



# Mt. Hood Ski Patrol

# Snojob



December 2010

**Second Module (Jan-Feb) Dispatch Deadline is December 15<sup>th</sup>.**

## Essential Reading

- Updated information on area operations
- On-hill sled inspections

## General Meeting

Monday, December 13, 7-9 PM

Athey Creek Middle School, 2900 Borland Rd, West Linn

Business Meeting

Clothing Committee will be there for your patch and equipment needs.

## President's Message

*By John Gastineau, President, HC 1393*



Each year patrol representatives meet with the patrol director and others from each of the ski areas we serve. We talk about how things went last year, changes for the upcoming year, and how we can improve. We always talk to Timberline, Skibowl and Meadows. We don't always talk to Charlie Wessinger at Summit. This year we made a point of it.

Now, we don't always treat Summit with appropriate respect. It's not the place to ski the steep and deep. But there are lots of good first aid opportunities. There's not a lot to discuss in terms of operations at Summit. As a result, we talked about other things. At one point, Charlie cornered me and asked, "What's the point of what you do? Why do you patrol?"

I have to admit that I offered a very poor answer. After coming from the other three area meetings my mind was full of things that we were doing right (and wrong) in area operations and safety. I mumbled something about serving the areas and skier safety.

Bzzz.

You know the stock answer to our interview question for candidates' interest in patrolling? The one about wanting to "give back to the mountain"? That's really a much better answer than what I provided.

Charlie then talked about the importance of being ambassadors for the winter sport that we love. He spoke about how we can help bring new people into the sport—and the pleasure of being out on the mountain—simply by making sure that they are having a great day. How can we do this? Let's list some ways.

We often ski in gangs of patrollers, filling a chair with red coats. Bad idea if we want to be ambassadors. A better thing to do is to split up, filling in the line as singles. Ride with the guests. Ask about their day. Tell them about a cool line they might ski. You very well might make their day.

We know we should stop and chat with the guest staring at the trail map—but when was the last time you did? Ask how you can help, and make suggestions based on what you can learn of the guest's abilities.

And that guy (or gal) who is clearly having a no good, very bad day? Check in on him, too. Just a reminder to put on the skis across the fall line can rescue the day. And tell those newbie riders to bend their knees!

Just about all we've done so far this fall has been about first aid, avalanche beacons, CPR, lift evac, and area details. All important stuff, to be sure. But, let's not forget about being ambassadors for winter. Someone showed you how to love winter, after all.

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At the November general meeting, Joel Stevens did a presentation on ski and board waxing. The [slides from his talk are now on the wiki](#), so check those out if you missed the presentation.

In addition to getting supplies from our local supporting stores, you might also check out Tognar Toolworks, [www.tognar.com](http://www.tognar.com), located in Oregon, for a source of ski waxing and tuning equipment.

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## Elections

*By Lisa Hargrave, Senior Trustee, HC/AS 1053*

Time already to think about elections. We will be electing the nominating committee at the December general meeting. And the elections will occur at the general meeting on April 11.

Every office (except the trustees) has a one year term so all offices are up for election. Because we have two year term limits, most offices do not have incumbents running for re-election.

### Qualifications for Executive Council

- Must have been an active member for the prior three years. (If you received your cross prior to June 2008 and have met your membership requirements each year, you are eligible.)
- Patrol Chief must be a hill patroller. Associate Director must be an associate patroller. Nordic Director must be a Nordic patroller and Mountain Host Director must be a mountain host.
- Mountain Hosts are eligible to run for mountain host director only.

## How to run for Executive Council

To run for office simply inform a member of the nominating committee (which until the general meeting consists of Lisa Hargrave). Or you may be nominated from the floor at the March or April meetings. The deadline for nominations to be published in the Snojob and included on the absentee ballot will be 3/21/2010.

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## National Ski Patrol News

*By Jim Trett, National Ski Patrol Wy'east Region Director, SS 90244*



The Mt. Hood region of National Ski Patrol has been officially renamed Wy'east region. Wy'east is the native name for Mt. Hood.

The reason for the change was to eliminate the on-going confusion between the business of Mt. Hood Ski Patrol and the business of the NSP region. It was also felt that a name change would be more inclusive of the Cooper Spur Ski Patrol which is in the same region as MHSP.

I would like to take this opportunity to thank the Wy'east Executive Board, PNWD Division Director Dave Ulrich and Cheri Overton of the NSP office for their time and efforts in making this change happen with an easy business like process and in a time efficient manner.

If I can answer any questions or provide further information please feel free to contact me.

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## Government Camp Building

Only MHSP members, family members, or significant others are permitted to use this building, and only under the following conditions:

1. Overnight accommodations are on a first-come, first-served basis, although members patrolling the following morning have priority over all others, and members have priority over non-members. The back room is not a private room, and can sleep five or six if needed.
2. Occasionally blackout dates will apply, but these will be publicized in advance.
3. Fees are \$10 per person, per night. Sign in using the register at the front desk, recording your name, date stayed, and patrol number. Use the mailbox on the second floor to pay your fees. Put cash or check in an envelope, and **write your name, date and patrol number on the envelope.**
4. Overnight stays are limited to five consecutive nights.
5. Non-members must be accompanied by MHSP members unless authorized by MHSP Council.
6. No unsupervised minors are allowed at any time.
7. Well-behaved dogs are welcome downstairs only. All pets should be kept off of furniture.
8. Clean up after yourself. There is no trash pickup; if there is trash, take it home and put it in your own trash. Leave no food or personal belongings when you check out. Wash and put away any dishes used, and clean off the counters and clean up any messes you make.

9. Unauthorized use is subject to trespassing prosecution.
10. Hill Captains and Associate Supervisors have codes to the building. Temporary codes are sent out to members at random intervals. You are free to share the temporary code with other members. If you do not have a code, and need to get in, a key is available at the Mt. Hood Inn. Show your patrol card (a jacket or armband is not enough) at the front desk to sign out a key. The key must be on its way to the building, in the building, or on its way back when not at the front desk. **Do not take the key on a pub crawl**; instead, take the key back to the Mt. Hood Inn in case it is needed by another member.
11. Answer the telephone ("Mt. Hood Ski Patrol") when it rings. This is important because a search event may be in progress. The phone can call Portland, but we pay for each call. Limit calls outside of Govy to patrol work only, or use a calling card.
12. DO NOT LOCK THE DEAD BOLT unless the main lock is broken. Otherwise people can't get in using the combo lock.
13. No smoking (of anything) in or around the building.
14. No candles or other open flames in the building.

The Govy building is an important resource to the patrol. Treat it well. Failure to pay or to follow the rules is punishable by death and/or banishment.

If you have questions ask the caretakers (Bonnie Lynch and John Roshell) or contact President John Gastineau or Patrol Chief Jeffrey Weitz.

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## SKI PATROL OPERATIONS

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### Patrol Chief

*By Jeffrey Weitz, Patrol chief, HC 1236*



#### Shout Outs!

A SUPER-THANKS goes out to Matt Rea and Shelly Johnson for organizing and coordinating the Govy Camp and Palace Work Party – and to the few volunteers who braved the weather to get Skibowl and the palace in tip-top shape for the coming season!

Big time kudos to Doug Stanton and Tom Payne for installing a new water heater in the Govy Bldg so all those weary travelers and overnights will have hot showers all winter long! And I thought George Morlan was the Water Heater King!

A very sincere thanks to John Gastineau for getting all our radios and chargers working and in order for both Timberline and Skibowl!

#### The Areas

If you have any specific questions about the areas, their operations or the conditions be sure to check the Snow Phones or contact the area APC's. They are:

Meadows- Eric Pool, Kat Moore

Skibowl – Matt Rea, Shelly Johnson  
Timberline – David Atkinson, John Howard  
Summit – Diane Kindall, Claudia Pieters

They can also answer any of your questions about area protocol and benefits.

Check the Area Operations Update article for some new information on morning meeting times at Skibowl (7:30) and Timberline (7:45).

## **Dispatch**

The Dispatch is looking great for the first module. If you are looking to get some days in remember the areas are always appreciative of us coming up during the holidays during the week. Just let the paid patrol director at the area know you are planning on coming.

Again, remember if you decide at the last minute you want to walk-on on a day you have not pre-dispatched you must first clear it with the Hill Captain of the day otherwise you will not get patrol day credit for the day. No Exceptions!

Also, please help out your fellow patrollers who might need to switch around days at the last minute. You might be the next one who needs to find a sub. Everyone is responsible for finding their own sub if needed.

This season there will be a special GIRL POWER dispatch day on April 11<sup>th</sup> at Skibowl where only the ladies will be running the mountain! Contact Lisa Hargrave for more information.

## **Training and Clinics**

### ***Women are smarter!***

We are proud to announce our 2<sup>nd</sup> annual Women's Clinic, taught by women and for women only. Come join the fun on Saturday Jan 15<sup>th</sup> at Meadows. You must sign up with me if you would like to attend. There are only 12 spots available so first come first served. We have 2 great instructors coming down from Bogus Basin and Snoqualmie Summit to instruct.

### ***Senior Training***

Senior Ski and Toboggan (S & T) and Senior Emergency Medical Management (EMM) training are open to all patrollers with 3 or more years of patrolling experience.

All patrollers regardless of years or experience are welcome to join the skiing and toboggan clinics and you can attend as many as you like. The Senior S & T Dates are listed below. Just let me know if you are interested and I will sign you up.

#### Mt Hood Region 2010-2011 Senior Training Dates on Mt Hood:

Jan 16 <sup>th</sup>	Mt Hood Meadows - Combined
Feb 26 <sup>th</sup>	Mt Hood Skibowl
March 12 <sup>th</sup>	Mt Hood Meadows
March 27 <sup>th</sup>	Mt Hood Meadows

### ***Sled Coaching***

If you interested in becoming a coach please plan on attending the Coaches Calibration Clinic which will be held at Timberline on December 12<sup>th</sup> at 8:00 am.

### **Chair Evac**

Make up chair evac will be held at Summit on Jan 15<sup>th</sup> at 4:00pm. Please dispatch for this if you were not able to make one of the evacs already held this season. You must attend one of the training dates to be eligible to patrol this winter!

### **Tryouts**

Tryouts will be held on Dec 11<sup>th</sup> Tell your friends to register at [www.mthoodskipatrol.org](http://www.mthoodskipatrol.org) by Dec 6<sup>th</sup>.

Be safe, stay in shape and we'll see you on the mountain!

Let it Snow! SKI CZY

## **Leave the driving to someone else!**

Timberline has already had its parking lot fill up this season. When that happens not only does the ski area lose revenue, but carloads of skiers and snowboarders are sent home disappointed.

Part of our service to the public is leaving parking spaces free for the public's use. So please park at the Govy building and hop the Skibowl shuttle or consolidate cars and carpool to Timberline or Meadows.

## **Area Operations Updates**

### **Morning Meeting Times**

- Skibowl: Meeting at 7:30, out-the-door at 7:45.
- Timberline: Meeting at 7:45, out-the-door at 8:00.

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## **On Hill Sled Maintenance**

*By Jeffrey Weitz, Patrol chief, HC 1236*

This summer a crew of dedicated patrollers spent hundreds of hours inventorying and refurbishing our entire fleet of rescue sleds. Their effort was no simple undertaking. Each and every sled was in some form of disrepair, some to the point of being unsafe for patient transport. As of November total of 39 sleds have been repaired and redeployed to Timberline and Skibowl, with an inventory of training and replacement sleds in the Govy building.

All the sleds are standardized in terms of strap type and position, chain brake ropes, sled carrier rings, tail ropes, and handle pins. Each time a patroller goes to use a sled, that sled will be the same in all aspects as the previous sled used.

### **Your Turn: Ongoing Inspections**

The only way to keep our sleds in top condition is to perform our duties of on hill inspection and maintenance with religious fervor. Hill patrollers need to inspect each sled prior to opening to assure that the equipment is ready for the upcoming day. Associate patrollers need to inspect the sleds prior to installing new sled packs and redeploying to the hill. Apprentices need to become familiar with each sled we use and the routines required while on the hill. These are very important

functions that sometimes are unintentionally overlooked but can create serious long term issues on the hill.

Things that you should be looking for when inspecting a sled. It sounds like a lot but it only takes a couple of minutes.

- Are the straps in good condition?
- Are the handle pins damaged?
- Is the chain brake functioning properly?
- Does the chain brake rope need to be replaced?
- Are the sled carrier rings secure?
- Is the tail rope connection secure?
- Is the tail rope in good condition and secure?
- Has the integrity of the sled been compromised?
- Is there loose hardware (i.e. rivets, screws, nuts)

### **What if there is a problem?**

Sled maintenance packs have been developed to provide on hill maintenance and will be stationed in the patrol room at Timberline and RC at Skibowl. These packs are not intended for a full rebuild, just quick replacement of components that will see wear and eventual failure.

Each sled maintenance kit contains the following items: Handle pins with retention cables attached; chain brake ropes specific to each sled type; replacement sled straps specific to each sled type; quick links for chain repair; additional bungee cord.

Sleds that are damaged beyond quick on site repair need to be taken out of service and replaced with a sled from the Govy building. Included in the repair packs are out of service tags. Severely damaged sleds should be tagged and taken to the Govy building. Remember, these kits are intended for quick on hill maintenance only, all major repairs will be done off-site.

### **Preventing Damage**

Over 1/3 of the Clipper sleds had fiberglass damage where the handle lock attaches to the sled. This is caused by the lock flipping out during unloaded transport and getting caught in the snow. Please make sure that the newly installed retention bungee cords are securing the handled lock before moving an empty sled. If the bungee is not functioning correctly, repair it using the supplies in the repair packs.

Our sleds are in the best shape they've been in to start a season in a very long time. All are in near new condition at least from a function standpoint. They may show a little road wear, but trust us, the beauty is more than skin deep. You should feel an improvement in performance and response when using the sleds this season. Keeping our sleds at this level is the responsibility of everyone on the patrol. If we all do our part, end of season maintenance will be minimal while providing the safest transport for patients on the hill. Enjoy the season! Any comments on the equipment are always welcome.

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# FIRST AID

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## Winter is Here

*By Cleo Howell, First Aid Chief, AS 1444*



The areas are in operation and you are now travelling to the mountain on a regular basis.

Are you prepared for winter driving conditions? In addition to the usual suspects such as good traction tires and a healthy car battery, have you thought about how you would handle a several hour delay in your trip to or from the mountain? A serious accident on the highway could close the highway for hours.

Listed below are some items that you should consider carrying in your vehicle as you travel in winter conditions:

- Extra food and water
- Blankets or sleeping bags
- Snow shovel
- Flares or reflective device
- Items to keep the kids entertained

You should always carry first aid supplies in your vehicle. Many of our patrollers have been first responders on traffic crashes and you never know when it will be your turn to assist someone.

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## First Aid Supplies

*By Cleo Howell, First Aid Chief, AS 1444*

This is the time to check your first aid pack and make sure that you have adequate supplies and that they are in good shape. Check out the wiki for [recommended pack contents](#).

If you need to restock your first aid pack please get the supplies from the brown cabinet in the Govy building.

**Do not restock your pack from the supplies at the ski areas.**

If you notice that we are low on supplies in the Govy building please notify me.

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# OTHER NEWS

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## Milestones

Jack Lofton, HP 529, passed away on November 6<sup>th</sup>. He was 86 years old.

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## Ski Patrol Roster For the Technically Savvy

*By Joel Stevens, Junior Trustee and Dispatch Site Guru, SHC 736*

If you use Microsoft Outlook® it is possible to download the member roster from the website and then import the entire roster (or just hosts or patrollers) to your Outlook contacts. Once you have it in Outlook, you can sync it with your smart phone so you have the entire roster at your fingertips all of the time.

Start by creating a custom roster and downloading it in an Excel format. You can then import it into Outlook. You may end up with a few duplicates for patrollers already in your phone, but these can be easily edited.

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## Bluewood

Talked with the new area operator for Bluewood and they want us back! It'll be the weekend of February 11-13 and we're starting to make plans for the trip.

For those who are new to the patrol, this is a bus trip to Bluewood Ski Area near Dayton, WA. It was owned and operated by former MHSP President Stan Goodell and his wife, Nancy. It's always been a fun trip and a good time is sure to be had again this year.

So how do you get in on this fun? Sending me an email is a start, but a check for \$185.00 reserves a seat for you on the bus. Checks won't be cashed until we have enough people to make the trip. The trip is open to patrollers and non-patrollers – anyone over 21 who likes to have fun.

Date: Leave Portland Friday, 2/11/11, 4pm  
Return Sunday, 2/13/11 around 9pm

Cost: \$185.00 (approximate, may go up or down depending on final numbers).  
Covers bus & driver's gratuity, 2 nights double occupancy in the local motel, 7 course meal Friday evening (6-pack and burrito), Saturday night dinner, Sunday box lunch, and assorted beverages on the bus.

Lift: Show patrol ID for comp ticket

Larry Cahill, [lokisea@comcast.net](mailto:lokisea@comcast.net)

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## Snow Tires

*By Joel Stevens, Junior Trustee, SHC 736*

Most of you have probably bought and installed your snow tires for the season, but if you haven't, please consider putting on the studless snow tires. They are approved by ODOT and they perform much better than studs almost all of the time. They are better on wet and dry roads, better on black ice, just as good on snow and packed snow, and in some tests even better on glare ice YMMV. Also they don't make all the racket and they don't do \$40,000,000 of damage to the Oregon high ways each year.

All of the brands seem to work well. Costco and Les Schwab have a good selection along with the Tire Rack. I have used Michelin, Blizak and Toyo in the past with good results.

## Mogul Busters Offers Discount Kid's Lessons

# Ski Patrol!

## Mogul Busters Children's Lessons Are Perfect For Your Skiers and Snowboarders

**\$35** Per Lesson (4 Hours) For Ski Patroler's Own Children

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## Snojob Deadline is 3<sup>rd</sup> Monday of the Month

*Lisa Hargrave, Snojob Editor, HC 1053 and Barb Korsmo, Copy Editor, Alumni AP 90260*



The deadline for Snojob articles and photos is the third Monday of each month (7 days after the general meeting). Send your submissions to [snojobeditor@gmail.com](mailto:snojobeditor@gmail.com).

**Articles:** Please submit as the body of your email rather than an attached document. If you have a long article covering several topics please break it into several articles covering one topic each.

**Photos:** Send as an attachment in JPG format. Be sure to identify who took the picture, where it is and who is in it.

# Calendar

For the most current information and details check the online calendar at [www.mhspdispatch.org](http://www.mhspdispatch.org).

## December

- 8 Council Meeting
- 11 Tryouts (*pre-registration required*)
- 13 General Meeting
- 15 Predispatch Deadline for Jan-Feb
- 16 New Apprentice Registration
- 20 Snojob Deadline

## January

- 5 Council Meeting
- 10 General Meeting
- 11 OEC Book Pick-up for Apprentices
- 15 Lift Evac, final make-up session
- 17 Snojob Deadline
- 25 Alumni Luncheon, everyone welcome

## February

- 1 OEC Course begins
- 9 Council Meeting
- 14 General Meeting (tentative)
- 15 Predispatch Deadline for Mar-May
- 21 Snojob Deadline

## March

- 9 Council Meeting
- 14 General Meeting
- 21 Snojob Deadline
- 21 Election nomination deadline to be included in absentee ballot.