



The Sweep

July 2022

PRESIDENT'S NOTES

Last year was a great year and the next one is shaping up to be another. I look forward to serving you again this year and working with our new Council through the 2022-2023 season.

Executive Council for 2022-2023

Your Executive Council has transitioned from the 2021-2022 group of leaders to the new leaders for 2022-2023. Listed below are the current Executive Council members.

President - Cleo Howell

Vice President - Kevin Havre (new this year, but has prior Council experience)

Secretary - Courtney Walsh

Treasurer - Lee Hall

Patrol Chief - Dave Winterling

Associate Director - Scott Chandler (new to Council)

Nordic Director - John Fairgrieve (new to Council)

Host Director - Jan Silagi

First-Aid Chief - Matt Wood (moved from Vice President position)

Junior Trustee - Steve Potter (moved from Nordic Director position)

Middle Trustee - Margaret Usher

Senior Trustee - Joel Stevens

Kathy Lee - Kathy is not a Council member, but she attends every Council meeting and provides valuable input and a historical perspective

I want to thank our outgoing Council members Will Parady, John Howard, Steve Potter (moving to a new position), and Matt Wood (moving to a new position). Please see my extensive comments on their accomplishments in the Awards Edition of *The Sweep* coming out this month.

Pacific NW Division Convention

The Wy'east Region (which MHSP is a part of) will host the 2022 annual Pacific NW Division Convention in Portland August 12th-14th. Matt Wood is the Chairperson of the committee putting on the convention. Please mark your calendar for this event and try to attend at least the Saturday training sessions.

Pacific Crest Trail Days Event

We will help again at the Pacific Crest Trail Days on August 19th and 20th. [Pacific Crest Trail Days](#) is an annual summer festival that celebrates and promotes hiking, camping, backpacking, and outdoor stewardship. MHSP will provide first-aid assistance at the event in exchange for a donation to MHSP. The event is on Troopiter. Al Barton will be the coordinator for the event, and you can contact him for questions about your role at the event.

Cleo Howell, MHSP Council President



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Affiliated with the National Ski Patrol

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Patrolling Area Operations/Showtimes:

<u>Skibowl:</u> Open. See dispatch and talk to APC	<u>Timberline:</u> Open. Contact Team leads	<u>Meadows:</u> Closed for the Season	<u>Summit Pass:</u> Closed	<u>Teacup:</u> Closed
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NEXT GENERAL MEMBERSHIP MEETING

Courtney Walsh, Council Secretary, HC 1833

There will not be a General Meeting in July. The next General Membership Meeting will be October 10th, 2022.

Job Alert: We are looking for someone to help with our monthly newsletter, *The Sweep*. Part of our Council's goal is to have backups for all positions. You will receive training and support along the way and not be expected to take over the full job as editor. Instead, you will simply begin learning the ropes and helping with the special editions (or doing a monthly edition yourself if you are interested).

The current Editor is not going anywhere; we are simply trying to strengthen our staff. Please contact the editor at mhspeditor@mthoodskipatrol.org.

MOUNTAIN OPERATIONS

Dave Winterling, Patrol Chief, HP 1806



Fellow Members,

After a wet and stormy start to June, we're finally into some good summer operations, with clear skies and busy chairlifts.

Timberline

Summer camp season is very strong this year at Timberline, with race camps currently running above Midway and the freestyle area now open below Midway.

Dispatch is open 7 days a week, with the greatest need being Mon-Sat since Sunday is "travel day" for the camps with significantly lower attendance on the hill. The snowpack is very solid, which is a bit surprising after all the high-elevation rain in early June.

Timberline bike operations' tentative start-date is July 21st. As this will be their opening day and is a Thursday, we will not try to overwhelm them with our presence. Also Thursday is not the best day for most of us.

If you're planning on participating in bike ops this summer, contact Glen Anderson (apcbikes@mthoodskipatrol.org) for information on getting involved. There will be training and bike checks on July 22nd and 23rd, keep an eye on your e-mail as we'll put out an announcement when dates and other details firm up.

Skibowl

Skibowl summer operations finally opened on June 22nd, after the rains stopped and the area dried out.

As you know, there are no bike ops at Skibowl this summer. That has certainly had an impact, at least for the first weekend, on guest count and for the case count at the first-aid tent.

I worked at Skibowl Sunday June 26th, and had a chance to meet some of the new paid staff who have been brought on for summer. As usual, Skibowl has a busy event calendar for the summer, so please dispatch and pick up some summer shifts.

New Patroller Class

We did "Orientation Night" at Ida B. Wells High School on June 28th, for the new apprentice class coming in for the 2022-2023 training season. We had a great turnout from the new members and instructors and discussed plans for the next apprentice training year.

Fingers crossed that the pandemic situation doesn't spike again; it would be great to get this new group through in-person OEC training in the fall, unlike the last two years when it was pushed to winter/spring and overlapped with on-hill training.

Many thanks to Aaron Olson for making the venue available for Orientation Night (it was in his classroom).

The new apprentice class is jumping in fast; we already have four of them scheduled for summer shadow days at Timberline.

Have a great summer and hope to see you uphill.

DW

MOUNTAIN HOST OPERATIONS

Jan Silagi, Mountain Host Director, HS 60054

It's great to be getting back up on the mountain. Summer shifts at Timberline began on the 4th of July holiday weekend, with Hosts greeting skiers/riders and tourists. Dispatch is open for every weekend through Labor Day on Monday September 5th.

Our Bike Hosts will begin shifts on the mountain as soon as bike trails are open at Timberline. Timberline estimates this will be July 21st.

Bike Host

If you are interested in Hosting on a bike at Timberline this summer, please contact me. Bike Hosts will attend a refresher training day with the Bike Patrollers at Timberline. Any Hosts wishing to dispatch on bikes will need to attend that training day (date/time TBD).

Bike Hosts must have downhill-trail biking experience and strong intermediate level skills. Your mountain bike must have a minimum of front-end suspension (full suspension is highly recommended). Additional required equipment includes a helmet and an appropriate backpack for your personal gear and basic first-aid supplies. Additional protective gear such as knee/shin guards, chamois, gloves, etc., is recommended

Basic Life Support/CPR

A schedule for BLS/CPR classes to become certified or renew certifications will be announced soon. Please be on the lookout for opportunities in the coming weeks. See the CPR article on page 7 of this newsletter.

Summer Fundraisers

Our first summer fundraiser of the year took place on June 10th at the annual convention of the Far West Ski Association. As additional fundraiser come up, announcements will be sent to all MHSP members. We hope all of you will participate in one of the fundraisers or at a training session in the fall.

Hope you all had a fun and safe 4th of July weekend. I'll see you on the hill!

Jan



FIRST-AID CHIEF

Matt Wood, First-Aid Chief, HC/BP/AP 1768

I hope everyone is enjoying summer now that it has actually arrived in force!

Summer patrol days are a great way to keep OEC skills sharp. Timberline days on Palmer and especially in the FTC camp area keep us on our toes for "regular," on-snow cases.

The Skibowl Adventure Park and Alpine Slide usually offer a number of opportunities per day to refresh bandaging skills.

REFRESHERS

Speaking of refreshers - you should see one or more updates from NSP in your email inbox soon. (Be sure to keep your NSP registration up to date!) The online refresher course and the refresher workbook are normally released in early-mid July.



To date, NSP has advised the workbook will be entirely online this year, so be prepared to complete two online courses and then attend one of our in-person days.

I'll share more detail on refresher dates and venues at my earliest opportunity, but you can plan on "the usual" for refresher and date availability, with two refresher sessions for the instructors (most likely in early/mid-September) and three dates for Patrol Refreshers in late September and October.

The ongoing response to the pandemic continues to challenge us finding venues for the refresher and the OEC class. Stay tuned to this space and we'll provide more info as soon as it's available to us!

FAR WEST SKI ASSOCIATION (FWSA) ANNUAL CONVENTION

Fundraising Starts in Earnest

Jan Silagi, HS 60054

Mt. Hood Ski Patrol was invited to volunteer at the 2022 FWSA Annual Convention in Portland on June 10th.

In exchange for providing 5 volunteers to act as runners for the Friday night silent auction, the Northwest Ski Club Council, hosts of the convention, presented Mt. Hood Ski Patrol with a check for \$500, with a promise of an additional donation from the proceeds of their auction! This was a very generous donation, and we thank the Northwest Ski Club Council for their support!

Please keep your eyes open for additional opportunities to volunteer at a fundraiser this summer and fall.

We will have a booth at the 2022 Snowvana show November 18th-20th, 2022.

As in years past, we will have opportunities for MHSP members to volunteer to help set up the ski swap on Thursday November 17th, and then to tear it down on Sunday November 20th. This labor is in exchange for a donation from Snowvana.

During the show hours on Friday, Saturday, and Sunday, we will sell SnoPark Permits as our largest fundraiser of the year. Please take a look at your calendar and pencil in some time for this event if you can.



The MHSP members who volunteered were:
Left to right: Mark Gill, Jan Silagi, Matt Wood, John Silagi, and Beryl Weinshenker
Photo by Innocent Bystander

2022 CPR Program

Mark Ripkey, BLS/CPR Program Coordinator, AS 1658



Another season of CPR renewals is upon us, and details are being worked out before the Fall BLS/CPR program is rolled out in the first couple weeks of August.

As always, our schedule includes both the NSP CPR refresher that happens in the odd year between certification dates and the two-year recertification with AHA.

All NSP CPR refreshers will be set up in conjunction with other MHSP training and refresher events throughout the fall training season. There is no schedule yet. Please pay attention to the monthly issues of *The Sweep* for updates.

NSP CPR refreshers will be a simple skills demonstration and review, which should not take too long (35-40 minutes); email notifications will be coming out later this summer.

The schedule for recertification classes will be published in *The Sweep* and on Troopiter as well as the Google calendar. There will be four dates in September and four dates in October with two dates in August. We will have a mix of Saturdays, Sundays, and weeknights.

Locations for classes is still TBD but most likely most will be in the ACAP building in SE Portland/NW Milwaukie, same as last year

The critical part of the recertification process is the online course. We will be using AHA's blended course program again this year, where you do all the classwork online with AHA and then attend a one-hour skills demonstration session with us.

The online course is located at: <https://shopcpr.heart.org/heartcode-bls>.

The online portion is known as Heartcode-BLS and it is on the AHA site. The cost went up a bit this year and is \$32.50 paid directly to AHA through the online portal.

There will be a certificate at the end of the course that you will have to download and print out to bring to class. You **MUST** have the course certificate to attend the hands-on skills demonstration portion. I recommend you upload the online certification to your Troopiter member profile for safe keeping (directions below). We do need a paper copy at the one-hour training since we are not assured of Internet access.

Uploading to Troopiter will also allow us to verify online completion prior to class dates.

If you do not have the online portion completed, we cannot allow you to attend the one-hour hands-on sessions. It is a two-step process. The cost of the hands-on portion of the course has been set at \$15.

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You are free to choose another vendor if you want, but your Healthcare Provider CPR certification has to come from one of a specific set of certification agencies. The agencies that are accepted in NSPs Policies and Procedures are:

American Heart Association	American Red Cross
National Safety Council	American Safety and Health Institute
Medic First-Aid	EMS Safety Services, Inc.
Emergency Care and Safety Institute	

If your CPR is not from one these agencies, then we need to talk about getting that corrected. In addition, these agencies teach multiple levels of first-aid and CPR. To be qualified for patrolling with MHSP (and all NSP affiliated organizations) your CPR certification has to be Healthcare Provider level training. Your certification card should state that or something similar.

If you have taken your CPR class from someone else, it is now easy to upload your card to your Troopiter account for review and approval.

Posting your CPR Certification

Navigate to your Troopiter member page and look at the bottom; you will see five tabs. Click where it says *'Documents.'* Click on *'Upload a Document,'* navigate to your electronic certificate, then select the upload button in the lower right corner.

This should upload the pdf or photo of your card. Then send me an email or a text so I can verify it and enter your certification date in Troopiter. This should make the process of verifying CPR certifications much simpler, and your CPR certification date and CPR refresher dates will be documented in Troopiter for easy access and verification.

In addition, once you have completed a class with us, we will enter your completion date in Troopiter so you know that it is documented and MHSP will have it documented as well. We highly recommend you upload your completed CPR electronic card for safekeeping.

NSP PACIFIC NW DIVISION CONVENTION

August 12th-14th, PDX Sheraton Hotel

Matt Wood, 2022 Annual Convention Chair

MHSP and Wy'east Region are hosting the PNWD annual Pacific NW Division Convention at the PDX Sheraton.

The convention gathers patrollers from Oregon, Washington, Idaho, and beyond for meetings and the annual awards banquet, with a special emphasis on a full days' worth of education sessions in all disciplines, from OEC and OET, to MTR, Avalanche, Outdoor Risk Management, and more.

This year we're lucky to have Katja Burt as keynote speaker, who will address topics of Diversity, Equity, and Inclusion at the national and local levels. We'll also have speakers on patroller safety and patroller psychological first-aid.

Anyone who has been involved in a serious 10-50 knows how the incident can affect you, even long after it's over. These workshops will give you new tools to use on and off the hill!



Local and national equipment and gear vendors will be in the lobby on Saturday August 13th, so come and see skis and boards from Deviation, lay eyes on new advances from SAM Splints, get a chance to win an annual Life Flight membership, and more! We'll have a well-stocked hospitality room, courtesy of the sponsorship of our own Toby Willey and Edge Rescue, and it'll be capably managed by our ever-present Host Director, Jan Silagi!

First and foremost, we want our patrollers to ATTEND!

Friday August 12th offers an OEC Senior Trainer/Evaluator clinic as well as Patrol Director 101.

For anyone interested in patrol director duties there's "PD101," which any of our new area patrol directors should plan to attend. This is a good course to deepen your knowledge of NSP leadership and is appropriate for APC and assistant PC and Hill Captains too. Kathy Lee is sure to be in touch with MHSP membership on the T/E opportunity!

Saturday August 13th is the day to plan for learning and FUN (Ski Patrol is, ya know, FUN!), with education sessions all day and vendors displaying their goods in the lobby. The programs will be posted on the convention website soon (see registration details below).

Saturday night has the awards banquet and what is sure to be a GREAT silent auction, with lots of gear, beer and wine, and much more.

Sunday August 14th will offer the annual general meeting – not required, but if you're a fan of seeing how the NSP and PNWD organizational sausage is made, this is for you!

And since we're a volunteer organization – **we also need HELP!** Saturday is the Big Day - If you're willing to assist in anything from registration duties, to escorting speakers and arranging meeting rooms, to being a runner at the dynamite silent auction and banquet, PLEASE contact me!

Huge thanks to our own Reba Sharp as our convention treasurer and registrar, and to Kathy Lee, Joel Stevens, and Scott Chandler (and Scott's wife Erin) for their tireless work behind the scenes!

(continued on next page)

The following message went out to all patrollers in the Pacific NW Division on Wednesday, June 29th:

Fellow Patrollers and Hosts!

We're happy to announce that registration is now available online for the 2022 NSP Pacific NW Division Convention to be held August 12th, 13th, 14th in Portland OR!

Our amazing webmaster Richard "Murph" Murphy has worked through some technical issues, and we are pleased to advise we are up and running! Registration and credit card payment can be made online by going to the main convention website (www.pnwdcon.org/#/) and then selecting registration here: www.pnwdcon.org/register.html#/

You can also register in advance and pay by check or card - please pay close attention to the prompts on the registration pages if you intend to pay by card, check, or cash, as the registration and payment path is slightly different for each option.

Come one, come all; we are going to have a vibrant program offering on Saturday the 13th, and a HUGE selection of silent auctions winnings, including a weeklong stay in Mexico with air and lodging!

If you haven't already, please get the convention on your calendar in August for some fun, education, and a chance to catch up with patrollers from all over the Division!

Questions? Call or email Matt Wood, Convention Chair 360-921-8879 or matt.wood@nsp-pnwd.org.

CALENDAR

[MHSP Google Calendar](#)

July

- 11 Council Meeting (virtual), 1900-2200; (tinyurl.com/MHSPCouncilMeeting)
- 19 PNWD Educational / Safety Culture 4 All -Zoom, 1830-2000
- 25 *The Sweep* Newsletter deadline, 1800

August

- 1 Council Meeting (virtual), 1900-2200; (tinyurl.com/MHSPCouncilMeeting)
- 12-14 Pacific NW Division Convention, **PDX Sheraton Hotel**
- 16 PNWD Educational / Safety Culture 4 All -Zoom, 1830-2000
- 19-20 Pacific Crest Trail Days
- 25 *The Sweep* Newsletter deadline, 1800

September

- 5 Council Meeting (virtual), 1900-2200; (tinyurl.com/MHSPCouncilMeeting)
 - 20 PNWD Educational / Safety Culture 4 All -Zoom, 1830-2000
 - 25 *The Sweep* Newsletter deadline, 1800
-