



# Mt. Hood Ski Patrol

# Snojob

September 2010



## HAVE YOU DISPATCHED FOR THE SWAP YET?

*All patroller and host members are required to work one shift at the swap or on a pre-swap activity.*

<http://www.mhspdispatch.org/cgi-bin/swap>

### Essential Reading

#### Date Sensitive

- Snosports Swap (3 must-read articles)
- CPR Refreshers
- Pro Forms and Equipment Deals

#### Must Reads

As the first issue of the new year just about everything in the Snojob is a must-read, but pay particular attention to the following.

- 2010-2011 Patroller Dues and Membership Commitment
- 2010-2011 Mountain Host Dues and Service Commitment
- Proposed Change to Patroller Uniform Policy
- Patroller Responsibilities

### President's Message

*By John Gastineau, President, HC 1393*



I don't know about you, but I'm done with summer. For me, summer has meant surgery, a cast, and physical therapy. But let's talk about the upcoming events. Fall is an incredibly busy time for the patrol, and this year is no different.

#### Swap

First, our third swap is a little over a month away. This is our only large fund-raising event of the year, and we need everyone's help to make it happen. Your

participation on some level is required as a member of MHSP/MHHP. Please review the several swap articles for how you can help. If you cannot work the weekend of the swap, there are other opportunities. Review the swap article for this information.

## **Uniforms**

Second, some information on patrol uniforms; for years, every council has been asked the question of why we have different uniforms for different classes of patroller. Also for years, the question was moot, because the ski areas were not interested in having associate patrollers in red uniforms. There was nothing further to discuss.

Today the situation has changed somewhat, in that all areas were now either requesting or willing to see a single uniform. Last spring, a council committee looked at the issue and came up with a proposal. Recently, though, some email discussion about this proposal has raised some good points others that are simply not true, and still others that misunderstand the proposal. Because of that, I encourage you to read carefully.

Summit has requested that all patrollers be in red, regardless of class, so that patrollers may be easily identified. Meadows too, is moving to red uniforms for all safety employees (including ski patrol, courtesy patrol and hosts) for the purpose of visibility and identification. Both Timberline and Skibowl patrol directors have given approval to having all patrollers in red coats.

Why bring this question up at all? It's a question of serving the skiing public well. Part of that is being easily identified to the public from a distance. We're not talking about face to face interactions, but being visible from a distance. A recent Ski Patrol magazine article included this line: "Ski patrol wears the most universally recognized uniform on any mountain. The mountain sliding public has an expectation of protection and service from the men and women in red." We have a need to be instantly recognized by the skiing public.

The objection to a common uniform largely comes down to one of public perception. We must give the public confidence when they see a ski patroller. Nobody disagrees with that. Some patrollers worry that a mediocre skier in a red patrol coat will undermine public confidence, and so favor a blue parka for associates. This approach can only work if the blue uniform is not recognized by the public as a patrol uniform from a distance--otherwise the color choice wouldn't matter to anyone.

Nevertheless, a single uniform has significant problems of implementation. We would have to trust lesser skiers to stay on terrain that does not stress their skiing while in uniform. We would have to learn how to distinguish between hill and associate patroller shoulder patches. Some associate patrollers might be asked to buy a new coat earlier than they might have liked. An associate patroller, choosing to stretch his or her skiing, might be out of uniform (but still able to respond with radio and first aid gear) and so have to respond as would an off-duty patroller. Can we successfully address these as a patrol?

Summit wants red coats, and MHM is moving to all red (but would probably be fine with some patrollers in blue for now). However, on any given weekend there are probably five associates working between these areas, so a few shared red jackets might suffice for special associate use. Otherwise, associate patrol days are largely served at Skibowl and Timberline. For the first time we can choose to either use a single uniform for all patrollers (Nordics too), or to continue our present plan. We've never had a choice before.

So what next? Read the proposed uniform policy and watch your email for a member survey. The policy approved by the council includes a requirement that uniformed associate patrollers restrict themselves to ski runs consistent with their riding ability. The council will take the pulse of the patrol on the specific policy proposal via the survey and then decide how best to move forward.

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## Patroller Member Dues Reduced

By *Jaye Miller, MHSP Treasurer and Region Registrar, HP 1437*



MHSP dues will be going down by \$3 this year to a total of \$117.

- National Ski Patrol \$41
- Pacific NW Division \$10
- Mt. Hood Region \$10
- MHSP \$56

Dues will be collected at each OEC Refresher so remember to bring your checkbook. Check and cash will be accepted (exact change is appreciated).

If you attend an OEC refresher elsewhere then you must send in your dues before 11/20/2010. National Ski Patrol will assess a late fee in the amount of \$35 for all dues payments received after 11/20.

Consider saving money by purchasing an NSP Lifetime membership for \$550. See me or check out [www.nsp.org](http://www.nsp.org) for details.

Also, if you are hired by a ski area as a part-time patroller please contact me as that changes your registration.

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## Membership Levels for 2010-2011

By *The Executive Council*

### Same as Last Year Plus a Swap Shift

Membership levels will basically be the same as last year.

Patrollers will have 3 separate service requirements for membership:

All patrollers will be required to put in the following training days: annual OEC Refresher, annual Lift Evacuation, and triennial Avalanche Refresher.

Patrollers will sign up to do 18, 15, or 9 patrol days with a certain number of pre-dispatched patrol days required in each module.

In addition, all patrollers are asked to work at least the equivalent of one shift in support of the swap (either at the swap or in a pre-swap work party).

### What is a Patrol Day?

Patrol Days are primarily days spent patrolling, but also include days spent *delivering* training. This includes teaching OEC, teaching avalanche classes, doing sled coaching or other apprentice training, and instructing FRT.

Patrol Days are not days where the patroller receives training. Again, days spent *receiving* instruction do not count as Patrol Days, but days spent *delivering* training do count. This recognizes that our patrol could not exist without the contributions of our instructors.

Other activities with MHSP will be called Service Days for which there is no minimum requirement.

2010-2010 Minimum Pre-dispatched Patrol Days					
	Sept-Dec	Jan-Feb	Mar-May	June-Aug	Annual Minimum
Gold	3	4	5	0	18
Silver	3	3	4	0	15
Bronze	2	3	2	0	9

**Note:** The minimums shown for each module do not add up to the total Patrol Days in a year. This allows you more flexibility in arranging your schedule. Still, the minimum days for the entire year and for each module must be met by each of us if the patrol is to provide adequate coverage throughout the season.

## We need to know who is coming to the party

Although we are volunteers, the ski areas are businesses. We will be as realistic as we can in promising volunteers to work at the areas. At the same time members must observe certain proprieties just as you would in your day job. You have a schedule; you show up or find a substitute if you can't make it. If you're sick you let your boss know as soon as possible. If you have the day off, you don't show up for work and expect to be paid.

**Predispatch:** In that light, if you want to patrol certain days, be sure you dispatch for them. If you show up as a walk-on, you will be welcome to patrol, and even get a guest pass or other benefit as they are available to you, but the day won't count as a patrol day (instead it will be a Service Day which does not count toward your minimum).

Why would we do this? The ski areas look at our dispatch numbers, and plan their paid staff appropriately. Imagine their frustration if they see a short pre-dispatch, pay their staff to show up, and then find a room full of volunteers.

**Limits on Patrollers:** In order to do the best job we can in serving the ski areas, we will have limits on the number of patrollers pre-dispatched at any area or activity. Otherwise, we use up our "inventory" of patrol days by overstaffing on some days, risking being short on other days.

## What if I can't commit or pre-dispatch?

Contact the Patrol chief to work out a plan. We do recognize that life happens, and sometimes a patroller may be unable to commit to a traditional number of days. If life circumstances require that you take a sabbatical year, this can be arranged. Some patrollers have no control over their work schedule and can only pre-dispatch at the last minute – this, too can be accommodated. Contact the Patrol chief as early as possible to do this. If you are injured, or have a temporary conflict that keeps you from patrolling, again, contact the patrol chief to work out a plan. If we know what you can do in advance, then we can give the areas realistic information.

Being a volunteer patroller is a privilege and an obligation. We get to do one of the best jobs in the world, but we need to work with the ski areas to be sure that our efforts are made at the time and place needed. That means pre-dispatching, and fulfilling that promise.

## Benefits For This Season and Next

Benefits for the 2010-2011 season are based on your patrol days LAST year. Benefits for next season will be based on your commitment and performance this season. For first-year patrollers, patrollers

coming off sabbatical, and patrollers who were injured for part of the prior season, we'll take your current season commitment on good faith.

The specific details on benefits will be related as soon as the ski areas confirm them. We know that some patrollers are anxious to know all the details but they are simply not locked down at this time. It was not long ago that the only benefit any patroller got was a guest pass on the day they worked. This is a time of change and that breeds a little uncertainty.

In general:

- Gold is for patrollers with families.
- Silver is for individuals who want vouchers or passes.
- Bronze is for patrollers who do not meet one of the higher levels and does not receive any benefits beyond a single guest pass on the day they patrol.
- If you want to ski at no cost on a non-patrol day then silver or gold is the level for you.
- Whatever season pass benefits turn out to be available, only gold and silver members will be eligible. Also there will likely be a requirement to patrol a minimum number of days at that specific ski area to get a pass.

## Questions

If you have any questions about requirements or benefits please contact either President John Gastineau, or Patrol Chief Jeffrey Weitz.

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## Review and Update Your Records

*By Peggy O'Leary, Assistant Patrol Chief Records, AP 1451*



ATTENTION ALL PATROLLERS AND MOUNTAIN HOSTS.

Please review your ski history and update your roster information on the dispatch site no later than September 15<sup>th</sup>.

This information will be used to create the roster and for the famous “gold sheets” at the OEC refreshers.

Remember that this season's benefits are based on last season's performance, so it is important to get your history right. If there are errors please contact me by email at [peggy.oleary@comcast.net](mailto:peggy.oleary@comcast.net).

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## Meeting Survey

*By Joel Stevens, Junior Trustee, SHC 736*



First, thanks for filling out our survey. We had about a 60% return on the survey which is a very good response.

We have had a number of people suggest that the Athey Creek location was inconvenient for them, so we had several questions pertaining to the meeting location. As it turns out the current Athey Creek location is the preferred location, with more people indicating they could attend meetings there, than any of the other suggested locations. A close-to-downtown location was a close second, but

there were a lot of negative comments about downtown traffic, and parking. If you know of a specific central location with adequate free parking which is available on a regular basis at a nominal cost, let me know, and we will consider it for next year.

The current 7:00 pm time was the preferred time by an overwhelming majority. About 85% of the members said that they could attend on the second Monday.

Years ago, the General meeting was primarily an informational meeting, because that was the way the patrol officers and directors passed information out to the members. With the advent of email and the internet, this has changed a great deal. One way and limited two way communications can be handled very quickly, in a timely manner by the list servers and electronic Snojob. As a result the focus of the meetings has changed over the years.

Your reasons for attending or not attending the meetings were extremely varied, with some members most interested in first aid, some in operations, and some in speakers both patrol specific and other interests. Some people felt the operations info was redundant, and others were not interested in speakers that did not speak directly to the operations of the patrol. The social interaction and MHSP store were important to many people.

Based on your responses, we are going to try an experiment this year. We will alternate the meeting content, with October, December, February and April being primarily operations and business related, and the alternate months being primarily programs. For example the October meeting focus will be operational, getting ready for the new season, and the November meeting will be a Ski Tuning and Waxing demo, geared to the needs of ski patrollers. There generally be some operations overlap on the program nights, but we will try to keep it to a minimum. The meeting agenda will be in the Snojob each month, and also in a reminder email sent out via the list server a few days prior to the meeting.

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## List Server Information

*By Joel Stevens, List Server Manager, SHC 736*

The list servers are our primary means of getting in touch with you. We use the email addresses in the roster to create our list server lists each year. In early November, we will do a one-time purge the list servers and enter new addresses from the online roster.

If you change your email address in the roster, it will not be automatically updated in the list server. If you change your email address, you will need to re-subscribe to the list server by sending an email from you email account to [members-request@list.mthoodskipatrol.org](mailto:members-request@list.mthoodskipatrol.org) with the single word "subscribe" (without the quotes) in the body of the email. If you can't get that to work, send me an email [Joel@SDELtd.com](mailto:Joel@SDELtd.com) from your address.

Note that many employers, especially school districts restrict email from list servers. If you have a personal email address, use that one.

The other list servers, Nordic, Alumni, etc. work the same way. As an example send an email to [Nordic-request@list.mthoodskipatrol.org](mailto:Nordic-request@list.mthoodskipatrol.org) to join the Nordic List server.

## New Patroller Members

The following apprentices were voted into membership at the August council meeting. Congratulations! We will formally recognize these new members and present their official badges and numbers at the October general meeting.

Aaron Patnode, HP

Alex Madsen, HP

Alex Roberts, AP

Allen Hansen, AP

Alyssa Wedgwood, HP

Beth Rice, AP

Brian Newhouse, HP

Cody Meyer, HP

David Graves, HP

David Grayson, HP

Eric "Chopper" Boyd, HP

Geir Eide, HP

Jack Hastings, HP

James Wise, HP

Jason Laramie, HP

Jeremy Willett, AP

Mark Ripkey, AP

Matt Harms, HP

Nigel Fenton, HP

Pete Campbell, AP

Phaedra Booth, AP

Sarah Lanci, HP

Scott Dickinson, AP

Stephen Giesey, AP

Steve Bonham, HP

Steve Johnson, HP

Zach Hill, HP

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# MT. HOOD SNOSPORTS SWAP

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## Swap Work Requirement

*By the Executive Council*

All members of MHSP are expected to participate in the swap, whether host or patroller members.

There will be opportunities to participate at times other than that weekend, to accommodate those who are not available the weekend of the swap. Look for work opportunities on the swap dispatch site at <http://www.mhspdispatch.org/cgi-bin/swap/login.html>.

- Kimberly Remsing ([kremsing02@yahoo.com](mailto:kremsing02@yahoo.com)) will be the contact for those patrol members who cannot work the swap.
- Peggy O'Leary ([peggy.oleary@comcast.net](mailto:peggy.oleary@comcast.net)) will field dispatch site related questions.
- All other members need to dispatch on the swap dispatch at [www.mhspdispatch.org/cgi-bin/ski/login](http://www.mhspdispatch.org/cgi-bin/ski/login)

This is our fund-raising event, and the patrol needs to participation of everyone.

As a bonus, the first 2 shifts worked by a patroller or host (not friend or family) will qualify for ½ on-hill patrol day (or host day) credit each.

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# Your Help in Promoting the Swap is Essential

By Stewart Carter, Swap Manager, HP 1559



## Promoting the Swap & Selling Your Gear:

Promoting the swap a grass roots effort. The success of this event is largely due to MHSP & WLHSSBT members talking about the event with friends and coworkers; posting flyers at work and school, and promoting through Facebook and other social media. Flyers will be available for download shortly after mid-September and Facebook notices are being built on the Mount Hood Ski Patrol Facebook page.

Marketing Chair, Ken Freedman says, "Please share the Facebook notices with your friends. Help out by putting up yard signs if you can and consider being on a media team that demonstrates technique for local media." Let Pat Stevens or Wendy Stuart know if you can help with yard signs or media demo teams (counts towards your swap work commitment).

If you have equipment to sell at this year's swap, equipment check-in will be open from 9:00 AM to 9:00 PM Friday, October 8th and from 8:00 AM to 10:00 AM Saturday the 9th. As with last year's event you will be able to pick up your check (or equipment) on Sunday the 10th.

The more folks we get to come through the door the better the chance that you can turn your old gear into new cash.

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## Ski Swap Details

By Pat Stevens, Ski Swap Human Resources Manager, Honorary Member #8

Guess what time it is, boys and girls! It's Swap Time!

Your hardworking swap committee is...what else?...working hard to get everything in place for this year's swap! Here is the basic information:

### Dates

#### Friday, October 8<sup>th</sup>

7:00AM to 5:00PM	Set up
5:00 PM to 9:00PM	Retail Sales
9:00 PM to 10:00 PM	Set up for next day

#### Saturday, October 9<sup>th</sup>

7:30 AM to 10:00AM	Prepare for Sales
10:00 AM to 9:00PM	Retail Sales
9:00 PM to 10:00 PM	Set up for next day

#### Sunday, October 10<sup>th</sup>

8:00 AM to 2:00PM	Take Down
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### Location

West Linn High School  
5464 W. A Street  
West Linn, Oregon

## **Schedule Work Shifts Through the Online Swap Dispatch**

Dispatch is up and running. It works just like the patrol's dispatch. There is a link on the patrol's dispatch website. You sign up just like patrolling except instead of ski areas there are swap jobs. Please read and understand the abbreviations for the positions and the jobs. Sign up as a TM (Team Member) for the area where your talents lie. If you have been a TL (Team Lead) before and want to do so again, you will be able to sign up as a TL. If you want to be a TL in a given area and haven't done so before, please contact Wendy Stuart ([stuart.wk@gmail.com](mailto:stuart.wk@gmail.com)) or Pat Stevens ([pat@sdeld.com](mailto:pat@sdeld.com)).

Please note the hours for the shifts. If you need to do a modified shift, sign up for the regular shift on the dispatch site, then email [peggy.oleary@comcast.net](mailto:peggy.oleary@comcast.net), Peggy O'Leary, (who has graciously agreed to manage the dispatch this year) and let her know that you will be coming in or leaving at a different time and what the time that will be. You will still come to the volunteer check in to receive your credentials for the day.

## **Recruit Family and Friends to Help**

We are again asking for help from your family and friends. Their shifts will count as service days for you. If you would like to dispatch a friend or family member who worked last year, you should be able to dispatch them just like a patroller. Their name and number will appear on the swap roster. If they have not worked the swap, contact Peggy O'Leary, [peggy.oleary@comcast.net](mailto:peggy.oleary@comcast.net), and she will give them a "patrol number" so you can dispatch them. If you have any questions about any of this contact Peggy.

## **What If I Can't Work the Swap Weekend?**

We will have other opportunities for those who cannot work during the swap weekend. You will not be able to dispatch for these on the dispatch site. Kimberly Remsing ([kremsing02@yahoo.com](mailto:kremsing02@yahoo.com)) will be coordinating the sign ups. As the alternate work is identified, she will be getting back to you on what they are and how to sign up.

## **Please Update Your Roster Info on the Separate Swap Dispatch Site**

We do ask that you check your contact information (basic contact info) on the swap dispatch site. This is a separate entity from the patrol's contact information. Any changes to your information on the patrol site will not be reflected on the swap site. So you need to update the swap roster, too.

One more thing. Where the roster has a space for occupation, please put in your talents. For example; ski boot fitting, ski knowledge, security, software, hardware, computer skills, Accounting (you get the picture!).

We will email you next month with detailed information about what to wear, where to go, what to do and what to expect.

Your ever-lovin' swap HR team,  
Wendy and Pat

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# OPERATIONS

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## Patrol Chief Notes for the 2010-2011 Season

*By Jeffrey Weitz, Patrol chief, HC 1236*



### **The new season is upon us:**

So many thanks to all the incredibly dedicated members of the MHSP. We had a great season this past year and we are looking forward to another great snow year for this season. The MHSP put in over 3000 hours of volunteering this season so give yourselves a big high five on that! Training and refreshing is next on our agenda for September and October. Make sure you sign up for our upcoming mandatory OEC refreshers, Chair Evacuation and CPR updates if you need them.

### **The areas:**

We will be meeting with the ski areas again soon to get organized and iron out all the benefit details and area specific changes for this coming season. Stay tuned for more information in the coming months.

### **Your commitment:**

Remember that your benefits package for this coming season will be based on the days you put in this last season. Look at your schedule early and sign up for your preferred days early so you are assured of getting those specific days you want. This is your time of year to decide how many days of incredible skiing and riding you want to get in. Maybe this is your season to become a Superhero!

### **Training and clinics:**

We will be offering some wonderful options for all members of the MHSP again this season. From women's clinics, toboggan enhancement seminars, skiing skills clinics and many more great opportunities taught by the best of the best from our own patrol and beyond.

This year we will be expanding our Nuts and Bolts three-day clinic in June to include many more classes for Instructors and technicians. Senior ski and toboggan (S&T) courses will be offered throughout the season and are open to all those hill patrollers who want to advance their skills and techniques in the transportation disciplines. We will also be offering Mountain Travel and Rescue (MTR) and a variety of avalanche courses as well.

Let it Snow! SKI CZY

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## A Ski Patroller's Responsibilities

*By Jeffrey Weitz, Patrol chief, HC 1236*

I would like to refresh and brief all members of our patrol on the responsibilities of being either a MHSP hill patroller or an associate patroller.

First and foremost, the only difference between them is in the transportation of patients off the hill. Otherwise all responsibilities for hill and FAR duties are to be shared and executed by every

member of the MHSP! No exceptions unless you have been excused by the Hill Captain for personal or physical reasons.

When you go out on the hill wearing your coat and cross you must be ready to serve the areas and the public to the best of your ability. Please review the following requirements and renew your commitment this season to be the best that you can be with a “can do attitude” every time you are on the mountain.

### **Hill Duties as follows but not limited to:**

- Opening assignments – be on time.
- Check all equipment on the hill, report back to dispatch.
- Clean and scrape all sleds and ready them for deployment.
- Open and check all sled packs for the correct equipment and moisture content.
- Check all lifts and tower pads and adjust as necessary.
- Check and adjust all rope lines, signs and boo – adjust/reset as necessary.
- Assist with shoveling of runs and lifts as requested by the area.
- Transport equipment on the hill and to bump as necessary throughout the day.
- Transport all sleds back on the hill from the FAR once they have been repacked.
- Sit bump in dispatch as requested by the hill captain or the paid patrollers.
- Report all hill issues and 10-50's through dispatch.
- Respond to all reported and unreported 10-50's
- Provide on-hill first aid as required.
- Call for equipment and transportation as needed.
- Participate in sweep at the end of each patrol day.
- Bring all equipment used on the hill that day back to the patrol room.
- Never leave the resort until the hill captain has dismissed you.
- Never leave work that needs to be done for someone else. Be a team player, do it yourself. Be a leader.

### **FAR Duties as follows but not limited to:**

- Be on time for your assignment always.
- Assist the hill transportation from the slopes to the FAR.
- Assist the patients onto the beds or gurney.
- Always make sure you protect yourself – BSI!
- Take vitals and provide for patient comfort. Continue your assessments as needed.
- Fill out all paperwork for each case. Follow the case from start to finish.
- Check inventory of all supplies – know where they go & what you need to replace.
- Keep the FAR clean and sanitary at all times.
- Put all contaminated items in their appropriate receptacles.
- Provide first aid to patients as needed and or requested to do by the supervisor.
- Assist AMR and paid staff when requested to so.
- Put away all supplies once you have completed your patient care.
- Prepare all sled packs and sleds to be redeployed out on the hill.

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## Associate Patrol

*By James Schuler, Associate Director, AS 90481*



A new season is upon us. As you get your gear tuned and start to look toward fall OEC refreshers and chair evac practice, take a moment to look around at the new faces that will be working beside you this year. A new class of patrollers has just completed OEC, first responder, sled work and first aid room training. They are eager to show you what they have learned and put those new skills to work. Please take the time to introduce yourself to them and make them feel welcome.

The Associate Training Program directed by Kimberly Remsing, has turned out ten new candidates that have been or will be presented to Council for full membership as Associate Patrollers. They are: Phaedra Booth, Pete Campbell, Scott Dickenson, Daniel Gates, Steve Giesey, Allen Hansen, Beth Rice, Mark Ripkey, Alex Roberts and Jeremy Willet. Congratulations to them and a heartfelt “thank you” to the many people who had a hand in their training.

I look forward to seeing everyone at this year’s refreshers and ski swap.

Pray for an early first snowfall!

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## Proposed Patroller Uniform Policy

*By the Executive Council*

After many years of discussion and research, the MHSP executive council has drafted a single uniform color policy. The ski areas we serve have been consulted and are on board with the proposal. If implemented this would bring MHSP into step with the national trend among NSP patrols.

The primary objectives considered in formulating this policy have been to:

1. Create a consistent uniform presence that allows the general public to recognize all MHSP patrollers as first aid providers.
2. Enhance the understanding that we are a unified organization.
3. Allow for easy differentiation in the field between patrollers who are sled qualified and those who are not.

### **Recommended Uniform:**

All patrollers will wear a similar all-red uniform. Hill patrollers will continue to wear the present uniform with reflective cross on each shoulder/upper arm. Associates will wear the same red uniform and will be identified by a different reflective patch worn on the shoulder/upper arm. For associate members using a vest instead of sewing patches on their coat, the associate patch is to be displayed on the right chest. The patches that differentiate sled qualified hill patrollers from associate patrollers will be easily recognizable at distance.

	<b>Associate Patroller</b>	<b>Hill Patroller</b>
<b>Upper Outer Garment</b>	Solid red*	Solid red*
<b>Back Patch</b>	Large MHSP cross	Large MHSP cross
<b>Left Front</b>	MHSP shield, name tag	MHSP shield, name tag
<b>Right Front</b>	Optional NSP senior or NSP appointment patch. Vests display round associate patch	Optional NSP senior or NSP appointment patch.
<b>Left and Right Shoulders</b>	Round associate reflective patch	Small plain white reflective cross
<b>First Aid Pack</b>	Small or medium MHSP cross	Small or medium MHSP cross

*\* Jackets and vests must be solid red including hoods, pockets, zipper flaps, elbow patches and yokes. Small amounts of black trim are allowed only on the inner collar, the bound edges on a vest and Velcro closures.*

### **Associate Patch:**

The associate patch will be a round black background with white reflective cross. The shape will be easily recognizable in the field to identify non-sled-runners. The graphics of the cross will be recognized by the public as designating a medical first responder. The patch will also be sufficiently distinctive so that an NSP senior or appointment patch will not be confused with the associate patch.

### **Skiing/Riding Proficiency:**

There is a general preference, or concern, expressed by the ski areas that uniformed patrollers display a certain level of proficiency while skiing or riding. The council agrees with this concern and has mandated that all MHSP members be given the opportunity to receive PSIA level instruction from within our own organization. We maintain that an appropriate image can be projected to the general public through a policy of self regulation. MHSP policy will be that patrollers should not ski/board on runs that are beyond their proficiency while in uniform. All working patrollers have the responsibility of skiing/boarding only on runs where they are proficient or of wearing a non-uniform jacket and a lift ticket.

Proficient skiing is defined as the making consistent parallel turns in control. Proficient snowboarding is defined as making consistently linked heel- and toe-side turns. Proficient telemark skiing is defined as making consistently linked telemark turns.

Each patroller is expected to determine their proficiency and which runs and conditions are appropriate to their level of ability. The patrol chief and associate director are responsible for counseling violators or members who have a mistaken impression of their abilities.

### **Implementation**

Upon final approval, there will be a three year phase in process to allow patrollers time to purchase new parkas.

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# TRAINING

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## Chairlift Evacuation Practice

All hill and associate patrollers must participate in a chairlift evacuation practice each year. Mountain Hosts are also invited to participate. Pre-dispatch is required but you need attend only one of the sessions.

- Sunday, September 26, 8-4 at Timberline
- Saturday, October 23, 8-4 at Skibowl

If you can't make either of these there will be a make-up held in the dark, in the snow, on January 15th, 4pm at Summit.

If you come to the September or October evac plan on attending the post-evac BBQ at the Govy Building hosted by our fabulous ECC (event catering committee).

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## Avalanche Training

*By Justin Zucconi, Avalanche Coordinator, HC 1478*



As Mt Hood ski patrollers we are faced with on hill challenges every day and one of these is assessing skiable terrain and determining if it is safe for the resort's customers to ski. Another is responding to cases which may be avalanche related.

Every three years our hill patrollers are required to update their avalanche skills by taking the "Level 1 Avalanche for Rescue Personnel Refresher." I'm offering this to our patrol at least three times in the 2010/2011 season. The dates are not yet posted but will be by October. I'm compiling a list of MHSP members who will need to attend this refresher and it will be sent out through the list serve. In addition, this list will be available to view at the OEC updates. Look for it at one of the desks and make a mental note of your status.

This season we are also planning to offer the full course, "Level 1 Avalanche for Rescue Personnel," for our new patrollers and transfers, and also a "Level 2 Avalanche for Rescue Personnel." The level 2 class will be offered to patrollers who have already taken Avalanche Level 1 and are also interested in upgrading their avalanche safety and rescue skills to a leadership level. Please keep in mind that you must be at least an advanced skier/rider who is comfortable in avalanche terrain to attend this class. 60% of this class will be in the field.

The last couple of items I'd like to throw out to the patrol is a reminder that we will be reviewing our transceiver skills at both the chairlift refreshers. Remember that this is a review and our instructors cannot give personnel instruction due to time constraints! Please bring your own transceiver and familiarize your selves with it before you arrive. If you do not have your own avalanche transceiver, probe or shovel I am organizing a Pro-Order with Backcountry Access. More information will be released over the list serve closer to the order date, which will be sent the week before Thanksgiving.

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# FIRST AID

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## First Aid Refreshers

By Cleo Howell, First Aid Chief, AS 1444



### OEC Refreshers Coming Soon

Yes, it is time once again for you to demonstrate your OEC skills and possibly learn something new. Oh, and did I mention that you will get to see some old friends that you have not seen for some time.

All patrollers, including members from the 2010 OEC Course, must attend one session of the refreshers. You can attend additional sessions as a patient or helper.

The 2010 version of the OEC Refreshers are scheduled for:

October 17, Sunday, 0800-1600  
October 24, Sunday, 0800-1600  
November 7, Sunday, 0800-1600

Location: Meridian Park Hospital Health Education Center, 19300 SW 65th Avenue, Tualatin.

Time: Start time will be at 0800 and registration will start at 0730.

**You absolutely must pre-dispatch for the refresher of your choice.**

By the time you receive this newsletter you should have received the OEC Refresher Study Guide in the mail. If you did not receive the study guide you can get it via internet at <http://www.nsp.org/EduPrograms/oecrefresher.aspx>.

Please make sure that you read the study guide and fill out the questions in the You Are The Rescuer part prior to attending the refresher. There will be an additional scenario involving an adaptive or special needs athlete.

Items to bring to the refresher:

- NSP card
- OEC card
- Current CPR card
- Completed Study Guide
- First Aid pack (supplies will be available to restock your pack)
- Sack lunch (we only have 30 minutes for lunch)
- A willingness to learn

If you cannot attend a MHSP refresher you will have to attend a refresher elsewhere. Other refreshers in the Pacific NW Division are listed at [http://www.nsp.org/members/edu\\_template.asp?mode=course\\_schedule&search=view](http://www.nsp.org/members/edu_template.asp?mode=course_schedule&search=view). You will have to search for Cycle C 2010 OEC Refreshers in the Pacific NW Division. Remember to have the instructor at the refresher sign your card and the 2010 Cycle C OEC Refresher Completion Acknowledgement form which is on page 21 of the study guide. Submit the completed form and your dues to by 11/20/2010.

## CPR

The National Ski Patrol requires that each patroller must have a valid CPR card and that each patroller must demonstrate their CPR skills each season, regardless of the expiration date of the current CPR card. At the upcoming chair evacuation training, patrollers will need to demonstrate their CPR skills. This will be a time for you to demonstrate your CPR skills for NSP only. Your CPR card will not be recertified. To patrol you must demonstrate your CPR skills annually.

You must have a valid CPR card in order to patrol so check the expiration date now. When looking for a CPR course make sure that the course includes breathing and cardiac emergencies; adult, child, infant, and two rescuer CPR techniques; and use of an AED. In addition make sure that the class is certified and that you get a card/certificate stating that you are certified to perform CPR and the use of an AED.

Mt Hood Ski Patrol CPR instructors will be teaching CPR courses in August and September at the Sunnyside Kaiser medical facility at 10180 SE Sunnyside Rd, Clackamas. Classes will be in the main conference room just south of the parking garage. If you wish to attend one of these courses you must sign up on the dispatch.

Listed below are other sources for a CPR course:

- American Heart Association- BLS for Healthcare Providers; [www.americanheart.org/presenter.jhtml?identifier=3012360](http://www.americanheart.org/presenter.jhtml?identifier=3012360)
- American Red Cross- Professional Rescuer; [www.oregonredcross.org](http://www.oregonredcross.org)
- National Safety Council, <http://train.nsc.org/tcd/TCDMain01.aspx>
- Local fire department or hospital
- Your place of employment

Names of Patrollers who are CPR Instructors: Steve Potter, Diane Potter, Jim Trett, Harold Crawford, Stewart Carter, James Schuler, Jan Carpenter, Harold Chaves, John Frank, Matt Hickok.

**Please review any current written material on CPR skills and/or practice the skills before the Chair Evacuation training day.**

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## CPR Refreshers Offered

*By Cleo Howell, First Aid Chief, AS 1444*

CPR classes are being offered by instructors from MHSP. If your CPR card expires soon you need to take a CPR class.

- **Cost:** \$20.00
- **Date/Time:**  
September 4, 0900-1230  
September 10, 1830-2200
- **Location:** Kaiser Sunnyside Medical Center, 10180 SE Sunnyside Rd. (off I-205) meet in the conference room in the medical center just south of the parking garage

If you have questions please contact Steve or Diane Potter at [Spotter67@verizon.net](mailto:Spotter67@verizon.net). Home: 503-873-2384, Steve's cell: 503-586-6724, Diane's cell: 971-219-3138.

## Car Accident

by Dave Miller, HP 1526



Just thought I'd share that I was first on scene at a car accident downtown this summer and our great MHSP first-responder training kicked right in.

It was a decent speed (40 MPH at least) rear-end with one obvious patient and presumably another who walked away from the other car, never located that person.

The patient was conscious but dazed. I called 911, reported SAMPLE, LOC, and the MOI, and requested AMR. The patient had no obvious serious injuries but the mechanism of injury (the rear of his car was just gone – the rear bumper was right behind his head) indicated a backboard would be appropriate. I had him sit still until help arrived. When the fire department showed, they did their assessment and backboarded him.

Not sure of the outcome beyond that, but at least the guy got a good solid fast response thanks to a well-trained MHSP'er being nearby!

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# MOUNTAIN HOSTS

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## Mountain Host Director

By Bill Johnson, Mountain Host Director, HS 60001



Things have been very busy this summer at Timberline. Lots of skiers, riders, film and photo shoots. The lots have been repaved, the new landmark sign is under construction at the base of Timberline road, the Head House and east chimneys are under repair, the lodge snow goose is being repaired and adjusted, and all new floor surfaces in the Wy'east Lodge (except first aid) are being installed soon. Painting the lodge and roof repairs are just starting...with much more work on the way.

Several dates to remember:

- September, 2010, Boot Fit Awareness Month at Hillcrest Sports
- October 7, MHSP General Meeting (Hosts are more than encouraged to attend).
- October 8-9-10, MHSP/West Linn SBT Snow Sport Swap
- October 14, Pro Night at Hillcrest Sports
- October 16, MHHP Orientation at Timberline, more details to follow.
- October 23, Hands-on Tuning Clinic at Hillcrest Sports

The Host jacket and vest order is in process and should be completed by early September.

This coming season I am encouraging far greater host participation and attendance in the MHSP general meeting series. If you have suggestions regarding topics, please send me your ideas.

Most importantly, the early predictions are calling for a heck-of a winter !!!

## Mountain Host Dues

By Bill Johnson, Mountain Host Director, HS 60001

There will be couple of changes in our Host program for the 2010-2011 season.

- The minimum shift requirement is increasing to 11 shifts.
- We will each be responsible for paying our own MHSP dues of \$56.00. This will bring us into line with the rest of MHSP. Details and the process for dues payment will follow soon.

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## OTHER NEWS

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### Pro Deals

By Roger Meier, Clothing Committee, HP 1376



Here is the timeline and some of the opportunities that we have generated over the course of the years that you can take advantage of as a patroller. This is of course not a complete list, and as the season gets going I will coordinate with our gear & clothing committee and post a comprehensive list on the wiki and/or have a presentation for either the October or November General meeting.

The pro form list I have as at this time is:

**DaKine:** They offer MHSP a onetime per year order policy, the earlier we get the order in the better chance we have at getting the packs & bags that they have to offer. You should be seeing the order & price list late August and I like to submit the final order by October 1. Ordering is thru me and I attempt to deliver at the November general meeting

**Kinco Gloves:** Great cheap disposable patroller work gloves. I place a direct order once a year, and expect to send the request mid/late November and have them available for the December general meeting.

**Liberty Mountain:** This is an outdoor wholesale that I order PIEPs DSPs thru on an annual basis. If you want to order a 3 antenna digital transceiver please contact me, as I usually place an annual order once a year late in December, and deliver usually at the January general meeting

**ProMotive:** Online pro form clearinghouse. There are over 80 manufacturers that we have access to on this site: Marmot, Helly Hanson, Marker, DynaFit to name just a few. This you can access any time as many times a year and most pro forms are 30-65% off retail cost. See me for details if you do not have the previous emails on how to enroll yourself. After you are set up and you order directly from the website and have the product shipped direct to you.

**Outdoor Research:** I was able to reestablish the connection with OR, these guys make some great Northwest gear for gloves and overall waterproof jackets/pants/etc for patrolling. The company has asked that I administer the access the codes for ordering, and each order you will need a specific code. Please see me when you are ready to order directly from their website. Product will be shipped directly to you.

**Smartwool:** These guys make great wool base layers as well as socks, order is direct from their website and shipped directly to you. See me for instructions on how to set up an individual account.

**NiteRider:** Cycling headlights, great for training, commuting, or even attach to your ski helmet for those after dark SAR activities. I have the opportunity to place a 2 orders a year, see me if you have interest.

**Chrome:** Cycle commuter/messenger bags. This company has offered pro forms for patrollers that participate in bike patrol, see me for details on how to set up your direct order account.

**Arc'tryx:** They also appreciate one time order per year from our patrol. Tom James manages this account, and he takes orders at October and November general meetings for delivery at the December general meeting.

**Backcountry Access:** Justin Zucconi places an order once a year in the Fall for avalanche transceivers, probes, and shovels.

On [www.nsp.org](http://www.nsp.org) you have access to the following at pro form pricing: Adventure Medical Kits, Auclair, BCA, Bollé, Columbia, Deuter, Duofold, Dynastar/Lange, Flow Snowboards, Goode, Hestra, Highgear, Mountainsmith, Nordica, Opedix, Ortovox, Patagonia, Rossignol, Rudy Project, Smith Optics, Subaru, Swix, & Yakima.

Your probably sayin' to yourself, "OK that's a list of soft gear, but what about the hard gear, i.e. K2, Blizzard, Line, Salomon, Marker, Völkl ...." Stay tuned, we will work on pulling together a comprehensive list of either shops or direct pro forms as we get closer to the season, and also remember that there is a pro form night at Hillcrest Sports usually in early December. (*Editor's note: Pro night is October 14 this year.*)

One other note, Eric Graining has established a deal for the Airtime red patrol parka for patrollers. Please contact Eric for details.

One last comment: again, when taking advantage of these opportunities, please remember these are for YOU the patroller, not for your spouse, significant other, family, or for holiday gifts. Please be respectful of the companies that provide us with the opportunity to get product at cost because we use it as part of work on and around the mountains.

If you have any questions or need detail about the above list please feel free to contact me via email ([akamaui@yahoo.com](mailto:akamaui@yahoo.com)) and I will answer your question and/or get you set up with the appropriate pro form authorizations.

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## Other Clothing and Equipment Deals

By Eric Granning, AS 90405



### Airtime 911 Jackets

RED JACKET orders can now be placed online at [www.airtime911.com](http://www.airtime911.com). Jackets will be delivered at the October 2010 General Meeting. Please send patches for your jacket to Eric Granning who will coordinate getting them to Airtime.

If you attended Eric's fit party email him at [egranning@att.blackberry.net](mailto:egranning@att.blackberry.net) him for the discount code to enter at time you place online order.

Jackets without discount code are \$179 with patches sewn on. Patches need to be purchased through clothing committee. Patrol vests will be available soon!

## Columbia Sportswear Ski Patrol Backpack

The Columbia Sportswear Company Ski Patrol Backpack now available through the NSP website. This is the same line of packs that were tested on the mountain by members of the Mt. Hood Ski Patrol during the 2009-2010 ski season.

The sizes are small (Ranger - \$109), medium (Stryker - \$139), and large (Specialist - \$149). I recommend the medium (Stryker). This pack has the internal compartments for first aid supplies and proved ideal for on hill first responding. This pack also holds a shovel and water bladder compartment.

Check out and order online through the NSP website. Once logged into the NSP members area click on "Shop the NSP Catalog" where it says Click Here! From there click on "Search Catalog" and type in Columbia Backpacks. If you have any trouble ordering be sure to let me know and I will contact Columbia direct.

**Stay tuned for other clothing products.**

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## The Snojob Wants Your Articles and Photos

*Lisa Hargrave, Snojob Editor, HC 1053 and  
Barb Korsmo, Copy Editor, Alumni AP 90260*



Snojob deadline is the 15<sup>th</sup> of each month. Send your submissions to [snojobeditor@gmail.com](mailto:snojobeditor@gmail.com).

**Articles:** send as the body of an email. If you have a long article covering several topics please break it into several articles covering one topic each.

**Photos:** Send as an attachment in JPG format. Be sure to identify who took the picture, where it is and who is in it.

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## Calendar

For the most current information and details check the online calendar at [www.mhspdispatch.org](http://www.mhspdispatch.org).

### September

- 8 Council Meeting
- 23 OEC Instructor Refresher
- 26 Lift Evac, Timberline
- 28 OEC Instructor Refresher

### October

- 6 Council Meeting
- 8-10 Mt. Hood SnoSports Swap
- 11 General Meeting
- 16 Mountain Host Orientation Meeting

### October (continued)

- 17 OEC Refresher (*predispatch required*)
- 23 Lift Evac, Skibowl
- 24 OEC Refresher (*predispatch required*)
- 26 Alumni Luncheon, everyone welcome

### November

- 3 Council Meeting
- 5-7 Ski Fever Ski & Snowboard Show
- 7 OEC Refresher (*predispatch required*)
- 8 General Meeting