



# Mt. Hood Ski Patrol **Snojob**



August 2015

## Message from the President

*By Jaye Miller, President, HP/AP 1437*



### New Positions, New Jobs, New Council

I'm very excited and proud to start working with this new Council. This is a great group and we are off and running, trying to get our arms around new positions and responsibilities.

This group has already put together a budget and calendar. Most of the dates you can find on the dispatch Home page calendar. Below that calendar is also the new officer emails address and a Who-to-contact list.

This new group is questioning some of our unwritten procedures and asking, why we do, what we do, the way we do them. While questioning the process, we are keeping in mind our traditions.

September meeting will bring discussions on programs. One of the programs is an attempt to tracking all the hard work done by you off the hill as well as on.

One event that brings us all together, off the hill, is the ski swap. The committee is working hard and I'm excited to get to see everyone that weekend. Please dispatch, and if you're out of town during the event (Oct. 1 to 4) there is opportunities to help before the weekend.

And finally, with the OEC refreshers and Chair Evacs coming up you can once again get a chance to catch up with everyone you missed during the summer. Please review your calendars plan on your two training dates and do not forget debrief afterwards.

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## ADMINISTRATION

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### 57 Days and Counting!

*Joel Stevens, General Manager, HC 736*

*Pat Stevens, HR Manage, Honorary 8*

Date: October 1-4

Location: Washington County Fair Grounds

Commitment: At least one shift

**Can you believe it is that time again? Dispatch is up and ready for you!**

**Remember to go to the special dispatch site for the Swap -**

**[www.mhspdispatch.org/cgi-bin/swap/process.html](http://www.mhspdispatch.org/cgi-bin/swap/process.html)**

You can also find a link on the Members page in the Patrol's website, the last item in the list in the center of the page. Do not try to dispatch in the regular MHSP Dispatch – it won't work for you. If you are in the MHSP Dispatch site, there is a link to the Swap Dispatch is at the bottom of the home page. So many ways to get it right! But if you are having a problem, contact Pat Stevens – [pat@sdeltd.com](mailto:pat@sdeltd.com).

### Some new things in Dispatch

**Set up and Take Down** – Cleo is heading a group whose responsibilities will be construction of the racks.

**Specific jobs for clerks** – There will be no general clerk positions except when setting up and taking down. All other times, sign up to work in a specific area on the sales floor.

**Cashiers** – Consider signing up for this position. You will get good training and it is fun to work with the public. It helps if you can type reasonably accurately.

For those of you who cannot work during the dates of the Swap, we will be offering some alternative work opportunities with signs and shops. We will send out info on what will be available later with instructions on how to sign up.

### Get the word out!

- Tell your friends, neighbors and co-workers!
- Put a sign up at work!
- Put a poster in your car window!
- Download the attached poster, print lots of copies and find homes for them!

Watch your email for further info and instructions!

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## Community Fundraising Events

*Cleo Howell, Vice President, AS 1444*



Many of you have organized Mt. Hood Ski Patrol participation in community fundraising events, such as races and fairs. Thank you to those who have organized the MHSP participation at events such as the Vancouver Marathon, Gorgeous Relay, Rock and Roll Race, and others. The Council encourages members to look for fundraising opportunities.

As we get more requests for community events we need to develop a system to ensure that we can provide adequate manpower and equipment and that the requested event does not conflict with other MHSP events. We appreciate all the efforts that our members put in to raising money and awareness for the patrol.

For right now if you receive a request to participate in a community event on behalf of the Mt. Hood Ski Patrol please contact the President or Vice President as soon as possible and be prepared to provide at least the following information:

- Date of event
- Event name
- Type of event
- Number of patrollers requested
- Are bike patrollers requested?
- Equipment requested
- Role requested- for example- provide first aid to event participants.
- Will a higher level of medical support be present?
- Will the event make a donation to MHSP?

We are working on a procedure to handle such requests.

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## No Long Distance for Govy Building Phone

**Matt Adamosky, Govy Building Caretaker, AP 1753**

Due to the long distance carrier dropping the area and the increase in the number of cell phones, we no longer have long distance available on the Govy building phone.

- You can still use the fax machine to send in the green sheets.
- 911 works.
- You can call the local establishments in Government Camp.



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## PATROLLER OPERATIONS

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### 2015-2016 Patroller Dues and Commitment

Patroller dues will be \$99 (\$26 to MHSP, \$63 for NSP, Division, and Region). Dues will be payable at the OEC refreshers. Credit cards will NOT be accepted for payment of dues – check or cash only please.

Membership commitments will be the same as last year: 18 days for Level II and 12 days for Level I. Information on benefits will be released after the ski area meetings in the fall.

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### Skibowl Operating Notes

Skibowl still needs patrollers for summer operations. See the Skibowl Host Operations article for the dates of large events. Please dispatch so the area knows to expect you.

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### Timberline Operating Notes

Summer operations at Timberline ended August 2.

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## Associate Director

**Pete Campbell, Associate Director, AP 1654**

### Skiing & Riding In Uniform

As summer operations wrap up and we begin our transition into a new season, a subject which has come up recently is the need to revisit our responsibility when it comes to skiing/riding when on-shift and wearing our patrol jackets.

Policy outlined in council minutes from May of 2010 (when patrol jacket changes were instituted) states:

*“MHSP policy will be that patrollers should not go on runs that are beyond their proficiency while in uniform. Working patrollers wishing to challenge themselves on more difficult runs are to wear a non-uniform jacket and lift ticket.”*

*Proficient skiing is defined as making consistently linked parallel turns in control. Proficient snowboarding is defined as consistently linked heel- and toe-side turns. Proficient telemark skiing is defined as consistently linked telemark turns. In any case, the goal is to give members of the public confidence in the skiing or riding ability of the patroller.*

*Each patroller is expected to determine their proficiency and which runs and conditions are appropriate to their level. The Patrol Chief and Associate Director are responsible for counseling violators or members who have a mistaken impression of their abilities.”*

I want to make it perfectly clear that I am in no way advocating that anyone should opt out of patrolling or should be wary of providing coverage to the areas. However, it is vital to our patrol and the safety of the public whom we serve to ensure that we are only accessing terrain that we can ski/ride safely while in a patrol jacket and dispatched for the day. Personally, I am looking forward to scheduling a few “off days” in my non-uniform jacket in

order to access runs that I am not overly familiar with and which may test my ability, allowing me to continue to improve this season.

If you have questions, please feel free to contact me directly via phone or through email at [associatedirector@mthoodskipatrol.org](mailto:associatedirector@mthoodskipatrol.org). I know in the past that this topic has been a source of contention, but my hope is that we can align our abilities with public safety and the overall perception of MHSP.

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## From the Treasurer

*By Kevin Havre, HP #1665*



A new year is fast approaching and I am getting ramped up on the financial operations of MHSP. Here are a couple things I want to remind you of and get your help on in the coming year:

### Dues for FY 2015

Good news! Another good year for fund-raising so dues for patrollers will be \$99. This includes your dues for MHSP (\$26), National (\$50), Region (\$10) and Division (\$13). Dues for Hosts will be \$26. We will no longer accept credit cards for dues payments. Patrollers will pay dues at one of the OEC refreshers. Hosts will be paying at the orientation meeting or via mail, instructions will be coming after the new release forms are confirmed.

*BTW - We will be going through the FY 2015 Budget at our October General Meeting.*

### Reimbursements

If you have an event or project where you have incurred an expense that may be funded by MHSP, I need to know a few things to make sure I get your payment quickly. Send me an email and I will send you a Reimbursement Form, which has everything I need. Get that signed by the person in charge of the project or event, bring it to the next General Meeting, or scan and send to [treasurer@mthoodskipatrol.org](mailto:treasurer@mthoodskipatrol.org) - and I will send you your check!

### Donations

I will be reporting out donations we receive, so you are aware of the many people who appreciate the services we offer the visitors to Mount Hood. Here are the donations since June 1:

- Intel Volunteer Grant Program - Intel is our largest single contributor every year. Employees reporting their volunteer hours into the program, and Intel gives us \$10 per volunteer hour, and every year we receive the maximum grant allowed.
- Active Network – corporate sponsor.
- Snowball Banquet Blind Auction; thank you all for participating!

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## FIRST AID

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### Important Information About 2015 OEC Refreshers

*Cleo Howell, Vice President, AS 1444*

**For the Fall OEC Refreshers you must complete the Student Workbook and bring the workbook with you to the refresher.** Completing the workbook is a required part of the refresher process and needs to be done by all refresher attendees. This will allow us to have less “talking-heads” and more “hands-on” at the refreshers.

The workbook and the OEC refresher are based on the OEC 5th Edition. If you do not have the OEC 5th edition it can be obtained directly from Brady Publishing. Detailed ordering instructions are on the MHSP WIKI. It is under Skills, then OEC.

- Here is the wiki link: <http://www.mthoodskipatrol.org/wiki/pmwiki.php/Skills/OEC>

- Here is the Brady link for ordering: <http://www.bradybooks.com/store/product.aspx?isbn=0135074800>

The student workbook was mailed to you in late May, along with the summer Ski Patrol magazine. If you cannot locate your student workbook you can download it from the NSP website. Sign in to the SNP website at [www.nsp.org](http://www.nsp.org). Go to Member Resources, Education Resources, OEC Resources and obtain the 2015 Cycle B workbook. The file name for the workbook is RSW\_15\_lowres.pdf.

If you did not receive the Summer Ski Patrol magazine in the mail it may be because NSP does not have your current address. To check on and update your profile with NSP go to the NSP website, Member Services and then Member Resources. You will need your NSP member number and your password.

**You must complete the student workbook prior to attending the OEC Refresher. The workbooks will be checked at the refresher.**

OEC Refresher dates and location: **NOTE LOCATION CHANGES**

- Oct. 10, Saturday; Southlake Church; 1555 SW Borland Rd., West Linn
- Oct. 24, Saturday; Southlake Church; 1555 SW Borland Rd., West Linn
- Nov. 15, Sunday; St. Vincent Hospital; 9205 SW Barnes Rd., Portland

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## OEC Refreshers

*Cliff Leighton, First Aid Chief, HP 1504*



A solid foundation of what we have learned from our OEC class is key to all patrollers in bringing our patients the best care, no matter what our backgrounds are. The main skill we have is patient assessments. By doing patient assessment, the injured or sick guides us giving us clues, and frequently we must reassess no matter what our toolkit of experience contains!

With that being said, it's never too early to go through your first aid packs, get them organized, and restocked. The OEC refreshers are just around the corner. Every patroller must attend one of the three dates. **There will be new locations for ALL of our refreshers this year.**

- Oct-10, Southlake Church, 1555 SW Borland Rd, West Linn
- Oct-24, Southlake Church, 1555 SW Borland Rd, West Linn
- Nov-15, St. Vincent Hospital, 9205 SW Barnes Rd, Portland

Please bring with you:

- OEC Card
- Current CPR Card
- Completed OEC Refresher Study Guide (Really, we will be checking these for completion.)
- Check/Cash/Card For all dues

There's a new OEC Class of 22 eager apprentices starting on September 1. All OEC classes will be held at St. Vincent Hospital on Tuesday nights. This year, again, all the quizzes and tests will be online. There will be short presentations (10-15 minutes) of the specific topic of the night and a lot more hands on practice for the students.

Just remember that the primary goal of the MHSP is to provide excellent emergency care to customers of the areas that we serve. Keep up the good work! Enjoy the summer.

I can be reached at 360-798-5069 or [firstaidchief@mthoodskipatrol.org](mailto:firstaidchief@mthoodskipatrol.org).

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## CPR Training

*Mark Ripkey, AS 1658*

Another season is just about upon us. You know what that means – CPR Training!!! (And the crowd goes wild).

Well boys and girls, patrollers and you know who, there are 7 class dates left and lots of seats. However, we will be filling those seats with only those who have a real desire to get the certification done with us. What does that mean?

Outside of a week prior to a class Patrollers are eligible to sign up for a class at \$20 to get their seat in a wonderful environment being led by very highly qualified instructors. Within a week of the class starting seats will open up to other people including non-patrollers.

So don't wait.

Hurry, don't be late.

You've got to get into the gate.

By signing up for a class post haste (Hey, I worked on it for an hour)

Here are the class dates:

- Thursday, August 6 – 6-10 pm
- Sunday, August 9 – 9 am-1 pm
- Saturday, September 12 - 9 am-1 pm
- Thursday, September 17 - 6-10 pm
- Sunday, September 27 – 9 am-1 pm
- Tuesday, October 6 – 6-10 pm
- Saturday, October 17 - 9 am-1 pm

Registration starts one half hour earlier than class time. 5:30 for a 6 pm class and 8:30 for a 9 am class. Classes will start on time and end within 4 hours (been true so far).

There will be no add-on classes ---- this is it!! (Well, for this year)

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## Rescue at Bull Run

*Craig Klascius*



We are patrollers who are experts up on the hill, but this last weekend I discovered it can be very useful off of the hill too. As the heat continues to drive people out to the water it becomes a mecca of potential accidents, and it is good to know that our skills can be of use almost anywhere.

I was at the Bull Run River with my family beating the heat in the chilly water. We had been swimming, floating and snorkeling and jumping off of a rope swing when I heard a snap, thump, crack, and splash. I turned around to see the rope swing missing and a lifeless body going under the water with red cloud around it.

Three steps and a dive into the water later I was pulling the body to the surface, keeping his head above water and then assisted to the shore with another bystander. I directed someone to call 911 as I began CPR. Fortunately less than a minute later he was coughing up water and could breathe, and I could feel a pulse. But he was convulsing, eyes in all directions, and we tried head stabilization as best we could.

We wrapped his severely bleeding head in a towel, and used one for a pillow. His head wounds were deep, and everyone involved was painted red by the time help arrived. I found that head stabilization was the most difficult part when we couldn't get any coherent responses, a V on AVPU at best, as the pain had to have been too great. His body convulsions were very hard to control as this was a strong athletic patient, but that was a good sign that

we could move his legs. He kept sitting up, then on his side, so we controlled what we could, kept checking vitals, but allowed for comfort for 30 minutes until AMR responded.

The only way out was to cross the 12 ft. deep river, and we were not given a backboard for fear of keeping him afloat in one. He had movement of all extremities so AMR directed us to put him in an inner tube. I was on one side with my army under the patients so he wouldn't slip through, and another strong swimmer on the other side doing the same. The patient was definite V in AVPU, but getting better and kind of knew what was going on. We got him out of the water, on a backboard, up the steep incline to the ambulance, then off to a landing zone for the helicopter.

Out of the 50+ people there I was the only person CPR certified, and one of the few who jumped in to help and pull him to shore. This was my first non-combat rescue, and even though it wasn't quite to the book somebody is alive today. The patient, a 39 year old male, is currently in Emanuel Hospital with a broken scapula, several ribs, and lots of sutures to the back of his head. He had been drug induced with a breathing tube since Saturday night. He can respond to squeeze, wiggle toes, etc., but he can't talk with the tube and is none too lucid anyway. Please keep him in your thoughts and/or prayers.

I wanted thank everyone in MHSP for the training I have received, and let you know it saved a life this weekend. So even when we are off duty this summer, and relaxing and enjoying the weather, remember that your skills and training are invaluable. Be safe at your favorite swimming hole or lake during this heat, and I'll see you all up on the hill.

<http://www.kptv.com/story/29426514/police-man-injured-after-rope-swing-broke-in-clackamas-co>

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## **A Day at the Races – Heat Stroke**

*Dee Reckord*

On May 17, several of us from Mt. Hood Ski Patrol assisted in the main medical tent at the Rock and Roll Marathon in Portland. We were staffed with three MD's, six paramedics, numerous nurses and nursing students, as well as several ski patrollers. After several hours with nothing more than minor complaints, a young man was rushed into the tent in a wheelchair, unconscious. A rectal thermometer indicated that his temperature was going up. At 104 degrees, we packed him in iced towels but his fever went even higher – all the way to 107 degrees. We moved him from the cot and immersed him in the ice container and his temp started to come down. At 102 we moved him back to the bed. At 98 degrees he was conscious. His temperature dropped to 97, 96, and then 95 degrees. He continued down to 94.8 and the docs and paramedics decided to transport him. I was surprised they were going to just let him go if his temperature stabilized. But it kept dropping. It was an exciting day and a pleasure to assist. We (MHSP volunteers) worked hard and were appreciated.

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## **HOST OPERATIONS**

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### **Mountain Host Director**

*By Mike Cullen, Mountain Host Director, HS 60009*

#### **Skibowl Shifts**

Many thanks to Pat Adamosky for helping with Skibowl operation updates while John Moss is on vacation. His weekly updates have been very helpful.

We have extended dispatch to September 13 to align with the rest of MHSP operations.

#### **Uniform Orders**

Be watching for information from Jan Silagi on uniform orders. We will attempt to put together a group order for all garments to obtain the best pricing.

## Labor Day at Timberline

Timberline is requesting Host help for the Labor Day music festival. This will be a shift credit day, with 2 shifts available. The MC shift hours are 12 to 4 pm. The MD shift hours are 3 to 7 pm. Jan and John Silagi will be coordinating host operations. Feel free to contact them with any questions. Dispatch is open for sign up.

## Friends of Timberline Clean-up day: Sunday, September 13, 2015

Short of the necessary shifts from the 2014-2015 season? The MHSP Mountain Hosts have a great opportunity coming up in September to earn shift credit while also providing a wonderful service to Timberline Lodge. On Sunday, September 13 the Friends of Timberline organization will be holding a clean-up day at the lodge to work on a variety of different projects. Anticipated projects are refinishing the benches in the amphitheater, cleaning up trash that collects in Salmon River canyon, and other projects that will help beautify the lodge and get it ready for the coming winter. The day will start at 9:00 am and conclude sometime that afternoon.

If you would like to help, please contact Scott Vernon to sign up (contact information is on the dispatch roster). The Friends of Timberline needs to know how many will be attending ahead of time so that they can prepare for the different projects based on attendance, and also so that Timberline can prepare enough box lunches for everyone. Therefore, please contact Scott no later than Friday, August 21st.

Note: We will not be wearing Host uniform for this event. Dress casual as needed for the weather.

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## 2015-2016 Mountain Host Dues

Mountain Host dues will be \$26. Credit cards will NOT be accepted for payment of dues – check or cash only please. Information on how to pay your dues will be sent by email along with the required release forms. Dues and forms will be due around November 11.

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## Skibowl Host Operations

*Pat Adamosky, Acting Skibowl Coordinator*

We're starting August which is the busiest month for Skibowl. I'm listing the major activities for below;

- Saturday, Aug 1 - Two company picnics for about 650 folks
- Saturday, Aug 8 - Three company picnics for 450 plus a wedding for 150.
- Saturday, Aug 15 - Four company picnics for about 700
- Sunday, Aug 16 - Company picnic for 200
- Saturday, Aug 22 - Picnic for 3000 (Skibowl will be closed to public on this day!)
- Sunday, Aug 23 - Picnic for 1500

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## OTHER NEWS

### MHSP Members Receive National Recognition

#### National Appointments/Commendations

John Gastineau received National Appointment #11688. John has held MHSP offices of President and Vice President. He was Training Director for several years and is an OEC and Avalanche instructor. He currently is an instructor trainer for the Avalanche program, as well as the Wy'east Region Avalanche Advisor.

Jodie Jeffers received Leadership Commendation #8487. Jodie became very active in the OEC program during her first year of patrolling and continues to be involved with OEC as an instructor and instructor trainer. She has held MHSP offices of First Aid Chief and Associate Director, and has been the Wy'east Region Awards Advisor for a number of years. At the Division level, she is the PNWD Patroller and Safety Advisor. At the national level, she worked on the OEC Refresher committee for several years.

Thank you to both of you for demonstrating leadership, good character, diplomacy, a positive attitude, good judgment, exemplary qualities of patrolling ability, a genuine desire to serve the skiing public, and extraordinary service to the NSP.

### **NSP Senior Patrollers**

Margaret Usher and Steve Potter completed all the Core and Elective requirements of the NSP Senior Program. They were presented their Senior patch and certificate of program completion. Congratulations and kudos to both of you for your huge commitment of time and effort to improve your skills through the program.

If you are interested in the Senior program you can find the information on the Wiki under Skills, NSP Senior.

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## **Young Adult Program**

*Mike Levis, YAP Coordinator, AP 1742*



The Young Adult Program is gearing up for the coming year. We have five teens enrolled in the program, and hope to increase that number in the coming season. Participants receive training in first aid (OEC First Care), avalanche awareness, basic sled handling as well as lots of time on the mountain.

If any patroller knows of teens who may be interested in the program, please contact me.

The program is open to teens age 15 – 18. Participants become dues paying NSP members just like the rest of us, with activity restricted to their level of training.

For this program to grow and thrive, I need your help. I need coaches who can work with the teens at the resorts throughout the ski season. If you have an interest in this, please contact Mike Levis ([mplevis@gmail.com](mailto:mplevis@gmail.com)).

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## **CALENDAR**

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*For a complete listing see the official MSHP calendar at [www.mhspdispatch.org](http://www.mhspdispatch.org).*

### **Meetings**

- **Council Meetings**  
First Monday of each month, 7 PM, at St. Vincent Hospital
- **Snojob Deadline**  
Third Monday of each month, send to [snojobeditor@gmail.com](mailto:snojobeditor@gmail.com)
- **MHSP Alumni Luncheons**  
Last Tuesday of January, April, July, and October at 1:00 PM  
Eastmoreland Golf Club Grill, 2425 SE Bybee Street, Portland, OR

### **Training Events**

- **2015 OEC Refreshers**  
Saturday, October 10, Southlake Church, 1555 SW Borland Rd, West Linn, OR, 97068  
Saturday, October 24, Southlake Church, 1555 SW Borland Rd, West Linn, OR, 97068  
Sunday, November 15, St. Vincent Hospital, 9205 SW Barnes Rd, Portland, OR 97229

### **Other Events**

- **2015 Mt. Hood Snow Sports Swap**  
October 1-4, 2015