



Mt. Hood Ski Patrol

Snojob

December 2009



ESSENTIAL READING

In a hurry? No time for the Snojob until later?
Take a moment to check out these must-read articles.

- SPECIAL EVENT: SAM Splint Training at December Meeting
- Patrol Chief's Report
- Dispatch Etiquette
- Mountain Travel and Rescue Course Available

General Meeting

[Don't miss our special training presentation by SAM splint.](#)

- Monday, December 14, 2009.
- Clothing Committee opens at 6:30. Meeting begins at 7:00.
- Location: Athey Creek Middle School; 2900 SW Borland Rd; West Linn, OR

Note: general meeting minutes are now available to active members on the MHSP wiki.

President's Message

By John Gastineau, President, HC 1393



In a past Snojob, I mentioned the importance of training. Let me tell you more about one of those areas—avalanche. Avy is a low-profile corner of our training, but it comes to the forefront every so often when there is an event. Avalanches take place every year, both in bounds and near boundaries of each of the three large areas we serve. MHSP patrollers are both exposed to, and have rescue duties in, avalanche-related incidents.

In addition, many MHSP members are backcountry skiers, depending on their avy skills to play safely. Last spring I wrote about a deadly backcountry avalanche that touched a number of MHSP patrollers.

In short, avy training is a key part of what we do.

The MHSP avalanche program sends someone to the [National Avalanche School](#) every other year so that we collectively stay current. This year it was my turn. (It could be yours in 2011—talk to us.) The school is a week of all-day classroom and workshop events with the experts, followed by another week of field sessions.

The one hundred students were nearly all paid patrollers, with a handful of volunteer patrollers, SAR, and state department of transportation workers. Topics included weather, snow metamorphism, stability analysis and forecasting, rescue technology and

techniques, and as ever, human factors. We're still our own worst enemy. In other words, we studied what you might expect, but in enough detail to satisfy most snow geeks.

Some ideas that struck me were these:

The extended column test (ECT) is going mainstream, taking its place alongside the rutschblock as a primary test. This recently-defined test both locates a weak layer and tests how a failure will propagate. Click [here](#) for details.

Three-antenna beacons were discussed as the only beacons capable of locating the closest point on the snow to a buried beacon. This is a matter of the physics of the process, but only recently have these beacons been widely available.

Several years ago, the [Avalung](#) was considered esoteric, but now it seems that most avalanche professionals are wearing them. I'm not sure I'm ready to join them at this time, but we'll see.

Avalanche safety is an important MHSP training area you can get involved in—consider this, or another area of instruction in the patrol. There's nothing quite like instructing to help you really master the material. And this, of course, makes patrolling more fun.

SPIF!

First Aid

Special SAM Medical Training at December Meeting!!

By Jodie Jeffers, First Aid Chief, AS 90526

~ SAM MEDICAL - SAM SPLINT - SAM SLING ~



December 14th, 7pm MHSP's Monthly Meeting

[SAM Medical Products](#) will be giving all attending a great training opportunity on the SAM Splint, SAM Sling and their clotting agent – [Celox](#)! Many thanks to Rick and Mary Jane Williams for setting up this opportunity!

Important to know: the December 14th MHSP Monthly Meeting, **for ONLY those attending**, you will leave with your own training aids that you practiced on after the training in-service. They are sending all the way from Colorado, two trainers to do this presentation, and hands on training – just for us! Let's have a great turnout for them by attending the 12/14 Monday meeting and showing them a great MHSP Welcome!

Important – we need to get an number on how many plan to attend so they can ensure enough product is here.

Make sure you *email me a quick one liner that you are coming to the meeting by 12/07.*

Again, only those attending will be receiving their free SAM Splint for attending the training, so mark the date on your calendar – Monday, December 14th, 7pm Athey Creek Middle School and email your RSVP!

We had the inventor, Dr. Sam Scheinberg, and his wife, Cherrie, attend November's meeting and announce the great news. Both were great to work with and shared some of their enormous experience with us. SAM Medical is celebrating its 25th anniversary this year!

Again, thank Rick and Mary Jane Williams for this great training and opportunity for MHSP! See you on the 14th. **Spread the word and make sure you email me that you're attending.** We hope to be able to tell them that we will be having a large number of attendees!

Email me your coming by December 7th so I can count you in for this wonderful training opportunity!!

Jodie Jeffers, tailwaggin1@mac.com

First Aid Topic of the Month: Patient Assessment

By Jodie Jeffers, First Aid Chief, AS 90526

As promised, this will begin the Topic of the Month through April. Topics will be introduced in the Snogjob and then followed up that month with a BRIEF (5 minutes or less) review at the morning meetings. Who knows, you may win a prize? Suggestions for future topics are always welcome.

December Topic of the Month- Assessments

This is the center core of what we do. If we skip, go too fast, or don't ask, then we could miss an important sign or symptom that could cause further damage or death. This patient could be your friend or family. Do I have your attention yet?

Remember, Scene Size Up and Initial Assessment comes first.

Protect yourself and others because you are no help if you become injured or have 3 new patients due to an uncontrolled scene. *Hint: Carry extra gloves in a Ziploc in your pocket. Roll the two gloves like your mom used to do with your socks – fingers rolled toward the wrist, and fold one flap back. Then you know you have a pair instead of a single glove!*

- Do you have enough resources for the number of patients?
- Medical or Trauma or Both?

- Responsive or Unresponsive?
- Rapid Body Survey or Focused Survey (or both due to SAMPLE responses)?

SAMPLE is your friend!!

- S** Symptoms,
- A** Allergies,
- M** Medications,
- P** Past Medical History,
- L** Last Meal,
- E** Events leading up to illness/injury

Survey

Perform a quick, but systematic, exam. Go to skin for injury and complaint findings. Do a thorough, head to toe exam. Make sure your hands cover the area in a firm manner. Don't be too light or too hard.

Again, a systematic approach. Practice the same way and you will develop and refine that muscle memory so you don't forget anything in the heat of the moment!

- Trauma with significant MOI or unresponsive patient = rapid body survey
- Medical or minor MOI = focused survey that may lead to a rapid body survey depending on the results of your exam or SAMPLE.

Remember that an unresponsive patient can be medical and/or trauma related. NEVER ASSUME!

Vital Signs

Vital Signs, Vital Signs, Vital Signs- Don't forget them.

- Frequent vital signs show a trend – maybe shock, maybe worsening of symptoms, etc.
- Pulse, respirations, skin color & appearance
- Level of consciousness

Assessment Goal

Your goal is to perform a thorough and systematic exam that includes SAMPLE and vital signs in 90-120 seconds.

After the Assessment

- Call for equipment after you have enough information to be sure you won't have to call back because you missed something. The patroller bringing your first request might be the only one available and the second request will be too late.
- Backboard / oxygen / sager / ambulance – be thinking about them.
- What's your ETA to the FA room?
- RED FLAG (collision or area equipment involved)? Call the designated paid patroller.

Hope this has helped. Email me questions, suggestions! tailwaggin1@mac.com.



Here is a handy cheat-sheet for you to cut out and laminate. It is adapted from one used at Mt. Bachelor. Some Senior EMM candidates have found it very helpful and keep it in their radio pack or even strapped to their forearm with elastic or Velcro.

**** SCENE SAFETY, BSI ****
? TRIAGE, # OF PATIENTS ?
All PTs - LOR, Breathing Y/N?

MOI - RAPID Body Survey,
Confirm Chief Complaint, Expose,
CMS
PULSE / RESPIRATIONS - INITIAL

NOI - FOCUSED Body Survey
Confirm Chief Complaint, CMS
PULSE / RESPIRATIONS - INITIAL

AGES (MINOR?), MALE/ FEMALE

SPECIAL EQUIPMENT?
AREA MANAGEMENT?
MAKE CALL WITHIN 2-3 MIN
(AMBULANCE/ HELP?)

- SYMP TOMS
- ALLERGIES
- MEDICATIONS
- PAST MEDICAL HISTORY
- LAST MEAL
- EVENTS LEADING UP TO INCIDENT

REASSESS! FREQ VITALS! CLEANUP!

FAC - "Let's Get Busy"

By Jodie Jeffers, First Aid Chief, AS 90526



Now some of us may have been thinking prior to last week that "Oh, I have time to get things ready, I'll do it around Thanksgiving, they never open before that..." - SURPRISE! Kudos to those doing the snow dance, awesome work! SO LETS GET BUSY!!

Brain- The OEC Refresher should have brushed some of the cobwebs away, let's get busy fine tuning some of the areas you found yourself not as sharp on, or areas where you went, "huh"?. Ask your associate supervisor for a quick dry-run on equipment, etc. while you're up there.

Pull in a friend for review. Check the OEC book, flip-book, etc. for review.

Pack- Did you stock it up at the refresher? If you didn't, let's get busy by ensuring you stock up only from the Govy Building. Alert the associate supervisor if stock is not present in the brown cabinet at the Govy Building. If an associate supervisor is not assigned that day, then inform the hill captain.

Auto- Many a case is handled on the way up and down off the mountain. Are you ready? Let's get busy by making sure you are protected and ready. Instead of tossing all in the back of the vehicle, make sure you have close to you and ready to use:

- Cell phone; radio (if you have one, monitor that 10 miles or so from Govy in any direction)
- BSI- gloves, goggles, towel, hand-wipes
- Reflective safety vest, headlamp, patrol jacket, flares, blanket
- First aid pack

Also be sure it is all ready to go back down the mountain as well instead of buried under your wet clothes!

Other items?: Snopark permit, windshield wipers and solution, antifreeze checked for winter, chains, tarp, etc.

OEC Textbooks "ON LOAN" Program

By Jodie Jeffers, First Aid Chief, AS 90526

The upcoming OEC Class will be in need of some OEC 4th edition textbooks for loan. NSP has assured us that come Fall 2010, the 5th edition will be out. Unfortunately for the next group of apprentices, it means if they buy a book, it will out of date within a few months.

So anyone wanting to loan their 4th edition book, please contact me.

Please do not leave your book at the Govy building, but instead give it to me at one of the next few monthly meetings? Or call/email me so we can figure out an exchange.

Ensure your name is all over it so you get it back.

Thank you for helping.

Administrivia

Paid Your Dues?

Dues in the amount of \$120 are payable by December 1st. Any dues paid after that are subject to a \$20 late charge from National Ski Patrol. Contact Treasurer Jaye Miller to make arrangements.

List Server Instructions

By Joel Stevens, List Server Manager, HC 736



As you probably know we have several list server lists for MHSP. For smaller groups we use Google Groups, but for the larger groups such as Patrollers, Mountain Hosts, Alumni, Meadows and Nordic, we use a list server hosted by Gorge.net.

The list server is the primary way we communicate with each other between Snojobs. A lot of important information goes out on the Members and Mountain Hosts lists. Remember that these are not closed lists, area management as well as past patrollers are likely to read what you post. If you really hate email you can opt out of our main list servers, but I would really prefer that you don't choose to do that.

- The address for the main list is members@list.mthoodskipatrol.org
- For mountain hosts it is mountainhosts@list.mthoodskipatrol.org
- For alumni it is alumni@list.mthoodskipatrol.org
- For hill captains and supervisors it is hillcaps@list.mthoodskipatrol.org
- For Nordics it is nordic@list.mthoodskipatrol.org
- For Meadows patrollers it is meadows@list.mthoodskipatrol.org

Note that Members is primarily for patrollers and Mountain Hosts is primarily for hosts, although many people are on both lists.

You can join any of these lists except the HillCaps which is controlled by the moderator. If you want to be a member of the HillCaps list, send a request to Joel@SDELtd.com

If you are member of a list, you can also post to it.

There is one more list server patrollers@list.mthoodskipatrol.org. This is a controlled list, only certain administrators can post to it. Only active MHSP hill and associate patrollers are on this list. Joining it is automatic, based on the email address you have in the online roster in December. This group is used for important, official communications so please add it to your address book so messages don't get treated as spam.

Joining a List

To Join any of the other lists: (except Hillcaps)

- Start your email program
- Be sure you are in plain text, (HTML turned off)
- Send an email from the email address where you want to receive list emails, to: members-request@list.mthoodskipatrol.org with the single word "subscribe" in the body of the e-mail.
- You should receive a confirmation back from the list server telling you that you are subscribed. If it doesn't work, send me an email and I will add you manually.
- For the other lists, substitute the appropriate list name for "members".
i.e. nordic-request@list.mthoodskipatrol.org

Quitting a List

To leave a list, follow the same procedure except put the word "unsubscribe" in the body. Be sure you are sending from the same email address that you are subscribed with.

I would really appreciate it, if when you change email addresses, you unsubscribe the old one, so that I don't get bounced email messages.

After you are subscribed: A little etiquette

- To send an email to the members, send to members@list.mthoodskipatrol.org. You may use HTML.
- To reply only to the sender, use Reply!
- To reply to everyone on the list, use Reply All! Please do not use Reply All unless you really need to let everyone on the list know. The other lists work the same way.

- Please sign your emails, not everyone knows who you are by your email address.
- Do not post classified ads or jokes on the list server. Some people consider them spam.

Address Maintenance

To send an email to the list, you must be sending from an address you subscribed from. If you have several email addresses you may want to subscribe from more than one, but be aware that you will get a copy of every email at each of your subscribed addresses.

If your email address becomes inactive, or if your (or your employer's) filters block email from our list server, I get one or more bounce messages. After I have gotten a few of these on different messages, I will remove your address from the list server. If aren't getting patrol messages you either aren't on the list, or your filters aren't letting them through. If you used to be on the list, you probably have been removed because of bounced emails.

Remember you need to keep your email address in the roster current as well. Not only is it the way our members can find you, the dispatch program can send emails to selected groups, such as the patrollers who are dispatched for a particular day, or weekend. These only work if the email address in the roster is correct.

OPERATIONS

Patrol Chief

By Jeffrey Weitz, Patrol Chief, HC 1236



Shout Out!

A super, "Thank you", to all who have stepped up to cover our areas' early season opening assignments and all the extra efforts to get the areas stocked and dialed-in. All areas are open and in full operation with the exception of some the outer terrain which still needs a bit more snow to fully open. You should all be proud of an amazing team effort, and on behalf of the resorts, and myself, a heartfelt thanks goes out to the greatest patrol in the USA!

Dispatch

The dispatch is really looking great and filling up rapidly. Sign up early to be sure you can get the days you want. If you are finding that there are no more spots available on the days you would like to patrol, be patient as people's calendars will surely change over the course of the season and there will be ample opportunities to fill in or be a substitute. Be sure to check the weekly dispatch to see where substitutions are being requested. Also, please be sure to un-dispatch/withdraw as soon as you know you will not be able to make a date to give other patrollers the opportunity to sign up for that spot.

Substitutes: If you find you can't patrol within 7 days of your scheduled day you cannot withdraw online, you must request a substitute. It is your responsibility to actually find a sub and notify the hill captain or associate supervisor of your sub's name. Just posting a sub request on the dispatch site might not be enough. It is

generally a good idea to make some phone calls to make sure someone takes that slot. You don't want to leave your fellow patrollers short staffed.

Trainer Spots: Some dispatch slots are labeled "TR". These slots are reserved for coaches and trainers only. You must be a registered coach or trainer to use these slots. If you are interested in coaching or being a trainer please contact Toby Wiley for hill coaching or James Schuler for associate training. If you are not either of these types of trainers and have dispatched under these slots you must withdraw from the training slots to make room for the folks who are providing that training this season. Thank you for your continued cooperation.

Training and Clinics

We would like to schedule some Skier and Snowboard Enhancement Clinics for MHSP patrollers this season. Please send me an email if you are interested in taking one of these clinics and I will put them in motion.

For you ladies, we will be having a special women's Toboggan Enhancement Clinic on January 17th at Skibowl and I will be sending out a flyer soon for pre-registration. There is no cost to MHSP patrollers in good standing for these clinics. Contact me directly if you have questions about specific clinics, times, skills or locations.

Senior S & T Training will be starting in January for those who are interested. Please email me soon to let me know if you would like to participate. It is a great program and we will be traveling throughout the region for some awesome days of training with patrollers at other ski areas.

Make-up Chair Evac Practice will be held at Summit on December 5th at 4:00pm. If you were not able to attend any of the other evacs, please dispatch for this one since it is the final one we will offer this season. All patrollers are required to do a chair evac practice every season.

Benefits

We have been able to meet with both Mt. Hood Meadows and Skibowl so far and the benefit packages for those 2 resorts will be posted on the wiki. We will be meeting with Timberline in the next few weeks and finalizing things with them as well.

The areas are very excited and appreciative of our continued contributions in providing professional-level patrollers, training and equipment to the areas we serve.

Again, if you are planning to travel to other areas to ski/board this season don't forget to request a letter from me to take with you for specific out of area benefits afforded to all NSP/Mt Hood Ski Patrollers in good standing that many of the areas are willing to extend to our patrol.

Clothing and Equipment

If you have questions about equipment or clothing deals, feel free to contact Andrew Degner who is in charge of that part of our patrol.

Many of the ski shops offer pro deals on equipment as well, and we have access through various patrollers to other pro deal brands. Andrew is the man-in-the-know, so give him a shout if you are in need.

If you need any avalanche equipment or supplies, contact Justin Zucconi.

If you would like to purchase your own radio please contact John Gastineau.

Many hands make light work for all! And good communication makes us a stronger patrol!

Dispatch Etiquette

Thanks to everyone who has pre-dispatched. There have been a few bumps working out the kinks of the new staffing levels and Patrol Day credit. Everyone involved appreciates your patience while we work out a system that is fair, easy and puts our patrollers where they are needed, when they are needed.

Helpful Hints

Here are a few hints for making the system work for the benefit of everyone.

Trainer Slots. Unless you are specifically assigned as a trainer for a given day, you should not dispatch as a trainer on that day. The TR category is not intended as a overflow area when the dispatch is full. If you would like to patrol on that day and the dispatch is full, with the hill captain or associate supervisor's permission, you may "walk-on", and will receive service credit for the day which means it does not count toward your minimum patrol days.

Share the wealth. Please share the dispatch. Remember, only pre-dispatched days count for "patrol" credit to meet your minimum requirement. So everyone needs an opportunity to get on the dispatch.

If you have dispatched for every Saturday and Sunday of the peak season you are not sharing. You might consider being a "walk-on" for some of those days and let other patrollers earn the "patrol" credit. (We are looking at potential modifications to dispatch to smooth out this issue. But for now, give someone else a chance to dispatch if you will have significantly more days than your minimum commitment.

If you have signed up for more days than you really intend to patrol (with the intention of withdrawing from those that don't work out with your schedule) you are making it hard on your fellow patrollers who can't get on dispatch.

If there is a problem

Call Peggy O'Leary for issues using the system. Call Jeffrey Weitz if the problem is your life schedule or the ski area staffing levels.

Timberline Notes

By Mark Diamond, Co-APC Timberline, HC 1464

Timberline meal cards effectively give a 50% discount on food purchased at the Black Iron Grill, also known as the cafeteria in the day lodge. **The card can only be used by working patrollers, not friends or family or patrollers that are not on duty.**

To get a card: Go to the cashier window in the hotel (next to the gift shop). Take some patrol identification such as your jacket or patrol card. The cashier will put whatever amount you want on your card, but only charge you half of that (ask for \$20 but pay only \$10), thereby resulting in your food discount.

If you have a grey meal card from last year it must be replaced with a new white one. You can do the exchange at the cashier window in the hotel where you got the card. Any balance you have will be transferred to the new card.

Whether doing an exchange or getting a new card, please plan ahead and make the exchange before trying to buy lunch. Morning is the best time to catch the cashier in her office.

TRAINING

MTR: Mountain Travel and Rescue Class

By Joel Stevens, MTR Coordinator, SHC 736



We plan to hold an MTR (Mountain Travel and Rescue) class again this year. This class focuses on mountain travel in snow conditions, and includes sections on navigation, route selection, winter survival, and search and rescue. It is required for all Nordic patrollers and anyone participating in SAR events. It is recommended for all patrollers and is one of the electives for the Senior Patroller certification.

The class has 5 week night classes starting in early March, 1 all-day Saturday class, and 1 weekend overnight in April. It starts in March and ends mid April. Sign up on the Dispatch, and/or send me an email at Joel@SDELtd.com if you are interested or have questions. Holding the MTR Class depends on having at least 6 participants.

The focus of the class is tools for alpine survival and navigation. We cover:

- Alpine clothing (Fairly minimal, since we assume our patrollers are pretty well informed.)
- Alpine camping including sleeping, shelter and cooking.
- Alpine travel tools including snow shoes, and skis
- Knots and rope work
- Map reading and navigation with map, compass, altimeter and GPS
- Route finding
- Search and rescue procedures and protocols.

We spend a lot of time on maps and navigation, since that has been the most difficult topic for most students. We spend the better part of a couple class room sessions on it, as well as a Saturday field session.

If you don't already have one, you should plan on purchasing a Silva Ranger or equivalent liquid filled compass, which has declination adjustment, and a sighting mirror. A decent LED headlamp is pretty much required, as is a good aluminum pack shovel. You will need to have a sleeping bag, pad and pack for the overnight, but you can rent them if you don't own them. The NSP MTR manual is the required text for the course. We will have them available for people who sign up early enough for us to place an order with NSP.

We want everyone to build a snow shelter at least one time. Returning students and instructors often use tents or combinations. We also want everyone to try snow shoes at least once, either on the Saturday field day, or on the overnight.

This is pretty much an entry level class. If you are new to snow camping, this is the class for you. If you have extensive alpine camping experience, it might not be the

most challenging thing you have done, but you need the SAR Procedures and Protocols training that we cover and the class could benefit from your experience.

If you have questions send them to Joel@sdeltd.com.



Eric Poole contemplates a snow cave well dug. Photo by Joel Stevens.

OTHER NEWS

Safety Week

By Pamela Louie, Secretary, AS 1491



What do Skibowl, Summit, Timberline and Meadows have in common on January 16, 17 and 18, 2010?

Answer: National Safety Awareness Week (a.k.a. Safety Week.) This year, MHSP is committed to supporting the local ski areas in their promotion of slope safety for skiers, riders and snow enthusiasts!

Mt. Hood Skibowl responded immediately to this offer of support from MHSP. Tents will be erected on both east and west sides, hot dogs will be given away and a raffle is planned to give away ski gear. Help Emily Quick decide whether the hot dogs will be given to those who *Know the Code*, are dressed appropriately for the weather or maybe because they are wisely enrolled in a ski class. If a guest shadows a patroller, should he/she receive a hot dog or a raffle ticket? Tell Emily what you think!

And while you're at it, thank Brett Wesson, Patrol Director, for his enthusiasm, ideas and endless energy on getting Safety Week off the ground at Skibowl!

Mt. Hood Meadows is already a staunch supporter of Safety Week. Once again they will supply MHSP with a booth to promote slope safety and recruitment. In the past, patrollers have walked the lift lines handing out fresh baked cookies to skiers and riders who *Knew the Code*. Ski along with Kat Moore, if you can keep up. Let her know if you are available to take kids for an informative run or give them a tour of the patrol building. Teenagers are our future volunteer and paid patrollers (think Young Adult Patroller program) and maybe some of them would like to take a run with you. Talk to Kat about your ideas and how to keep Meadows guests energized about safety on the slopes!

What will Safety Week look like at Summit and Timberline? Hot cocoa give a ways? An avalanche beacon demonstration? A ski lesson for someone who may benefit from a tip or two? A photo opportunity with Bruno? Free binding inspections? Diane Kindall (Summit) and Rick and MaryJean Williams (Timberline) are initiating conversations with respective ski area managers. Stay tuned for an update next month; or, if you can't wait, offer your assistance and be in on the planning from the ground level up!

Ski patrol is all about safety – and fun! Would you like to help, but don't know where to begin or what to do? Would you like to do just a little bit? Then, talk to Pam Louie.

So, be bold! Don't hesitate or you may miss out on something grand! Or something fun! Join Emily, Kat, Diane, Rick and MaryJean and Pam for Safety Week on Mt. Hood!

Annual Bluewood Trip

By Larry Cahill, HC 1111

The snow is falling on the Blue Mountains and plans are being formed for another great weekend of fun and skiing at Bluewood, www.bluewood.com. For those who aren't familiar with Bluewood, this is a bus trip to Bluewood Ski Area near Dayton, WA. It is owned and operated by former MHSP President Stan Goodell and his wife, Nancy. They are great hosts and enjoy having us come over for a visit.

Here are a few details:

- Dates: Leave Portland Friday, 2/19/2010, 4pm. Return Sunday, 2/21/2010 around 9pm
- Cost: \$185.00 (approximate, may go up or down depending on final numbers).
- Includes: Bus and driver's gratuity, 2 nights in the local motel (double occupancy), 7 course meal Friday evening (6-pack and a taco), Saturday night dinner, Sunday box lunch, and assorted beverages on the bus.
- Lifts: Complimentary for patrollers (must show patrol ID)

So how do you get in on this fun? Sending me an email is a start, but a check for \$185.00 reserves a seat for you on the bus. Checks won't be cashed until we know for sure that the trip is on. The drop dead date to determine a go/no go for the trip is Friday, December 18 so be sure to get your check to me before then. The trip is open to patrollers and non-patrollers – any adult who likes to have fun. So, even if you can't make it, talk with your skiing/riding friends about going.

Larry Cahill, lokisea@comcast.net

Usage Rules for MHSP Government Camp Building

By John Roshell, Building Caretaker, P 1473

Your Govy Building caretakers are John Roshell and Bonnie Lynch. We will be on the mountain most weekends, but if we are not there and you have a question or problem, email or call us: john.freeheel@gmail.com, hi2bonnie@yahoo.com, 503-980-1060.

Only MHSP members, family members, or significant others are permitted to use this building, and only under the following conditions:

1. Overnight accommodations are on a first-come, first-served basis, although working patrollers the following day have priority over all others, and members have priority over non-members. The back room is not a private room, and can sleep 6-8 if needed. This building DOES fill to capacity on many weekends.
2. Occasionally blackout dates will apply, but these will be publicized in advance.
3. Fees are \$10 per person, per night. Sign in using the register at the front desk, recording your name, date stayed, and patrol number. Use the mailbox on the second floor to pay your fees. Put cash or check in an envelope, and write your name, date and patrol number on the envelope.
4. Overnight stays are limited to five consecutive nights.
5. Non-members must be accompanied by MHSP members unless authorized by MHSP Council.
6. No unsupervised minors are allowed at any time.
7. Well-behaved dogs are welcome. All pets should be kept off of furniture, including futon in back room. If your pet stays overnight, it must sleep in a place that will not cause a safety hazard.
8. Clean up after yourself. There is no trash pickup; if you see trash, take it home and put it in your own bin. Leave no food or personal belongings when you check out. Wash and put away any dishes used, and clean off the counters, empty and clean coffeemaker, etc.
9. Unauthorized use is subject to trespassing prosecution.
10. Hill captains and associate supervisors have codes to the building. Weekend codes are sent out to pre-dispatched patrollers each weekend. Feel free to share the weekend code with other patrollers. If you do not have a code, and need to get in, a key is available at the Mt. Hood Inn. Show your patrol card (a jacket, bib or armband is not enough) at the front desk to sign out a key. The key must be on its way to the building, in the building, or on its way back when not at the front desk. Do not take the key on a pub crawl; take it back to the Mt. Hood Inn in case it is needed by another patroller.
11. Answer the telephone "Mt. Hood Ski Patrol" when it rings. This is important because a search event may be in progress. The phone can call Portland, but we pay for each call. Limit calls outside of Govy to patrol work only, or use a calling card.
12. DO NOT LOCK THE DEAD BOLT unless the main lock is broken. Otherwise, people can't get in using the combo lock.
13. No smoking (of anything) in or around the building.
14. No candles or other open flames in the building.
15. Please respect others' need for a good night's sleep (i.e., this building is not "party central").

Why so many rules? Because the Govy building is an important resource to the patrol, so we want to treat it well.

Failure to pay or to follow the rules is punishable by death and/or banishment.

These Council members can help if you have concerns other than those handled by the caretakers:

- John Gastineau, MHSP President
- Jeffrey Weitz, MHSP Patrol Chief

Scenes from November's Instructor Development Class

During practice teaching we frosted cupcakes, made snowmen, wrapped presents and played with Andrew Stempel's pet snake. Maybe next time you can get in on the fun!



Photos by Jodie Jeffers.

The Snojob Wants Your Articles and Photos

By Lisa Hargrave, Snojob Editor, SH 1053



January Snojob deadline is 12/15/2009. Send your submissions to snojobeditor@gmail.com.

- **Articles:** send as the body of an email. If you have a long article covering several topics please break it into several articles covering one topic each.
- **Photos:** Send as an attachment in JPG format. Be sure to identify who took the picture, where it is and who is in it.

Calendar

For the most current information and event details check the online calendar on the [dispatch website](#) right after you log in.

December

- 5 S&T Coaches Calibration Clinic
- 5 Make-up Lift Evacuation
- 6 Tryouts
- 6 First Care Class for YAP and Apprentices
- 7 Executive Council Meeting
- 8 Senior Emergency Medical Management
- 14 General Meeting
- 15 Module 3 (Jan-Feb) Predispatch Deadline
- 15 Snojob Deadline

January

- 4 Executive Council Meeting
- 10 Region Senior S&T Clinic
- 11 General Meeting
- 15 Snojob Deadline
- 16 First Care Class for YAP and Apprentices
- 17 Women's Toboggan Clinic
- 23 Senior Sled & Toboggan
- 22-23 Senior Emergency Medical Management

February

- 1 Executive Council Meeting
- 7 Mt. Hood Region Senior Ski & Toboggan
- 8 General Meeting
- 13 Senior Emergency Medical Management
- 15 Module 4 (Mar-May) Predispatch Deadline
- 15 Snojob Deadline
- 19-21 Bluewood Trip
- 20 Senior Ski & Toboggan
- 21 Women's Ski Clinic
- 27 Tryouts

2009-2010 Executive Council

President: John Gastineau
Vice President: Steve Eversmeyer
Secretary: Pam Louie
Treasurer: Jaye Miller
Patrol Chief: Jeffrey Weitz
First Aid Chief: Jodie Jeffers
Associate Director: James Schuler
Nordic Director: Michael Curtis
Mountain Host Director: Bill Johnson
Senior Trustee: Carol Gleason
Middle Trustee: Lisa Hargrave
Junior Trustee: Mark Diamond

Assistants:
Training Director: Tom Payne
Hill Apprentice Director: Tobey Willey
Associate Apprentice Dir: Kim Remsing
Young Adult Patrol Director: Sarah Balog
APC Meadows: Eric Poole, Kat Moore
APC Skibowl: Andrew Degner, Shelly Johnson
APC Summit: Claudia Pieters, Diane Kindall
APC Timberline: Dave Atkinson, Mark Diamond
APC Records: Peggy O'Leary