



Mt. Hood Ski Patrol

Snojob



November 2010

Essential Reading

- Area Operations
- Associate Duty Guidelines, (both hill and associate patrollers should read this section)
- Everything You Ever Wanted To Know About Mountain Hosts
- NSP Elections
- MHSP IT Systems

General Meeting

Monday, November 8, 7-9 PM
Athey Creek Middle School, 2900 Borland Rd, West Linn

Program: Ski Tuning for Patrollers and Hosts

This will be an actual demo of simple ski maintenance and waxing techniques that we can use to make our skis run better, turn easier and last longer. The techniques will be geared towards people who ski a lot, but are not trying to win races.

President's Message

By John Gastineau, President, HC 1393



This time of year there is so much patrolling going on—but pretty much nobody's on the snow yet. The swap is done, lift evac is done, and OEC refreshers are almost done.

The swap was a huge success by all accounts. Check out Stewart's column for the details. Here I'll just extend my thanks for the many, many hours of volunteer work provided by the swap committee and by patrollers and hosts as a whole. Nearly everyone helped out in some way. I'm pleased about that. Working the swap is a lot like stopping to straighten a line of 'boo. It's not what we signed up for, but it is a part of what we do. If everyone does it, it's not a burden. Many hands make light work may be a cliché, but it is still quite true. Thanks, everyone, for your work.

The fall training is almost done too. Thanks to the hill captains and associate supervisors for their training at the lift evacuation events. We do this every year, but every year I learn some new trick

from the collective experience of our patrollers. The avalanche team has done especially well with training up patrollers with digital beacons, erasing those old analog habits.

The OEC refreshers are better than ever. I heard many comments about how effective the many hands-on stations were, coming from both old hands and new patrollers. I never thought I'd see a baby delivered 15 times in half an hour. In October I got a phone call from Brian Hiner, former paid patroller at Timberline. He'd just been to a refresher in Montana. It was good, he said, but it made him appreciate the MHSP refreshers all the more.

These instructors have learned that you don't really know it until you teach it. If you haven't instructed yet, consider it. That's one way to become a better patroller. Even if you are pretty fresh in the patrol, talk to an instructor in a discipline you find interesting, and see what's involved. You won't regret it.

I'm really struck by just how many people it takes to keep us trained and funded. It really is a team effort. Thanks, everyone, for your work. Now we just need the snow.

National Ski Patrol Elections

By Jim Trett, NSP Mt Hood Region Director, SS 90244



You should have received by now an email from the NSP with your access information to vote for National Board members. I would like to encourage each of you to take the time to acquaint yourself with candidates and then vote for your choice.

To help you evaluate the candidates you will find below a posting from PNWD Division Dave Ulrich. The attachment was developed by the PNWD Board of Directors to help you know what questions to ask yourself when making your choices. Whether you use the tool or not, **it is VITALLY IMPORTANT that you vote in this election.** Remember these are the folks that develop new, or change current, policies and procedures we all must live with.

If I can answer any questions, please feel free to contact me and I will do my best to help you.

PNWD Recommendation

Elections to the National Board of Directors (BOD) are coming up once again and your Pacific Northwest Division Board (the Division Director and your five Regional Directors) is proud of the fact that patrollers from PNWD have been elected to that Board. It is important that even though the National BOD's mission is to serve the whole NSP organization, we have representation from patrollers who understand our Division.

Last year in the National election, only 13 percent of patrollers in the NSP system voted, but the PNWD had only 8.6 percent of our patrollers voting.

The leadership has attempted in recent years to encourage our patrollers to vote, but more than reminders and pleas are necessary. We have heard over and over again that many patrollers don't vote because there are too many candidates to choose from and the pages and pages of online candidate information are too cumbersome to digest. We, as your PNWD Board, would like to help you in this process.

To try to remedy this situation, the PNWD Board has come up with a suggested matrix to help evaluate the National BOD candidates. Unlike leaders of other divisions who are rating the

candidates and sending out that list of ratings to their patrollers, we feel strongly that it is up to each patroller to make their own choice. You can download [the matrix](#) and use it to evaluate the candidates in the following areas:

- Depth and variety of patrolling experience at patrol, region and division levels.
- Relations with the ski industry, ski area managements and NSP partners.
- Leadership experience and other life skills outside the NSP.
- An independent thinker, progressive in thoughts and actions.
- Have the time commitment and passion to devote themselves to the office.
- Commitment to the rights of patrollers with no personal agendas.
- Ability to listen to the membership and apply what is learned, by working with others, to better NSP.
- Vision for cost control and revenue enhancement initiatives at National.
- Person who is willing to cross boundaries and encourage growth in individuals, patrols, regions and divisions.

Please feel free to use - or ignore - this perspective as you see fit. We are not trying to tell anyone how to vote. We encourage you to read [all the candidate information](#) and make up your own mind and vote for the candidates of your choosing.

Thanks for your service to the NSP and your commitment to play a part in the election of our National Leadership.

See you on the snow!

PNWD Board of Directors

Editor's Note: At the November general meeting, Jim Trett, the Mt Hood region representative, will discuss the candidates and make the region recommendations.

MHSP Database Instructions

By Joel Stevens, List Master, SHC 736

Attention all patrollers and hosts,

The MHSP maintains several databases which contain some patroller info, and which need to be kept up to date. These databases are not linked, so updating your information in one location will not update it in a different location. We depend on you to keep all locations up to date.

The Roster

The Roster in the Online Predispatch has all of your contact information. It is important to keep this information current, since it is the way other Patrollers and the Patrol Officers can contact you. Particularly important is your email address. Several automatic emails can be generated from the Dispatch program, and they won't get to you, if your email address is wrong. In addition, if you forget your password, the program can send your password to you as long as your email address is correct.

To edit information in the roster:

- 1) Go to the Online dispatch site <http://www.mhspdispatch.org> and login.
- 2) On the home page click on My Address on the left side of the page.

- 3) You can update all of your personal information there. There is also a reminder and a link to the NSP's database so you can keep that information up to date as well.

The MHSS Roster

We have a second Dispatch site that is used exclusively for the SnoSports Swap. The reason for the second site is that there are many non-MHSP people involved in the swap, and we did not want to compromise your personal schedule or data. Typically only Names, Email addresses and Phone numbers are listed in the Swap site, but they still need to be kept up to date just the same as the regular MHSP Roster.

The MHSP List servers

The MHSP maintains several list servers for various groups in the patrol. Almost everyone should be on the "Members" list server. In addition there are list servers for Nordic "Nordic", Mountain Hosts "Mountainhosts", Alumni "Alumni", and Mt Hood Meadows "Meadows"

These are all open lists, anyone can join or post to these lists. These list servers are only to be used for patrol related communication. Please do not post advertisements, solicitations, jokes, etc. on the list servers. Also be aware that a lot of non-patrollers are subscribed to these lists. Don't post anything you don't want the general public to see.

In addition there are two closed lists "Hillcaps" for Hill Captains and Supervisors, and "Patrollers" for all MHSP Hill, Nordic and Associate Patrollers. These two lists have controlled membership. An administrator must add you to these lists. The "Patroller" list is updated in November each year from the information in the roster. This list is used only for special emails from the Executive Council. Members may not post to this list. The "Hillcaps" list is also closed, but any hill captain or supervisor can post to it.

To subscribe to any open list:

- 1) You must be sending from the email account you want to subscribe.
- 2) Be sure HTML is turned OFF. Your email editor must be in "Plain Text" mode. (Double check this, it is the primary cause of subscription failures.)
- 3) Send an email to Members-request@list.mthoodskipatrol.org
- 4) Leave the subject line blank.
- 5) Type the single word "subscribe" as the first word in the body. (Additional text after "subscribe" should not cause a problem but no one will read it.)
- 6) Check for a reply from Members-request@mthoodskipatrol.org saying that you are now subscribed to the list.
- 7) All of the lists work the same way. (ex) To subscribe to the Nordic list, send to Nordic-request@list.mthoodskipatrol.org

Be aware that some companies (Intel and Precision Cast Parts for example) and most school districts tend to treat list server mail as spam. You may need to use a different email address, or make special provisions with your IT department.

If you don't succeed in subscribing to the list, send me an email from the address you want to use and describe the problem. Please include a phone number where I can reach you.

If you know that you are going to drop an email address, please unsubscribe the old address so we don't get continued notification of delivery failure. You can call me or email me if you are unable to unsubscribe. (If you email, please give me the address you want to abandon.)

Patrollers, every time an email to you bounces, it generates an e-mail to the List Master (i.e., I get about 6 emails for every one that is posted to the list.). If your list server email bounces repeatedly, you may be automatically deleted from the list server list. Usually this happens when the address is inactive, but occasionally it can happen because your server rejects email from our list server. This is a common problem with government agencies, and some companies, Intel and Precision Castparts to name a few. If it only happens occasionally you won't be removed from the list, but if it happens on every email for an extended period, your address will be deleted from the address list. If you notice that you are not getting any email from the list, or that you are unable to send mail to the list, you might want to re-subscribe.

MT. HOOD SNOSPORTS SWAP

Swap Recap

By Stewart Carter, Swap Manager, P 1559



Wow, what a great event! Thanks to Ken Freedman and Doug Stanton's media teams, plus an outstanding social/grass roots marketing effort by individual patrollers snowboard team members, revenue from this year's Mt. Hood SnoSport Swap has exceeded our most optimistic projections. We are three years early in reaching our goal of \$10k in net profits for the Patrol!

Attendance roughly doubled from last year with over 1,800 skiers and boarders coming through the doors. That number, added to the volunteers working the swap, gave us a total of over 2,100 shoppers at this year's event.

Over 300 patrollers, hosts, friends, family and West Linn volunteers, combined forces to tag equipment, set up racks and tables, check-in 8,244 pieces of clothing and equipment; sell 2,952 items; check out 5,292 items and turn the sales floor back into a high school commons, all in a 56 hour period.

Cashiers rang up \$193,000 in sales. Some revenue is still trickling in from sponsors and donated equipment sales, and expenses are still being tallied, but it is expected that net profit from the 2010 SnoSport Swap will top \$24,000; of which at least \$12,000 will flow directly into the Mt. Hood Ski Patrol coffers.

Local shops and businesses are increasing their commitment to the SnoSport Swap. Next Adventure and Hillcrest Sports, along with Gorge Performance, provided the foundation inventory for the swap, stepping up again this year with more quality gear.

Gladstone Toyota, backed by Toyota North America, joined Mt. Hood Meadows, Mt. Hood Skibowl and Rack Attack as swap sponsors. I would also like to mention the Northwest Ski Club Council for their support of the swap. This group of ski clubs has been unstinting in their support of the Mt. Hood Ski Patrol. Their participation turns the swap into a truly regional event.

My special thanks go out to the committee chairs and key personnel that have invested countless hours over the last year to insure that all our ducks are in a row before the first item is checked in. They are:

- Joel Stevens – Assistant General Manager and Yard Sign Czar

- Ken Freedman – Marketing Guru
- Wrayann Estey - Snowboard Team Coordinator
- Dave Miller – I.T. (without Dave and his team, chaos would reign)
- Dean Phillips – WLHS Liaison
- Bob Stephens - Operations
- John Moss – Finance
- Pat Stevens and Wendy Stuart - H.R.
- John Gertlar and Mike Anderson – Security
- Plus John Gastineau and Steve Eversmeyer for making sure there was always someone at the meeting to record the minutes and provide adult supervision.

Honorable mentions go out to volunteers that stepped up close to or during the event to fill key leadership and support rolls. They are:

- Doug Stanton, Eric Pool and Eric Granning - Marketing Team Leads
- Kimberly Remsing – Alternate Projects Coordinator
- Peggy O’Leary – Dispatch
- Jay Miller – Volunteer Support
- Sky Trammel – ATM’s
- Mark Laferte – Printing
- Thomas Carter – Operations
- Darren Olsen – slam dunked organizing the snowboard room
- Mike Kurfis – Twitter King
- Jan Carpenter – Queen of Equipment Check In
- Gordy and Greg Winterrowd – the Turkish rug merchants of t-shirts sales and data mining

If you think you might be interested in becoming more involved in the planning and execution of this event contact Wendy stuart.wk@gmail.com., to learn more about the exciting volunteer opportunities on the 2011 Mt Hood SnoSport Swap Planning Team.

OPERATIONS

Patrol Chief

By Jeffrey Weitz, Patrol chief, HC 1236



Shout Outs!

Great Job by Cleo and all the OEC instructors for putting on the best OEC refreshers yet! What an amazing group of dedicated instructors we have! Super heroes all of you!

Unbelievable job – kudos go out to the swap committee and all the volunteers who made this year’s swap an overwhelming success! Thanks to all for really stepping up this time! YOU GUYS ROCK!

The Areas

We have now met with all the areas. Our Skibowl meeting went great and we are looking forward to a very busy season at all the areas. For specific details and area benefits available to us at each area please check out the October special edition Snojob on the wiki or contact the APC's .

- Meadows- Eric Pool, Kat Moore
- Skibowl – Matt Rea, Shelly Johnson
- Timberline – David Atkinson, John Howard

They can answer any of your questions about area protocol and benefits.

Dispatch

You must dispatch to receive area benefits this season. The slots are going fast so please take the time to fill your calendars for the season now..

If you have a credible reason you are not able to pre-dispatch for any reason, please contact the associate director or the patrol chief to get on the special dispensation list.

If you decide at the last minute you want to “walk-on” on a day you have not pre-dispatched you must first clear it with the hill captain of the day otherwise you will not get patrol credit for the day. No exceptions!

Modules Deadlines

Remember that your benefits package for this coming season will be based on your days you put in this last season. Look at your schedule early and sign up for your preferred days early so you are assured of getting those specific days you want.

- Module #2: Nov- Dec, Deadline 10/15/2010
- Module #3: Jan- Feb, Deadline 12/15/2010
- Module #4: Mar- May, Deadline 2/15/2011
- Module # 5: Jun- Aug, Deadline 5/15/2011

Training and Clinics

- If you need to take Avy 1 or an Avy refresher this season get on the dispatch and sign up now. If you have questions contact Justin Zucconi for more information.
- Senior S&T and senior EMM are open to all patrollers with 3 or more years of patrolling experience. All patrollers are welcome to attend any S&T Clinic this season. Just let me know if you are interested and I will sign you up. Check the master calendar for the dates.
- A two-day women's toboggan clinic will be back this season again in February. I will announce the final date next month once it is confirmed.
- Coaches' calibration clinic will be held at Timberline on December 12th
- Tryouts will be held on December 11th so tell your friends to come on up and try out!
- Ski Fever is November 5th -7th. You can sign up with Lisa Hargrave.

Winter is fast approaching so get you pre-season exercises going and get in shape now to avoid injuries and enjoy your season even more. Be strong and make it fun!

Let it Snow! SKI CZY

Associate Director

By James Schuler, Associate Directors, AS 90481



A season of change is upon us. The MHSP patrol now wears a single uniform and to the general public the number of patrollers will appear to have increased on-hill.

Associate patrollers will have a new visibility that they didn't have before. So what impact does this have on associate and hill patrollers?

For a simple answer, let's go back to the basics of what we do as a patrol. The first and most important function of all patrollers is to provide first aid and transportation to those in need on the mountain. In the ski areas, hill patrollers provide on-hill first aid and transportation to the first aid room (FAR). Associate patrollers also provide first aid on-hill, maintain first aid rooms and provide ongoing care of patients. All patrollers are first responders, whether they are on hill, in the base area or in the FAR.

Operating Changes this Year

There are some changes in duty for associates as well as hill patrollers this year.

Over the past few years, there has been a movement to put associate patrollers along side of the hill patrollers in opening and closing the hill as well as taking time to assist on bump and making themselves available as first responders before sleds are deployed. We are trying to formalize that effort this year. Associate supervisors are being asked to have FAR assignments made out ahead of time rather than have their meetings following the hill captain's meeting. Those associates not assigned for FAR opening, and who are able, should be available to assist with opening the hill. These assignments are made at the discretion of the associate supervisor and the hill captain. When not assigned to the FAR, associates will be assisting with bump and area closing assignments.

The first aid rooms are for patient care and are not meeting rooms or places for patrollers to congregate with family or friends. Only patrollers assigned to work the first aid room should be present. This will be more closely monitored this year.

During daily operations, hill patrollers who transport patients to the FAR, especially if they are the first responders for the case, should remain in the FAR with their patient long enough to assure a "continuity of care" with all pertinent information and documentation until a secure "hand-off" has been made.

These changes do not imply that the hill captains "have a new resource to put on the Hill" anymore than the associate supervisors have "additional help" that can be added to First Aid Room resources. To most patrollers, these are not new conditions, but have been slowly coming into play over the last few years and are a continuation of improvements in operation. Our intention is to present to the public that we are truly a unified patrol with a single goal whether we are hill, associate, nordic or host.

Predispatch Double Credit Days

By Jeffrey Weitz, Patrol chief, HC 1236

The following days qualify for double credit, if you pre-dispatch.

Thanksgiving Days – November 25th & 26th

New Year's Day – Jan 1st

Christmas Day – Dec 25th

President's Day – Feb 21st

Area Operating Notes 2010-2011

Meadows

- Show-up time is 7:00, out the door by 7:30.
- All team members must register their team days on the predispatch system. Season pass recipients must have all their required days in the system by 12/16.
- The GP dispatch slots are for “shadows”. Shadows are patrollers who are not an alternate or on a team who are learning the ropes. Patrollers wishing to shadow must contact the team leader of the day or the APC before dispatching as a GP. Team members and alternates should not use GP slots to dispatch.
- Associates should wear red parkas when patrolling at Meadows.

Skibowl

- Patrollers should take the shuttle bus to the area. Bus should be at the Govy building at 7 AM. Hill captain to call Hans or John if it is not there.
- Morning meeting at 7:30 sharp. All patrollers to be out the door by 7:45 and on the lift by 8:00.
- All patrollers will be wearing daily working passes. This includes patrollers with season passes since we are using Mountain Passes this year which are not a direct-to-lift pass.
- Top priority on morning setup is the bottom of the lower bowl and base area where the public first encounters the hill. If you can see it from the lodge, then it comes first.
- Patrollers should “have ears on” when riding the lifts and report any potential issues. Ask the hill captain or paid patrol director if you don’t know what to listen for.
- AED’s are located on the Westside in the ski shop and on the Eastside in a box below the fire extinguisher in the main lodge area. Do not open the box, it will sound an alarm.
- There will be a Cascade 350, four-handle sled at RC and one at the summit of Tom Dick. At RC keep 2 sleds in the tubes and 2 in the weather, for a maximum of 4 sleds (including the Cascade 350).
- There are some possible new assignments this year. There may be speed control assignments on the Multitorpor chair from the top down to Mt. Hood Lane. Patrollers will also be asked to assist with race crossings.
- Brett requests a reprise of the Year of the Transceiver. Expect daily transceiver practice scenarios.
- Good news, Rhododendron was pruned-back this summer. Expect some great turns.
- Patrollers will be eligible for a 25% food discount, the logistics are TBA.

Summit

- Show up time is 9:00.
- Report to the ticket counter to pick up FAR key, radios and guest passes.
- To get your patrolling credit be sure to fill out the green sheet and fax it from the Govy building, the number is on speed dial.
- Unless you are on injured reserve, come prepared to ski or ride.
- Food discount is 25% with free coffee and soda (sorry, no free lattes).
- Have fun and enjoy the people.

Timberline

- All patrollers should carpool to the area. If you need a ride, be at the Govy building by 7:00. If you have space for riders please wait at the Govy building until your car is full or 7:15, whichever comes first.
- Morning meeting is one hour prior to public opening. Out the door no more than 45 minutes prior to public opening. For the winter that translates to morning meeting at 8:00 and out the door by 8:15.
- Timberline has reduced the number of paid patrollers on weekends to 4 or 5.
- Same meal card deal as last year. Purchase meal cards at the cashier window in the hotel at a 50% discount. Show your patrol ID.

All Areas

- You are responsible for finding a substitute when you can't patrol. That means making some phone calls, not just sending an email to the members list and sitting on your hands.
- If you are late or sick or wreck your car, call the hill captain or associate supervisor.
- Do not send MHSP blankets or oxygen bottles down in ambulances. Trade out the ambulance equipment for ours.
- Fill out the incident report forms (IRF) completely.
 - Be sure to include the exact name of the run or the specific terrain park and feature where the incident occurred.
 - First responders should complete their section of the IRF and include their name and patrol number.

Avalanche Level 1 Classes

By Justin Zucconi, Avalanche Director, HC 1478



As National Ski Patrollers who have a Level 1 Avalanche certification we need to take a refresher course every three seasons.

I generated a list of Patrollers who have not taken Level 1 or a Refresher since January 2007. This list may also include new patrollers who have not taken Level 1 yet. If this is you, please dispatch for your first class on either December 1st, 2010 or December 15th, 2010 .

Please see if your patrol number is listed below. If so, you need an avalanche refresher this year to be active!

If there are any discrepancies, please e-mail me your history proving that you took a refresher in the past three years.

Thanks Ya'!!!

301	1271	1445	1605	1640	1650	1659	50001	80017	90447
511	1280	1460	1622	1641	1651	1660	50002	80023	90450
752	1282	1470	1626	1642	1652	1661	50005	80031	90477
1088	1288	1476	1632	1643	1653	19003	50007	89031	90483
1113	1292	1482	1635	1644	1654	19005	50008	89037	
1135	1314	1490	1636	1645	1655	19008	50009	90182	
1155	1323	1495	1637	1646	1656	30006	50010	90244	
1207	1413	1498	1638	1648	1657	30007	80005	90278	
1210	1434	1504	1639	1649	1658	30017	80006	90303	

Do I Get Credit If My Predispatched Ski Area Is Not Open?

The short answer is no.

If you are pre-dispatched to patrol at an area it is your responsibility to determine if the ski area will be open for operations. We will use the 6 AM ski area snow report as the definition of “open”.

If the 6 AM snow report says the ski area is not opening you will not get Patrol Day credit.

If the 6 AM snow report says the area will be open for skiing, you must drive to the mountain prepared to patrol. If the area later chooses not to open that day for weather or other reasons you will get Patrol Day credit because you showed up to patrol. This applies even if you didn't actually make it to the area because the Hill Captain called your cell phone to turn you around. If you were excused for sickness or other reason you will not get credit because you would not have patrolled if the area did open.

If your ski area is not open you are welcome to try for a walk-on spot at an open ski area if there is space available. We will not overload a ski area with patrollers so there is a possibility that you would not be able to patrol. If you are accepted as a walk-on at another area the day will count as a Service Day, not a Patrol Day counting toward your minimum.

Not that we expect this to be a problem for long. Here are some photos from our last La Niña season.



Skibowl Palace by Mike Kurfis



Skibowl Westside by Brendan Robinson



Photo by Mike Kurfis



Erin Barker digs out tower pads. Photo by Mike Kurfis

FIRST AID

Reasons to Backboard a Patient

By Cleo Howell, First Aid Chief, AS 1444



I have been asked lately what the MHSP protocol is for placing a patient on a backboard.

MHSP Protocol

Listed below is the MHSP backboard protocol. Please remember to communicate well with your patient. That should include explaining to the patient the mechanism of injury, the signs and symptoms that you have observed and the importance of immobilizing the patient's spine to prevent further injury.

A patient should be immobilized on a backboard if the patient has a mechanism of injury with the potential for causing a spinal injury and who has any of the following criteria:

- Altered mental status- Did the patient have a loss of consciousness?
- The patient complains of Spinal pain or tenderness and/or pain or tenderness is found with palpation.
- Patient has a distracting injury- i.e. extremity fracture, respiratory distress, etc.
- Patient is impaired from drugs or alcohol or is disorientated from other cause(s) that could distract from spinal injury?
- Neurological deficit of an extremity; numbness, tingling, or paralysis is present.

Consider the mechanism of injury. Was there enough force to the body or head by a strike or fall from a height that could cause a spinal injury? (i.e. The patient came off a large jump or crashed into a fixed object at a high speed.)

If any of the above criteria are present in conjunction with a significant mechanism of injury the patient should be placed on a backboard and immediately transported to the first aid room or to an ambulance.

New CPR Guidelines released by American Heart Association

By Cleo Howell, First Aid Chief, AS 1444

The American Heart Association released new CPR guidelines on Oct. 18.

<p>YOU SHOULD CONTINUE TO USE THE PROTOCOLS YOU WERE TAUGHT, UNTIL YOUR NEXT CPR UPDATE.</p>

Listed below are the highlights of the AHA changes:

For Laypersons

- Compression to breaths ratio remains 30:2
- Compression rate is a little faster (at LEAST 100/ minute)
- Compressions are a little deeper (2" vs. 1.5-2" for adults)
- Compressions are to be started before any attention to airway and breathing (CAB as opposed to ABC)
- Look, listen and feel for breathing has been eliminated.
- "Hands-only CPR" remains valid for those unwilling to give breaths (and for the untrained)

FOR HEALTH CARE PROVIDERS (this includes ski patrol members)

- Look for signs of breathing briefly while assessing responsiveness.
- Team response is emphasized as opposed to single rescuers switching off, but change compressors every 2 minutes.
- Untrained or unskilled HCPs may use hands-only.
- Cricoid pressure during breaths to prevent stomach inflation is NOT recommended
- For AED, front-back pad placement is recommended as the default with other placements permitted depending upon patient circumstances.

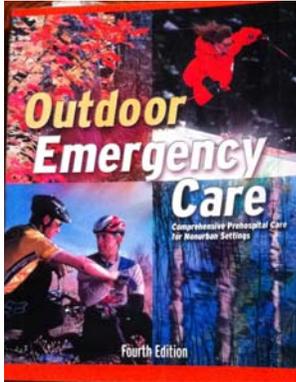
Other AED procedures remain substantially the same.

A big thank you to Harold Crawford for summarizing the 30 page AHA document about the 2010 CPR Guidelines.

For further information see the [AHA website](#).

In the meantime, Keep doing CPR the way you were trained until you attend your next CPR update.

4th Edition OEC Textbooks Needed



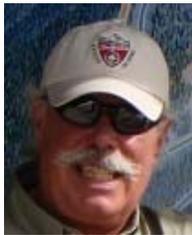
The next OEC course will start in mid January and we will be using the 4th edition for that course. So that new students do not have to buy an obsolete textbook we will attempt to get loaner textbooks from current patrollers.

If you have an OEC 4th Edition textbook that is in useable condition and you are willing to loan it to a new student please bring it to an OEC refresher or a general MHSP meeting. Make sure that your name is on the book. Do not bring your workbook, because we will buy new workbooks. I would like to have enough textbooks for the students by mid December.

MOUNTAIN HOSTS

History of the Mountain Host Program

By Bill Johnson, Mountain Host Director, HS 60001



The primary mission of the MHHP is to promote the enjoyment, safety, and education of guests at Timberline and Mt. Hood Skibowl.

In 1986, Timberline launched a guest host program with two individuals who were referred to as “twinkies”. Their role was to act as hosts or ambassadors to guests within the lodge.

Fast forward to the early 1990's. The ski host program has grown to 30-40 hosts with outside and slope-side assignments as well as stations within the Wy'east Lodge. The host season ran from opening day to the end of May. At that time hosts were technically employees of Timberline although the pay in the form of a lift ticket and a “greenie” or chit when working shifts.

As time went on it became evident that the ski host program needed to pursue a different direction in order to grow and continue performing outside assignments. In 2006 Timberline discontinued their ski host program and asked the Mt. Hood Ski Patrol if it could provide host services in addition to ski patrollers. And so the Mt. Hood Host Patrol was born.

In 2010 MHHP has grown to 135 members and supports Timberline Lodge as well as Mt. Hood Skibowl. And we may be expanding soon to Summit Ski Area. Hosts work closely with patrollers acting as additional eyes and ears on the mountain, and providing on-scene assistance as needed.

Mountain Host 101

By Bill Johnson, Mountain Host Director, HS 60001

The following is an attempt to answer questions about Mountain Hosts and provide a better understanding of our program.

What does a Host do ?

The two primary responsibilities of the mountain host are to assist ski area guests and to provide an extension to the Mt. Hood Ski Patrol while slope-side.

Guest services can include information services at the lodge entrances, assisting at the guest services desk, helping at the equipment rental shop, providing back-up for the ski keep, helping with snow sport classes, keeping the lift unloading ramps clear and moving, crowd control at lift loading areas, monitoring the line-up at snow cat skiing, and most importantly, making our guests feel welcomed and valued.

On the safety side hosts report injured skiers and providing scene safety or traffic control at accident sites. While hosts are not certified first aiders they can assist as directed with packaging patients and loading them into the sled.

Individual hosts may assist with opening, closing or hill maintenance, but that is not part of the assigned host duties.

Currently mountain hosts dispatch to Timberline and Skibowl only. Service may expand to Summit Ski Area in the 2010-2011 season.

What's the commitment?

Hosts need to commit to and complete at least eleven 4-hour shifts per season including swap duty. Once the apprentice cycle has been completed, double shifts as well as double credit days become available. Hosts also pay MHSP dues, but are not members of National Ski Patrol.

What are the benefits?

The benefits vary slightly between areas, but basically for every four-hour shift hosts receive a lift voucher. Hosts also participate in food discounts, equipment programs and other patrol benefits.

What does training involve?

Hosts serve a one season apprenticeship that covers training at each of the areas served by hosts. We are also moving toward requiring all hosts be CPR/AED certified.

How to Join?

New apprentices are accepted during the early autumn. Register with the host recruitment director via the MHSP website. Applicants receive a host manual as well as additional information regarding the program. Next is a brief phone interview. The final step is an in-person meeting with senior hosts to discuss the program in greater detail, our objectives, and the apprentice's background and expectations.

Mountain Host Assistants

By Bill Johnson, Mountain Host Director, HS 60001

I have selected several key individuals to supplement and support important segments of our Mt. Hood Host Patrol program.

- **Mike Cullen - Operations Supervisor**
Implements and maintains Host related dispatch requirements and is the primary administration interface. Mike will also roll out any assignment or scheduling updates and monitors all Host shift history. This is a very critical position for weekend and Holiday activities and is directly involved with any schedule updates or changes.
- **John Moss - Special Projects Supervisor**
John is deeply involved in the SWAP event and other fund raising functions. John is also the primary and driving interface with Mt. Hood Skibowl.
- **Bob Parry - Training and Retention Supervisor, Timberline**
Bob is directly involved with the recruitment, training, and retention of hosts at Timberline while interfacing with his counterpart at Skibowl.
- **Jack Barry - Training and Retention Supervisor - Mt. Hood Skibowl**
Jack's primary mission is to increase and strengthen host participation at Skibowl.
- **Diane Brunea – Terrain Park Training Supervisor**
Diane will be educating hosts on safety, process, and procedures in the terrain parks.

These people have a lot of good, fresh ideas. Please give them your support and full cooperation. Thank you.

OTHER NEWS

Rescue Center Improvements

By Jan Carpenter, Henry's Mom, AP 1558

Skibowl Rescue Center

This picture was taken this last August when Henry Fortuna visited his Eagle Scout Service Project at the Skibowl Rescue Center. Henry's service project added new seating with storage for mountain rescue gear, a radio cabinet above the desk, a metal tuning workbench, and a new dryer at the Rescue Center along with fixing the broken door locks for security. This visit was to repaint the rust on the tuning table and removed the broken dryer (critters had nibbled through the wires and shorted it out)



Looking for a Clothes Dryer

Henry is looking for a dryer to re install next summer or this fall if quick enough (before snow) This time he will add wire protection against the chewing critters. If you have a good working dryer for a donation please contact Henry at amazing.mr.pants@gmail.com

Stan Goodell Sells Bluewood Ski Area

Stan Goodell, HC 695, and past MHSP president 1981-1983, has sold the Bluewood Ski Area. Rumor has it that he and Nancy will be retiring to Long Beach, Washington. The [Tri-City Herald](#) has some details on the new owners.

We'd tell you more, but as everyone knows, what happens at Bluewood stays at Bluewood.



2009 MHSP Bluewood Trip, photo by Bluewood Ski Patrol

Matt Hickock Receives National Appointment



Matt Hickock receiving his National Appointment from Region Director Jim Trett at the Pacific Northwest Division meeting in August. Photo by Jodie Jeffers.

Snojob Deadline is 3rd Monday of the Month

Lisa Hargrave, Snojob Editor, HC 1053 and Barb Korsmo, Copy Editor, Alumni AP 90260



The deadline for Snojob articles and photos is now the third Monday of each month (7 days after the general meeting). Send your submissions to snojobeditor@gmail.com.

Articles: Please submit as the body of your email rather than an attached document. If you have a long article covering several topics please break it into several articles covering one topic each.

Photos: Send as an attachment in JPG format. Be sure to identify who took the picture, where it is and who is in it.

Calendar

For the most current information and details check the online calendar at www.mhspdispatch.org.

November

- 3 Council Meeting
- 5-7 Ski Fever Ski & Snowboard Show
- 7 OEC Refresher (*predispatch required*)
- 8 General Meeting
- 15 Snojob Deadline
- 17 Recruitment Info Night

December

- 8 Council Meeting
- 11 Tryouts (*pre-registration required*)
- 13 General Meeting
- 15 Predispatch Deadline for Jan-Feb
- 16 New Apprentice Registration
- 20 Snojob Deadline

January

- 5 Council Meeting (subject to change)
- 10 General Meeting
- 11 OEC Book Pick-up for Apprentices
- 15 Lift Evac, final make-up session
- 17 Snojob Deadline
- 25 Alumni Luncheon, everyone welcome

February

- 1 OEC Course begins
- 9 Council Meeting
- 14 General Meeting
- 15 Predispatch Deadline for Mar-May
- 21 Snojob Deadline