



# Mt. Hood Ski Patrol

# Snojob



February 2011

## Predispatch Deadline is February 15<sup>th</sup>

The deadline for Module 4 (March-April-May) predispatch is February 15<sup>th</sup>. Remember that your patrol days this year determine your benefits for next year. Also remember that only predispatched days count toward your patrol days.

Women's' Patrol day is April 10<sup>th</sup> at Skibowl. We will be staffing the ski area with women patrollers and hosts only. This should be a really fun day to hang with the girls. To ensure that only women sign-up, you cannot dispatch online; you must call or email [Lisa Hargrave](#) to dispatch.

## Essential Reading

- Changes to the member email lists
- When to backboard
- Terrain park safety (President's Message)

## General Meeting

Monday, February 14, 7-9 PM  
Athey Creek Middle School, 2900 Borland Rd, West Linn  
The February meeting is a business meeting.

## President's Message

*By John Gastineau, President, HC 1393*



### Terrain Park Safety

When's the last time you took a lap through the terrain park? It's safe bet that only a few patrollers have done so recently, at least while not on a case.

Let me tell you about a cool program that the hosts are doing. Diane Brunea, (MH 60159) has been giving hosts a guided tour of terrain parks. Hosts learn how to pass safely through the features, where to stop, how to close features, and a bit about how skiers and riders flow through the park.

Even if you have no interest in hitting a box or the pipe, it's a good thing to understand how parks work. Sometimes we're in there on a case when it is quite busy, and even finding the patient can be a challenge. Summer parks add a complexity of their own, with limited access and enormous numbers of features.

I tagged along on one of these tours recently. Here are a few things covered that will help non-park-rats to ski safely through these areas:

- Parks have a flow. Riders typically hit a sequence of features without stopping. You can see these, such as set of three or four jumps, with a quick look at the park. Don't get in the way of that flow. Cross (if you must) above or below such a region.
- Features can be hit in many ways. The obvious lip before a rail might not be used to hit the rail—a skier might just use the lip and travel off to the side. So, don't feel that you can safely travel right next to a feature just because you're not in the obvious path. Give it *lots* of room. Travel at the margins of the park only.
- Sightlines often mean that the landing area is not visible from above. The only way you can shut down a jump or other feature is from above, with someone or something physically blocking the approach. Right on top of the jump is a great place to station a host or patroller to close the feature. Have that person attract attention with motion and crossed poles or arms.
- Often guests will ask you where parks are located. You'll see S, M and L on the maps; that refers to the small/medium/large size of the *features*, not of the park. Feature size roughly correlates with difficulty, and is relative to the ski area. Terrain parks that are based on natural features are not graded with a size.
- Parks can change radically overnight; don't expect things to be in the same place all the time.

Of course, there's a whole etiquette of riding the features among other users that I'm not discussing here. Check out <http://bit.ly/dTtRX9> for a video and other info that park riders should know. Even if you keep your boards on the snow, it's good to know how park riders play. It will help you be a better patroller.

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# ADMINISTRATION

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## Elections

*By Lisa Hargrave, Senior Trustee, HC/AS 1053*

### How to run for Executive Council

To run for office simply inform a member of the nominating committee that you wish to run for an office. Or you may be nominated from the floor at the March or April meetings. The deadline for nominations to be published in the Snojob and included on the absentee ballot will be March 21, 2011.

### Nominating Committee

- Dave Miller, HC 1526
- John Voorhees, AS 90537
- Lisa Hargrave, HC/AS 1053
- Mike Cullen, HS 60009
- Stewart Carter, HP 1559

## Qualifications for Executive Council

- Must have been an active member for the prior three years. If you received your cross prior to June 2008 and have (or will) meet your membership requirements in 2009, 2010 and 2011, you are eligible to run for an office.
- Patrol chief must be a hill patroller. Associate director must be an associate patroller. Nordic director must be a Nordic patroller. Mountain host director must be a mountain host.
- Mountain hosts are eligible to run for mountain host director only.
- All council members will find it easier to do the jobs if they have easy access to a computer and internet.
- The treasurer need not be an accountant but should have some basic bookkeeping skills. If you use Quicken or other personal finance software, or if you understand financial statements from your job or business you probably have adequate knowledge and skills to keep the patrol's books.
- The secretary typically delegates the newsletter to a willing editor so his/her primary responsibility is taking minutes and occasional correspondence. Candidates for Secretary will benefit from familiarity with word processing software such as Microsoft Word or Google Docs, and from being adept at learning new internet skills such as uploading documents or photos.

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## How to Vote in the April Election

*By Lisa Hargrave, Senior Trustee, HC/AS 1053*

Active patroller and host members are eligible to vote. For patrollers, active means gold, silver or bronze membership; tin and redshirt members are not eligible to vote. Apprentices will not be accepted into full membership until May, so are not able to vote this season.

The easiest way to vote is to come to the April general meeting.

If you can't come to the meeting then you may vote by absentee ballot. Absentee ballots will be available on the [wiki](#) after 3/21 and must be received at the PO Box 4384, Portland, 97208 by 5 pm, Friday, 4/8/2011.

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## MHSP Email Lists

*By Joel Stevens, Junior Trustee and List Server Guru, SHC 736*



We recently did some housekeeping on our list servers so that we can have control over who could read and respond to our internal communications.

- Purged all of the list servers.
- Created new lists based on the addresses listed in the roster.
- We also changed the way the list server functions; you may no longer sign yourself up for a list.
- You can still unsubscribe from a list.

It is possible that you are no longer subscribed to all of the lists that you were previously on. I apologize if we deleted you from a list you still want or need to be on. If you want to subscribe to a list you will need to send me an email. Please include your name, patrol number and membership class. You can still un-subscribe yourself.

Note that there are still a number of non members who are subscribed to the list servers, including area personnel. Don't say anything on a list server that you don't want to be public. Please don't use "Reply All" unless you really need to respond to the entire list.

If your email address is through a governmental agency such as a school district, it is likely that email from the list server will not get through. If you have an alternate email address that you can send from, consider using it instead of a governmental address.

If you have questions, please visit the [wiki](#) and look for List Server in the Administration tab.

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# SKI PATROL OPERATIONS

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## Patrol Chief

*By Jeffrey Weitz, Patrol Chief, HC 1236*

### Shout Outs!

A special thanks to David Atkinson and Tom Payne for conducting a very rainy and stormy make up chair evac at Summit for those few folks who braved the elements to train and stay current with their patrol skills. Awesome job to all who participated!



### The Areas

**Timberline:** Great work is being done by the hill captains and associate supervisors in integrating the work on the hill and in the FAR with the hill patrollers and associates taking care of both mountain duties and first aid care. The area is most appreciative on an excellent effort by all.

**Meadows:** Training is in full swing and the MHSP is grateful to Mel and the area for continuing to allow us to train and hold clinics at the resort. The Meadows teams continue to shine brightly and the area is most appreciative of their professionalism and efforts in integrating between the MHSP patrollers and the paid staff.

**Skibowl:** Great work is being done by the hill captains, associate supervisors and our general patrollers in managing both weekend shifts and holidays and Brett and the staff there are very appreciative of our continued extra efforts being put forward by our patrol to take care of business!

**Summit:** Charlie and the Summit staff from Skibowl have seen an increased contribution in service to the area this season with many patrollers stepping up to give excellent first aid care to the area.

### Dispatch

The dispatch is looking great and we are fortunate to have so many dedicated patrollers making sure that all the areas have full staffing each and every weekend. Call the hill captains or associate supervisors if you need to find a slot to patrol to make sure you get your days in.

### Training and Clinics

#### *The Women are smarter!*

Thanks to Heather Van Houten for putting another fantastic women's sled clinic at Meadows! There was much learned by all who attended and we will be conducting a 2 day clinic again this year at the Nuts and Bolts clinic in June so if you missed this one come and sign up for the June 2-day event. You ladies rock!

### ***Apprentice Training***

The apprentice hill training is in full swing so make sure when you see these new recruits on the hill to welcome them to our patrol. Excellent work is being done by Toby Willey and Mike Kurfis in leading these training efforts. Additional coaches are always welcome to participate just let Mike or Toby know when you can help out! Keep up the great work!

The apprentice associate training will be starting soon as well so look for those new associates in the FAR an give them a warm welcome to our patrol. Thanks to Kim Remsing and James Schuler for coordinating their training this season.

### ***NSP Senior Training***

Thanks to senior instructors Tom Payne, David Atkinson, Matt Dindia, Andrew Degner, Dave Nelson, Al Klaucius, and Robert Schroeder from Mt. Ashland for sharing their expertise at the senior S & T clinic held at Meadows in the torrential rain on January 16<sup>th</sup>. Excellent tips and training were contributed by all. Make sure you sign up for the next clinic at Mt. Hood Skibowl on Feb 26<sup>th</sup> if you are looking to sharpen your skiing and toboggan handling skills!

Be safe, stay in shape and we'll see you on the mountain!

Let it snow! SKI CZY

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## **First-ever Women's Patrol/Host Day**

*By Lisa Hargrave, Senior Trustee, HC/AS 1053*

Calling all women patrollers and hosts...

On April 10<sup>th</sup>, 2011 MHSP will have our first women-only patrol day at Mt. Hood Skibowl.

- All women associate, hill and host patrollers are invited to patrol with us. We especially invite women hill patrollers as we have a limited number of these.
- Women associate, hill and host apprentices are invited to shadow with us.
- Dispatch for patrollers is locked to prevent male patrollers from signing up. So call or email [Lisa Hargrave](#) to predispatch for this day.

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# **FIRST AID**

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## **Backboard Procedures**

*By Cleo Howell, First Aid Chief, AS 1444*



In the past month or so I have heard about three separate cases on the mountain where the patient probably should have been immobilized on a backboard and transported to the first aid room. I know that the decision to immobilize a patient on a backboard is a huge one and not to be taken lightly. It is not comfortable being on a backboard and the patient may be on there for hours. But consider the alternative if you do not immobilize the patient; permanent damage to the spinal cord.

This is a good time to review MHSP backboard protocols. Please carefully review the

protocol listed below and Chapter 26 of the OEC 4th Edition textbook.

A patient should be immobilized on a backboard if the patient has a mechanism of injury with the potential for causing spinal injury and who has any of the following criteria:

Consider the MOI – Was there enough force to the body or head by a strike or fall from a height that could cause a spinal injury?

1. Altered mental status – did the patient have a loss of consciousness?
2. The patient complains of spinal pain or tenderness and/or pain or tenderness is found with palpation.
3. Patient has a distracting injury – extremity fracture, respiratory distress, etc.
4. Patient is impaired from drugs or alcohol or is disorientated from other cause(s) that could distract from spinal injury?
5. Neurological deficit of an extremity; numbness, tingling, or paralysis is present.

If any of the above criteria are present in conjunction with a significant mechanism of injury the patient should be placed on a backboard and immediately transported to the first aid room or to an ambulance.

If you have questions about the MHSP backboard protocols please contact me.

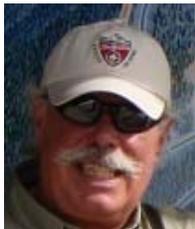
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## MOUNTAIN HOSTS

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### From the Director

*By Bill Johnson, Mountain Host Director, HS 60001*



We've had a busy season so far.

#### **Cato Memorial Ski Race**

The Cato Memorial Ski Race went off well and was one of the largest yet - as far as participants.

#### **Skibowl**

Host participation has been increasing at Mt. Hood Skibowl beginning with a very successful New Year's Eve celebration - 12 Hosts and two supervisors – Skibowl loves our host program and we need to ramp up our presence there. Check your schedules and dispatch for Skibowl.

#### **Safety Panel**

You'll also see an image of our new safety panel. This was developed by Holly and Mike Cullen and has been well received and used for scene safety and management. The current plan is to have an additional twenty made and to maintain an inventory at Timberline and Skibowl.



## **New iPad Survey at Timberline**

Timberline has asked for our assistance in launching and running a new iPad based survey through March, 2011. The information being asked from the guest takes approximately 60 seconds, is secure and will not be re-marketed, and once the survey format has been down loaded and completed, the participant is eligible for a drawing that includes two nights at the hotel. There will be more details to follow.

## **Mt. Bachelor Ambassadors**

They do exist - Mt. Bachelor Ambassadors - and there are 85 of them. This is their host program with many of the same types of assignments and stations at their mountain. I have the contact information and the goal is to get together with these folks and see if there is any possibility of voucher/lift ticket reciprocal opportunity. The initial discussions have been positive.

## **One more thing**

Last, but by no means least, please continue to treat your fellow host, the Timberline/Skibowl employee, and especially the guest, with the upmost courtesy and respect.

Please contact me with any questions or comments. Thanks !!!

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# **OTHER NEWS**

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## **Ski The Glade Day**

*By Joel Stevens, Senior Trustee, SHC 736*

Ski the Glade Day is an annual fundraiser put on by the Mt. Hood Cultural Center and Museum in Government Camp. It is held on the first Saturday in March, and the Glade Trail is groomed for this event. The museum provides shuttle service, a continental breakfast and lunch. The guides and first aid are provided by the Mt. Hood Ski Patrol.

If you have ever wanted to ski the Glade in ideal conditions, this is your chance. It is a lot of fun and supports a good cause.

For more information or to purchase tickets: <http://www.mthoodmuseum.org/glade-11/2011MtHoodMuseumposter1.pdf>.

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## **You Just Never Know**

*By Donna Disch-Curtis, AP 90489*

You never know who you are going to meet, what doors will open, or what may happen if you don't ask.

On a recent patrol day at Skibowl, a bundled skier walked up to me, and politely posed a question starting with, "You wouldn't happen to have..."

"Oh no! Am I being pan-handled?" I thought. Inside my head I finished his sentence...you wouldn't happen to have...an extra buck...some spare change...a cigarette...

He finished his sentence, "...a lift ticket for visiting patroller?"

Pause...

"Oops!" I thought, "Never assume."

"Gee, you never know when it's your lucky day," I said out loud to him. "I do have a ticket, and the person I got it for never confirmed, and hasn't shown up today, so it's yours."

He went on to introduce himself as Rick Krause from Mt. Kado Patrol in Minnesota. He did a little name dropping telling me he had talked with Jeffrey Weis and John Gastineau. Then came the icing on the cake; he presented me with a Mt. Kado patrol badge and his card. This was a fun exchange.

Rick went on to ski, and I went on with my patrol day, and related my chance encounter to other patrollers as a highlight in my day. I was glad to help out a visiting patroller, clutched my new treasure (a Mt. Kado patrol badge!) and felt upbeat all day. I was the one he had asked, and I just happened to be able to help him out. It's the little things that make our days - and getting to know fellow patrollers. We have a wider network when we keep ourselves aware, and take the chance to ask for what we like. Oh...ditch the assumptions. They don't work.



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## Snojob Deadline is 3<sup>rd</sup> Monday of the Month

*Lisa Hargrave, Snojob Editor, HC 1053 and Barb Korsmo, Copy Editor, Alumni AP 90260*



The deadline for Snojob articles and photos is the third Monday of each month (7 days after the general meeting). Send your submissions to [snojobeditor@gmail.com](mailto:snojobeditor@gmail.com).

**Articles:** Please submit as the body of your email rather than an attached document. If you have a long article covering several topics please break it into several articles covering one topic each.

**Photos:** Send as an attachment in JPG format. Be sure to identify who took the picture, where it is and who is in it.

# Calendar

For the most current information and details check the online calendar at [www.mhspdispatch.org](http://www.mhspdispatch.org).

## February

- 1 OEC course begins
- 9 Council meeting
- 14 General meeting
- 15 Predispatch deadline for March-May
- 21 Snojob deadline

## March

- 9 Council meeting
- 13 Tryouts for hill and associate patrol (tentative)
- 14 General meeting
- 21 Snojob deadline
- 21 Election nomination deadline for inclusion in absentee ballot.

## April

- 6 Council meeting
- 10 Women-only patrol day at Skibowl
- 11 Elections and general meeting
- 30 Fun day

## May

- 4 Council meeting
- 15 Predispatch deadline for June-August
- 17 OEC final exam, class ends
- 21 MHSP awards banquet



*Morning in the Sandy River Valley, by Joel Stevens*