



MHSP SnoJob August 2007



President's Notes

SPIF—Ski patrolling is fun!

Patrollers, as the summer begins to wind down, the MHSP starts to get very busy.

The Pacific NorthWest Division (PNWD) Convention hosted by the Mt Hood Region (AKA the Mt Hood Ski Patrol) is just around the corner. This is a great opportunity to meet patrollers and learn about other ski areas, and how the patrols there work. There are breakout training sessions covering subjects of interest to patrollers old and new.

Our two biggest fund raisers are coming up soon. The 11th Annual John Keys Memorial Golf Benefit is September 9th at *The Reserve*, and our first Annual MHSP Ski Swap is October 5th, 6th and 7th. Both events are important to the Patrol's financial security. Please read the articles about these events and give them your support.

In addition, our annual training starts in earnest, with two Chair Evac Practices and three OEC updates scheduled in September and October. I'm actually looking forward to the start of the ski season in November, so I can relax. We have had two very successful recruitment years, and should have a few more patrollers to share the load. We should have better coverage this year, which will make Ski Patrolling **MORE Fun** (Remember SPIF) this season.

Thanks to Dave Miller and Lisa Hargrave, the MHSP public website has a new look and is easier to update. Be sure to check out the "members" area and follow the links to our other member sites. In addition to the dispatch site, there is a MHSP event calendar, and a wiki with lots of information for patrollers. If you haven't visited the wiki recently, please do. You will find pro-deals, MHSP history, policies, procedures and current news there. Feel free to edit items if you see errors or have new information.

Please check your personal information in the online roster, and make any corrections necessary. It will help us with the registration at the OEC Classes. If you don't have a picture in the roster, please email me a useable shot. If you don't have a digital picture, send me an actual photo or have John Gastineau, Peggy O'Leary or Pat Stevens take a digital picture at the Golf Tournament, or Chair Evac.

If you have suggestions or concerns about the patrol, or the way it operates, please contact one of the council members, and make your feelings known. This is your ski patrol. We need your suggestions as well as your participation.

SPIF,
Joel Stevens



Important Information:

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A helpful hint

(especially for hill captains and supervisors): If you want to send an email to all of the people who are on the schedule for a day, here is a quick way to do it; Download the report to Excel, open the spreadsheet and copy all of the email addresses at once. Paste them into the Address line in the email. (It looks strange, but it will reformat itself when you leave the address line.) Then you can compose your email and send it to all of the patrollers without having to copy the names one at a time.

Thanks,
Joel Stevens

Chief Chat

- Paul Podett



We made it.

Since June 21st the days are getting shorter and winter is on its way.

So what's new?

New Look for associate and hill patrollers

For some time I have heard reports and concerns expressed on the subject of patroller visibility and identification. Our current uniform sometimes has visibility problems. The front patch is often obscured and hoods or backpacks cover up the back cross.

To insure effective identification of associate and hill patrollers, there will be an addition to the uniform this winter. All associate and hill patrollers will wear a small

MHSP cross on both the right and left upper arm.

A smaller and more reflective arm patch is on order and will be available through the clothing committee at the October general meeting.



A new start for an old tradition

The original FUN DAY is back.

The class of 2008 will be rekindling an old tradition next April with an end-of-season celebration honoring the graduating class of apprentices -- Fun Day.

New Pre-dispatch Days

You can now pre-dispatch to MHSP support activities.

- PNWD Convention
- Golf Tournament
- Ski Swap

One green sheet day available out of the two required days for summer module

Ski Swap

Your ski swap committee is working hard at bringing it all together.

First weekend in October, check the MHSP calendar for committee meeting dates and come help out. This is your patrol and it needs you.

Paul Podett, MD
Patrol Chief

First Aid Chief

- Cleo Howell



As your brand new First Aid Chief I am here to serve you and the MHSP. With many new apprentices, I would like to ensure you are all aware of the First Aid Chief's responsibilities:

- Anything medically related involving MHSP
- First aid supplies- if you find that we are low on something let me know
- Treatment of patients-Questions about treating patients as well as advising me of interesting or unusual cases.
- OEC- this includes the basic course and the Fall OEC refreshers
- First Aid rooms

- Cases that you treat
- Follow-up on cases: Any follow-up on a case, contact me.

Just remember that the primary goal of the MHSP is to provide excellent emergency care to customers of the areas that we serve. Keep up the good work! Enjoy the rest of the summer and think about putting in another day on the mountain.

I can be reached at 503-357-2665 or cleohowell@integrity.com

In Memoriam

MHSP remembers Dave Wiley, MHSP # 296.

Alumni Patroller Wiley, 80, a former National Seaplane Pilot of the year, died in a float plane crash on Saturday, July 28, 2007.

Wiley received his MHSP badge in 1958.



Associate Director - Dave McKay



Well, here we are in-between seasons. It's always kind of sad to see a great season come to an end, but it's also a time of anticipation and excitement as I think about the upcoming refresher training sessions, such as Chair Evac and

OEC, the first MHSP meeting in October, and of course, the first snowfall...ok, so it may be a bit weird to be thinking about snowfall when it's in the mid-80's outside.

I am honored to be your Associate Director for the next couple years. And, as I reflect about last year's great season, I'm also thinking of the coming year. So, here are few things on my goal list for 2007-08:

1. Develop an Associate Advisory Committee; Membership to be comprised of the following: Associate Director, Associate Apprentice Training Director, First Aid Chief, one current associate patroller, one associate supervisor, and one first-year patroller.

The purpose of this group will be to advise on policy issues, first aid training issues, improvements in the apprentice training program, review and revise the Associate Supervisors Handbook and training program, review and revise the Associate Apprentice Training Handbook, and develop a system to obtain feedback and suggestions from the Associate Patrol membership as a way to continually improve the patrol, increase membership, reduce turnover, and improve overall morale.

2. Develop and implement selection criteria and a training program for associate supervisors with the goal of increasing the number of trained associate supervisors by ten before the 2008 Annual Banquet.

3. Develop a proposal and recommendation for any changes in the Associate uniform requirements. Proposal to be presented to the MHSP Council no later than the September, 2007 meeting.

4. Develop and implement a survey of the general Associate membership, the Associate Supervisors and the immediate past Associate Apprentice group (2006-07) to collect ideas/suggestions for improvements in the Associate patrol. Surveys to be



sent out over the summer months 2007, and recommendations will be reviewed by the Associate Advisory Committee.

5. Develop an action plan based on results from the surveys to be presented to the MHSP Council at the September 2007 meeting.

See how simple that is? OK, I realize this is a lot of work. Jim Holway has agreed to be our Associate Apprentice training coordinator this year. He has already done a significant amount of work in revamping our training program, Associate Apprentice Handbook, Daily Log books and other program materials. Cleo Howell, Jim and I will be meeting this summer to refine the Associate training program.

Oh yeah, I will continue to help Diane as co-APC for Summit. So, you can count on those woeful pleas for help at Summit to continue this coming season (might even be another reference to Maui Babes...)

In the next month or so, you will be receiving a survey (if I can figure out how to make Survey Monkey work...) on how you think the Associate patrol could be improved. I'm counting you to help improve upon an already STELLAR patrol. So, when you receive the survey, please return it as soon as possible.

In the meantime, if you have any immediate suggestions, please send me an email. I can't guarantee all suggestions will result in action, but nothing can happen unless I hear from you.

See you this fall!!!

Dave McKay

OEC Refreshers

OEC Refreshers are just around the corner.

- **Sunday, September 30**
- **Saturday, October 20**
- **Sunday, October 28**

All patrollers and apprentices must attend just one of the three sessions. In order to ensure a quality experience for every it will be necessary to pre-dispatch.

Refreshers will be held at
Meridian Park Hospital in Tualatin.



\$\$\$\$\$\$\$\$CASH, CASH, CASH, CASH, CASH\$\$\$\$\$\$\$\$
The Golf Committee needs CASH.

It's that time of the year when the Golf Committee (Title Sponsor Free) needs **CASH**. We have to pay for the golf course, golf carts, food and beverages. So.....

PLEASE CONTACT your 4-somes/Golfers and encourage them to send in their contact information and **CHECKS**.

PLEASE CONTACT your T-sign sponsors and politely nudge them to send in their logos, contact information and **CHECKS**.

PLEASE CONTACT your Gold, Silver and Bronze Sponsors and suggest strongly they send in their logos, contact information and **CHECKS**.

We also need YOU to help us make the Golf Benefit a success!

September 9th in the early morning hours the volunteers for the Mt. Hood Ski Patrol (a.k.a. John Keyes Memorial) Golf Benefit gather together.

Some head out to the golf course to help set-up the games. Some set up registration and sort through lists of names, tickets, papers and cash.

And others move boxes and make us laugh. One goal in mind....a great day!

Then the arrival of the golfers. Those crazy people who enjoy hitting a very small white ball with a very long stick.

They drop off their clubs, come over to the registration tables and pick up the first treats of the day.

A cup of coffee, donuts, and a bag of goodies. Off to the putting area or driving range.

A start of a good day.

The sun starts to dry and warm the grass about 10am.

The day continues with golfing, eating, drinking, laughter and some cursing (another shot missed).

Most tees have food or games or both.

The golfers return to a tent full of gifts, food and laughter.

A silent auction, an oral auction, and lunch.

The volunteers day is almost done.

That morning it's all about the golfers.

The golfers that spend money on the donations we worked so hard to get.

The golfers that come back year after year because the MHSP puts on a GREAT golf tournament.

At the end of the day...and each year.

I wonder how Pat can still be standing and smiling. And I drive home very proud to be a member of the MHSP.

Come join us and help on September 9th, 6:00 AM at the Reserve Vineyards and Golf Club.

[Mandatory Volunteers Meeting](#)

6:30 PM on Tuesday, August 28th at Macadam Grill.

Call/email Pat Stevens to RSVP – (503) 293-6896 or pat@sdeltd.com

Have more donations? Go to the Wiki file and enter them so we know about it!

<http://www.mthoodskipatrol.org/wiki/>

Need more Brochures? Call Pat! (503) 293-6896 or pat@sdeltd.com

Your Hard Workin', Ever Lovin' Golf Committee – still crazy after all these years!



Visit the NEW MHSP Golf Benefit Web Site!
 Go to the MHSP Home Page and click on the
 Golf Benefit information or go to
www.johnkeyesmemorial.com

Blowing in from the Bowl - Michael Klein & Randy Carrier



A big thank you from Skibowl to those who have predispatched for summer days this season. It sounds like some great first aid is being done and patrollers are having a blast. There are still open weekend days left in the

dispatch and remember you are welcome to patrol on weekdays too. Paul and Brett really do appreciate your work.

There have been several questions as to attire and what to bring for summer patrolling. As to clothing, until we have MHSP bike jerseys (anyone wish to tackle this project?) please wear something appropriate for the task. Remember who and what you represent. Also keep in mind BSI procedures. One of the MHSP t-shirts sold over the last few years would certainly work.

What should you bring with you? A first aid belt or pack is essential as you may be treating patients outside the first aid rooms and the winter sled packs are of course not available. Skibowl stocks the first aid

rooms during summer season so if you need supplies for your own pack please do not re-supply them out of the first aid rooms. Fill them instead at the Govy building. We do supply backboards, J-splints, Sagers and other major equipment so if those are short please re-supply out of the Govy building. When you do, it is important that you let Cleo Howell know what was brought over.

There are green sheets in the Westside First Aid room for you to fill out. Just like winter season we really need to know if equipment goes out with a patient so we can retrieve it. The green sheet can be faxed at the end of the day in the Govy building.

Finally, please remember opening time for weekends is 10AM, closing depends on the caseload at the end of the day and you must be released by the pro on duty. Thanks again for all your support this summer.

And did I mention the 10am opening??

Mike Klein & Randy Carrier - Skibowl APCs



Track Rash (eee-ouch!) - Cleo Howell, First Aid Chief



If you've worked at Skibowl in the summer time you know exactly what I am talking about when I say "track rash." When human skin rubs quickly on the fiberglass alpine slide track the skin usually loses. It literally disappears. Another form of "track rash" occurs when a customer leaves his or her bicycle at a high rate of speed making sudden contact with large rocks or small pieces of gravel.

What's the best way to treat such injuries?

It's most important to get the wound as clean as possible. With the limited resources we have, the best way is to simply wash the wound with soap and water. Hibiclens may be used if you have it. You should avoid using products such as Hydrogen Peroxide, because it can be caustic and actually destroys skin cells in the open wound. Skibowl sometimes furnishes

a product that inhibits the burning sensation with "track rash."

Apply some antibiotic ointment to the wound and cover with a sterile dressing. Always advise the patient to keep the wound clean as well as seeking further medical attention and evaluation. This follow up is particularly important if the wound requires a more thorough cleaning/irrigation, if redness or swelling persists, or other signs of infection occur.

Recently two patrollers (James Schuler and Christy Owen) treated a patient with extreme "track rash". The patient was also allergic to grass pollen. While they were treating the patient the patient started having breathing difficulties and hives appeared on the skin near the open wounds. James and Christy administered oxygen to the patient and his breathing condition improved.

Good job James and Christy!

Important Dates

- August 4, 5, 18, 19—Apprentice Ski Enhancement
- August 10, 11, 12—PNWD Convention Portland
- August 13—Ski Swap Meeting, 7-8 pm, Contact Paul Podett for more info.
- August 15—Mount Hood Ski Patrol Executive Council
- August 23—SnoJob Deadline

SEND! Stories, pictures & those wonderful words-of-wisdom for the SnoJob to SnoJobEditor@gmail.com

The official MHSP event calendar is available on-line through Google. Links are available from the MHSP Dispatch website through www.mthoodskipatrol.org — OR— if you have your own Google account access the calendar directly from your web browser by typing calendar.google.com. The name of the calendar is "Mt Hood Ski Patrol - Oregon". It is a public calendar so anyone may view it.

▶ August 2007



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4 Apprentice Ski Enhancement
5 Apprentice Ski Enhancement	6	7	8	9	10 PNWD Convention	11 PNWD Convention
12 PNWD Convention	13 Ski Swap Meeting	14	15 MHSP Council Mtg	16	17	18 Apprentice Ski Enhancement
19 Apprentice Ski Enhancement	20	21	22	23 SnoJob Deadline	24	25
26	27	28	29	30	31	

<http://www.mthoodskipatrol.org/members/snojobs.cfm>



Mount Hood Summer Camps

—Photo by Steve Eversmeyer

Important Dates

- *September 9 – MHSP Golf Benefit (see page 5 of this newsletter)*
- *September 12 – Mount Hood Ski Patrol Executive Council, 6:45 pm*
- *September 15 – Lift Evac- Summit*
- *September 18 – OEC Instructors, Vernier Software Beaverton, 6 pm*
- *September 20 – SnoJob Deadline*
- *September 23 – Lift Evac- Mt. Hood Meadows*
- *September 30 – OEC refresher, Meridian Park Hospital*

▶ September 2007



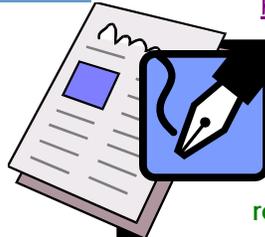
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 Labor Day	3	4	5	6	7	8
9 MHSP Golf Benefit	10	11	12 MHSP Council Mtg	13	14	15 Lift Evac
16	17	18 OEC Instructors	19	20 SnoJob Deadline	21	22
23 Lift Evac	24	25	26	27	28	29
30 OEC Refresher						

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The MHSP SnoJob has a new address!

SnoJobEditor@gmail.com.

Now that you can hardly wait to be a contributing writer, remember:

- Send copy as simple text in emails,
- Send pictures, graphics as jpg files,
- Send copy and all graphics separately;
- Make sure to identify who is in your contributing photo,
- Editors DO get editorial privileges to help formatting and standards of the publication.

Donna Disch & Lisa Hargrave





Mailing Address Line 1
 Mailing Address Line 2
 Mailing Address Line 3
 Mailing Address Line 4
 Mailing Address Line 5

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Mount Hood Ski Patrol

P.O. Box 4384
 Portland, OR 97208



**MHSP
 Executive Council**

- President - Joel Stevens
- Vice President - John Gastineau
- Secretary - Mark Diamond
- Treasurer - Kathy Lee
- Patrol Chief - Paul Podett
- First Aid Chief - Cleo Howell
- Associate Director - Dave McKay
- Nordic Director - Michael Curtis
- Senior Trustee - Mac Sheldon
- Middle Trustee - Matt Hickok
- Junior Trustee - Steve Eversmeyer

READ THIS NEWSLETTER ONLINE!

Make sure to visit Mount Hood Ski Patrol Website

www.mthoodskipatrol.org