly fewer days than we committed to serve. That was understandable in a weak ski season like 2015 – 2016. However, for an incredible snow year like 2016 – 2017 it was inexcusable. The areas that we serve have noticed our declining numbers and are troubled by them. As an organization, we risk losing our relevance to the resorts if we cannot provide the volunteer patrol assistance that they need. We simply must do better in the coming season. Your Executive Council has lots of ideas on things we can do to improve our dispatch numbers. You will see some initiatives for change in the way we do our dispatch in the upcoming months. But for all of us it comes down to one thing: plan to patrol at least the minimum number of days that you commit to this season.

2. **Implement and Improve the Quality of Area Teams.** You will see MHSP moving to stronger team roles this year. For those of you who patrol at Mt. Hood Meadows where we have had a solid team approach in place for many years, this will mean little change. Your teams will stay much the same as they have been. At Timberline, we moved to teams several years ago with mixed success. We will work with the area to strengthen the leadership and support for teams. At Skibowl, initiation of teams will be a new thing this year. The area has requested that we implement a team approach there. If you generally patrol at Skibowl, we will ask you to join a team and dispatch consistently with that team.

   I know that many of you do not favor the institution of teams. Several years back when I was APC at Skibowl, our Patrol Chief at the time came to me and said that we should institute teams at Skibowl based on our team approach at Meadows. At that time, I did not think that we needed teams. We had a cadre of senior Hill Captains, Associate Supervisors, and dedicated patrollers that supported the area and I believed that a formal team approach was unnecessary. I have since changed my mind. I view teams as at least a partial answer to our declining dispatch and as a means to ensure continuity and quality of our volunteer patrols.

   The two most common objections that I hear to institution of a team approach are: 1) many of our members' schedules are not flexible enough to allow them to commit to a firm team schedule and 2) teams lead to the development of cliques within our patrol. Both of those are reasonable and important concerns. After all, one of the unique and highly satisfying aspects of being a member of MHSP is that is provides us with an opportunity to patrol at 5 different ski resorts—each with a different patrolling and skiing experience. It will be up to your leadership to implement a system that allows our members who cannot commit to teams to still participate in patrolling. Likewise, it will be up to leadership to ensure that our patrol remains inclusive and promotes opportunities for "cross-pollinating" across the resorts we serve.

   In all cases, the key to successful teams is ensuring strong leadership—that means that we will rely heavily on our Hill Captains and Associate Supervisors to agree to step up and lead strong teams.

Please stay tuned for more details on both teams and dispatch in the coming months.

PATROL CHIEF REPORT

Training

Paul Podett, MD

My Fellow Patrollers, hope you all enjoy the eclipse. Winter is coming and it's time to start our preseason training. Both the OEC and Chair evac practice will be trending towards an 8 am – 5 pm schedule.

The CPR yearly update has moved to OEC Refreshers and your Chair Evac training day will be more comprehensive and include new materials and rescue techniques. This means we may not have time for a BBQ as part of our general debriefing.

CHAIR EVACUATION

We have managed to bring all of our areas together in order to institute a standardized and updated rescue format. The first chair evac practice is for Instructors, Hill Captains and Associate Supervisors.

Dates

September: 10, Sunday, Instructors, Hill Captains, and Associate Supervisors ONLY.
17, Sunday, ALL Patrol
October: 7, Saturday, ALL Patrol

Are you interested in becoming an instructor? – contact Stewart Stanger and plan on being at the September 10 training day.

Chair Evac Skills stations

Avalanche: Peeps and Probe Line
Creek and Cliff Rescue Techniques
New Equipment
Public Chair Evac
Ropes: Rigging and Knots
Self Evac

Personnel Evac Gear

The areas are requesting that all patrollers purchase and have their own harness, regardless if you train for Self Evac. Review, check, and prep all your equipment before your training day. Keep it ready for your routine patrol day. See Wikki for pack lists and equipment recommendation.

TEAMS

Mt Hood Skibowl and Timberline would like us to move forward in developing and expand on MHSP area teams.
Team = HC 1, HP 4, AS 1, A 2
Plus, General Dispatch HC 1(2), AS 1(2) HP 4(8), A 4(6)
Total dispatch for the day = 18 Patrollers

Team members will get additional benefits for being on one of the 4 teams at either area. Let me know if you are interested in being on a regular team at any of our areas.

Safety, proficiency and efficiency through practice. Know your equipment and be prepared to use it in the most challenging conditions.

FROM THE TREASURER

Dues for 2017–2018

Allen Hansen

Based on a projected operating budget of $37,050 the MHSP portion of our dues for SY 2017–2018 will be $30.

TOTAL DUES BUILD–UP:

PNWD	$8.00
Wy'East	$15.00
MHSP	$30.00
Total due @ OEC	**$53.00**

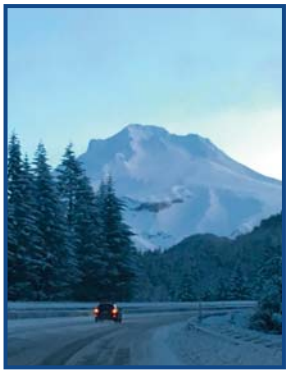
This is what you'll need to write a check for at OEC refreshers. Cash or Check are the payment methods. **Remember, NSP dues are now directly paid through the NSP Website.** This is new for this year.

DETAILS ON MHSP DUES:

Over the past several years our dues have ranged from $50 in SY 2013/14 to $16 in SY 2016/17. For SY 2017/18 our projected revenue streams are 39% from fund raising activities, 30% from contributions; dues make up the remaining 31% .

- Contributions (30% projected for SY 2017/18) – MHSP is a bonafide 501.3C. Direct unrestricted donations. The dominant donation over the past several years has the Intel Employee work match. This year that donation was $6,000. In previous years Intel's donation has been $10,000 or more. That $4,000 shortfall accounts for the majority of the dues increase over last year.

  Amazon Smile. DO YOU AMAZON SMILE? A no-brainer way to support MHSP. We just received a check for $67 based on last quarter's purchases by people who utilized Amazon Smile and linked MHSP as their charitable organization of choice. Important: anyone who shops on Amazon can earmark MHSP as their charity of choice.
- Fund Raising (39% projected for SY 2017/18) – These activities include the revenue we receive for supporting Bike and Run Events, Sno-Park Pass sales, and Snovanna and Ski Fever support.
- Dues (31% projected for SY 2017/18) – Dues make up any projected shortfall in the other two categories.



CPR

Training

Diane Potter

The following dates for CPR updates will be on the events calendar and DISPATCH. The maximum is 18 people per class. Please don't wait for the last class to dispatch.

Location: Kaiser Sunnyside Hospital Campus in the Sunnybrook Bldg.
Register: **8:30 am $25.00 per person,** cash or check made out to **MHEST**
Class **starts promptly at 9 am** and will finish around 1:00 pm.

September **10:** room A

OEC Refreshers, There are Changes

Bob Tise

Since the last Snojob, we have made changes to the OEC class.

1. We will be adding your CPR skills demonstration, previously part of chair evacuation.

   Approximately half of us will be involved with this added module. The rest of you will simply have a little bit longer lunch break. If you renewed your CPR card this year, you don't need to do the skills demonstration. If you don't renew until next year, you will be given instructions for this fifteen to twenty-minute module.

2. Location of the **OEC refresher** has changed. It will be held at **Athey Creek Middle School**. You should all know where this is; if not, Google is your friend. This is because we had a time constraint that would not allow us to add CPR skills to the schedule. Again, make note of this change so you don't show up at the wrong place.

3. Scheduled date of the third OEC refresher has changed to Sunday October 29th in order to accommodate those of us whose schedule conflicts with Saturday patrol activity.

Instructor Refreshers: September 9, 23, **Athey Creek Middle School**
Patroller Refreshers: September 30, October 14, 29, **Athey Creek Middle School**

As always, if you have any questions or concerns, feel free to contact me. I will be happy to make up a plausible sounding answer.

IMPORTANT PART

We all need to enroll in the class. See Kathy Lee's article with procedures for this process. It's not hard, I've checked it out, you can do it.

We also all need to go through the online portion of the OEC refresher. Some will love it, some will experience a different reaction. Just remember, it is necessary and get it done. See Kathy Lee's article for instructions.

You will definitely need to have your OEC refresher workbook completed before you come to the class. If your dog ate it, no problem, log into the NSP website and hunt it down. Click on Member Resources, Education Resources, OEC, then just click on the 2017 OEC Refresher Workbook Cycle C link. Fill it out, scan it, and email as directed in Kathy Lee's article.

If you haven't done any real first aid for a while, you will want to practice some basic skills. Get back in the habit of doing a full assessment, sample, splinting, sling/swath, bandaging. Family members make great patients, if you live alone, buy a great big teddy bear and practice on that.

You probably won't have access to a backboard or traction splint, but please do glance at those sections of the OEC manual and at least give it some thought.

REFRESHER INFORMATION

The How–To for Refreshers and Paying NSP Dues

Kathy Lee

As we start to prepare for the ski season, there are some computer related activities every patroller needs to do. (New apprentices do not need to do these activities this year.)

A. Make sure you can log in to the NSP website: www.nsp.org. Do this BEFORE going to the OEC refresher – like, today!

- If you have login and/or password **problems, contact Member Services at 303.988.1111**. NEVER click on "Create Account."

B. **IMPORTANT:** Check that your email address is correct. NSP will send an email to that address so you can pay your NSP dues. Also check that your home address is correct so you receive the yearly Refresher Workbook and NSP magazines/catalogues.

- Sign in and then click on the "Hi (your name)" at the top right of the screen.
- To get to the edit screen to correct your email, home address, or other information, click on the gray pencil next to the information area that needs to correction.

C. Check that your training/education information is correct.

- If information is missing or incorrect, contact the instructor of the course to get it corrected.

D. Enroll in the OEC refresher course BEFORE attending the refresher.

- Login to the NSP website.
- **Click on "Member Resources,"** then **click on "Course Schedule"**
- In the field titled "Course Number Starts With," enter one of the following course numbers:
  a. **P052170002** (Pzero52170002) – **Patroller Refresher,** lists Bob Tise as instructor
  b. P053170024 (Pzero53170024) – Instructor Refresher, lists Cleo Howell as instructor
  c. If you have trouble entering the course number, do a search using the following:
  Title Contains: **oec**
  Patrol Contains: **mt hood** (no period after mt)
  Then select the correct course number
- Make sure you go all the way through to the Order Confirmation screen. You will receive an email from NSP when you have successfully enrolled in the course.

E. Complete the On-Line Refresher.

- Login to the NSP website
- Click on "Online Learning" box – upper right
- Click on "Click here to enter the OnLine Learning Management System"
- At the top of the page, click on "Courses" menu item
- Click on "2017 Refresher A" box
- Complete all modules and the course survey.
- Save the Certificate of Completion and email it to: oecrefresher@mthoodskipatrol.org
- Do not send a link to your certificate – it will not show us your certificate.
- If unable to save a copy and send it, be sure to bring a copy to the refresher.

F. Complete the OEC Refresher Workbook. If you misplaced it, you can download it from the NSP website.

- Login to the NSP website
- Click on "Member Resources," then click on "Education Resources"
- Click on "OEC," then click on "2017 OEC Refresher Workbook Cycle A"

- Complete the work book and, if possible, scan and save your completed pages, email it to: oecrefresher@mthoodskipatrol.org
- If unable to scan and send it, be sure to bring your completed workbook to the refresher.

G. Sign up on the MHSP Dispatch for the refresher that you will be attending.

H. NSP Dues: When all the OEC Refreshers have been completed, the patrol will formally 'Notify' National, and each patroller will receive an email notice to pay National dues - $55.00. Again, it is critically important that your email address is correct with National.

- Pay your National dues as soon as possible after receiving the email notice
- After you pay your National dues, you will receive by email, a receipt, and Membership Card to self-print.
- If dues are not paid on time, there will be late fees:
  Division – effective January 1, 2018, $5.00
  National - effective February 1, 2018, $10.00

Questions on the OEC refresher: Contact Bob Tise, **firstaidchief@mthoodskipatrol.org** or Kathy Lee, **leek232@gmail.com**.

Questions on logging into NSP or paying dues: Contact Kyle Richard, **registrar@mthoodskipatrol.org**

FUNDRAISING

2017 Bike Team Race Support

Mike Anderson

Are you ready to help MHSP make over $5000 in donations in 2017 by supporting races throughout the metro area? We have got an incredible schedule of races already planned and on the dispatch; here is the breakdown:

- **Gorgeous Relay**, 9/17/17
  Running 60 miles from outside Cascade Locks and into the heart of Portland, the Gorgeous Relay is truly Gorgeous. Experience the Historic Columbia River Highway on its 100 Anniversary as it winds past waterfalls, creeks, and forests. More details will be coming.
- **Country Girl Half**, 9/23/17
  The race route uses Marine Drive starting near the airport along the Columbia River, same route as The Grateful Dad run.
- **Run Like Hell Half**, 10/22/17
  Downtown Portland where the racers run in costume and end up at Pioneer Place. There will be a new route that has not yet been announced. This is the last run of the season.

More information is available at the following websites:

www.Terrapinevents.com **www.runvum.com** **www.gorgeousseries.com**

Fundraising and Sponsorship

Kevin Havre

FUNDRAISING

Here is a little reminder about fundraising. We have a couple of programs you can sign up for, that benefit MHSP, if you shop at the following businesses.

- For Fred Meyer, you need to re-enroll every year.
- For AmazonSmile, you need to start at smile.amazon.com for your purchase to qualify.

Fred Meyer Rewards

Where Shopping & Giving Unite

Support your favorite nonprofit just by shopping at Fred Meyer with your Rewards Card. They donate $2.6 million each year - up to $650,000 each quarter - to the local schools, community organizations, and nonprofits of your choice. All you have to do is link your Rewards Card and scan it every time you shop at Fred Meyer.

Are you a Fred Meyer Customer?

If you do not have a Rewards Card, you can sign up for one at the Customer Service Desk of any Fred Meyer store.
fredmeyer.com/account/communityrewards/enroll

Whenever you use your Rewards Card when shopping at Freddy's, you will be helping that organization earn a donation from Fred Meyer.

Amazon Smile

Did you know that the gifts you buy for family and friends can turn into a gift to MHSP? You shop. **Amazon gives.**

- Amazon donates 0.5% of the price of your eligible AmazonSmile purchases to the charitable organization of your choice.
- AmazonSmile is the same Amazon you know. Same products, same prices, same service.
- Support your charitable organization by starting your shopping at **smile.amazon.com**

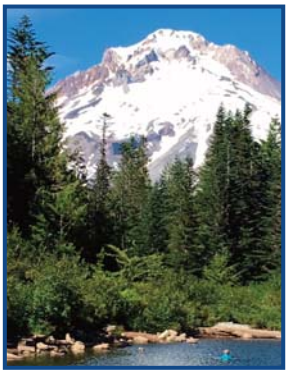
CORPORATE SPONSORSHIP:

Several local companies offer programs that match donations you make through your payroll, pay a non-profit organization for time the that you spend volunteering, or simply offer grants directly; based on your request. If you work for Intel, Nike, PGE, NWNG, etc. check with your HR department to see if your volunteer time or donations can be maximized by your employer.

MOUNTAIN HOST OPERATIONS

Fall Review

Sam Smith



HOST RECRUITMENT

We are accepting applications for the coming season. If you know someone who is interested and would be a good fit, please contact Gery Schirado or myself and we'll send them information and get the ball rolling.

SKIBOWL SUMMER OPERATIONS

Skibowl summer operations will continue into mid-September. Skibowl is very appreciative of the help given by our summer crew so far. If you can fit in some shifts in the remaining weeks and would like some mentoring on the summer routine, please contact Pat Adamosky or Steve Barnett. Both have been eager to help.

HOST DISPATCH

The dispatch for the approaching winter season will populate with shifts in early November, following the enrollment period for the 2017-18 season. An email will go out on the list server when dispatch is open.

REQUIREMENTS FOR ACTIVE STATUS

The enrollment period will take place during October. As soon as the paperwork for the resorts is available, the process will begin. Stay tuned for emails with details in the weeks ahead.

The 2017–18 requirements for the host division will be finalized at the September council meeting. I am not predicting any big changes and will send out details as soon as possible

PATROL TRAINING & HOST INVOLVEMENT

Things get very busy in September for patrollers refreshing their skills. Please stand by for emails requesting hosts to help at these events. The two big events are OEC REFRESHER and CHAIR EVAC. In both cases, we can help in a big way by playing the role of a guest that needs first-aid or evacuation from a chair. Dispatch will have slots for sign-up and details for the event will come out in an email.

SUMMER HOSTING FEEDBACK

We would really appreciate feedback on how you feel about hosting in the summer at Skibowl. We are interested in everyone's thoughts. We would like to know if you did or did not participate and what you think about participating in the future. This information will help us as we look ahead at next summer.

NORDIC

News

Jeff Hepler

An exciting season lies ahead for the 2017–2018 Nordic team at Teacup. With the welcome addition of 3 new Nordic patrollers (in OEC training) we should be able to provide full coverage of the area on weekends and major holidays. The season kicks off with "On-The-Hill" training days on either Saturday, November 10, or Sunday, November 18, 9 am – 4 pm. Please select one of the two days and dispatch. This training is required for all Nordic patrollers so please plan ahead. Details to follow in the October Snojob.

Alpine and Associate patrollers who have advanced Nordic skiing skills, backcountry touring fitness, ability to ski sleds and a minimum of 5 years' experience are being sought to become "Dual Patrollers." The Nordic team requires Dual Patrollers to attend one of the two "On-The-Hill" days plus a minimum of 3 patrol days during the season. Dual Patrollers provide about half of Teacup Area coverage and bring important strength and skills to the Nordic program. Contact myself or Steve Potter if interested.

Snowmobiles? Yes, we plan to "pilot" emergency use of the Teacup snowmobile by patrollers this season. During afternoon operations, mid-week, and holidays there are no Teacup snowmobile operators available and sleds must be skied in and hauled out manually. The pilot program has yet to be worked out but has the potential to provide a significant improvement in rescue capability. Our "Nordic Advisory Board," comprised of any Nordic patroller who wants to meet for a mid-month drink, will be taking on this project, developing the Nordic apprentice training modules and other key tasks.

As many of you know the Govy Building is getting a makeover and the Nordic closet is being redesigned for multi-use storage. Nordic equipment will have a new space. Details are being worked out at this time. We can still expect to have the "Teacup" and "Backcountry" sleds, 02 kits, radios and beacons, snowshoes, and other essential gear immediately available. This is an opportunity to do some housecleaning and, in the end, it will help the team be more organized.

See you at OEC and thanks for volunteering!

PATROLLER OPERATIONS

Instructor Development

Kathy Lee

Interested in becoming an instructor or coach? Instructor Development is the first step! There are two parts to the course. The first half is completed on-line, the second half requires classroom attendance to present a six-pack lesson and learn about the instructor mentoring process.

The classroom session will be held **Thursday, October 26, 2017, 7pm**, location TBD.

Please contact me at leek232@gmail.com no later than October 1, 2017 to obtain additional instructions for the course.

OBITUARY

Spass Otto Stoiantschewsky (1962–2017)

Gordy Winterrowd

Spass Otto Stoiantschewsky was Patroller #1123, joining the Patrol in 1989. He served for 28 years.

Spass grew up in Brecksville, Ohio and attended Carnegie Mellon University graduating with a double major in Electrical Engineering and German. He earned his first masters in computer engineering from Renssalaer Polytechnic Institute in 1987 and, later, a second MBA through Portland State University in 1991. Spass worked at Tektronix, then Credence, and finally at Intel for 22 years. He was an inventor. Starting at Tektronix after he moved to Portland in 1988, one of his first patents was filed in 1989 and awarded in 1993. Here are excerpts of the text from the patent application: "An instrument module ... for a computer-based instrument system...with a conventional computer bus for conveying commands and data between a host computer and the instrument modules and ...lines for conveying control signals and data between the various instrument modules.... The development board includes a ... computer processor, ROM, and computer bus interface circuits all interconnected by an intramodule bus. Firmware ... enables the module to communicate with the host ... through the system bus..."

Spass volunteered in his daughter's classrooms teaching Art Literature. He enjoyed the Pacific Northwest outdoor life including windsurfing, hiking, skiing, and bicycling. He was active in the National Ski Patrol System from his teenage years. He participated in many athletic challenges including completing the Seattle to Portland bike event in one day several times, running in the Hood to Coast relay, the Portland Marathon, as well as finishing several triathlons. He enjoyed snorkeling, was an avid reader, and was knowledgeable on a wide range of topics. He also enjoyed travelling, photography, and woodworking.

Spass Stoiantschewsky, Member 1123, passed away on June 7, 2017 at the age of 55.

OFF THE MOUNTAIN

PNW Convention Overview

Steve & Annie Eversmeyer

The Pacific Northwest Convention, held at the Airport Sheraton was another success thanks to the phenomenal volunteers from our patrol! Not wanting to miss someone I will simply recognize and thank Margaret Usher and her team. I also wanted to thank our Host group with Jan Silagi overseeing the Hospitality room. Not only did they raise the bar with all of decorating and staging of the room, but the food was delicious and plentiful. There was always a crowd enjoying the drink, food and each other's company.

If you missed it, you missed the packed room for two opening sessions; Jim Hamilton provided food for though in preparing for the Cascadia earthquake and Mary Bozack showed examples of good and not so good ski injury investigations. Having real examples helped show why complete documentation is key to defending from bogus claims. Some of the others sessions included Brett Wesson's rope rescue class, there were sessions on pet first aid offered by the Banfield Pet Hospital, a number of patrol related classes on OEC and some that were of general interest like acupuncture, how to use SAM splints and apply moulage. The vendors were showing off their new wares, including our own Toby Wiley who's expanded his offerings of clothing and helmets.

The raffle and silent auction Sat. Night at the banquet were great with some stellar items donated by vendors and local businesses. Some were hotly

contested while others went for a song! It was all for a good cause (funding for us and the Division). While I really wanted to get the night vision binoculars I know the person who did win them will get more use from them during night searches!

It was a good chance to meet and talk with patrollers from throughout the Pacific Northwest. I always enjoy hearing how other patrollers do things. One of the early lessons I learned from my patrol mentor, Don Gardner, is you can't have too many tools in your patrol toolbox. For two days, we had the opportunity to meet and get to know some good folks. Again, thank you to everyone who made this huge event happen; I thought it was excellent!

CALENDAR

For a complete listing see the official MHSP calendar at www.mhspdispatch.org

September

9 Instructor Refresher
16 Snojob Deadline
17 Gorgeous Relay
17 Chair Evac
23 Country Girl Half
23 Instructor Refresher
30 OEC Refresher

October

7 Chair Evac
9 Council Meeting
14 OEC Refresher
14 Snojob Deadline
20–21 Snowvana
22 Run Like Hell Half
26 Instructor Development
29 OEC Refresher
31 Alumni Lunch

Snowvana will be on October 20, 21; Ski Fever is scheduled for November 3–5 this year. As last year, MHSP will support these events and will have a booth to promote our organization and skier safety. Mark your calendars. More details to follow.