



Mt. Hood Ski Patrol **Snojob**

October 2015



MESSAGE FROM THE PRESIDENT

First General Meeting is October 12, 7 PM at Athey Creek School

By Jaye Miller, President, HP/AP 1437

Chair Evac – check

CPR Update – check

Ski Swap – check

Dispatched for OEC Refresher – check

Attend the General meeting. Come find out what's new and who's new.

The agenda for the General meeting: Introductions, Budget, John Keyes Memorial Fund, Investment Committee, Ski Swap, First Aid activity, Officer and Area reports, Wiki review.

We have lots of information for everyone, but there still should be plenty of time for people to catch up at The Corner afterwards.

See you at the meeting!



ADMINISTRATION

Hill Captain and Associate Supervisor Meeting

By Pete Campbell, AP 1654

Save The Date!

The annual meeting for Hill Captains & Associate Supervisors will be held on Wednesday, October 21st at the Lucky Lab in Multnomah Village. The meeting will begin at 6:00pm with food being provided by MHSP.

The agenda is as follows:

- Introductions & input
- Operations
- Responsibilities
- Area updates
- Reports from First Aid Chief, Associate Director, Host Director
- Training

We look forward to seeing you there!

When: Wednesday, October 21, 2015, socializing begins at 6 PM, meeting convenes at 7 PM

Where: The Lucky Lab, Multnomah Village, 7675 SW Capitol Highway, Portland, OR 97219, 503.244.2537

Dues for Patrollers and Hosts

Mountain Host dues will be \$26. Credit cards will NOT be accepted for payment of dues – check or cash only please. Information on how to pay your dues will be sent by email along with the required release forms. Dues and forms will be due around November 11.

Patroller dues will be \$99 (\$26 to MHSP, \$63 for NSP, Division, and Region). Dues will be payable at the OEC refreshers. Credit cards will NOT be accepted for payment of dues – check or cash only please.

Lifetime Memberships Offered to Active and Alumni NSP Members

For a one-time fee of \$700.00, you can obtain lifetime membership in NSP.

If you have 30 or more years of continuous service, you can get a Lifetime membership for a one-time fee of \$350.00.

Lifetime membership only applies to national-level registration.

Lifetime membership fees go directly into the NSP Education Endowment Fund.

With lifetime membership you receive:

- Prestigious walnut frame Lifetime Membership Certificate.
- Gold Lifetime Membership Lapel pin
- Lifetime membership registration card
- It may be tax deductible (consult your tax advisor).

If you are interested, please contact Kevin Havre/ treasurer@mthoodskipatrol.org for the application form and process.

PATROLLER OPERATIONS

Training

CHAIR LIFT EVAC / AVY

- Saturday, 26 September, 2015 – Timberline Ski Area
- Saturday, 17 October, 2015 - Timberline Ski Area

OEC

- Saturday, 10 October, 2015 - Southlake Church, 1555 SW Borland Rd, West Linn, OR 97068
- Saturday, 24 October, 2015 - Southlake Church, 1555 SW Borland Rd, West Linn, OR 97068
- Sunday, 15 November, 2015 - St. Vincent Hospital, 9205 SW Barnes Rd.

Hill Captain / Associate Supervisors Meeting

- Wednesday, 21 October, 2015 – Lucky Lab Brewpub Multnomah Village

Dispatch and Member Benefits

If Life and Work are being cooperative, and not getting in the way of volunteering, then I suggest that everyone use this as a GOAL: try to dispatch 4 days over 2 months for the winter (November thru April), then 1 day over 2 months from May thru August. If Life and Work are busy, that's ok, as any time that you volunteer is greatly appreciated.

	Dispatch Days	Mountain Pass	Season Pass	Chits	Guest Pass	Other Benefits
Timberline	18 days	For Patroller and Family	Timberline Pass in lieu of Mtn Pass	Pass OR Chit	Family Guest Pass	50% discount on prepaid food cards. Standard 20% employee discount in gift and rental shop. Merchandise must be purchased in your patrol gear, limited to gloves, goggles, etc. No Holiday Shopping.
	12 days	For Patroller only	Timberline Pass in lieu of Mtn Pass	Pass OR Chit	Single Guest Pass	
	1-11 days	No	No	Yes	Single Guest Pass	

	Dispatch Days	Mountain Pass	Season Pass	Chits	Guest Pass	Other Benefits
Skibowl	18 days	For Patroller and Family	Skibowl Pass in lieu of Mtn Pass	Yes	None	Standard employee discount (20%) in Westside lodge
	12 days	For Patroller only	Skibowl Pass in lieu of Mtn Pass	Yes	None	
	1-11 days	No	No	Yes	None	

	Dispatch Days	Mountain Pass	Season Pass	Chits	Guest Pass	Other Benefits
Meadows	18 days	No	Yes	Yes	None	All MHSP members are eligible for a \$10 discount off full ticket rate with proof of membership. Meadows patrollers receive a \$5.00 food voucher good for the date of patrolling.
	12 days	No	Yes	Yes	None	

	Dispatch Days	Mountain Pass	Season Pass	Chits	Guest Pass
Summit	18 days	No	No	No	Family Guest Pass
	12 days	No	No	No	Single Guest Pass

Double Credit Days

2015

- Saturday the 4th of July - Independence Day
- Monday the 7th of September - Labor Day
- Thursday and Friday the 26th and 27th of November - Thanksgiving and the day after
- Friday the 25th of December - Christmas Day
- Thursday night the 31st of December - New Year's Eve

2016

- Friday the 1st of January - New Year's Day
- Monday the 30th of May - Memorial Day
- Monday the 4th of July - Independence Day
- Monday the 5th of September - Labor Day

TEAMS

By Carl Gatzke, Patrol Chief

Meadows

No Change from Last Year

Timberline

Individual Team count reduced from 8 total to 4, and will consist of 1 Hill Captain, 1 Hill Patroller, 1 Associate Supervisor, 1 Associate - and it is strongly recommended that all team members have attended the Timberline Processes and Procedures training. Teams A and B for Saturday and Sunday still in effect.

This leaves 10 open dispatch slots for the remaining membership to fill both Saturday and Sunday.

Nordic News

Jeff Hepler, Nordic Director, 30006

Nordic On-the-hill days are set for Sunday, November 14 or Saturday, November 22. Please dispatch for one of the two. Training will be from 0900-1500 at Govy.

Please also take a look at your uniform and pack and make sure both meet MHSP standards. It's sometimes difficult for Nordic Patrollers to be recognized as a rescue team and looking sharp can help. Parkas are red. Packs may be red, black and red, or black. Nothing else.

Alpine and Associate Patrollers seeking dual status as Nordic Patrollers should review requirements for backcountry or track skiing experience (5 years) and skill level (advanced). Feel free to contact me for more information.

All Nordics need to be able to quickly and safely ski an unloaded sled to a case and walk it out (with assistance). Last year about 1/3 of the team took the sled test (at Teacup). With sufficient snow I'd like to get everyone through this qualifier early in the season. It takes about 1 hour.

Send me your suggestions to make this a great year and I will do my best to make it happen.

Associate Director

By Pete Campbell, AP 1654

New Opportunities

As we prepare for the upcoming season by attending our OEC Refreshers, Chairlift Evacuation and Timberline Policy & Procedure training days, now is a great time to assess your personal goals with MHSP for the year and begin to plan accordingly.

Are you looking for new ways to connect with MHSP and get more out of patrolling? Perhaps now is the time to begin taking steps to become an Associate Supervisor or learn more about our Instructor Development program. We are always interested in hearing from our patrollers who would like to redefine their commitment with MHSP and work toward a new level of leadership. If you are interested in learning about the opportunities available to you, please email me for more information.

Our apprentice OEC class is already underway with the new candidates set to begin their on-hill training in January. If you coached an apprentice team on the hill last season and would like to assist again this year, please contact Bob Tise and Matt Wood to express your interest.

Uniform, Pack & Communication

Now is a great time to dust off your gear and make sure that you are prepared for opening day. Part of that preparation is ensuring that your uniform is up to standard with our policies. Please refer to the MHSP Wiki page in the Member Guidelines section under the Policies and Procedures for more information. Or, just click this link to learn more: <http://www.mthoodskipatrol.org/wiki/pmwiki.php/Policies/UniformAppearanceAndGrooming>

There is a great resource on the Wiki page for suggested Pack Lists as well. Pull out your pack and make sure you have the proper supplies ready in the event that you needed to respond to a case on your first run of the season. Here's more: <http://www.mthoodskipatrol.org/wiki/pmwiki.php/Gear/PackLists>

One more reminder on the subject of uniforms – please remember our proficiency requirement when wearing the Associate uniform:

“MHSP policy is that patrollers should not ski/board on runs that are beyond their proficiency while in uniform. All working patrollers have the responsibility of skiing/boarding only on runs where they are proficient or of wearing a non-uniform jacket and a lift ticket while skiing on terrain that stretches the patroller's abilities.

- *Proficient skiing is defined as making consistently linked parallel turns in control.*
- *Proficient snowboarding is defined as making consistently linked heel- and toe-side turns.*
- *Proficient telemark skiing is defined as making consistently linked telemark turns.*

Each patroller is expected to determine their proficiency and which runs and conditions are appropriate to their level of ability. The Patrol Chief and Associate Director are responsible for counseling violators or members who have a mistaken impression of their abilities.”

Our MHSP dispatch site (www.mhspdispatch.org) is a fantastic resource for communication. Don't know who your current council members are? Need to find out who the APC is at the area where you patrol? Looking for an active roster with contact information for your fellow patrollers? Visit the dispatch site to learn more about the people you need to contact.

Senior S&T Training for the 2015/16 Season

By Doug Stanton - Wy'east Region S&T Advisor

There's a lot happening this time of year as we prepare for another ski season. Refreshers are ramping up with OEC, CPR and chair evac training but these are just the tip of the training iceberg. Throughout the season you'll experience many levels of training intended to improve the skills of all patrollers and provide a learning experience

that will enhance your skills. Take advantage of these training opportunities to learn new skills or sharpen old. Either way, you'll have a great time with fellow patrollers in an outdoor environment.

The Senior S&T program is in full swing again this year. Last season's poor snow conditions didn't allow us to train properly and consequently the entire program was canceled. This year, barring a repeat of last season's conditions, we'll be looking to bring eight to ten patrollers from MHSP to the Senior finals at Mt Bachelor March 13th. Any patroller that has passed their basic apprentice training is eligible to participate in the Senior S&T training program. The training clinics will prepare you for finals with a focus on specific skiing and toboggan handling skills. There will be a total of five clinics this season starting with our first on mountain date scheduled for January 9th. It is recommended that all candidates take three training clinics prior to being accepted into finals. All candidates will be provided a skills check-off sheet that will need to be completed and approved by the S&T training advisors prior to finals.

The MHSP Google calendar has been updated with all clinic dates and locations and dispatch will be set up shortly. An in town orientation meeting will be held in December. Interested in learning more about the program? Want to improve your skiing and toboggan handling skills? Then this is the program for you and required as part of your full Senior certification. Still unsure? Ask anyone who has taken the program how it has affected their approach to patrolling. Overwhelmingly the Senior program is the best training offered through NSP. So what are you waiting for? Sign up and have some fun.

Instructor Development - reminder

By Kathy Lee, SS232



The Instructor Development course will be offered as a hybrid, the first half to be completed through a CD. The second half requires class room attendance to present a six-pack lesson and learn about the instructor mentoring process. The classroom session will be held Thursday, November 12, 2015, 7pm, at Kaiser Sunnybrook, Conference Room F.

Please contact me no later than October 29, 2015 to obtain the CD. And then sign up on the dispatch for the November class!

FIRST AID

OEC Refreshers

By Cliff Leighton, First Aid Chief



I'm sure by this time you might be getting a little tired of hearing about the upcoming OEC Refreshers. We all know that the refreshers are required training to maintain your certification with NSP and MHSP. That being said, make sure you have dispatched to one of our three refreshers. It's a great time to dust off your skills, maybe learn something new, catch up with some friends, and meet some new patrollers.

The dates and locations are:

October 10 Saturday- Southlake church 1555 SW Borland Rd. West Linn

October 24 Saturday- Southlake church 1555 SW Borland Rd. West Linn

November 15 Sunday- St. Vincent Hospital 9205 SW Barnes Rd. Portland

We really will be checking your study guides this year. Make sure they are completed and you bring them with you. Here is a link to NSP for the refresher guide if you need a copy of it. You may need to log into NSP before using this link. <http://nsp.org/members/oms/resourceeducationdownload.asp?src=src4>

Our 20 new candidates will be helping at the OEC refreshers as scenario patients. Treat them well when you pass through their stations and extend them a warm welcome, you will soon be working with them.

I would like to extend a big Thank You to Cleo Howell for leading the refreshers. Being a new first aid chief this has helped me out a lot.

Are You Ready for the OEC Refresher

Cleo Howell, Vice President, AS 1444

If you have completed your OEC Refresher Workbook you do not have to read any further.

For the Fall OEC Refreshers **you must complete the Student Workbook and bring the workbook with you to the refresher.** You will not be allowed to attend the Refresher if you do not complete the workbook. Completing the workbook is a required part of the refresher process and needs to be done by all refresher attendees. This will allow us to have less “talking-heads” and more “hands-on” at the refreshers.

You should plan to spend about 2-3 hours to complete the workbook so do not wait until the night before the refresher to complete your workbook.

The workbook and the OEC refresher are based on the OEC 5th Edition. If you do not have the OEC 5th edition it can be obtained from Pearson Publishing. Detailed ordering instructions are on the MHSP WIKI. It is under Skills, then OEC.

Here is the wiki link: <http://www.mthoodskipatrol.org/wiki/pmwiki.php/Skills/OEC>

Here is the link to order the OEC 5th edition. <http://www.bradybooks.com/store/product.aspx?isbn=0135074800>

If necessary you can borrow an OEC 5th Edition book from another patroller.

The Student workbook was mailed to you in late May, along with the summer Ski Patrol magazine. If you cannot locate your student workbook you can download it from the NSP website. Sign in to the NSP website, go to Member Resources, Education Resources, OEC Resources and obtain the 2015 Cycle B workbook. The file name for the workbook is RSW_15_lowres.pdf.

If you did not receive the Summer Ski Patrol magazine in the mail it may be because NSP does not have your current address. To check on and update your profile with NSP go to the NSP website (www.nsp.org), Member Services and then Member Resources. You will need your NSP member number and your password.

You must complete the student workbook prior to attending the OEC Refresher. The workbooks will be checked at the refresher.

OEC Refresher dates and location: **NOTE LOCATION CHANGE**

- Oct. 10, Saturday- Southlake church 1555 SW Borland Rd. West Linn
- Oct. 24, Saturday- Southlake church 1555 SW Borland Rd. West Linn
- Nov. 15, Sunday- St. Vincent Hospital 9205 SW Barnes Rd. Portland

HOST OPERATIONS

Mountain Host Director

By Mike Cullen, Mountain Host Director, HS 60009



Host Dues Collection

The dues collection period for Hosts should be starting very soon. The goal is to begin in early October and close early November.

The Host dues for MHSP membership will be \$26.00 this season. All detailed information about how to pay dues will be distributed via the email list server during the next week or so.

Area Meetings

Each season begins by MHSP meeting with each resort to discuss operations. The meetings are being scheduled in October. The agenda covers both the past season operations and the coming season operations. We are always looking for feedback on what has worked well in the past and what each resort would like to see as we move forward. Please let any of your council members know if there is anything you would like to have addressed at these meetings.

Uniform Items

We have a new host name badge this year. We introduced it last season with the apprentice group, as well as a few others who ordered them while they were optional.

This season, we are making the new badge a required item, and any of the old badges with the "red cross" on them need to be retired.

Jan has distributed an order form for the badge. Please contact Jan Silagi if you need help with getting the badge.

There are some additional clothing items being introduced as well. These clothing items will remain optional and purchase is limited to active hosts.

Wiki

One more quick pitch about the MHSP Wiki. This is a patrol web site that requires you to sign in the same as on normal dispatch. The Wiki is accessible from the public MHSP web page by following the links for MEMBERS.

Please get familiar with the Wiki and its contents, such as the policy & procedure manual, the benefits section, the requirements section, carpooling section, just to name a few.

OTHER NEWS

In Memoriam – Cameron Bangs, #448

Cameron Bangs slipped away peacefully early on the morning of September 10 after a brief illness. Cam was an active member of the ski patrol in the 1960's and 70's. Among some of his more notable activities was recruiting MSHP volunteers to assist with first aid at the Vortex I Rock Festival.

A memorial is planned for November 14, time and location to be announced.

http://www.oregonlive.com/portland/index.ssf/2015/09/cameron_bangs_hypothermia_and.html

MHSP Alumni Luncheon, October 27

When: Tuesday, October 27, 1:00 PM

Where: Eastmoreland Golf Club Grill, 2425 SE Bybee Street, Portland, OR

Run Like Hell Half Marathon

Cleo Howell, Vice President, AS 1444

Here is another opportunity to use your first aid skills and get in a patrol day. The Run Like Hell Half Marathon and shorter runs will be held on Sunday, October 25, 2015 in downtown Portland.

We have been asked to support the race with first responders to provide first aid on the course and at the finish line. The request is for about 6-7 people on bicycles and 3-4 people to help staff the first aid tent at the finish line.

The event will make a donation to MHSP.

If you are interested please sign up on the Dispatch. Please contact me if you have further questions.

CALENDAR

For a complete listing see the official MSHP calendar at www.mhspdispatch.org.

Meetings

- **Hill Captain & Associate Supervisor Meeting**
Wednesday, October 21, 2015, 6 PM – Lucky Lab Brewpub Multnomah Village
- **General Meeting**
Second Monday of each month (October-April), 7 PM, at Athey Creek Middle School, West Linn
- **Council Meetings**
First Monday of each month, 7 PM, at St. Vincent Hospital
- **Snojob Deadline**
Third Monday of each month, send to snojobeditor@gmail.com
- **MHSP Alumni Luncheons**
Last Tuesday of January, April, July, and October at 1:00 PM
Eastmoreland Golf Club Grill, 2425 SE Bybee Street, Portland, OR

Training Events

- **Chair Evac**
October 17, Timberline
- **Timberline Procedures**
October 18, Timberline
- **2015 OEC Refreshers**
Saturday, October 10, Southlake Church, 1555 SW Borland Rd, West Linn, OR, 97068
Saturday, October 24, Southlake Church, 1555 SW Borland Rd, West Linn, OR, 97068
Sunday, November 15, St. Vincent Hospital, 9205 SW Barnes Rd, Portland, OR 97229

Other Events

- **2015 Mt. Hood Snow Sports Swap**
October 1-4, 2015