



The Sweep

November 2019

NOTES FROM THE PRESIDENT

We are coming to the end of our fall refreshers, OEC Cycle C, Chair Evacuations, CPR, and Avalanche. Now we turn our attention to firming up our teams and dispatching for the upcoming season.

Training our members for the coming year is a monumental undertaking that started last April and will trail off to a finish this month. Please thank the army of trainers that have made this possible.

Just a few notables...

- Matt Wood and Kathy Lee - OEC Refreshers,
- Ed Taylor and Jaye Miller - CPR coordinators
- heather Van Houten - Chair Evac and all on-hill training updates
- Will Parady - OEC Candidate classes
- Rachel Leiber and Dave Winterling, along with all APC's - ski area negotiations and logistics planning for the coming year
- Dave Miller - new Dispatch creator
- Nicole Gaines - Avalanche and Self Evac
- None of this coordination could happen without our APC of Records - Wendy Stuart.

There are still a few folks who need to complete ICS-100 certification with NSP and there are still a few folks who need to re-certify their CPR credentials. To those individuals I can only ask that you make that happen as soon as possible to be eligible for a team position and serve at our ski areas before December, when we report to NSP that all of our folks are qualified to patrol.

We are turning our attention this year to a very robust program of Young Adult Patrollers (YAP's) under the direction of Paul Van Der Bosch. We've recruited 11 members to participate this season. Please watch for them on the hill and make them feel welcome... you could be working with them as MHSP members in the future!

Hopefully, you've read my thoughts on the care of our Govy Building recently. Our furry friends of the four-legged variety was not a topic I was expecting to have to mention to our folks, but the message was very clear that it was needed.

Mick Tarsel, our Building Caretaker, works hard cleaning up behind us on occasion. While it's appreciated, he does it far too often, and it's not in his job description. Please clean up after yourself and take your trash out when you leave.

We've had presentations this last month from our Pacific Northwest Division (PNWD) Director, Shelley Urben, and prior Division Director, Liz Dodge (please see article below about supporting Liz for NSP Board of Directors election).

We as your Council are working hard to bring us into a stronger relationship with our NSP Division under the guidance of Shelley, and to educate our patrollers about the benefits we receive through Division. One of the ways we can work together is in the up-coming Snowvana Show this month on November 22nd and 23rd.

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Affiliated with the National Ski Patrol

The Sweep is a MHSP Newsletter published monthly by Mt. Hood Ski Patrol Inc. a 501(c)(3) Non-Profit.

Patrolling Area Operations/Showtimes:

<u>Skibowl:</u> Closed Check back when the snow starts falling.	<u>Timberline:</u> Open 0915 Arrive at FAR 0945 Out the door 1615 Final Sweep Bike OPS close on October 13 th . *****	<u>Meadows:</u> Closed	<u>Summit:</u> Closed	<u>Teacup:</u> Closed
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NOVEMBER GENERAL MEETING

November 11th, 2019

When: 1900 to 2100

Where: Auditorium
 Providence Portland Medical Center
 4805 NE Glisan St., Portland, OR

We will have a booth next to PNWD's booth and will be promoting a unified message of snow safety along with fundraising for MHSP. A key focus will be the dangers of tree well snow immersion.

Many of us remember patroller Johnny Walker from Mt Ashland Patrol. His story will send a strong message through a video of the dangers we all face, and will hopefully wake up the public to this hazardous condition.

We need extra volunteers this year to man not just our own Snowvana Booth, but to pitch in and help with PNWD's safety message as well. Please dispatch for this event and meet patrollers from other Oregon Ski Patrols and pitch in on our message. Ask myself or Kelly Ambrose if you have questions.

Last, but not least, get your gear tuned up, your transportation prepped for snow/ ice, and dispatch for your days. Enjoy this month of Thanksgiving with friends and family, and be safe.

Pray for snow, and we will all meet on the Mountain!!

James Schuler, MHSP Council President

MOUNTAIN OPS UPDATE

Rachel Leiber, Patrol Chief, HC 1687

Calling Hill Patrollers! Meadows Teams have 3 HP openings and Skibowl Team's have 8 HP openings (2 spots on each team available). If you have ever wanted to jump on a team, this is the best year!

The teams are really fun and you build tight partnerships with your teammates and the paid staff.

If you are not already committed to another team, additional Hill Patrollers are required to fill the team slots at these two areas in order to meet MHSP's operational commitments and deliver consistent services. We work with folks to be an active part of the team, but understand there are times when scheduling issues arise.

If you are unsure of how teams work or if you can make the schedule requirements, please just **reach out to Roger (MHM APC) or Matt Harms (Skibowl APC)** to learn more.

Pre-Season Training

It is time to finish your training, check your gear, and plan out your winter schedule.

Upcoming Dates

- Skibowl Chair Evac:
Saturday, November 9th - Spots open on dispatch
- Meadows Chair Evac:
Saturday, November 16th – Sunday, November 17th - **By MHM APC Invite Only**
- Nordic Refresher:
Saturday, November 2nd
Sunday, November 3rd
Sunday, November 10th

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Season Team Schedules

Here are the Team Week 1 dates, so you can start to plan your winter. Teams patrol every other week, through early May.

- Meadows A/B Teams: 11/9, 11/10*
- Meadows C/D Teams: 11/16, 11/17*
- Timberline & Skibowl A/B: 12/7, 12/8*
- Timberline & Skibowl C/D: 11/30, 12/1*

*If an area alerts the Area APC that the area will not open, team members will earn their team day credit, with "Area Closed" documented on their Dispatch History.

Rule of 8

Each year, MHSP members must complete a minimum of 8 mountain patrol days to maintain their active patroller certification and qualifications.

Dispatch Opens November 12th for Team Members first

The Dispatch for regular on-hill duty is closed until November 12 at this point. Other activities including training events, classes and Community events are still open for dispatch/participation.

Sorry for the delay, there are still a few details that need to be worked out.

Dispatching Reminders

- Please dispatch for just enough days to just meet your winter benefits level, to ensure everyone has access to limited Supplemental spots. As dates approach, patrollers can always grab more open spots
- You are accountable for completing your dispatch shifts, proactively communicating with your HC/AS and/or for getting your shift covered.
- Please proactively reach out to your HC/AS if you are ill, so the HC/AS can adjust staffing accordingly.
- If your sub request is not picked up, your HC/AS is expecting you to show up.
- Patrollers are able to un-dispatch up to 2 weeks before a dispatched day before Dispatch is locked and you must find a sub
- Only Team members can sub in for Team members spots

ASSOCIATE OPERATIONS

John Howard, Associate Director, SS 90227

Hi everyone.

I hope you are all getting ready for this coming season. Training is nearly over and the rust is out of my brain.

I am pleased to announce that we have three highly qualified individuals who will be training this coming year to become Associate Supervisors: Joan Turner, Scott Chandler, and Ed Taylor.

Welcome to them.

See you all soon at the Skibowl Chair Evac. We've had rain and snow at the previous sessions so this one should be sunny.



MHSP NORDIC PATROL “ON-THE-HILL” REFRESHER

Steve Potter, Nordic Director, NP/AP 1630

This year’s Nordic refreshers are going to be held on the following days from 0900 to 1600:

- Saturday November 2nd
- Sunday November 3rd
- Sunday November 10th

Each day will start out at the Ski Patrol building in Government Camp and migrate to the Teacup Lake Lodge. It will be a full day with some great work in all areas that make us a successful team and allow us to better integrate into the other agencies we work with.

Attending one of these events is required for participation this year as a Nordic Patroller. If you have conflicts please contact me at spotter67@frontier.com.

The schedule is the same for all three days. Looking forward to a great three days!

Nordic Patrol Refresher Schedule

Ski Patrol Building Government Camp & Teacup Lake Lodge

0900 (GOVY) Roundtable – Hepler and Potter

Intros, Interests, Skills, Needs, etc.

0930 Area Management – Potter

Teacup Nordic Club & Hood River Sheriff’s Office, **Teacup MOU, Teacup SOP, SAR Procedures, quick review of all documents**, Teacup Event Operations, Nordic Standards, Uniform Standards

0945 Radios and Communications (including Teacup Phone) (541-806-4990) – Potter

Communication Log, Frequency Chart, Procedures for Hood River County Sheriff

1000 Backcountry Operation – Hepler and Potter

Equipment, communications, organization, Equipment survey and Review

1015 SAM Splint skills – Potter

Ankle Figure 8, Ankle Stirrup, Double Long Leg, Distal Arm, Proximal Arm

1100 Carpool to Teacup Lodge & Reconvene at Ray Garey Cabin

1130 Working Lunch (bring your own) – Hepler

“Teacup Response Protocols & SAR Management”

1230 Teacup Operations – Potter

Cabin, Nordic Patrol Supply and Document cabinet in Race Room, and documentation

Patrol area and Operational Equipment – Sleds and equipment downstairs

1300 GPS Refresher – Potter

1. Acquire UTM Coordinates at Lodge,
2. Given coordinates, locate part
3. Enter Waypoint from the Location, Enter Waypoint from 911, Go-To Waypoint

Levin – Cell Phone: Enter Waypoint from the Location, Enter Waypoint from 911, Go-To Waypoint

1330 Split into groups. All patrollers to demonstrate the following:

1. **Hepler** – Assemble sled harness for (1) self-haul w/ guest assist, & (2) snowmobile use.
2. **Potter** – Apply Kendrick Traction Device to fellow patroller
3. **Levin** – Mega Mid set-up
4. **Levin** – Low Angle refresh: Set up standard system and modify to 3-to-1 system

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1400 Low Angle Exercise - Levin

Guest reports Waldo (45) injured at bottom of Wahoo Gulch. Rig Anchor, Haul line, PMP and Prussic, and rig Petzl Micro Traxion.

1500 Scenarios (alternating patrollers/discussion)

1. **Teacup Scenario 1-Hepler:** Guest reported at cabin: Male (48) w/chest pains on Hemlock (1300)
2. **Teacup Scenario 2-Hepler:** HRSO call to Nordic: Female (39) painful shoulder on Owly Way (1000)
3. **Teacup Scenario 3-Hepler:** Parent reported at cabin: Male (10) missing PLS Nordic junction (1530)
4. **Teacup Scenario 4-Hepler:** HRSO call to Nordic: Male (55) says leg is broken, Vista Ridge (1400)
5. **Teacup Scenario 5-Hepler:** Guest reported at cabin: Male (15) over the bank on the south side of the creek crossing on Teacup Road, reported as in the creek. (1300)

1600 Wrap-Up & Adjourn

That's it. Look forward to seeing you "on the hill" and, as always, thanks for your service.



OEC Refresher, October 13, 2019.

Nigel Fenton (left front) and Glen Anderson (right front) treat a patient while Andi Grant corrals the parent (played by Janelle Candia).

Photo by John Howard.

MOUNTAIN HOST OPERATIONS

Jan Silagi, Mountain Host Director, HS 60054



Hello Fellow Hosts!

We are in the midst of our first big fall fundraiser at the SkiFever and Snowboard Show and I thank all of our MHSP members who dispatched and have completed (or will complete) a shift at the Expo Center this weekend.

Your support puts money in the coffers, which keeps the radios humming and the sleds running! It is not too late to dispatch for a shift at SkiFever this weekend. Please check the dispatch for availability!

Look to the dispatch site to sign up for a shift at SnoVana at the end of the month!

Fall Trade Shows

Speaking of those fall trade shows, the dates for the events are:

SkiFever and Snowboard Show – November 1st thru 3rd at the Portland Expo Center. Check the dispatch for shift availability and hours. There is also “tear-down” shift available on Sunday at 1800.

SnoVana – November 22nd and 23rd. The show is being held at the Oregon Convention Center this year. Check the dispatch for shift availability and hours.

Fall Refresher Training

Our second Fall Refresher training day is next weekend, Saturday, November 9th at Skibowl. If you did not attend in September, this is the only remaining opportunity to dispatch.

Membership renewal, submitting resort release forms, and recording of your BSL/CPR compliance will take place at the training.

Registration begins at 0900 and our training session will begin at 0930.

New to our training days this season is an opportunity to participate in the chairlift evacuation recertification of our fellow MHSP members.

Patrollers will be renewing their certifications at Skibowl on the 9th and need our participation to complete their practical skills test at the end of the day.

We need at least 12 Hosts to volunteer to participate in that process and be evacuated off a chair. This will take place at the end of our training day at approximately 1530.

If we can get bodies in the chairs it shortens this process to half the time. Without “civilians” in the chairs, the patrollers have to take turns being evacuated, which becomes a lengthy process. If you are willing to participate, please contact me at jansilagi@frontier.com to me know.

Apprentices

We have welcomed six apprentices to our membership for the coming season. We will continue our recruiting efforts for new members at the SkiFever and SnowVana shows, and conduct a second round of interviews at the end of November.

The new apprentice class will begin their training in December.

We should be on the mountain by the Thanksgiving holiday weekend. Look for messages announcing dispatch opening. Please pull your uniform and gear out and give everything a tune-up!

If you need information about laundering your uniform, please let me know and I'll send it your way!

See you all soon on the mountain!

GET OUT THE VOTE!

James Schuler, MHSP Council President, AS 90481

Voting for the NSP National Board elections opened on October 15th and continues through December 2nd. The NSP site has quick links to all candidate biographies and their platform statements.

Your MHSP Council, Wy'east Region, and Pacific NW Division of National strongly encourage you to vote in this election!

PNWD voting participation in years past has been relatively poor, but we as a patrol and region have voted in larger numbers than others. However, our region only cast 10% of all ballots in the last election, and we can do better!

One very important reason to vote is that one of our own PNWD members is up for election.

Liz Dodge is a 49-year patroller at the Summit at Snoqualmie, is the immediate past Division Director of PNWD, and has served in positions of increasingly senior authority in her local Patrol, Region, and Division for over 40 years.

Liz has been a determined and fiercely loyal advocate for all patrollers in the Pacific NW Division. In recent years she has been responsible for numerous IT initiatives, the renewal of the Certified program, and the significant growth of the Women's program at the Division and National levels.

Liz has participated in the creation and editing of every version of the OEC book (starting when it was WEC), and has sat on numerous committees at all levels, including at the national committee level.

Liz is committed to shifting the focus of the National Board to be more inclusive and get Western voices into the conversation.

In recent years, the Eastern and Southern Divisions of NSP have occupied the majority of seats on the National Board of Directors and Liz (and MHSP) feel it's time to have more NW and Western voices in the NSP board room.

The Council of Mt. Hood Ski Patrol heartily endorses Liz's candidacy.

You may vote for up to four of the candidates - we recommend you familiarize yourself with the candidates' bios and make your decision.

Whether you agree with the Council's endorsement or not, PLEASE VOTE!

Our Division has about 4700 members compared to over 8000 in Eastern Division. Eastern Division regularly gets 50-plus percent voting records, so let's try to make our turnout 100% and ensure that the voices west of the Rockies are *heard* in the Rockies when the next NSP board is convened!

Thank you for your service! SPIF!

SENIOR OEC PROGRAM

Cleo Howell, Senior OEC Coordinator, AS 1444

Senior OEC starts in December.

Do you want to improve your OEC skills along with your leadership, problem-solving, and decision-making skills? Then the Senior OEC program may be for you.

Just FYI, the Senior OEC program is now known as the OEC Module of the Senior Program (OEC-MSP).

In the OEC-MSP, you will use and refine all of your OEC skills and also learn how to use some different equipment. You will learn how to take charge of a scene with one or more injured patients, and then direct others to assist you. You will work with patrollers from other ski areas in Oregon.

The minimum requirements to participate in the OEC-MSP are that you have completed your rookie year and that you have a moderate level of experience with treating actual patients. The more hands-on experience that you have, the better you will do in the program. The OEC-MSP is mentally and physically demanding.

The proposed training dates are as follows:

- Two or three in-town evening sessions in December 2019; probably at St. Vincent Hospital
- Four to six on-mountain training days; January-April 2020
- Final exam on April 18th, 2020

If you really want to know what the OEC-MSP is all about, contact one of the recent program graduates: Ed Taylor, Dave Winterling, Mike Levis, or Glen Anderson.

If you have further questions, or you are interested in participating in the OEC-MSP, please contact me directly at howell.cleo@gmail.com, 503-680-2472.



Wy'east cabin 1935. Cabin was destroyed many years ago but was near the Wy'east ski run at Timberline. Photo by James Harlow

HISTORY CORNER

Lisa Wilberding-Hargrave, MHSP Historian, SH/AS 1053

The Birth of Mt. Hood Ski Patrol

Mt. Hood Ski Patrol traces its beginning back to 1937 when skiers began to flock to the trails above Government Camp.

In previous winters the road to 6000 feet was closed and skiers had to climb three miles and 2000 vertical feet from Government Camp to timberline in order to ski down the Glade, Blossom, and Alpine trails.

The construction of Timberline Lodge by the Works Project Administration led to the Timberline Road being kept open over the winter of 1936-37 for the first time. Skiers were quick to take advantage of the improved access. The increase in skiers meant an increase in injuries.

Two mountaineering clubs, Wy'east Climbers and the Nile River Yacht Club, had cabins near the present day location of the Wy'east ski run.

Club members had previously found themselves responding to injured skiers who had no one to care for them. The club's presidents, Everett Darr and Barney Macnab, prevailed on the US Forest Service to do something.

In response the Forest Service hired Hank Lewis, a young climber, to render rescue services and organize a formal ski patrol. He was given a sheet metal pin in the shape of the USFS shield and a wage of \$10 per weekend.

Hank learned first-aid and put together his own equipment, including an old wood toboggan from the Wy'east cabin. Recruiting unpaid volunteers from the two clubs and the ski community, he soon had a core group of 50 men assisting injured skiers.

Mt. Hood Ski Patrol was formally incorporated on March 2, 1938. At the first organizational meeting it was decided patrollers would all wear the same badge as Hank Lewis – MHSP is the only organization permitted to use the USFS badge outline.

To assign badge numbers the "First Fifty" drew numbered bottle caps from a mason jar⁽¹⁾. Newly elected President, Barney Macnab, was awarded badge #1. Hank Lewis drew badge #22. That same numbering sequence has continued into the present day with all new patrollers being awarded the next numbers in the same series.

In the five years following, until WWII interrupted skiing, Mt. Hood Ski Patrol was an important participant in developing the tools and procedures of ski patrolling and the formation of the National Ski Patrol System. But that is another story for another time.



Hank Lewis (left) and fellow climber Jim Mount (non-MHSP).

(1) You can view the original bottle caps and other MHSP artifacts at the Mt. Hood Cultural Center and Museum in the Jack Mitchum Memorial display case.

(editor's note – As The Sweep is the official document for MHSP, and for communicating to the membership, we have decided to document and inform you of how we got here and of the background of various traditions and procedures. We plan on the History Corner being a regular feature sharing the history of MHSP and skiing on Mt. Hood. Let us know what you think and what you want to know.)

CALENDAR

November

- 2 Nordic Refresher, Govy Building , 0900-1600
- 2 OEC Class, Location TBD, Time to be announced
- 2 Self-Evac Class, Timberline Lodge, Barlow Room, Starts at 0800, avy@mthoodskipatrol.org
- 3 Nordic Refresher, Govy Building , 0900-1600
- 4 Council Meeting, Providence Portland Medical Center, Conf Rm C/D – 2000–2200
- 5 OEC Class, St Vincent Hospital, Souther Classrooms, 1900-2245
- 6 Toboggan Instructor Meeting, Flying Pie Pizzeria, 1600 NW Fairview Dr, Gresham, 1845 Starts
- 9 Chair Evac, Skibowl, 0800–1600
- 9 OEC Class, Providence Portland Medical Center, Cancer Center Rms C/D, Time to be announced
- 10 Nordic Refresher, Govy Building, 0900-1600
- 11 General Meeting, Providence Portland Medical Center, Social Room, 2000-2200
- 12 OEC Class, Providence Portland Hospital, HCC2, 3, 1900-2245
- 16 The Sweep Newsletter Deadline, 1800
- 19 OEC Class, St. Vincent Hospital, Souther Classrooms, 1900-2245
- 26 OEC Class, St. Vincent Hospital, Souther Classrooms, 1900-2245

December

- 2 Council Meeting, Providence Portland Medical Center, Conf Rm C/D – 1900-2200
- 3 OEC Class, Providence Hospital, Cancer Center Rooms C/D, NE Glisan, 1800-2145
- 4 OET Senior Orientation, Location TBD, Contact Jeffery Weitz or hVH before Thanksgiving
- 7 OEC Class, Summit Ski Area, Meet TBD
- 7 Avalanche Level 1 Module 1, TBD
- 8 Toboggan Instructor Dryland Training, Govy Building, 0800
- 10 OEC Class, St. Vincent Hospital, Souther Classrooms, 1800-2145
- 14 Toboggan Instructor On-Hill Training, MHM with debrief at Govy Building, 0800
- 14 OEC Class, Summit Ski Area, Meet TBD
- 17 OEC Class, St. Vincent Hospital, Stanley Family Rooms 22-23, 1800-2145
- 21 The Sweep Newsletter Deadline, 1800
- 28 Associate Empty Sled REFRESHER, MHM with debrief at Govy Building, 0800

January

- 4 Associate Empty Sled Training, Location TBD, Time TBD
 - 4 Wy'east Region's 1st Senior OET Clinic, MHM, Time TBD
 - 4-5 All On-Hill Apprentice (Hill and Associate) Training Starts, Location and Time as assigned
 - 6 Council Meeting, Providence Portland Medical Center, Conf Rm C/D – 1900
 - 7 OEC Class, St Vincent Hospital, Souther Classrooms, SW Barnes, 1800-2145
 - 9 OEC Class Practical Final, Location TBD, Time TBD
 - 11 Avalanche Level 1 Module 2,
 - 12 Avalanche Level 1 Module 2,
 - 13 General Meeting, Providence Portland Medical Center, Social Room, 1900-2100
 - 14 OEC Class, Providence Hospital, HCC 2, 3, NE Glisan, 1800-2145
 - 16 OEC Class Practical Final, Location TBD, Time TBD
 - 18 The Sweep Newsletter Deadline, 1800
 - 25 Avalanche Refresher, Location TBD, Time TBD
 - 26 Avalanche Refresher, Location TBD, Time TBD
-