



The Sweep

April 2022

PRESIDENT'S NOTES

According to the calendar Winter is officially over, but there is still snow at the resorts we serve, so don't put your skis/snowboards away just yet.

Skibowl will be open for another week or so and Timberline Lodge and Mt. Hood Meadows will be open even longer.

Thank you to each of you who put in extra days during Spring Break.

SheJumps

On March 13th about 20 young women got a first-hand look at what ski patrollers do. This is just one small step we are taking toward making our patrol more inclusive and diversified. Our hope is that some of these young ladies will join our Ski Patrol Youth program and someday join MHSP as a patroller. See Stacy Stokes' article (page 10) for more detail about the SheJumps event.



Diversity, Equity, and Inclusion (DEI)

At the March 7th Council meeting the Council agreed to form an ad hoc committee to incorporate DEI into the MHSP Policies and Procedures. Several Council members agreed to be on that committee. If you are interested in being on the committee, please contact Courtney Walsh at secretary@mthoodskipatrol.org.

The general guidelines given to the ad hoc DEI committee are listed below:

- Look at what the National Ski Patrol policy is and what that means for MHSP.
- Look at the current MHSP Policies and Procedures and make necessary changes to include DEI principles

I asked the committee to consider the following topics:

- Diversify our patrol.
- Ensure that everyone is treated equally when they apply to join the patrol and when there are promotion or assignment opportunities.
- Involve as many people as possible when we make major decisions.

Donations to MHSP

We periodically receive monetary donations to our patrol and those donations help us to keep the member dues as low as possible. I viewed a recent report that showed we received a \$10,000 donation from Intel and that donation was almost entirely due to the volunteer hours of Kam Komeyli. Thank you very much Kam!

That same report also showed that we received donations from Google and Nike due to the volunteer hours of Steven Schaefer and James Lombardo (apprentice). Thank you, Steven and James.

Please check with your employer to see if your company has a matching funds donation program for volunteer hours that you perform for MHSP. Going through a company like [Benevity](https://www.benevity.com/) is one way to ensure that your volunteer hours turn into donations to MHSP.

MHSP Banquet and Awards Ceremony

The MHSP Banquet and annual Awards Ceremony will be held in person this year on May 21st. Mark your calendar and see the details about the event in the article by Sam Lefeber.

Please submit awards nominations to any Council member.

Cleo Howell, MHSP Council President

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Affiliated with the National Ski Patrol

The Sweep is a Newsletter published monthly by Mt. Hood Ski Patrol Inc. a 501(c)(3) Non-Profit.

Patrolling Area Operations/Showtimes:

<u>Skibowl:</u> Open. Contact Team leads	<u>Timberline:</u> Open. Contact Team leads	<u>Meadows:</u> Open. Contact Team leads	<u>Summit Pass:</u> Open. Contact Terry Niedermeyer	<u>Teacup:</u> Open Contact Steve Potter
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APRIL GENERAL MEMBERSHIP MEETING

Courtney Walsh, Council Secretary, HC 1833

In April we will again host MHSP's General Meeting virtually. The annual April General Meeting is when results of the Council Election are announced. Please feel free to bring your questions for Council – we look forward to seeing you!

19:00, Monday April 11th, 2022

tinyurl.com/MHSPGeneralMeeting

Use Passcode: 757929 (if needed)

See you then!

AWARDS

Matt Wood, Vice President, HC/AS 1768

Please get those award nominations in!

You can submit nominations to awards@mthoodskipatrol.org, to any individual member of the council, or to the entire council at executive.council@mhsp.simplelists.com.

Nominations are considered at the Council meeting in April so please think about your nominations now and get them in before April 4th if possible!

CLOTHING COMMITTEE

Matt Wood, Vice President, HC/AS 1768

As we come to the end of winter season, we still have decent inventory of most shirts, sweatshirts, and pants. There's a good but dwindling supply of both Men's and Women's coats.

The North Face doesn't have much overstock so at this point we will likely be limited to availability in the Fall of 2022 when their new goods come out.

We have a lot of "MISC" goods – from gently used packs to Avy shovels and even some clothing. Some are cheap, some are free – please inquire!

I'll do my best to convene a pop-up at the Mountain Shop on a Tuesday night prior to the OEC class.

As always, if you have any needs, contact me by email at vicepresident@mthoodskipatrol.org and we can arrange to meet somewhere in Portland or on the mountain.

Payment can be made in cash, check, or credit card via Square, and can also now be made via PayPal on the Wiki! A small processing fee will apply for PayPal or Square; contact the VP for pricing on anything.

GOVERNANCE COMMITTEE

Matt Wood, Vice President, HC/AS 1768

Work on Chapter 7/Finance is well under way and the committee is on track to complete the re-write of the P&P before the new Council is seated in June.

DIVERSITY, EQUITY, AND INCLUSION (DEI) COMMITTEE

Matt Wood, Vice President, HC/AS 1768

The ad-hoc DEI committee met a couple of times in late March to address its main charges:

1. Review NSP DEI initiatives and ensure MHSP Council and membership are aware of their impact on MHSP members.
2. Examine MHSP through the lens of DEI and make recommendations to MHSP leadership and membership on how to foster a culture of Diversity, Equity and Inclusion.

The committee work is still in early stages and a committee chair has not been established. If you are interested in this committee and its work, please contact Courtney Walsh/Secretary or Matt Wood/VP.

MOUNTAIN OPERATIONS

Dave Winterling, Patrol Chief, HP 1806

Fellow Members,

As the winter season is close to ending, snowpack is below normal and we've all had many days of hard-pack conditions since those big storms in late December.

There's a little bit of snow in the forecast, and my fingers are crossed that we get at least one more "big dump."



Tryouts

Our annual tryouts took place on March 19th at Skibowl. The event was a great success, with (64) candidates for the hill and associate slots for our 22/23 apprentice class.

From that group, we have selected (40) candidates for interviews, which will once again be done via Zoom, rather than in-person, in April.

Many thanks to our Recruiting Director Glen Anderson, for his sustained efforts over many months to pull in these excellent candidates, and to prepare and facilitate the tryouts event.

Also, thanks very much to the crew who assisted at tryouts, including the "downhill team" of Jim Stempel, Mary Stempel, Jay Martineau, and Steve Tomlinson, who organized the sign-ins and logistics.

And special thanks to our "uphill team" of on-snow evaluators - Dave MacIntyre, Mike Miller, Matt Harms, Aaron Olsen, Heather Van Houten, and Courtney Walsh - they had a long, cold and stormy day on the hill, followed by a long evening of discussions to rank the candidates.

Finally, many thanks to all our members who talked to and referred candidates to tryouts - you are our best recruiting resource! Your contributions are much appreciated.

Area Seasons Coming To A Close

For Skibowl, the last on-hill day is currently targeted for April 10th, and the Outback is probably already closed for the year at this point. For Meadows, the last on-hill day is currently targeted for May 7th, which is the "Pond Skim."

Timberline will be open through summer as usual, but with current snowpack it may be a short season - get your days in early.

Area Ski Groups Fundraising for MHSP

The PACRAT and Mt. Hood Adult Racing clubs will once again be jointly organizing a fund-raising race for MHSP, at Timberline on Sunday April 24th, the "Laura Green Memorial." This event has taken place for the last few years, with steady increases in donations, and last year netted a \$7000 donation for MHSP - a significant portion of our annual budget.

The members and guests of the two racing clubs are great supporters of MHSP.

We have agreed to co-host a BBQ event out front of the Bowman Center that afternoon, starting at around 1400 when the race is over. MHSP members who are not patrolling that day are encouraged to attend and meet the event participants. MHSP members who ARE patrolling that day can catch the tail-end of the event (hopefully).

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Ski the Glade

The “Ski the Glade” event happened on March 5th, following a two-year hiatus for the pandemic. Gordy Winterrowd coordinated the MHSP involvement in this event, which involved several laps to patrol the groomed Glade Trail. This event is a major fund-raiser for the Mt. Hood Cultural Center and Museum, in Government Camp, and also a tribute to the “old days” of ski patrolling on Mt. Hood, before chair lifts.

SheJumps

The “SheJumps” event happened on March 13th, coordinated for MHSP by Stacy Stokes, and by our former member Robyn Gelfand who now works for SheJumps. Read Stacy’s article on page 10 for all the details. Many thanks to all of those who helped.

Drug Use at the Bowman Center

We recently had an interaction with a USFS enforcement officer, about the usage of marijuana at the Bowman Center. An important notice/reminder for all MHSP members, from our P&P Appendix A - first paragraph:

The Buzz Bowman Mt. Hood Ski Patrol Center (the “Bowman Center”) is a US Forest Service property leased by MHSP. As a federal property, it is subject to restrictions and encumbrances of its use that are not decided by MHSP. This means there shall be no use of any drugs, even those that may be legal in the State of Oregon.

We have enjoyed a very long and positive relationship with the US Forest Service, including our 60-year occupancy of the Buzz Bowman Center at a nominal/low annual rate. We must NOT endanger this relationship; please do your part and follow these guidelines.



Participants at the 2022 Women’s Clinic, Meadows Ski Area, March 5th, 2022.

From uphill to downhill: Will Parady (instructor), Aaron Olsen (instructor), John Crowley, Mary Stemple, Rita Somogyi, Allison Wibby, Diana Petrmichlova, Katie Stubbers, heather Van Houten (instructor), Steve Barnett, Stacy Stokes, Steve Bonham, Jim Stemple, Magen Fritz, Carter Hubbard.

Photo by Courtney Walsh (instructor)

ASSOCIATE OPERATIONS

John Howard, Associate Director, AS 90227

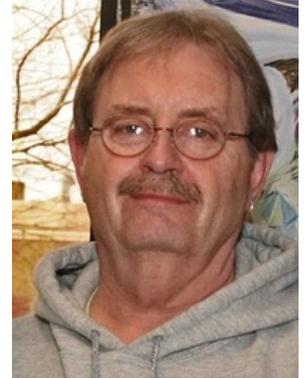
It seems as though the season just started, and yet, here we are looking at the closing date for Skibowl.

If you need days there are still open dispatch slots and lots of Spring skiing to be had.

Council elections are coming; please remember to vote.

Thank you for allowing me to represent you on the Council the past three years.

John



MOUNTAIN HOST OPERATIONS

Jan Silagi, Mountain Host Director, HS 60054

Spring conditions on the mountain have arrived and we are looking at the winter season countdown! There are approximately 2-3 weekends left to dispatch to Skibowl or Summit Pass, and approximately 5-6 weekends at Timberline.

Please review your Ski History to make sure you have put in 10 days on the mountain this winter.

Many thanks to all of you who stepped up and did mid-week shifts during Spring Break. The resorts were well covered this year and we heard good comments from management.

Recognition

As you reflect on the closing winter season, please let me know who you think should be recognized for Outstanding Mountain Host of the Year, Host Supervisor of the Year, and Mountain Host Apprentice of the Year.

Any Mountain Host can make a nomination and the decision must be made this month!

Honorees of the awards will be announced at the Annual MHSP Banquet and Awards Ceremony on Saturday, May 21st at the Mt. Hood Oregon Resort in Welches. Hope to see you there!

And finally

...just because the snow is waning, the fun isn't over!

We are looking forward to dispatch opportunities at the Adventure Park at Skibowl, and at Timberline this summer. We will have a training day in late May or early June to refresh our knowledge for the summer season.

Also, if any of you are interested in patrolling as a Bike Host at Timberline this summer, please let me know.

See you on the hill, Jan



NSP SENIOR PROGRAM – A REPORT AND RECOGNITIONS

Matt Wood, SENIOR ALPINE PATROLLER, HC/AS 1768

On the weekend of March 12th-13th, Brit Andersen and I attended the Oregon Region Nuts & Bolts Clinic and completed our testing in the Outdoor Emergency Transportation (OET) Ski and Toboggan elements of the NSP Senior Program.

I am very pleased to advise that Brit passed his sled test and is now halfway on his way to Senior Patroller status! I passed my ski test and now, having completed both the OEC (in 2017) and OET modules of the Senior program, I qualified as a Senior Alpine Patroller.

As Brit and I have been training together for the last couple of seasons, I get the question more and more often “What is Seniors?”

Think of it like this: if basic OEC and (for Hillers) OET certifications are a “Bachelors’ Degree” qualifying you to patrol, then the Senior program is a little like a Master’s degree.

Someone once said “OEC technicians practice until they get it right; OEC Seniors do it until they can’t get it wrong”. That’s what it feels like – while OEC and OET are different, the training makes you a better patroller and makes you feel like there’s not a situation you’re not prepared for. And it’s FUN! Look at those faces!



Brit Anderson and Matt Wood sporting their new NSP Senior hats.
March 13th, 2022
Selfie by Matt Wood

NSP has Senior program modules for both Patrollers (what we call “Associates”) and for Alpine Patrollers (“Hillers”). Associates complete the OEC module and the First-Aid Room module of the Senior program to qualify as Senior Patroller. The First-Aid Room module was created largely by our own Kathy Lee!

The OEC module challenges you with tricky scenarios that are based on real-life cases! There’s emphasis on very rapid scene size-up, patient assessment, treatment, and transport within the usual NSP 20-minute time limit, but often with multiple patients with severe injuries and troublesome bystanders to deal with!

The First-Aid Room module concentrates on how to layout and manage a FAR as if you were designing one from the ground up and then running it as a supervisor.

Hillers will complete both the OEC module and the OET module to qualify as Senior Alpine – the FAR module is not required but is available as an elective.

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In OET Seniors there are separate tests for skiing/snowboarding and for running toboggans.

Ski/snowboarding skills assessed are short/medium/long-radius turns, bump skiing/riding, crud/off-piste skiing/riding, and equipment carry. There are also “school figures” like side slip, pivot slips, kick turns, step turns, falling leaf, and herring bone to show off.

Sled skills are assessed for body position and efficiency in the handles and on the tail, route-finding, and problem-solving in both fall-line sleds like the Edge or Cascade 100 as well as the 4-handle Cascade 350. Similar programs exist for Nordic as well.

We all actually started in the COVID-19-shortened 2019-20 season but were unable to keep going when the mountains shut down. Conditions were challenging both years Brit and I tested.

In 2021, our own Dave MacIntyre and Paul Van Der Bosch breezed through both ski and sled tests.

In very chunky-swirly snow boulder conditions, Brit and I split our results, Brit nailing his ski test but running out of gas on sleds, while I sweated through sleds and passed but didn't ski well enough to pass both disciplines.

This season, we got to train together again almost every TES date, focusing on areas of our own improvement and committing to helping each other improve.

In Bend a few weeks ago, we had pretty hero powder conditions to test in but no matter how good the snow is, conditions always play a role in difficulty factor. At the end of a long day, we both passed and are proud of our accomplishments.

Congrats to Ted and Loren from Bachelor and to Larry from Santiam Pass/Hoodoo too!

Brit and I are HUGELY thankful to those who helped us. Speaking for myself, I owe a huge debt of gratitude to Brit Andersen and to Paul VDB for being my constant training companions for nearly three full seasons.

We all started wondering how the heck you even run a 350, and we ended by being able to finish each other's sentences.

To my OEC Senior teammates Rachel Leiber and Matt Adamosky, the journey started in 2016 with you two and I very literally could not have done it without you both.

Matt Harms taught me how to ski stronger and “how to be comfortable being uncomfortable.”

Gina Hackett had the patience of a saint watching me flail on turns and always offering good advice.

To Jeffrey Weitz, National OET Assistant, a million thanks for your encouragement and keeping the program organized and on track in all of the Western States.

And to hVH, heather Van Houten, words can't describe my thanks and praise for your efforts to support us, your organization, patience, and mentoring. heather is a credit to us as Region OET IT; if you sign on with her, you will ski and pull sleds better, guaranteed!

To all those who attended a Senior TES, DMac, Robyn Gelfand, Courtney Walsh, Stevie Bonham, Dave Winterling, and many more, thanks for your help – it's your turn next for OEC and sleds! COVI-19 means we have a big build-up of candidates for both programs.

If you have been patrolling consistently for 2-3 years, you should consider “upping your game” with Seniors OEC or OET.

Even if you're not interested in testing, it will make you sweat, get your knees knocking a little, and make you better at what you do!

Be sure to reach out to hVH for toboggans or to Cleo and Kathy Lee for OEC to form programs in 2022-23.

BANQUET AND AWARDS CEREMONY 2022

2022 Banquet Committee

Dear Mt. Hood Ski Patrol Family,

I hope everyone is excited for the first in-person Banquet and Awards Ceremony since 2019!

Join us to celebrate another great season on the mountain and the accomplishments of our fellow patrollers. We have a few years to make up for, so get ready for a great time.

When: Saturday, May 21st, 2022, 1700 – 2300. Dinner at 1900.

Where: Cascade Ballroom,
Mt. Hood Oregon Resort
68010 East Fairway Avenue
Welches OR 97067

We have a block of rooms reserved for “Mt. Hood Ski Patrol” for both Friday May 20th and Saturday May 21st. Reservations can be made by calling 503-622-3101.

With our discounted rate, King and Queen rooms are \$179 per night and Fireside rooms are \$199 per night. There is an additional \$25/room resort fee per night and a 7.5% lodging tax. Pet-friendly rooms are available; please be sure to request a pet-friendly room (if needed) when you make your reservation.

Everyone will be receiving a formal invitation shortly, with details on how to purchase tickets.

We are currently looking for donations to help support the raffle. If you have something you would like to donate, please contact Erin Ellis at 503-847-1172, or at erin_marie_ellis@mac.com. Examples of items MHSP members have donated in the past include: landscaping services, massage services, cords of wood, products produced by member's companies/ employers (wine, spirits, tools, apparel, outdoor gear, chocolate, food, etc.), gift certificates to restaurants, tickets to sporting events, etc.



SheJumps participants get to experience being in the handles and tailroping a sled.

Timberline Ski Area, March 13th, 2022.

The participants are being assisted by Rachel Leiber while Torry Taylor, Diana Petrmichlova, and some of the other participants wait their turn.

Photo by Zachary Joseph

SHEJUMPS

Stacy Stokes, MHSP Liaison to SheJumps, HP 1864

A big thanks to MHSP and Timberline for the support of the first SheJumps Junior Patrol Day for Mt. Hood.

Everyone showed amazing support by volunteering for the event (Stacy Stokes, Rachel Lieber, Alaina Waller, Rita Somogyi, Diana Petrmichlova, Courtney Walsh, Jan Silagi, Torry Taylor, and Natalie 'Rae' Ritacco), picking up patrol shifts so volunteers could be available for the event and donating an abundance of Timberline donations making it possible for each of the 21 participants and 8 SheJumps volunteers to have a day pass at Timberline.

For those of you who are not familiar with SheJumps, it is an organization founded in 2007 with the idea of celebrating the accomplishments of women from beginners to pro athletes and provide them with a support system where they would feel confident taking risks and to try something new.

The idea of a mentorship program behind the Junior Ski Patrol Day started in 2017 with the former Crystal Mountain Patrol Director, Kim Kircher and SheJumps Creative Director.

Since then, there have been Junior Ski Patrol events in Washington, Wyoming, New Mexico, Idaho, and now Oregon!

Despite the weather being cold and snowy, the girls had an amazing time. I guess this means the girls are certainly future patrol material!

The highlight of the event was the toboggan station where each of the girls had an opportunity to ride in a toboggan and take a turn in the handles if they wanted (under the control and direct supervision of toboggan trainers of course).

Heidi, the St. Bernard from the lodge, made a surprise visit after lunch.

The girls got hands-on experience with transceivers, probes, and shovels while searching for a buried treasure. Libby Koroch (Timberline Patrol Director) supervised the treasure hunt dressed as a unicorn.

Another fun station was in the first-aid room. Savannah Reimer (Timberline paid staff) led that station with Rita's assistance. The girls practiced with the J-splint, sling and swathe, pulse oximeter, etc.

We also spent some time exploring the mountain while discussing the skier/snowboarder responsibility code, and what to do if they are with someone who gets injured on the mountain.

It was exciting to see so many young girls interested in a future as a ski patroller!



Savannah Reimer from Timberline Paid Patrol demonstrates a Johnson splint with a SheJumps participant acting patient (and being patient). SheJumps Day at Timberline Ski area, March 23rd, 2022.

Photo by Zachary Joseph



SheJumps Participants and volunteers MHPS patrollers Rachel Leiber, Courtney Walsh, Stacy Stokes, Rita Somogyi. Robyn Gelfand and Torry Taylor (former MHSPers), and Diana Petrmichlová (MHSP apprentice). Timberline Paid Patrollers Libby Koroch and Savannah Reimer, SheJumps volunteers & participants and Heidi the dog.

Photo by Zachary Joseph



Robyn Gelfand, Libby Koroch, Torry Taylor.
SheJumps event March 13, 2022

Photo by Zachary Joseph

CALENDAR

MHSP Google Calendar

April

- 4 Council Meeting (virtual), 1900-2200; (tinyurl.com/MHSPCouncilMeeting)
- 5 OEC Class (in-person), 1900 @ The Mountain Shop
- 11 General Meeting (virtual), 1900-2030, **Annual Elections Meeting** (tinyurl.com/MHSPGeneralMeeting)
- 12 OEC Class (in-person), 1900 @ The Mountain Shop
- 19 OEC Class (in-person), 1900 @ The Mountain Shop
- 19 PNWD Educational / Safety Culture 4 All -Zoom, 1830-2000
- 25 *The Sweep* Newsletter deadline, 1800
- 26 OEC Class (in-person), 1900 @ The Mountain Shop

May

- 2 Council Meeting (virtual), 1900-2200; (tinyurl.com/MHSPCouncilMeeting)
- 3 OEC Class (in-person), 1900 @ The Mountain Shop
- 9 General Meeting (virtual), 1900-2030 (tinyurl.com/MHSPGeneralMeeting)
- 10 OEC Class (in-person), 1900 @ The Mountain Shop
- 17 OEC Class (in-person), 1900 @ The Mountain Shop
- 17 PNWD Educational / Safety Culture 4 All -Zoom, 1830-2000
- 21 MHSP Banquet and Awards Ceremony, Mt. Hood Oregon Resort, Welches, OR
- 25 *The Sweep* Newsletter deadline, 1800

June

- 6 Council Meeting (virtual), 1900-2200; (tinyurl.com/MHSPCouncilMeeting)
 - 13 General Meeting (virtual), 1900-2030 (tinyurl.com/MHSPGeneralMeeting)
 - 21 PNWD Educational / Safety Culture 4 All -Zoom, 1830-2000
 - 25 *The Sweep* Newsletter deadline, 1800
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