



Mt. Hood Ski Patrol

Snojjob



April 2010

ESSENTIAL READING

In a hurry? No time for the Snojjob until later?
Take a moment to check out these must-read articles.

- Elections Information
- How to Vote with an Absentee Ballot
- First Aid Topic of the Month
- Nuts and Bolts Workshops

Save the Date

General Meeting - ELECTIONS

Monday, April 12, 2010.
Clothing Committee opens at 6:30.
Meeting begins at 7:00.
Location: Athey Creek Middle School;
2900 SW Borland Rd; West Linn, OR

Annual Awards Banquet

Saturday, May 8, 2010, 6:00
Location: Timberline Lodge
Watch for invitations at the April Meeting.

President's Message

By John Gastineau, President, HC 1393



It's what we do.

As I write the ski areas are in full swing, with about as much snow as they've yet had all winter. They need as many patrollers as ever, and will continue that need for another month, at least.

But, this is also the season for a new OEC class. What is more central to what we do? This reason alone makes the spring the most exciting time of the MHSP year.

OEC class, starting the first week of April, takes as many patrollers to mount as it takes to run a ski area. In other words, we suddenly are stretched a little thin.

What can you do? Check out the dispatch, and go patrol where you see openings at the ski areas. Let's finish out the main season with fully-staffed, smoothly-running areas. The OEC instruction staff is all set, having been through a consistency calibration. But those folks are busy and are contributing to the patrol in town, so there are needs on the hill.

You can also help as a patient, or by bringing your kids as patients to certain classes. Talk to Jodie about that (tailwaggin1@me.com). Then the final in June takes a small army of patients and helpers.

If OEC is central to patrolling, then a Mass Casualty Incident should really get patrollers excited. It gets your attention when there is one seriously injured patient, but how about 30? 50? See Eric Einspruch's story for more details about this important event.

The last MCI training at Timberline was a real eye-opener for participants. It teaches quick decisions along with confidence. I still remember riding up to a scene of devastation when the patients outnumbered patrollers 10:1. It's a great experience, and I encourage everyone to participate in this multi-agency exercise on April 17 and 24.

In responding to a parent's email recently, in which he thanked patrollers for their excellent care, I said that this is just what we do. It is that simple, but the training makes it all possible. Thanks, patrollers and hosts, for your support of this process.

Elections

By Carol Gleason, Senior Trustee, SS 90365



Elections for the Executive Council will be held at the April meeting. The Executive Council is responsible for the administration and operations of the ski patrol including dues and member service requirements.

This election also marks the first time our mountain host members will elect the mountain host director.

If you care about the patrol be sure to come to the April meeting to vote for the candidates of your choice. Or consider running for council yourself.

Who can vote?

All active members are eligible to vote. Active members are defined as patrollers who have agreed to gold, silver, bronze or tin membership or mountain hosts who have committed to the dues and service requirements for the season. Apprentices are not eligible to vote during the year of their apprenticeship.

Mountain Hosts may only vote for the Mountain Host Director. Patrollers may not vote for the Mountain Host Director.

Requirements to Hold Office

All council offices, except Trustees, are for a term of one year. There is a limit of two consecutive terms in any one office so incumbents may run for re-election only once.

To be eligible to run for office a candidate must have been an active member in good standing for the last three years. An active member means gold, silver, bronze or tin membership for patrollers. For mountain host members it means fulfilling the minimum service obligation each of the last three years.

Patrol Chief must be a qualified hill patroller.

Associate Director must be a qualified associate patroller.

Mountain Host Director must be a qualified mountain host.

Nordic Director must be a qualified Nordic patroller.

All other offices must be a qualified hill or associate patroller.

How to make a Nomination

You may nominate yourself or another member by making a nomination from the floor at the March or April meeting. Or you may contact one of the nominating committee members. Please secure the agreement of your nominee before placing their name in nomination.

The nominating committee members are: Carol Gleason, Matt Hickok, Wendy Stuart, Mike Klein, Darren Olson, Brian Hurst, Bob Perry, and Nancy Keith.

Current Nominees

President: John Gastineau

Vice President: Steve Eversmeyer

Secretary: Eryn Barker, Pam Louie

Treasurer: Jaye Miller

Patrol Chief: Jeffrey Weitz

First Aid Chief: Cleo Howell

Associate Director: James Schuler

Mountain Host Director: Bill Johnson, Jan Silagi

Nordic Director: Matt Hickok

Trustee: Joel Stevens

Proposed Bylaw Amendments

Patroller members will also be voting on the following bylaw amendments.

The first amendment was recommended by the patrol's accountant and tax return preparer as something that should be a part of our bylaws to support our status as a tax exempt organization.

Add the following to Article 6 – Authority to Act and Fiscal Management

“Section 5 – Use of Monies

Patrol monies are to be used in a manner consistent with its status as a tax exempt organization under US Internal Revenue Code Section 501(c)(3).

Monetary contributions to other charities or organizations are not permitted.”

The second amendment is to formally allow council members to participate in council meetings and vote via telephone or video conferencing.

Add the following to Article V Officers and Executive Council, Section 2 Executive Council.

“F. Council members may attend meetings by telecommunications methods such as conference call or video conferencing. The off-site Council member must be able to hear, and be heard by, all other participating council members to be considered present for quorum or voting purposes. ”

How to get an Absentee Ballot

By Carol Gleason, Senior Trustee, SS 90365

It is always best to attend the April meeting to vote. There are candidate speeches to hear, a chance to speak in favor of your candidate, and sometimes there is the excitement of a run-off election.

But if you cannot attend the meeting, you may still vote by absentee ballot.

How to obtain an absentee ballot

1. Request your ballot from Carol Gleason, Senior Trustee:
By email: skinut77us@yahoo.com
By US mail: Carol Gleason, 2310 Lee St SE, Salem, OR 97301
Online: <http://www.mthoodskipatrol.org/wiki/pmwiki.php/Site/AbsenteeBallot>

How to complete your absentee ballot

The system is pretty much the same as Oregon vote-by-mail.

1. Vote your ballot.
2. Place your ballot in a sealed "secrecy" envelope. On the envelope print your name and patrol number, sign the envelope.
3. Place the secrecy envelope inside another envelope for mailing.

How to turn in your absentee ballot

Option 1: Mail your ballot.

Mailed ballots must be received by 5 PM, Friday, April 9th. Mail to one of the following addresses:

MHSP
c/o Carol Gleason
2310 Lee St SE
Salem, OR 97301

MHSP
Elections
PO Box 4384
Portland, OR 97208-4384

Option 2: Hand deliver your ballot.

You or a friend may hand deliver your ballot before the election meeting begins. You must deliver your ballot to Carol Gleason only. Hand delivered ballots must be received by Carol no later than 6:45 PM on Monday, April 12.

Important Notes

- You must print your name, patrol number and sign the envelope for your vote to count.
- Absentee ballots may not be retrieved or changed once they are cast.
- In case of a run-off your absentee ballot will be counted. If your candidate is not in the run-off then the effect is as if your vote is not counted.
- Members voting at the meeting must remain at the meeting to vote in all ballots. If you leave the meeting early then the un-voted ballots will be collected from you. Proxy voting is not permitted. If you cannot stay for the whole meeting then you should submit an absentee ballot before the deadline.

OPERATIONS

Patrol Chief

By Jeffrey Weitz, Patrol Chief, HC 1236



Shout Outs!

Thank you to Justin Zucconi, Matt Rea, Steve Eversmeyer, John Gastineau, Toby Willey, and all the rest of our avalanche training group for putting on such excellent avy updates for the benefit our entire patrol and the skiing/riding public! You guys rock!

Thank you to all the hill and associate apprentices for working so hard and being so accepting of all the varied conditions we have had at the resorts this season you are an amazing group of individuals!

Dispatch

As springtime is upon us please make sure that you sign up for days to reach your commitment level.

Timberline is not requiring that MHSP patrollers do summer days this season. Having said that, summer days are still an option for patrollers to meet their commitment levels. Both Timberline and Skibowl Bike Patrol summer days will count toward your chosen commitment levels.

The Areas

The carpooling to the areas is very much appreciated by the areas so keep up the good work on behalf of our patrol and the areas!

Meadows has provided us with a wonderful opportunity to train at their area this season and this has been a great benefit to our patrol. Don't forget to thank the area management and the Paid patrol the next time you are there.

Skibowl has been very pleased with our commitment and dedication in one of the more difficult snow years they have had in some time. The staff at Skibowl extend a warm and hearty thanks to MHSP patrollers

Training and Clinics

Nuts and Bolts Clinic is fast approaching to be held at Timberline on June 4th-6th The registration is included in this issue so be sure to sign up for the clinics of your choice. By special Patrol Chief directive this clinic will count toward your minimum service days for the season. Come and Learn and have some fun and meet patrollers from throughout the Division.

Let it Snow! SKI CZY

Summit

By Summit APC's, Diane Kindall, AS 90440 and Claudia Pieters, AP 1586



IT SNOWED, IT SNOWED!!!!!!

Summit and Snow Bunny are open and looking for Patrollers who aren't intimidated by being a first responder.

On Saturday March 6th Summit patrollers and two fire fighters from the Sun River Unit responded to a two-car crash with four people injured. Two transported by air, one by AMR. MCI training was

very valuable that day. So... don't forget to sign up for the MCI class on April 17th and the MCI scenario on April 24th.

Make a good day!

APC Records

By Peggy O'Leary, Assistant Patrol Chief of Records

Please include your patrol number and full name when requesting record or dispatch changes.

First Aid

Topic of the Month

By Jodie Jeffers, First Aid Chief, AS 90526



Hello everyone!

This month's topic applies to all!!

1. First aid issues, classes, topics, case follow-up, equipment, etc. -- all these need to be taken to the First Aid Chief first. When these issues go through other people it is common for the resolution to be delayed, for information to be missing, for things to be misunderstood or for the ball to be dropped altogether. This applies for me being the FAC now as well as for the new FAC next season.
2. Please do not take supplies or equipment from the Govy Building to a ski area if it has not been requested on the inventory sheet. We have had problems when a well-intentioned patroller has decided to take supplies or equipment because the area was short of X the last time they were at Y ski area. Unfortunately, that has generally resulted in shortages at the building and no resupply for other ski areas that do need the item.
3. Use the brown cabinet at the Govy Building for restocking your first aid pack.
4. Please, when you are at the Govy Building - and you have a minute, check the Fire Station next door to see if we have equipment there and bring it back to the Govy Building.

5. The associate supervisors are responsible for filling out part II of the green sheets. This involves equipment, interesting questions, etc. However, if there is no supervisor, then someone needs to be assigned by the hill captain to make sure Part II gets done.
6. Check out the equipment. Reacquaint yourself with all the parts, the application and, most important, the “why” of it.
7. Practice, Practice, Practice! This year has been light on cases so we are all in danger of getting rusty! Practice on the mountain and at home. Ask a fellow patroller to help you and do it together!! You would be surprised maybe on how many patrollers will practice with you, but they just didn't want to be the ones to ask!! Call me anytime; I want to help you! Or, I can find someone to help as well. Bottom line, make sure you are practicing the right steps to build that muscle memory. Don't develop bad habits.
8. A copy of the skills guide sheet we give the apprentices will be posted soon on the wiki. Use it as a guide for your own refreshing.
9. You may start to see some unique cravats soon – more on that next month!
10. SPIF!!!

Thank you everyone!!

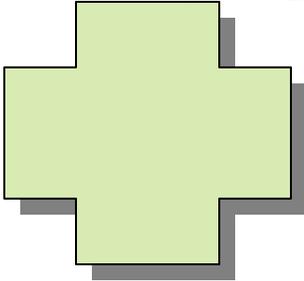


MHSP patrollers, MHSP apprentices and Fire/Rescue staff work together on a mass casualty motor vehicle accident near Summit Ski Area on March 6th. Photo by Charlie Wessinger.

TRAINING

PNWD Annual Nuts and Bolts 3 Day Clinic - 2010

Mt. Hood on June 4-5-6, 2010.



***Talk Shop about Sleds & Techniques**

***Toboggan Enhancement Seminars**

***Skier Enhancement Seminars**

***Snowboard Enhancement Seminars**

***Tele Enhancement Seminars**

***Nuts & Bolts first ever 2 Day - Women's Clinic- Taught by Women**

Pre-Registration is Required for All Enhancement PSIA Seminars

Friday June 4

7:00 AM - 7:45 AM *Event Sign in*

8:00 AM – 2:00 PM *Shop Talk for Experienced Toboggan Instructors*

---OPEN TO CURRENT TOBOGGAN INSTRUCTORS ONLY---

This year we return to a format begun years ago. This "on hill" shop talk session will present attendees with opportunity to participate in a free spirited and wide ranging discussion of the "How to do it" part of toboggan handling. You will have the chance to ply your craft as an instructor by showing your favorite new innovations. You will also have the chance to learn new techniques from some of the best in the business.

Saturday & Sunday June 5 - 6

7:00 AM - 7:45 AM *All Events Sign in*

8:00 AM – 2:00 PM *Skier, Snowboard & Telemark Enhancement Seminars*

Saturday Only. OPEN TO ALL PATROLLERS---On a First Come First Serve Basis- Max **10 students per class.** Prepare yourself for next season on the slopes with a all day **SKILLS TUNE-UP.** Work with some of the best PSIA instructors available anywhere. This session has a cost of **\$25 PER ATTENDEE** to offset instructor expense and is limited to the first 10 persons per session to pay the class fee. Sessions will be held on Saturday only! Sign up!

8:00 PM – 2:00 PM *Toboggan Instruction Tool Kit for the New Instructor*

---OPEN TO NEW AND SOON TO BE TOBOGGAN INSTRUCTORS--- Just getting started as a toboggan instructor? Need a good "STARTER TOOL BOX" from which to build your own lesson plans and exercises? This course is for you!

8:00 AM – 2:00 PM *Toboggan Skill Enhancement Seminar and "The Women's Clinic"*

Learn how to better handle sleds on the hill. Practice your craft as an instructor. Small classes taught by many of the best toboggan instructors from the PNWD. This is a chance to put it all together for both instructors and patrollers alike

SATURDAY EVENING THE MT. HOOD SKI PATROL WILL HOST A GET TOGETHER FOR ALL ATTENDEES. DETAILS AVAILABLE AT SIGN IN. \$10.00 SUGGESTED DONATION

PLEASE LET US KNOW YOU ARE COMING. CHECK OUT THE NEXT PAGE FOR DETAILS!

PLEASE RESPOND WITH YOUR INTENDED AGENDA BY MAY 21ST!

PNWD Annual Nuts and Bolts 3-Day Clinic – 2010 REGISTRATION

Send checks, call, fax, or email to:

Jeffrey Weitz, President
North Rim Partners, Inc.
819 SE Morrison, Suite 110
Portland, Or 97214
503.525.1925 Ofc 503.525.1927 fax 503-358-7555 Cell
e-mail to: jw@northrimpdx.com

Name: _____ NSP # _____

Your Patrol _____

I will attend the following:

- Friday "Shop Talk" session – No Fee

- Saturday- Skier Enhancement Seminar (\$25 course fee)
- Saturday -Snowboard Enhancement Seminar (\$25 course fee)
- Saturday - Telemark Enhancement Seminar (\$25 course fee)
- Saturday - Women's Clinic (No Fee)
- Saturday - Toboggan Enhancement Seminar (No Fee)
- Saturday - "Tool Kit" for Instructors (No Fee)
- Saturday Night Get Together (\$10.00 suggested Donation BYOB)

- Sunday - Toboggan Enhancement Seminar (No Fee)
- Sunday – Women's Clinic (No Fee)
- Sunday / "Tool Kit" for Instructors (No Fee)

Note: There is a \$25 charge for lift tickets for out of area patrollers. Vouchers will be arranged for MHSP patrollers. All enhancement Fees to be paid at the morning registration on the day of the Seminar.

Mass Casualty Incident Exercise

By Eric Einspruch, AS90461

As you know, next month MHSP and Timberline will be training on, and practicing, the Timberline Mass Casualty Incident (MCI) protocol. This is a unique opportunity to study the Incident Command System and the START triage method, and to apply them in a scenario-based exercise. We encourage you to participate in this event -- here are the details:

- This is a two-day event – by signing up you commit to participating both days
- The classroom training date is 4/17 from 9 until 4 at Timberline
- Arrive early as we will start promptly
- Bring your lunch
- Dress is casual; uniform is not required
- You will receive Service Day credit for 4/17
- The scenario date is 4/24 from 9 until about 1:30p
- Arrive on time ready to go on the hill in uniform with skis or snowboard
- Lunch will be provided
- You will receive Patrol Day credit for 4/24
- Space is limited to 20 MHSP members so sign up early
- Register by e-mailing your name and patrol number to Jim Trett (Trett1380@msn.com) no later than April 12
- Once registered, Jim will see that you are added to the MHSP dispatch
- Required reading: OEC (fourth edition) Chapters 28 and 29 (Triage and MCI)
- Highly encouraged reading: FEMA's Introduction to ICS (<http://training.fema.gov/EMIWeb/IS/IS100a.asp>)

We look forward to seeing you at this event. If you have any questions, let us know.

Park Preparation

By Tom Payne, HC1378



Recently, The Oregonian published an article about snowboarding that included a glossary of terms. I thought that it would be fun and useful for us to learn them. They may help us with some degree of insight into the causes or nature of injury with riders who have had an accident. So the next time you talk to a dude you'll be sicknasty.

Jibbing ~ riding a rail or box or other feature not made of snow.

Steezy ~ combines style with ease, means clean and cool.

Buttery ~ snowboard or skis with good flex.

Freshies ~ morning powder that tempts riders out of the park.

Blasted a Doakle ~ big crash visible to lift riders.

Floaty ~ art of not rushing a trick, almost doing it in slow-motion.

Airdog ~ someone who jumps but doesn't do tricks.
Barge ~ put everything possible into performing a trick.
Dank ~ awesome.
Nectar ~ totally awesome.
Sicknasty ~ too cool to even explain.
Chillax ~ chill out and relax.
Bowling pins ~ skiers who stop in a trail where they shouldn't.
Phat ~ large.
SPORE ~ stupid person on rental equipment.
Oscar ~ someone who has good gear, acts cool, but can't ride.
Crew ~ the group you ride with.
Dude ~ anyone whose name you don't know.

OTHER NEWS

In Memoriam – Jeanne Holm, #HP171

Jeanne Holm passed away on February 15, 2010.

Jeanne joined MHSP in 1948 when she was a student at Lewis & Clark College. She joined in the same year as Ross Petrie #157 and Corky Kosko #172.

Jeanne was not just one of the early women hill patrollers. She went on to blaze other trails after joining the US Air Force, becoming the first woman one star general in the USAF and the only woman two star general in any branch of service.

You can read more about her at http://en.wikipedia.org/wiki/Jeanne_M._Holm.

The Snojob Wants Your Articles and Photos

*Lisa Hargrave, Snojob Editor, HC 1053 and
Barb Korsmo, Copy Editor, Alumni AP 90260*



Snojob deadline is the 15th of each month. Send your submissions to snojobeditor@gmail.com.

Articles: send as the body of an email. If you have a long article covering several topics please break it into several articles covering one topic each.

Photos: Send as an attachment in JPG format. Be sure to identify who took the picture, where it is and who is in it.

Why do YOU patrol? Send your essay to snojobeditor@gmail.com.

Calendar

For the most current information and event details check the online calendar at www.mhspdispatch.org right after you log in.

April

- 3 Senior Emergency Medical Management
- 5 Council Meeting
- 6 OEC Class starts (Tuesdays thru June)
- 10 Senior Emergency Medical Management Final
- 11 Senior Ski & Toboggan Final
- 12 General Meeting – ELECTIONS
- 15 Snojob Deadline
- 17 Mass Casualty Incident training at Timberline
- 24 Mass Casualty Incident exercise at Timberline
- 27 Alumni Luncheon, 1PM at East Moreland Golf Club

May

- 3 Council Meeting
- 8 Banquet
- 15 Apprentice Work Party
Snojob Deadline
Mountain Host End of Season Party
- 31 End of Module 4, Summer Module 5 begins 6/1

Don't forget Nuts and Bolts on June 4-6!



MHSP Skier Enhancement Clinic. Photo by Margaret Usher