



# Mt. Hood Ski Patrol

# Snojob



November 2012

**Dispatch deadline for Module 1 is November 15<sup>th</sup>**

See Dispatch article for details, p. 5

## Change of Date and Location for November General Meeting

**Date:** TUESDAY; November 13, 2012; 7-9 pm, 6:30 for clothing committee and mingling

**Location:** Stafford Primary School, 19875 SW Stafford Rd., West Linn, Oregon  
(Just north of Athey Creek School. At the rotary go north on Stafford Rd instead of west on Borland Rd.)

## Essential Reading

- First Aid, pgs. 4-5 Dispatch, pg. 2
- New Dates for 75<sup>th</sup> Anniversary events, pg. 2
- Govy Building, pg. 7

## President's Message

*By Steve Eversmeyer, President, HC 1170*



It's almost time to get our skis, boards or snowshoes on snow. You should have dispatched for the first module at least. We've completed most of the training, with one more OEC refresher and the make-up chair evac to go. If you missed earlier opportunities for this mandatory training PLEASE make sure you get this done.

Come to the general meeting in November for an update on the ski swap numbers. We have built a firm base in our new location and everyone agreed it was good being able to see everything when you walked in. We added some vendors and already have another possible equipment source for next year.

And again, to all of the people involved, from the Swap Committee that started meeting a year ago, to everyone involved in the pre-swap tasks, to the hundreds who helped during the event, hosts and patrollers, friends and family, THANK YOU!!! You all did an excellent job. Stay tuned for dates, etc. for next year's swap. We will be moving it back into October. You may have seen the email from Pat Stevens looking for feedback. Please take time to let her know what worked well and what can be improved. The only way we can continue this is if everyone works together to make it better. If everyone works it, it's not a burden. Many hands make light work may be a cliché, but it is still quite true.

I'd like to urge you to consider running for office next season. If you've got three or more years as a full member, us, you're eligible. If you think someone else could do a good job, please talk with them and let Joel Stevens know. The season will zip past so it's not too early to start thinking and talking about who will lead us. Everyone has different talents and ways to approach things. Please start thinking about those who will lead us into the next year. I've been involved in a variety of positions and have enjoyed them all, especially getting to know patrollers who I otherwise might not see just doing my dispatch days.

Thank you all for your work in getting prepared for the season, you are all what makes Ski Patrolling FUN!!! I'm looking forward to seeing you at the November meeting and up on the mountain.

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## 75<sup>TH</sup> ANNIVERSARY

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### Save the Date (NEW DATES)

Save these dates for some anniversary fun!

- Thursday, February 21 for an in-town reunion and history event
- Saturday, February 23 for a slope side re-enactment and museum get-together.

Details to follow.

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### 75<sup>th</sup> Anniversary Commemorative Poster

These fantastic posters are suitable for your home, office, or even in your garage over your ski tuning bench. Or maybe you prefer a t-shirt. Or maybe both?

Proceeds from poster and shirt sales will go toward funding an MHSP exhibit at the Mt. Hood Cultural Center and Museum and an online historical archive.

Posters are \$20 and t-shirts are \$15. Shipping is \$3 per item, call for a better shipping estimate if you order more than 2 items.

Purchases may be made at the October alumni luncheon, the Ski Fever show, November general meeting and by mail order through November 30

To purchase by mail send your order and check (sorry, no credit cards) to Lisa Hargrave, 2790 May Street, Hood River, OR 97031.



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## MOUNTAIN HOST OPERATIONS

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### Ready, Set, Go!

By Jan Silagi, Mountain Host Director, HS 60054



#### Orientation

More than 90 Hosts renewed their membership with MHSP at Orientation on October 13; we welcomed a new apprentice class and recognized 12 new recipients of the Silver Ski, which is awarded to Hosts who work 20 or more shifts in a season. Receiving the Silver Ski Award for the first time were, Jennifer Beaman, Starlet Heitz, Kurt Krueger, Alf Langland, Dan Moore, Linda Moore, John Mortemore, Rebecca Owen, Leslie Phillips, Ron Riggs, Joan Turner and John White.

In addition to these individuals, 22 former recipients worked 20 or more shifts again! Well done to you all!

Jeff Kohnstamm, President of RLK & Company, and Steve Kruse, Director of Mountain Operations for Timberline, addressed a capacity crowd in the Barlow Room. Kohnstamm reflected on Timberline's relationship with the Mountain Hosts, and RLK & Company's commitment to customer service. *Proud to be Your Host* has long been a slogan of the company, and Kohnstamm expressed an appreciation that Hosts have been partners in that cause, supporting the standard of welcome and service that Timberline strives for every day. Steve Kruse commented on the steady presence of Hosts at the resort and the value of our more experienced membership, partnered with the traditionally young, seasonal staffers at Timberline. Kruse stated that he is particularly appreciative of the presence of Hosts on the hill, interacting with guests who are season pass holders and consequently don't come into the Wy'East Day Lodge in the morning. Because season pass holders head straight out onto the hill upon arrival, the Mountain Hosts are often the first representatives of Timberline these guests encounter. Our thanks to Jeff and Steve for the warm welcome to the season!

Brandi DeLaVega, Tickets Sales Manager, delivered a welcome message on behalf of Mt. Hood Skibowl. Brandi expressed the resort's appreciation for our efforts with the Mt. Hood Adventure Park this summer. Management was grateful for the increased presence during a very busy and successful summer! Brandi also highlighted the focus of the coming winter season, including a winter zip line and expansion of the nighttime Cosmic Tubing. The Skibowl / Mountain Host partnership has been very successful and Skibowl management is looking forward to our continued efforts with them.

Also, thanks to fellow MHSP members, Steve Eversmeyer and David Atkinson for their participation in our orientation. Their enthusiasm for the work they do with MHSP and their genuine expression of partnership with the Mountain Hosts set the tone for the start to a great season of friendship, service and fun!

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## New Host Apprentices

*By Jan Silagi, Mountain Host Director, HS60054*



We welcomed our 2012-2013 apprentice class at orientation. We are excited about a diverse and accomplished group of individuals joining our team!

A new apprentice training model is being introduced this year. Our apprentices will spend their first shift at each resort in a small group class, receiving an introduction to procedures and services specific to each resort, followed by instruction at each duty station. Once these initial shifts are completed, apprentices can dispatch to either resort and will be partnered with veteran Hosts for the completion of their training. We are eager to begin this process with our newest

Hosts! Welcome aboard!

Thank you all for the spirit of team work and commitment you have shown as we start this new season. I am looking forward to seeing all of you on the mountain soon. Wax up!



*Welcoming new members from the 2011-2012 apprentice class, at the Mountain Host Orientation.*

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# FIRST AID

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## Refresher Feedback Needed

*By Jodie Jeffers, NSP OEC Refresher Committee Member, AS 90526*

Please remember to email [refresher@nsp.org](mailto:refresher@nsp.org) your feedback to the National OEC Refresher Committee on this year's refresher now! Constructive feedback: what you liked or didn't like, suggestions, comments on the study guide, content, photos, case presentations, layout, flow, etc. is wanted and needed.

The committee is actually getting together in Denver this November to begin work on next year's OEC and we really want to hear back from you! Please include sending your email to Cleo as well or forward it to him so he can use it for next year's planning on our local refresher.

Once again, that address is [refresher@nsp.org](mailto:refresher@nsp.org).

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## Patient Assessment is the Basis for all Future Patient Care

*By Cleo Howell, First Aid Chief, AS1444*

As the snow sports season begins this is a good time to consider how we go about assessing our patients. The assessment of your patient/s starts as you approach the scene and you make the scene safe.



**Your Primary patient assessment consists of the following:**

- 1) Get an initial general impression of the scene and patient. Are there any hazards? How many patients do you have? What is the probable mechanism of injury (MOI)? Is there a need to consider cervical spine stabilization?
- 2) Assess airway, breathing, circulation, disability (ABCD's). Is your patient talking? Is there any bleeding that needs to be controlled? If yes, then control it immediately.
- 3) Confirm patient's level of responsiveness using AVPU or Glasgow Coma Scale?

Your Primary Assessment is now complete and it only took about one minute or less.

**Now move on to the Secondary Assessment, previously referred to as the Rapid Body Survey.**

- The most important part of the Secondary Assessment is to complete a head-to-toe physical exam. Assess the spine and head as soon as possible, checking for point tenderness, deformity or numbness/tingling sensation. Apply firm pressure to each part of the body to ascertain DCAP-BTLS.
- Ask SAMPLE questions while you are doing the physical exam.
- Obtain initial set of vitals
- Call for equipment and extra help when you have determined what your equipment needs will be
- Provide appropriate intervention such as splinting or bandaging
- Monitor vitals and LOR (level of responsiveness)

Keep in mind that a thorough assessment is the basis for treatment of your patient and a favorable patient outcome. It is important that you determine ASAP if there is a potential spinal injury or uncontrolled bleeding and treat appropriately.

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## Where do I Get First Aid Supplies for My Pack?

By Cleo Howell, First Aid Chief, AS 1444

When you need first aid supplies for your pack please take them from the brown wood cabinet in the back room of the Govy Building. If the supply cabinet is low on supplies please notify a supervisor or me. Do not take first aid supplies from the ski areas.

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# SKI PATROL OPERATIONS

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## Patrol Chief

By David Atkinson, Patrol Chief, HC 1239



The new season is upon us. With most of our required training activities in the rear view mirror, we are now focusing our attention to preparing to provide the outstanding service to the ski areas. Now is the time to check all your equipment and make sure you are ready to perform your duties as a MHSP patroller.

### The Areas

All of our area meetings have been completed and went well. For details on the benefits provided by all areas please see the WIKI or contact one of the APC's below:

- Meadows – Eric Pool & Kat Moore
- Ski Bowl – Matt Rea & Shelly Johnson
- Timberline – David Atkinson & John Howard

### Training and clinics

- If you need an Avalanche Level 1 card or an avy refresher, now is the time to sign up so you are assured of a place in the class. Any questions, please contact John Gastineau.
- Make-up chair evacuation is December 8. Location TBA.
- Coach's calibration clinic will be held December 9 & December 15. Contact Mike Kurfis with questions.

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## Dispatch

By David Atkinson, Patrol Chief, HC 1239



The dispatch has been open a few weeks now. Please fill out your required number of days based on your patrol commitment. Minimum days are as follows:

### Module 1, Nov-Dec: 3 days for Gold and Silver, 2 for Bronze

Remember, the minimum number of days will not fulfill the overall commitment at each level. You still have to patrol additional days to reach your commitment level. The minimum days are just so that we have adequate coverage at the areas. We have a responsibility to the ski areas to be present **all season**. You will need to spread your days out throughout the entire season, all the way through May!

If you can't dispatch for your required days, you need to contact the Patrol Chief.

Also, we do not have "walk-ons". If you would like to try patrol on a day that you are not pre-dispatched for, you may contact the Hill Captain of the day and see if there is a slot for you. Without their approval, you will not get patrol credit.

## Module Deadlines

As a reminder, here are the module deadlines for planning. Look at your schedule early and sign up for your preferred days early so you are assured of getting those specific days you want.

- Module #1: Nov- Dec, Deadline 11/15/2011
- Module #2: Jan- Feb, Deadline 12/15/2011
- Module #3: Mar- May, Deadline 2/15/2012
- Module # 4: Jun- Aug, Deadline 5/15/2012

## Associate Director

*By Kathy Lee, Associate Director, SS 90232*



We have an enthusiastic group of apprentices and they have already started their OEC class. In preparation for the Associate Apprentice on-mountain training, there will be an Associate Coaches clinic December 2, with apprentices starting their training the weekend of December 15.

If you haven't pre-dispatched yet for the first module, jump in and sign up before the days get filled. As mentioned in the Patrol Chief's article, pre-dispatching is a must. If you want to try to walk-on, contact the Associate Supervisor of the day to see if there is an available slot. You will need their approval to receive patrol credit.

If you are unable to pre-dispatch due to your work schedule or have other issues, please be sure to contact the Patrol Chief and me to work out an alternative.

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## Young Adult Patrol

*By David Atkinson, Patrol Chief and YAP Director; HC 1239*

It's now time to get our Young Adult Program (YAP) together for the coming season! We will have an organizational meeting on **Thursday, November 8, 7:00 pm at 819 SE Morrison, Suite 110; Portland, OR 97214.**

If you know any youngsters between the ages of 15-18 that would like to join the Young Adult Patrol, please have them contact me directly.

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# PATROLLER TRAINING

## First Responder Training

*By James Schuler, First Responder Training Director, AS 90481*



This has been a year of many new programs and changes in our approach to training. We passed the halfway mark in implementing new OEC changes with the 5th Edition curriculum and National Ski Patrol has changed so many of our programs that we will be adapting for a few years to come.

Sled Updates are being highlighted this year which is so important. Along with Sled Updates, the MHSP Council has given me and Mark Diamond the task of re-implementing on-mountain First Responder Training. Many of you have not been exposed to this program; it is an opportunity to pair individuals with an FRT Instructor for some one-on-one work. We will evaluate and give pointers for improving First Responder skills. It is not meant to be an additional training day. We will pair up with individuals as they are normally dispatched for some short evaluation and pointers for improvement if needed.

This program will be much the same as the Avalanche refreshers. Everyone can expect to cycle through once every three years. We will let you know ahead of time when your refresher year is due and we will work with you

throughout the season to accomplish the task. We want to make this as painless for everyone as possible but we need to make sure that with all of the new OEC changes, we are all working from the same sheet. With your help we can make it go smoothly.

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## Avalanche Level 2 Class

*By John Gastineau, Avalanche Director, HC 1393*

Here is the plan for the level 2 course.

- 4.5 days total
- Didactic session, Sunday December 9 all day 8:30-5
- Field days 1 and 2: February 2 and 3 all day
- Field day 3 (rescue leadership): one of 2/10, 2/17, 2/24, or 3/3 all day
- Field day 3.5 (scenario construction): one of 1/12, 2/10, 2/17, 2/24 or 3/3 Morning only (must be other than your leadership day)



Required Texts:

- [Avalanche Rescue Quick Guide](#) 2009 edition \$5
- [NSP Avalanche Rescue Fundamentals](#), 2nd edition \$14
- [Staying Alive in Avalanche Terrain](#), 3rd edition, by Bruce Tremper \$19
- [Snow, Weather and Avalanches: Observational Guidelines for Avalanche Programs in the United States](#), 2010 2nd printed edition, by the [American Avalanche Association](#) and U.S. Forest Service (aka SWAG) \$20

You may have older editions of any of these; in each case it will be important to have the indicated editions and not anything earlier.

Cost of the course is \$90. This fee covers all texts, copies, and other resources.

There will be significant reading assignment to be completed before the didactic day.

Conditions permitting, we will take a backcountry day, so if you need an excuse to buy AT gear or skins, this is it.

Questions? Ask me. The enrollment is limited to 24 students. Please consider the dates carefully, as it is very difficult to make up any missed days.

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## ADMINISTRATION

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### Govy Building

*By Mike Anderson, Building Manager, AS 1510*



First of all, I would like to thank this year's apprentice class for all of the work they did on October 28 in giving the Govy Building a deep cleaning. The building has never been cleaner.

A couple of items I need to bring to your attention as we enter this coming ski season.

We do not have garbage or recycling service in Government Camp. So we need to take our garbage and our recycling home with us. Anything you can do to help with this is very much appreciated.

The second issue is about dogs. This patrol loves their dogs. Some of them should have their own patrol numbers as they come to every event. However, there have been some difficult situations with dogs at the Govy Building. Please abide by the following rules.

1) Before you bring your dog into the building "Survey the Scene". Go into the building and see if there is already a dog inside, particularly if a dog is eating. This will help avoid a possible confrontation. Last year we had a couple of close calls.

2) Please ask people in the building if they object to a dog coming in. We have some patrollers with allergies and they can't be in the room with a dog. We also have children of patrollers that may be afraid of dogs. If that is the case, please keep the dog outside until the situation is more amenable.

3) No dogs are allowed upstairs at any time. The second floor may be the refuge for someone that doesn't want to be around animals. Also, if the dog sheds it will cause problems all year long for anyone with allergies.

4) If your dog will be staying the night with you it should be in a crate or be well trained to stay in its bed. It can be quite intimidating to walk into a dark room and suddenly face a dog that is as surprised as you are. If we can abide by these rules, we will avoid any unfortunate or serious situations.

Thank you for your cooperation, and I am looking forward to another terrific year on the slopes and at the building. It is spotless now due to our great apprentices, so please help keep it in great condition.

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## Nominating Committee / Elections

*By Joel Stevens, Senior Trustee, SHC 736*

Per our Bylaws, the MHSP has a nominating committee that is charged with making sure we have at least one qualified candidate for each office at the April elections. We need at least four members in addition to the Senior Trustee to serve on the nominating committee. At the November Meeting we will have an election to elect members of the Nominating Committee. At this time, Lisa Hargrave, Matt Rea and Mike Cullen have agreed to serve. I would like to have at least two more members who are interested in being on the nominating committee. Note that the nominating committee does not endorse candidates, we only check to see if they meet the requirements spelled out in the Bylaws. If you are interested in being on the Nominating Committee, please let me know.

Nominating Committee Section of our Bylaws is reproduced below.

A. There shall be an election at the regular November meeting of the membership to form a Nominating Committee. The committee shall consist of four (4) or more active members elected by the membership and the Senior Trustee, who will be the chairperson thereof. In the event the Senior Trustee is unwilling or unable to serve, the President shall appoint a chairperson from the remaining two Trustees. At the time of election, the membership shall propose at least four (4) or more members to so serve.

B. The Nominating Committee must nominate at least one qualified member for each office to be filled. It is the duty of the Nominating Committee to secure the agreement of proposed nominees and to assure that all nominees meet the specified minimum requirements for the office for which they are nominated. The Nominating Committee will promptly notify nominees who do not meet the minimum requirements.

C. Nominees will be qualified to serve by having been an Active Member for the previous three (3) consecutive years and presently being an Active Member in good standing.

D. At any time subsequent to the formation of the Nominating Committee, any qualified member may submit their name in writing to any member of the Nominating Committee for consideration as a nominee.

E. At the February, March and April general meetings, the Chairman of the Nominating committee shall publicly announce the name of the office; the first and last names of the nominees for that office then call for additional nominations from the floor for that office. This process shall be repeated for each office in the same order as specified for the voting on each office. Those so nominated will then be included in any subsequent publication of the list of nominees.

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## List server Usage and Courtesy

*By Joel Stevens, List Server Administrator, SHC 736*

When sending email to the list server, **PLEASE!** put the address in the BCC (a.k.a. Blind Copy) field. That way if someone hits reply, the message will only go back to you, not the entire list. Note: in Outlook you need to click on the "To...." button to access the BCC field.

Please do not use Reply All, unless you **REALLY NEED** to talk to the whole patrol. If the original message was sent only as a Blind Copy this will not be a problem.

When sending email to the list server use the address [Members@list.mthoodskipatrol.org](mailto:Members@list.mthoodskipatrol.org) or [Mountainhosts@list.mthoodskipatrol.org](mailto:Mountainhosts@list.mthoodskipatrol.org) This bypasses one of the servers at [gorge.net](http://gorge.net) and gets your message out quicker.

When you send email either to the list server or to another patroller, please sign the email with your name. Many members have email addresses that provide no clue as to identity. (Who is "Skidog" anyway?) Include your name so we don't have to guess or do a reverse search of the roster.

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## WIKI Professional Directory

*By Joel Stevens, Senior Trustee, SHC 736*

As many of you know, we now have a Professional Services Directory on the WIKI. This is a place for hosts and patrollers to advertise their services/business to the patrol.

If you are a contractor, architect, lawyer, engineer, realtor, acupuncturist, etc. this is your chance to tell the patrol what you do. Feel free to add your business and contact information to the Professional Directory.

If you are a member hunting for a service, this is a great place to look. You will be helping fellow patrollers, and you will be working with people you already know.

To view the Professional Directory, go to the MHSP Wiki and click on the Professional Directory link in the upper left navigator. The easiest way to search the Professional Directory is to use the "Find \_\_\_\_\_" feature in the lower left corner of the page.

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## OTHER NEWS

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### Dave Nelson Recognized for 50 years of Service



*Dave Nelson (MHSP# 301, National Appointment 2188) accepts an award for 50 years of ski patrolling from Jim Trett, Wy'East Region Director and Steve Eversmeyer, MHSP President.*

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## Snojob Deadline is the Third Monday of the Month

Lisa Hargrave, Snojob Editor, HC 1053 and Barb Korsmo, Copy Editor, Alumni AP 90260



The deadline for Snojob articles and photos is the third Monday of each month (7 days after the general meeting). Send your submissions to [snojobeditor@gmail.com](mailto:snojobeditor@gmail.com).

**Articles:** Please submit as the body of your email rather than an attached document. If you have a long article covering several topics please break it into several articles covering one topic each.

**Photos:** Send as an attachment in JPG format. Be sure to identify who took the picture, where it is and who is in it.

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## CALENDAR

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For the most current information and details check the online calendar at [www.mhspdispatch.org](http://www.mhspdispatch.org).

### November

- 2-4 Ski Fever Show
- 3 OEC Refresher
- 5 Council Meeting
- 8 Instructor Development
- 13 General Meeting (*Special Date & Location*)
- 19 Snojob Deadline
- 27 Instructor Development

### December

- 3 Council Meeting
- 4 Apprentice OEC Class begins
- 8 Make-up Chair Evac
- 10 General Meeting
- 12 Avalanche Awareness for Apprentices
- 13 Transfer Patroller Meeting
- 15 Associate Apprentice training begins
- 17 Snojob Deadline

### January

- 5 Hill Apprentice training begins
- 7 Council Meeting
- 12 Women's Toboggan Clinic
- 13 Senior S&T at Meadows
- 14 General Meeting
- 20 Senior S&T at Bachelor
- 21 Snojob Deadline
- 27 Senior S&T at Santiam Pass

### February

- 4 Council Meeting
- 11 General Meeting
- 18 Snojob Deadline
- 21 75<sup>th</sup> Anniversary Event
- 23 75<sup>th</sup> Anniversary Event