



December '03 SnoJob



Happy Holidays to You All!

Once again it's that time of year. And once again we are in operation at Thanksgiving time. All the pray for snow celebrations were a success. I would like to thank all those who made the extra effort to make all the pre-season training & preparation work to get us rolling quickly. I would also like to thank the folks who answered the call for help and jumped at the chance to help get the areas up to speed quickly. I know they appreciate it as well.

Message from the President

Bill Boyd
whocho@earthlink.net

Our Rescue Center will be ready to go with just a couple of finishing touches, I know everyone will be amazed at the change. The Government Camp building is also near completion. Just a few minor touch-ups and it will be fully usable. To all those who will be utilizing the new dispatch counter set-up, this is a great opportunity to get a feel for the new layout. Please use the new cork bulletin board for any postings that you see fit, be it local eats or advertising your own businesses for fellow Patrollers to patronize. Also see further in this edition of the Sno-job for some Gov't Camp bldg. usage rules that we will be posting at the building and the roster. When you are there enjoying this benefit, please remember that this is OUR building to use for the next 10 years. Use common sense.

Now for the really good stuff! Take out your large un-erasable marker and write this date on your calendar. **Monday December 8th**. Our next general meeting will have one of the most beneficial guest speakers we have had in a long time. The Holiday's bring out emotional stress and customer service needs will as well. **Ken Hill**, emotional intelligence guru, will bring us some timely and very useful advice on the subject of managing emotions. Now I'm not talking about just how to keep yourself in check, but how to spot an upset or angry guest at the ski areas BEFORE they explode and actually calm the situation with ease and control. There are key ways to identify emotions that have escalated and proven techniques to reverse their fury and redirect them, come to remedy, and everyone can feel like a winner in the end. Imagine really being able to live "S.P.I.F." in a confrontational situation! Ken Hill has taught many people from many businesses about the benefits of emotional intelligence at work. I met Ken Hill at my work place as one of his clients several years ago. His program changed my outlook on emotions forever. Now is your chance. I would also encourage you to bring a spouse or guest to this meeting as this is going to be a topic that can be utilized anywhere!

As we get nearer the Christmas Holiday and the New Year, please take a moment and make sure you celebrate sensibly and don't drink and drive in excess.

December General Meeting

December 8, 2003
Meeting Starts @ 7:00 PM
Athey Creek School

Guest Speaker:
Ken Hill

In This Issue

Winter Pre-Dispatch

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MHSP Invited to Mazamas

Which Splint do I Use?

The Ski Patrol Community

There are few activities where you will meet people of the quality to be found on the Mt. Hood Ski Patrol – competent, skilled individuals who care about the welfare of others. To my mind being a part of such a community is the thing I value most about being a patroller. Something rather unusual about the ski patrol community is that it extends beyond skiing lasts beyond our immediate participation.

Vice-President Report
Lisa Wilberding-Hargrave
LHargrave@VirtualPremise.com

A few years ago a patroller was injured while putting a new roof on his house. No worries, the next weekend a mob of patrollers showed up to finish the job.

More than two decades have passed since Stan Goodell was president of MHSP. This year will be the 20th that we will make the trip to his ski area at Bluewood.

Before his untimely death, John Keyes was an active and dynamic member of the ski patrol community. He lives on in the memories of us all through the golf tournament we hold in his name.

In an organization as old as the patrol, it is inevitable that some of our former members pass away each year. It is a very moving experience to see all the current and former patrollers at the memorials who still share a common bond even though it may have been many years since that person was active on the patrol.

My dear friend and former MHSP First Aid Chief Susan Pearce, is a home health care nurse. She typically works with elderly individuals who are seeing out their last months and weeks in this life. Many is the time she has discovered her patient is a former Mt. Hood Ski Patroller. It is interesting to note that at the end these people count their days on the patrol as some of the finest in their lives.

So reach out and make yourself a true part of this community. Come to the general meetings and stay for the socializing afterward. Ski at different areas. Switch your patrolling between Sundays and Saturdays. Join a committee or participate in a work party. Get to know some of the other patrollers and let them get to know you. Make your participation in the Mt Hood Ski Patrol something you will forever recall with affection and pride.

Greetings all! I hope the winter has started off well for everyone! Here are some things to keep in mind as we begin our season of patrolling. **Associate indoor uniforms.** When serving in the first aid room, Associate Patrollers are to wear a red upper garment with a collar. The garment may be short- or long-sleeved and may be a buttoned shirt or pullover. A red vest may be worn with a red short- or long-sleeved shirt underneath (this was decided by a previous Council). The undershirt does not need to have a collar, as the vest already does. Insignia are to be placed in the proper location. **First responder updates.** All Associate Patrollers are required to complete a first responder update each year. Please do so during the first or second module. Special thanks to Terry Niedermeyer for coordinating the Associate Patroller first responder updates. **Patient information.** At the request of our First Aid Chief, please be sure to note the pulse, blood pressure, O2 saturation, and time observed for all patients for whom you complete an incident form.

Associate Director
Eric Einspruch
einsprch@teleport.com

On another note, I'd like to extend my special thanks to Corinna Kupelwieser, Terry Niedermeyer, the many trainers, and the participating apprentices for all the effort they put in to make the apprentice first responder training weekend the grand success that it was.

I look forward to seeing you on the slopes sometime soon!

This year we have 17 members on a strong Nordic backcountry team and began patrolling on Saturday, November 22. In preparation for the season, we conducted 2 Nordic On-The-Hill-Days (training), and 2 Technical Raising and Lowering Training days with excellent turnout. We hope to run some Search and Rescue and GPS training as well. Refer to the Calendar for dates and times. Other accomplishments include:



- Pre-Coordinating SAR notification with Clackamas and Hood River Sheriffs
- Laying groundwork for a Volunteer Agreement with the US Forest Service
- Formation of a "Nordic Affairs Committee", to assist the Nordic Director in developing policies and procedures (first meeting occurred Oct.16)
- Review and recommendations on the MHSP Bylaws, as related to Nordic
- Appointment of Michael Curtis as Assistant Nordic Director

I wish to thank Mac Sheldon, Megan Helzerman, Joel Stevens and Michael Curtis for taking time to commit to the Nordic Affairs Committee. They have been working hard to make a good program better.

Should any patroller with 5 years or more of *backcountry nordic skiing experience* wish to Dual-Patrol this season, please email myself taiga15@comcast.net ; Michael Curtis or Donna Schell and we will fill you in on the opportunities and requirements. Or, if you prefer, just show up at one of our On-The-Hill-Days. We would love to have you!

Calendar Updates

| Dec-03 | Event | Location | Time | Contact |
|--------------------|--|--|--------------------------------------|-------------------|
| Dec 6th | Senior S&T Calibration Clinic | Timberline or Meadows TBD | 9:00 AM | Dave Nelson |
| Dec 8th | General Meeting | Athey Creek Middle School | 7:00 PM - 9:00 PM | Bill Boyd |
| Dec 10th | Basic Avalanche APPRENTICES REQUIRED | Woodland Park Hospital | 6:30 PM - 10:00 PM | Mike Van Hoomisen |
| Dec 10th | SAR | Mac Sheldon's Place | 7:00 PM - 9:30 PM | Jeff Heplar |
| Dec 13th | SAR | On Hill -TBD | 9:00 AM - 3:00 PM | Jeff Heplar |
| Dec 16th | Council Meeting | Windermere Realty | 6:30 PM | Bill Boyd |
| Dec 20th-21st | Backup date for Coaches & Evaluators Clinic | Timberline Lunchroom | 8:00 AM | Larry Cahill |
| Dec 23rd | DEADLINE - SnoJob articles | | | |
| Jan-04 | Event | Location | Time | Contact |
| Jan 7th | Basic Avalanche APPRENTICES REQUIRED | Woodland Park Hospital | 6:30-10:00 PM | |
| Jan 7th | Bergie Meeting - Snow Safety Presentation by MHSP & Button Selling | Shenanigan's Banquet Facility Swan Island | Setup@ 4:00PM Event 6:30 - 8:30PM | |
| Jan 10th | Senior S&T | Timberline or Meadows - TBD | 9:00 AM | |
| Jan 10th - 11th | Senior EMM Combined Training with Oregon Region | Summit | 8:00 AM - 3:30 PM | Kathy Lee |
| Jan 10th - 11th | Advanced Avalanche | Location - TBD | 7:30 AM - 4:30 PM | |
| Jan 12th | General Meeting | Athey Creek Middle School | 7:00 PM - 9:00 PM | Bill Boyd |
| Jan 11 or Jan 17th | Basic Avalanche Field Session APPRENTICES REQUIRED | Location - TBD | 7:30 AM | Mike Van Hoomisen |
| Jan 14th | Advanced Avalanche | Woodland Park Hospital | Time - TBD | Matt Hickok |
| Jan 17th | Senior S&T | Timberline or Meadows - TBD | 9:00 AM | Dave Nelson |
| Jan 18th | Avalanche Refresher | Palmer Lodge | 7:30 AM - 4:30 PM | Matt Rea |
| Jan 20th | Council Meeting | Windermere Realty | 6:30 PM | Bill Boyd |

MHSP Council

2003-2004 Executive Council

President: Bill Boyd
Vice President: Lisa Hargrave
Patrol Chief: Don Gardner
Associate Director: Eric Einspruch
First Aid Chief: Jim Trett
Secretary: Corinna Kupelwieser
Treasurer: Jeffery Weitz
Trustee: John Malowney, Daniel Dean,
Mike Peterson

APC Mt Hood Meadows: Rod Legg, Debbie Norvell
APC Ski Bowl: Ulla Brunette, Daniel Dean
APC Summit: Diane Kindall
APC Timberline: Randy Carrier, Dave Wheeler
APC Records: Jennifer Rector
Training Director: Matt Rea
Apprentice Director - Hill: Al Klascius
Apprentice Director - Associate: Akana Ma
Nordic Director: Jeff Heppler

2003-2004 Committee Chairs

Banquet: Reba Sharp
Clothing: Steve Eversmeyer
Financial Review: Lisa Hargrave
Meeting Programs: Mike Peterson
Member Recruitment: Karl Hoffmeister
Public Relations: Jim Gianotti
Sustainability: Cher Hinerman
Web Page: Dave Castronovo, Ryan Palmer

Area News

News from Ski Bowl

Skiing on fresh, light powder in late November at Ski Bowl? Yes! In contrast to last year's disappointing start to an odd ski season, Mother Nature blessed Ski Bowl and the other Mt. Hood ski areas with a lovely blanket of snow just in time for the Thanksgiving Holiday. As such we thought it appropriate to remind you of some of the basics of patrolling at Ski Bowl. First, those assigned to Ski Bowl on any given day are expected to be at The Palace booted up and ready to go by 8am. Morning meetings conducted by the Hill Captain and Associate Supervisor of the day commence at 8am and are intended to inform you of special activities scheduled that day and remind you of basic practices expected of you at Ski Bowl.

Basic practices include checking equipment at the top of each lift which includes:

- setting up sleds, de-icing them and ensuring they're free of unwanted snow, water, and ice;
- ensuring that expected equipment - backboards with packs, traction splints, etc. - exist in the lift shacks; and
- notifying Rescue Center of equipment present and absent.

Basic practices also include ensuring that:

- expected rope and fence lines as well as warning signs are in place, firmly planted, visible, and free of unwanted snow and ice;
- visible hazards are appropriately marked; and
- the lift ramps and ski runs are ready for the paying public.

For the patroller(s) opening Rescue Center, you're expected to:

- ensure adequate oxygen supply exists;
- check and record the snow depth stake;
- set up sleds, de-icing them and ensuring they're free of unwanted snow, water, and ice;
- ensuring that expected equipment - backboards with packs, traction splints, etc. - exist;
- record equipment status and location of sleds as they're reported by patrollers opening each lift;
- monitor radio frequencies - the patrol's and the area's - and communicate and coordinate patrol activities as and when appropriate; and
- record information, requests, and case status directed to Rescue Center by patrollers.

For associates opening and staffing the First Aid rooms, you're expected to ensure:

- radio and phone communication exists minimally between First Aid rooms, Rescue Center, the Hill Captain, and external agencies - e.g. AMR;
- adequate equipment and supplies exist in each First Aid room; and
- that the First Aid rooms are clean and ready to accept injured patients.

By the end of December you can expect visual aids posted in The Palace citing where and how rope and fence lines are expected to be placed in key locations throughout the ski area. In addition, lift-specific opening and closing instructions will be detailed. Please ensure you familiarize yourself with these basic practices as well as the ski runs of the area. Should you have any questions or suggestions don't hesitate to express them to the Hill Captain of the day or to either of us when our paths cross, figuratively speaking of course! Here's to a great 2003-2004 ski season!

Ulla Brunette & Daniel Dean
Ski Bowl APCs

Mazama Lodge is open to the Mt. Hood Ski Patrol

The Mazama Lodge is open to the Mt. Hood Ski Patrol, offering meals and lodging at the Mazama member rates. Please call the Lodge at 1-503-272-9214 or email at lodge@mazamas.org to reserve meals and/or a bunk.

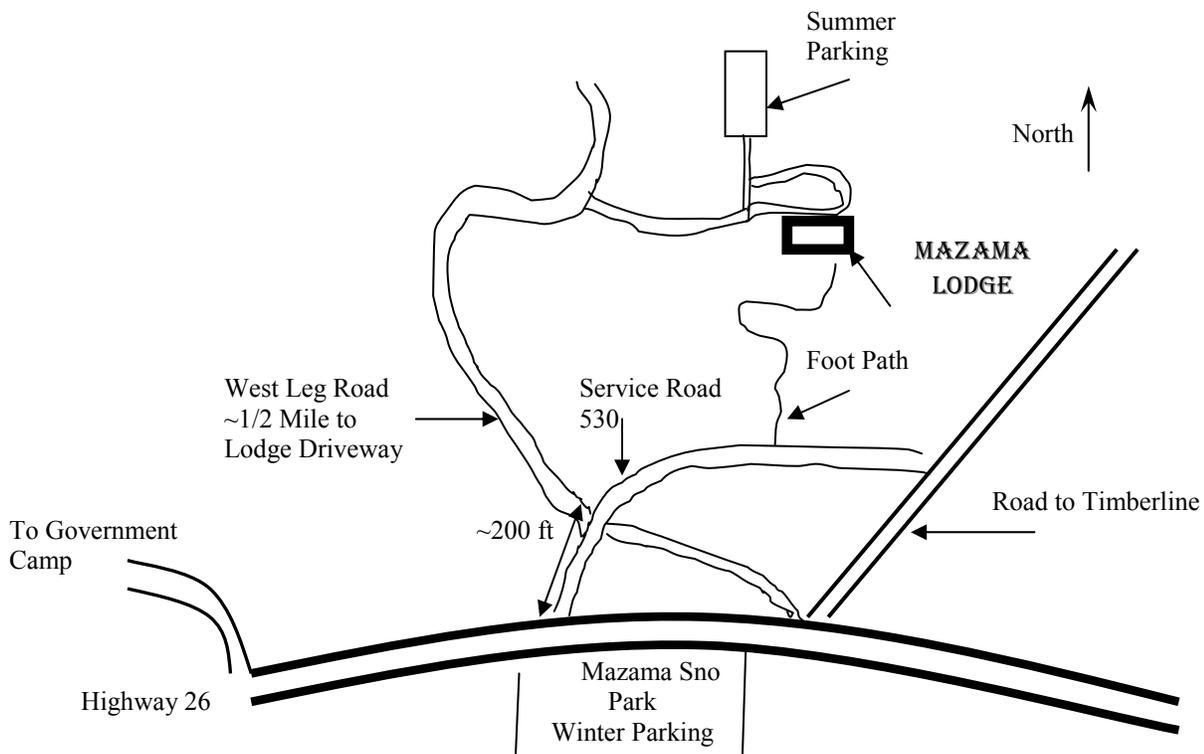
Mazama Lodge is open from noon Thursday through noon Monday, and offers ski locker rentals in addition to indoor unsecured ski storage. There is a drying room for hanging wet clothing in addition to coin operated laundry machines.

Rates for members:

| | |
|-----------|------|
| Bunk | \$15 |
| Breakfast | \$7 |
| Lunch | \$7 |
| Dinner | \$10 |

Meal prices include beverage and dessert!

Directions to Mazama Lodge (*Close but not to scale*)



Things to know when staying at Mazama Lodge:

1. Park at the pullout at the foot path on 530 road to unload and load gear
2. 15 minute limit on parking in pullout (Forest Service Policy)
3. Most people leave their vehicles at the Mazama sno park on Hwy 26
4. Guests need to bring their own sleeping bag, pillow, etc.
5. The bunks are arranged in 3 dormitories (womens, mens, and co-ed). There are 3 private rooms available for an additional charge.
6. Breakfast served about 8, lunch at 12, dinner about 6. A reduced price climbers breakfast is available for guests that need to leave earlier.
7. Complete info on the Lodge is on the Mazamas web: www.mazamas.org

Sno News Is Good News

Bluewood time is coming

We leave on Friday, Jan 30th at 4 PM and arrive back at Portland Feb 1st at 9-10 PM. Cost is \$120 which includes Bus, 2 nights at luxury hotel?, Fri and Sunday night meal. Call Buzz Bowman 503-644-8283 for details. Sign up by giving me a check.

Buzz Bowman

Government Camp Building Usage Rules

Only MHSP members, family members or significant others shall be permitted to use these facilities under the following conditions:

1. Overnight accommodations are on a first-come first-served basis.
2. Specific usage blackout dates will be posted here and in MHSP publications. Example: Tryouts, NSP Senior training, etc.
3. Overnight fees shall be \$5.00 per person. Place fees in provided location. Failure to pay fees at time of stay may result in loss of overnight privileges.
4. Overnight stays shall be limited to 5 consecutive nights.
5. Non-Members must be accompanied by an MHSP member unless previously authorized by the Executive Council.
6. No unsupervised minors.
7. Pets are allowed for day visits only, and limited to ground floor access only.
8. Take proper care of facility and contents, clean up after yourselves. Take YOUR trash with you, leave no foods when you check out.
9. Unauthorized usage is subject to trespassing prosecution.
10. Don't take key on pub crawls, Escort it back to Mt. Hood Inn when you leave the building. It may be needed in an emergency.

Bill Boyd

GOLF GOLF GOLF GOLF GOLF GOLF

The John Keyes Memorial Golf Benefit Committee would like to thank **ALL** of you who helped us towards our most successful event ever!

The 8th Annual John Keyes Memorial Golf Benefit will be held Sunday, September 12, 2004 and we are gearing up for it. Right now, most corporations are working on their budgets for 2004 and we want to be first in line for contributions.

This is where YOU come in:

- **Talk to your employer** about putting together a team or a \$250 contribution for a tee sign (gets their name on a tee on the course).
- For those of you working for larger entities, **email or phone us a contact name and phone number.** We will be getting in touch with corporations during the next month to develop our large contributor base.
- **Look at other people you know for potential contacts or donors** - neighbors, friends, relatives, your child's playgroup, your mother's bridge club. Be creative!

Jerry Knowlton - jerry@jhkinc.com
Mark Larson - larsonm@trimet.org
Pat Stevens - pat@sdeltd.com

One last thing, we were recently in touch with the Keyes Family. They send you their Holiday wishes and many thanks to the greatest group of people they have had the privilege to know.

Happy Holidays!
The Golf Committee

The SnoJob is a monthly publication of the Mt. Hood Ski Patrol, Inc (a non-profit corporation). All articles are the property of the publisher and can not be reprinted without the expressed written permission of the Secretary of the Mt. Hood Ski Patrol. Articles do not necessarily represent the views of the Elective Council. For further information, contact Mt. Hood Ski Patrol, Attn: Secretary, PO Box 4384, Portland, Oregon 97208

Sno News Is Good News

Bergfreunde Ski Club General Meeting is Jan 7

Please come to the Bergfreunde Ski Club January General meeting at Shenanigans to see the Mt Hood Ski Patrol presentation on Snow Safety. Jim Gianotti and his team of Ambassador Patrollers will set up the booth after 4PM and the doors open at 6:30 PM for happy hour and booth activity. The general meeting starts at 8PM during which MHSP will present Mac's newest slide show on Snow Safety.

Here is a sample of the topics Mac will cover:

1. What are the best ways to prevent accidents and injuries?
2. What can you do for yourself if you do get injured while you wait for help?
3. How do you evaluate snow conditions on the mountain for skier safety?

Begfreunde Ski Club is the largest ski club in the area, so this event is important for public relations, recruiting and fund raising. We sent an article to the ski club newsletter, the Mogul Notes, reminding them we are an all volunteer organization and maintain an inventory of \$75,000 in equipment, spend \$9-12,000 a year on first aid supplies, and have annual operating expenses of \$50,000 a year.

Jim will also bring (Black) Diamond, the Wonder Dog, who will be there to give paw-tographs! Diamond is always a big hit at our events.

Cheryl Hinerman

Think
More
Snow

MHSP E-mail List-Server instructions

E-Mail List-Server: If you are not subscribed to the MHSP List-server, send an e-mail to MHSP-members@comcast.net with the single word **SUBSCRIBE** in the subject line. You will be subscribed and will get a welcome message in reply.

PLEASE, DO NOT ASK ME TO ADD YOU TO THE LIST, unless you have tried to subscribe with the instructions above, and have been unsuccessful.

After you are subscribed, send a message with the single word **HELP** in the Subject and you will receive a list of commands to use with the list. If you want to get off the list, send an e-mail with the words **UNSUBSCRIBE** in the subject line. (**Note: for those that have more than one e-mail address, you have to do this from the same e-mail address that you subscribed with**)

When you reply to a message on the list, use **Reply** (from your toolbar) to respond to only the sender. Use **Reply All** (from your toolbar) to post to the entire list.

Joel Stevens

Merry Christmas



Happy New Year

Training News

Possible Femur Fracture...Which Splint Do I Use??

We have several choices to pick from but it becomes confusing of when to use as well as how. Something that might help is to think what we want the splint to do as well as why. This will be very helpful when we do our sled updates and FRT training this year since it will all include a femur fracture scenario.

For example, we have splints that *stabilize*...meaning protecting the bones, ligaments, etc from moving about and gives support. While *traction*...means a manual or mechanical force that is opposing the muscles of the upper leg from spasm as well as helping to align the bones of the femur.

There are four splints we may use, the cardboard, Johnson, Hare Traction, and the Sager Traction. We also have the Kendrick that is used by the Nordic Patrol due to its light weight and compact size. From the list above, all the splints *stabilize*, but the Hare, Sager, and Kendrick splints provide *traction* to the femur. So that seems simple enough, but what else do we need to know? Let's review the NSP OEC guidelines using a scenario:

1-You are talking to two skiers who have had an accident. They tell you the story of how they collided with one skier catching his leg and both fell down in a twisting fall. Skier 1 is complaining of left upper leg pain and Skier 2 is only complaining that his ski broke and is stomping around the area very mad due to this run being his first of the day.....you see where we are going with this, huh?

2-So now we know the *mechanism of injury* and where the pain is. While you are adjusting your gloves (for BSI - not skiing) you should already be thinking you might have a suspected femur fracture. Remember, we do not diagnose fractures but are thinking of potential injuries. Xrays are needed to diagnose fractures which is determined by the higher level of care that ultimately will be taking care of the patient. This is done at the hospital after being transported by ground or air ambulance.

3-Assess the leg using DCAP-BTLS.

4-You called for help, the sled and the traction splint. So when do we start the *stabilization and traction*? After your rapid secondary survey, stabilization begins for protection of the leg. Manual traction, once started, requires commitment until replaced by a mechanical traction splint or another patroller. Manual traction is applied by placing both hands on the leg and applying a steady traction force distally- toward the direction of the foot. The leg is to be aligned along the longitudinal axis prior to traction or poten-

tial realignment if there is no palpable pulse. Always check the pulse before and after the splinting process. An alternative for optimal body mechanics and not to tire your arms and upper body too quickly, position yourself next to the leg but facing the patients foot to apply the traction.

5-But what about the backboard?? Good question. It can definitely help in moving the patient around with the least amount of movement to the patient's leg. If the mechanism of injury doesn't merit placing the patient in full spinal immobilization, we can use the pad from the sled as comfort for the patient on the backboard. If they are to be transported by ground ambulance to the hospital, remember, it may be several hours before they are taken off the backboard in this situation, hence a long bumpy ride. Make sure the straps are secure along with the patient being padded, so they don't slide around on the backboard.

6-The Boot, take it off or leave it on?? Ultimately, this gives us the best way to check for a pulse as well as securing the foot end of the traction splint. But it does require additional help and weather, while an important factor, is something we want to be thinking about, but not be dictated by it. The pulse is a very important factor to know and to monitor. Remember, the least amount of manipulation is best. If the boot wasn't taken off initially, it has to be done by someone in the FAR or the paramedic.

7-There is an open wound to the femur injury and possible bone protruding, now what?? Make sure the wound is covered with a dressing and continue. The patient has more potential for further injuries involving muscle, blood vessels, soft tissue, muscle spasms and ultimately not being stabilized if we don't apply the traction splint. It is important to relay the open wound finding to the paramedics who will advise the Emergency Department. The doctor can then give antibiotics for possible wound infection as well as ensure wound irrigation in surgery.

8-Last but not least, when do we NOT use the traction splint?? If we suspect the patient has injuries involving: Hip, pelvis, partial amputation to the leg, knee or close to the knee injuries, as well as lower leg or ankle injuries.

The new OEC book, 4th Ed, offers excellent pictures and guides for the use of the traction splint. Please review it. Utilize your FAR Supervisor and Hill Captain to give you a chance to practice the traction splints. Be assured you are not alone on the need to practice, practice, and more practice. Your patient will thank-you in the long run.

Training News

Hill Patroller Sled Updates and Associate Patroller First Responder Updates:

Many patrollers on MHSP will go a year or more without being involved in a serious first aid case. Likewise, many of us will go a long time without running a sled loaded with a patient. We all realize that just attending a single OEC refresher each year is not enough to keep our skills sharp. Because of these concerns, there has been a lot of discussion amongst the patrol this year about ways in which we can improve the quality of our mid-season training. As a result, we are going to try something new. Sled updates this year will be done as a separate training day. Hill Patrollers will dispatch for the training day, which will be considered a Green Sheet day, but will not be expected to perform regular patrol duties. Instead, they will participate in small groups of 3 to 6 patrollers working with a trainer. The training will occur over a 3 to 4 hour period, dispatchable, green sheet day, and will incorporate a review of sled handling and first responder skills. The first responder skills will include a traction splint and backboard scenario (we recommend that everybody bone up on traction splinting—see the separate SnoJob article by Jodie Jeffers). Whenever possible, these updates will be combined with Associate first responder updates. The focus of the updates is to provide a practical tool for improving skills, building confidence, developing teamwork, and answering questions in a non-threatening and FUN environment.

The sled update/First responder training will begin during the second module and will continue into the third module at the dates and locations shown below. Please pre-dispatch for one training date during that period. We would appreciate as many of you as possible pre-dispatching during the winter module so we don't get hammered during the Spring module. For the second and third modules, certain dates will be designated for providing sled updates and hill patrollers will have the opportunity to pre-dispatch for one of those dates. Pre-dispatching for the updates ensures there is an adequate ratio of evaluators to patrollers for the day. The pre-dispatch form will have the dates marked with "*" double asterisks. Those dates are also listed below. All you need to do is enter the letter "U" on the pre-dispatch form for the date you wish to do your update. If you are a sled evaluator, enter the letter "E" for the date(s) you wish to do the evaluating. This training is mandatory for all hill patrollers except apprentice coaches, sled evaluators who attend the clinic on December 20/21 and Senior candidates who are participating in senior training this year.

Whenever possible, these updates will be combined with Associate first responder updates. [

Associates: If you completed your first responder update during the first module, congratulations! For those of you still needing the update, please follow the same procedure – enter a "U" in one of the designated dates on the pre-dispatch form. Associate First Responder Trainers – enter an "E".

Designated dates (8am start time):

| <u>2nd module:</u> | <u>3rd module:</u> |
|-------------------------------|-------------------------------|
| 1/17 Timberline | 4/10 Ski Bowl |
| 2/7 Ski Bowl | 4/11 Ski Bowl |
| 2/8 Timberline | 5/1 Timberline |
| 2/14 Timberline | 5/2 Timberline |
| 2/15 Ski Bowl | 5/15 Timberline |
| 2/28 Ski Bowl | 5/16 Timberline |
| 2/29 Timberline | 5/22 Timberline |
| 3/6 Timberline | 5/23 Timberline |
| 3/7 Ski Bowl | 6/6 Timberline |

Questions? Hill Patrollers - contact Larry Cahill,
Associate Patrollers - contact Terry Niedermeyer

