



# The Sweep

## September 2019

### NOTES FROM THE PRESIDENT

The lazy hazy days of summer are now behind us and I hope you enjoyed it with friends and loved ones.

Mt. Hood Ski Patrol/Wy'East Region was well represented at the Pacific Northwest Division Conference in Eugene last month, helping with training courses and meeting many new Patrollers and Hosts from all over the Northwest Division. We attended a great banquet and our patrollers received many Division and National Awards. Some of those will be awarded at our first general meeting this fall.

This month starts the opening of our annual training events. By now, in preparation, you should have completed your FEMA ICS 100 training and sent in your certificate. Hopefully you've completed your CPR/BLS annual skill review or taken a renewal course for a new CPR/BLS card. The CPR classes MHSP offers have now been completed and you will need to find a class elsewhere if you still need to meet this requirement. Contact Ed Taylor at [etaylor04@msn.com](mailto:etaylor04@msn.com) for information if you need one.

OEC Cycle C Refreshers begin this month. We'll be doing the OEC Hybrid course as we have done for the last several years with NSP online course work and hands-on refreshers at Athey Creek Middle School. See the Event Calendar for dates.

The ski areas will be working with us to complete Chair Evac training. Those dates, times, and places are on the Event Calendar. Get your harnesses, ropes, and gear ready for some fun on the mountain with the area Pro's.

This month also marks the beginning of a new season of OEC classes for our 20 new Candidates. You'll get to meet them during the Refreshers where they'll be helping the Instructors as patients. Please make them feel welcome and refrain from telling war stories until after they finish their training. I encourage you to come to some of the classes and help out with training and to get to know the new folks you'll be working with next year.

Saving the best for last, we have fully implemented our new Dispatch system. We've given you lots of heads-up notices and opportunities to practice before it went online, so hopefully this comes as no surprise to any of you. Since the program was written by one of our own, Dave Miller, and we now own it, we can modify it to meet our changing needs well into the future.

On a final note, this time of year we sometimes have to make a decision to leave the patrol or to take a year or two off for reasons of work, family, or transferring to another state or region.

There are options you may not be aware of that we can offer to help you make those decisions. We value the time and hard work you have put into patrolling and, if you plan to return some day, there is important information you might want to know about.

If you fall into any of these categories, please contact me at [president@mthoodskipatrol.org](mailto:president@mthoodskipatrol.org) before you make any final decisions on what actions you take with your patrolling career.

I will see you soon in the classes and on the hill.



*James Schuler*, MHSP Council President

<b>Topic</b>	<b>Pg.</b>
Area Operating Hours .....	2
General Meeting .....	2
Treasurers Report.....	3
MTN Host Operations .....	5
Nordic Operations.....	6
On Hill Training Update.....	8
Self Evac Training.....	10
Mt Hood Cleanup Day .....	11
Committees Update.....	11
Instructor Development.....	12
Skibowl Update .....	12
Summer Race Support .....	13
OEC Refresher Update.....	14
Events Calendar .....	16

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Affiliated with the National Ski Patrol

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Patrolling Area Operations/Showtimes:

<u>Skibowl:</u> Open Weekends 1100 – 1800 Sweep at 1800 Weekdays – Closed	<u>Timberline:</u> Open 1030 Arrive at FAR 1045 Biked Up 1100 Out the door 1600 Final Sweep	<u>Meadows:</u> Closed	<u>Summit:</u> Closed	<u>Teacup:</u> Closed
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**NO SEPTEMBER GENERAL MEETING**

**NEXT GENERAL MEETING OCTOBER 14, 2019**

# TREASURER'S REPORT

Jaye Miller, MHSP Treasurer, AP/HP 1437

To All MHSP Members:

I am pleased to present our budget for the 2019/2020 season. As part of improving our communications to members, we'd like to improve transparency of our finances.

To help accomplish this, I have included a copy of the budget with an explanation of why some line items are increasing this year.

The budget is constructed to:

- meet our obligations to our client areas;
- provide our members with excellent training opportunities; and
- act with sufficient prudence to maintain our long-term financial stability.

Before I address the budget though I would like to address a couple of other issues.

## Reimbursement

If you need reimbursement for an item or service you paid for on behalf of MHSP, the reimbursement form is found on the MHSP wiki. To find the form go to:

1. <http://mthoodskipatrol.org>
2. Click on Members on the left of the site
3. Click on Member Wiki
4. Log in as directed. You will need your Patrol number and password
5. The form is under Administration (lower left)

## Sno-Park Passes

Sno-Park passes are available for sale at the October general meeting, OEC refreshers, and the Host training day.

**Please note we will not be mailing out snow passes this year.** Members must pick up the pass at the October general meeting, OEC refreshers, or the Host training day.

With that out of the way, let's get into the budget and some specifics about how it is constructed.

## Membership and Dues

This is probably the most important issue for most of our membership as it is what impacts you most directly.

Our numbers look strong for the start of the season with 284 patrollers and hosts in addition to 35 apprentices, bringing our total strength to 319 members. We are offering a number of payment options for annual dues as we ramp up our training activities this fall.

1. Patrollers may pay by check or card at the OEC refreshers. Hosts may use these payment options at the Host training day.
2. You may pay via PayPal. **Please Option IN to pay the PayPal fee.**
3. You may mail in a check to the PO Box: MHSP PO Box 4384 Portland OR 97208.

Dues for the upcoming season are:

- MHSP dues: \$40.00
- Regional: \$13.00
- Division: \$8.00
- Total for NSP members: \$61.00 \*\*Part of total membership dues
- Non-NSP members/Host: \$40.00

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We are facing cost increases this year. Below are some of the notable items that have the biggest impact:

- We added WiFi to the Govy building
- Administrative cost increases for insurance, bank fees, bookkeeping, and website hosting.
- If members can haul out a bag of trash when using the Govy building, we can avoid paying for garbage.
- Costs associated with credit card payments and PayPal payments. These amounted to \$1,500.00 last year. **If members accept the PayPal service fee, we can reduce this cost.**
- We have increased our training opportunities and that takes some additional costs. These increases are part of the Patrol Chiefs and First Aid Chiefs' budgets. Improving this vital part of our annual commitments is a very conscious decision by the Council to increase opportunities for our members to attend advanced training sessions.

Now to move on to the overall budget, here are the general numbers for the 2019/2020 season.

### 2019 / 2020 Budget

<b>Mt Hood Ski Patrol Budget SY 2019-2020</b>	
<b>Approved by MHSP Executive Council, 13 August 2019</b>	
<b># of Associate/Hill/Host/Nordic Members</b>	284
<b># of Associate/Hill/Host/Nordic</b>	35
<b>Estimated number of members</b>	319
<b>Income</b>	
<b>Membership Dues</b>	\$ 17,942
<b>Non-Dues Revenue</b>	\$ 34,145
<b>Gross Revenue</b>	\$ 51,942
<b>Expenses</b>	
<b>Patrol Chief</b>	\$ 11,820
<b>First Aid Chief</b>	\$ 7,550
<b>Associate Director</b>	\$ 200
<b>Nordic Director</b>	\$ 1,504
<b>Mountain Hosts</b>	\$ 650
<b>Govy Utilities</b>	\$ 2,500
<b>Govy Telephone</b>	\$ 1,300
<b>Govy Bldg Maint</b>	\$ 850
<b>RC Bldg Maint</b>	\$ 200
<b>Administration</b>	\$ 14,262
<b>Committees</b>	\$ 11,235
<b>Total Expenses</b>	<b>\$ 52,071</b>
<b>Operating Profit (Loss)</b>	<b>\$ -129</b>

If you have any questions on the budget, please email me at [treasurer@mthoodskipatrol.org](mailto:treasurer@mthoodskipatrol.org), or feel free to ask the Council directly by attending a Council Meeting (held on the first Monday evening of every month).

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## Final Thoughts

Our financial position is strong as we enter the 2019-2020 season. We owe our strength to our members who contribute both by their dues as well as their contributions during the year supporting local race activities, member donations, and our partner firms' matching gifts from companies such as Intel, Wells Fargo, Chevron, Amazon Smile, Facebook, and Fred Meyer.

With your continued involvement and support of MHSP, I am confident we will maintain our strong financial position.

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## MOUNTAIN HOST OPERATIONS

*Jan Silagi, Mountain Host Director, HS 60054*



Hello Fellow Hosts!

Labor Day brings the 2018-2019 annual season for MHSP Mountain Hosts to a close. Hosts have put in more than 1,000 shifts at Timberline, Summit, and Skibowl, as well as at events in town over the past 12 months.

My thanks to all of you for your commitment and incredible customer service work representing Mt. Hood Ski Patrol.

We continue to have shifts available at Skibowl through the weekend of September 15<sup>th</sup>. These shifts will count as 'on mountain' shifts for the 2019-2020 year, so now is a good time to get a jump on fulfilling your shift commitment for the new season.

Start dates for winter shifts at Timberline, Summit, and Skibowl are yet to be determined.

### Fall Refresher Training

Just a note of clarification about our Fall Refresher Training days.

There are two dates available:

- Sunday, September 29<sup>th</sup> at Timberline
- Saturday, November 9<sup>th</sup> at Skibowl

The agenda for both training days will be the same and is not specific to the resort where the event is taking place.

Please make sure to check your calendars and dispatch to one of the training days. Membership renewal and recording of your BLS/CPR compliance will take place at the Fall Refresher.

### New Interview and Training Schedule For Apprentices

We are planning two rounds of interviews this fall for incoming Host Apprentices.

The first interview day will take place this month and we are planning another day for interviews after the SkiFever and SnoVana trade shows in November.

Both of these events are excellent opportunities for us to make contacts with promising candidates, but they have to wait for 10 months to participate in an interview.

By adding a second opportunity to meet and interview potential members at the end of November, we are hoping to gain a few more apprentices into our 2019-2020 class.

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## **Fall Trade Shows**

Speaking of those fall trade shows, MHSP will be participating in the SkiFever and Snowboard Show and SnoVana again this year.

These events are important opportunities for MHSP. Our largest fundraiser of the year is to sell Oregon SnoPark Permits. MHSP has groomed valuable relationships with the organizers of these events and we are the only vendors who sell the permits at the shows.

In addition to fundraising we have the opportunity to provide safety education with everyone we talk to and an opportunity to recruit new members.

The dates for the events are:

- SkiFever and Snowboard Show – November 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> at the Portland Expo Center.
- SnoVana – November 22<sup>nd</sup> and 23<sup>rd</sup> at the Oregon Convention Center

Dispatch for these two events will be up soon! Your participation at one of these events helps support our organization financially and helps promote the mission of MHSP in our community.

Looking forward to seeing you all at Refresher Training soon!

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## **NORDIC OPERATIONS**

*Steve Potter, Nordic Director, NP/AP 1630*

This month I decided to review the training and certification standards required to become a Nordic Patroller. We have many members asking what it takes to join our elite band of warriors, so here is an overview of what it takes. We are always looking for a few more good hardy souls to join our corner of the world.

If you (or someone you know) are interested, send me an email at [spotter67@frontier.com](mailto:spotter67@frontier.com).

### **Outdoor Emergency Care (OEC)**

Outdoor Emergency Care® is the National Ski Patrol's (NSP) award-winning training program for patrollers, and others in the recreational community, who deal with emergency situations.

Originally developed in the late 1980s for the 28,000 members of the National Ski Patrol, this nationally recognized program is designed to manage the toughest emergencies, in all seasons.

The OEC training program is tailored to the nonurban rescuer. Over the years, OEC has evolved to address the needs of other outdoor-based emergency care providers too, including wilderness medical technicians, river rafting and mountaineering guides, members of search and rescue groups, mountain bike patrollers, and parks and recreation employees.

Today, OEC is considered the standard of training for emergency care in the outdoor environment and is recognized by resorts and recreational facilities in all 50 states.

OEC is an approximately nineteen week, 100-hour course consisting of online study and weekly lectures as well as practical application classroom study. In addition, this course includes multiple on-hill days of practical exercises in preparation for both practical and written examinations.

Once graduates are qualified OEC technicians the next step in becoming a qualified Nordic Patroller is to work a minimum of ten days at the Nordic ski area with mentors learning the area and practical application of OEC skills.

Personal progress is mapped utilizing a Nordic Training Log Book.

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## **Annual OEC Refresher**

NSP requires an annual review and practical application of approximately one third of the OEC class content.

This refresher process is performed in a three-year cycle. Emphasis is placed upon critical and common intervention aspects of the training program.

## **CPR**

All patrollers are required to be certified in Cardio Pulmonary Resuscitation (CPR) on an American Heart Association Basic Life Support level or equivalent. All patrollers must demonstrate BLS level CPR to a BLS instructor annually.

## **Avalanche Level 1**

All Nordic patrollers are required to have completed NSP Avalanche 1, including all three components, and to have completed a refresher course at least every three years.

## **MTR 1 – Mountain and Rescue Basics (ICS-100 and ICS-700)**

- Class One is a three-hour in-classroom study. The basic study area is Survival.
- Class Two is a three-hour in-classroom study. The topic is Travel, including Modes of Travel, Land Navigation, and Backcountry Hazards.
- Class Three is a three-hour in-classroom study. The topic is Backcountry Considerations, including Environmental Awareness, Weather, Group Dynamics, and Backcountry Medical Emergencies.
- Class Four is a three-hour in-classroom study. The topic is Search and Rescue, including SAR Basics and Rescue Techniques.
- Class Five is a one-day outdoor practical application session covering most of the classroom subject matter.
- Class Six is a two-day outdoor practical application session, including an overnight camp (hopefully on snow).

## **Ski and Toboggan Refresher**

All Nordic Patrollers are required to annually demonstrate the ability to safely move the applicable rescue toboggan.

## **Nordic Refresher**

All Nordic patrollers are required by NSP to complete an annual refresher that covers:

1. The requirements of the local patrol and ski area.
2. The requirements of the local region.
3. The requirements of the division.
4. One third of the NSP Nordic requirements.

## **Oregon Sheriff's Search Association Searcher (OSSA Searcher)**

1. Legal Issues
2. Survival Skills
3. Radio Communications
4. Land Navigation
5. GPS Operation

(continued)

6. Law Enforcement Support Skills
7. Search Organization and Management
8. Search Techniques
9. Helicopter Safety
10. Clue Awareness and Identification
11. Subject and Searcher First Aid
12. Searcher Safety

All of the above are requirements needed to meet the minimum standards for Mt. Hood Ski Patrol Nordic Patrollers. Most of the listed areas have additional levels beyond the required levels (Senior OEC, MTR 2, Avalanche 2, and Avalanche 3, for example). The OSSA Searcher class is presented by authorized Nordic instructors and credit is granted for OEC and MTR portions of the OSSA Searcher qualification.

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## **ON-HILL TRAINING FOR 2019-2020 SEASON**

*heather Van Houten, Training Director, HC 1793*

### **Chair Evac Refreshers**

The on-hill instructors will be gearing up this fall to provide you a robust training schedule for the coming season

Chair Evacuation refreshers are in the works for fall; our Patrol Chief, Rachel Leiber, along with the APCs are coordinating these with the areas.

**Timberline Chair Evac** will be held **Sunday September 29<sup>th</sup>, 2019 from 0800-1700**

**Skibowl Chair Evac** will be held **Saturday November 9<sup>th</sup>, 2019 from 0800-1600.**

Please plan accordingly for which Chair Evac refresher you plan to attend. If you are or plan to be on a TEAM this season, it will serve you best to attend the Evac refresher at the area of your team.

### **Self-Evac Training**

We will be hosting Self-Evac Training again this year. We had a great pilot training day last year at Timberline and we will be doing it again this year with two opportunities to participate. These trainings will cover equipment, rigging, and rappelling basics for self-evacuation. This training DOES NOT replace chairlift evacuation practice.

**Saturday. September 28<sup>th</sup>, 2019**

**Saturday November 2<sup>nd</sup>, 2019.**

**Both dates will be held at Timberline** and start at 0800 in the Barlow Room of the main lodge. Please dispatch for one of these, space is limited. Due to limited space, preference is given to patrollers on teams. Nicole Gaines will send out details to those who are participating. For a list of gear requirements, please see the Self-Evac page on the MHSP wiki.

**This training is not required in order to patrol; however, it is required if you plan on self-evacuating in a real 1060.** Please contact Nicole Gaines at [avy@mthoodskipatrol.org](mailto:avy@mthoodskipatrol.org) with any questions.

### **ICS 100 Course**

If you have not taken the ICS 100 course and plan to patrol this coming season you **have** to complete this! The earlier NSP registration for this course has been closed; however, we will be opening up another course this month.

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1. If you **have not taken** the ICS 100 course or if you cannot find your certificate, follow the instructions below:  
**You will need to register for a FEMA SID number prior to taking the course.**  
<https://cdp.dhs.gov/femasid>
2. The ICS 100 is a free online course that will take about two hours to complete.  
**FEMA ICS-100 Course**  
<https://training.fema.gov/is/searchis.aspx?search=ICS%20100>  
Click on "**Introduction to the Incident Command System, ICS 100**" link.
3. Once you complete the course you will receive an email in a day or two with a link to a **completion certificate with your name on it**. You **need to save this as a PDF file** on your computer and/or print it out and keep it.
4. Then submit your **Certificate of Completion** to [ocrefresher@mthoodskipatrol.org](mailto:ocrefresher@mthoodskipatrol.org)
5. Next, register at NSP:
  - a. Log in to your account.
  - b. Go to **Member Resources** at the top, select **Course Schedule**.
  - c. Under **Course Number Starts with** type in the entire course number (**new number will be provided soon**) then click on the course titled **Incident Command System 100**.
  - d. On the next screen click on the button that says **Register Myself**. Once you do this go ahead and **check out** as if you are buying the class. There is no charge for this course.

The ICS 100 course **must be completed by December 31<sup>st</sup>, 2019**. If it is not completed you will not be able to patrol into 2020.

If you have any problems or questions please contact me at [hvh18mhsp@gmail.com](mailto:hvh18mhsp@gmail.com).

### **Toboggan Refreshers**

We plan to do this just as we did last year. We will have toboggan instructors designated to your area throughout the season and they will work with the teams to get everyone signed off.

We will also be putting on Toboggan Enhancement Seminars (TESs) at the different resorts throughout the season. These also count for getting your Toboggan Refresher signed off. If you did not complete your Toboggan Refresher last year you will need to attend one of these seminars.

The TESs may be specific to tail rope or running a fixed-handle toboggan (ie. Cascade 350), etc. You will get continuing education credit for these seminars through NSP. There will be one TES at each area and one two-day Cascade 350 TES instead of two as we had last year.

Once the areas approve the training schedule, we will get the dates out to you.

### **Senior Ski/Toboggan Training**

We will be having Senior OET Toboggan Training this year!

We are scheduling four training dates in the WY' east Region, as well as some additional combined training dates with the Oregon Region.

The Senior Skiing and Toboggan final evaluations will be held in our region this year either at Meadows or Skibowl in mid-March. Senior OET is by invitation-only from your Training Director or Senior Program Advisors.

We look forward to helping you raise the bar of excellence through our Senior Training and to teach each candidate advanced techniques in both Toboggan running and Skiing/Boarding skills.

If you are interested in finding out more about these advanced training opportunities please email Jeffrey Weitz at [jw@northrimpx.com](mailto:jw@northrimpx.com) and include me at [hvh18mhsp@gmail.com](mailto:hvh18mhsp@gmail.com). Dates and schedule will be posted once they have been confirmed.

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## Empty Toboggan Training

We will have another associate empty toboggan training group this year. Training will take place at Timberline, Mt. Hood Meadows, and Skibowl this season. As of right now, it's planned for Saturdays. Training will **start in January** and **run seven weeks**. If you are interested in participating please contact John Howard and myself.

## Avalanche Training

Every three years Patrollers with Level 1 Avalanche training have to participate in an Avalanche Refresher to keep their Avalanche certification. If you have Level 1 and didn't do a refresher class in 2017-2018 OR in 2018-2019, then you need to participate in one of the four dates listed below.

**Avalanche Refresher** - Patrollers must participate in one of these dates if they are due for their three-year refresher for Avalanche Level 1.

2020	January	Saturday 25 <sup>th</sup> , Sunday 26 <sup>th</sup>	Timberline
	February	Saturday 15 <sup>th</sup>	Timberline
	March	Sunday 8 <sup>th</sup>	Timberline

Those with the Avalanche Awareness (AA) level of certification must also refresh this every 3 years. In this instance you repeat the AA class.

Avalanche Awareness - This course applies to Apprentices, Associate Patrollers, or any Patroller over the age of 65 who chose not to do Level 1. We have only one class currently scheduled for this year.

2019 October Thursday 17th Providence St. Vincent Medical Center

**Avalanche Level 1 Class - Hill** Rookies and other interested patrollers participate in this four-day class, including one Classroom session, one Field Weekend (both Saturday and Sunday), and one Organized Rescue "refresher" day. Registration information will be available during the fall OEC refreshers and general meetings.

2019	December	Saturday 15 <sup>th</sup>	Day 1 (Classroom)
2020	January	Saturday 11 <sup>th</sup> & Sunday 12 <sup>th</sup>	Days 2 & 3 (Field)
	February	Saturday 15 <sup>th</sup>	Day 4 (Rescue/"Refresher") <b>or</b>
	March	Sunday 8 <sup>th</sup>	Day 4 (Rescue/"Refresher")

If you have any questions regarding any of these Avalanche Trainings or if you'd like to get involved with the Avy Education Program this year, please contact Nicole Gaines at [avy@mthoodskipatrol.org](mailto:avy@mthoodskipatrol.org). Stay tuned for more information on your individual training requirements in a future email.

## MTR Training

Come play in the snow and expand your Mountain Travel and Rescue skills.

We will be offering MTR 1 and MTR 2 this season. The courses will be held concurrently so if you are interested in becoming an MTR Instructor, this is your opportunity!

We will start in early to mid-March and finish with three on-hill weekend activities in mid-April to early May depending upon when the Instructors are finished with their primary patrol duties.

Contact Steve Potter at [spotter67@frontier.com](mailto:spotter67@frontier.com) if you are interested in participating and/or becoming an Instructor. Please check the calendar as dates firm up later in the fall and early winter.

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## **MT. HOOD ALL-MOUNTAIN CLEANUP DAY, SEPTEMBER 21<sup>st</sup>**

*Matt Rea, Junior Trustee, HC 1138*

MHSP is supporting SOLVE, Timberline Lodge, Summit Ski Area, Mt. Hood Meadows, Mt. Hood Skibowl, the City of Government Camp, and other organizations in the first all-mountain cleanup day, September 21<sup>st</sup>. Please help clean up the mountain we love!

Volunteers will meet at Summit Ski Area at 0900 and fuel up on coffee, snacks, and breakfast goodies before cleaning up designated areas. Following the cleanup at 1300 there will be a party back at the Ratskeller in Government Camp.

If you are interested in participating, please sign up on the SOLV website at <https://www.solveoregon.org/opportunity/a0C1100000N133SUAR>.

When the website asks if you are participating in a volunteer team, please put in "Mt. Hood Ski Patrol." Friends and family are welcome to join the team.

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This is a totally voluntary activity, so there is no MHSP dispatch. However, please notify Matt Rea at [mantarea@comcast.net](mailto:mantarea@comcast.net) if you do want to participate so that we can track our numbers involved.

Brett Wesson of Timberline Lodge is the overall organizer for the event and has asked if MHSP members could serve as team leaders during the cleanup, so please let me know if you are willing to step up into that role.

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## **GET INVOLVED!**

*Matt Wood, MHSP Council Vice President, HP/AP*

### **Recruiting for Committees and Refresher Duty**

Your patrol needs YOU! We are actively recruiting for help for the following activities/committees:

- Refreshers – are you an OEC instructor with a year or two of experience? Got time on your hands? Like, plenty of time? Want to know how a Refresher is run? As IOR for the last two Refreshers, I always need PLENTY of help from instructors to run stations and provide high-quality OEC instruction, but there's a lot of organization and administration that goes into a Refresher. If you are interested in learning more about the "behind the scenes" necessities of the Refresher and helping out, please contact me and let's talk!
  - Finance Committee – we're seeking a person or two with experience in bookkeeping and/or accounting to assist with projects to get us better organized. As a patrol, we are in *excellent* shape financially speaking, but we can use help getting our arms around some of our accounting and inventory challenges.
  - Social Media – the Communications Committee would love to add 1-2 people who will provide content and updates to our Facebook page and Instagram. These are our primary social media feeds.
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## **INSTRUCTOR DEVELOPMENT**

*James Schuler, MHSP Council President, AS 90481*

The long-awaited Instructor Development class has finally been scheduled. Many of you have been waiting for this event and I can now tell you that it will be this month, September 30<sup>th</sup>.

Instructor Development is the first step to becoming a certified NSP instructor in any certified program as well as to become a MHSP Hill and/or Associate coach. Whether you've never instructed a group before or are a professional instructor, there are great techniques to help you in this course. The course consists of several hours of online course work on the NSP website and an evening in town of class work and demonstrations.

The class size is limited to 12 people and several have already expressed interest. If you are interested, please contact me at [jamesbschuler@yahoo.com](mailto:jamesbschuler@yahoo.com) and I'll give you the information you'll need.

The only cost will be your effort!

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## **SKIBOWL IN SEPTEMBER**

*Steve Barnett, Skibowl Summer Operations Manager, MHSP 1858*

Thanks to all the patrollers and hosts who have volunteered up at Skibowl this summer. After Labor Day, Skibowl will operate on weekends only, with the last day of operation on Sunday, September 29<sup>th</sup>, 2019. Hours for Labor Day and the other September weekends will be 1100 to 1800.

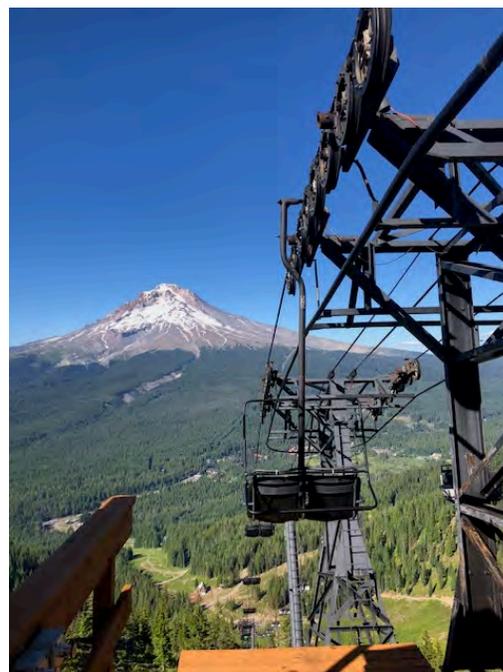
While things are starting to wind down, the two busiest days of the year are coming up. On September 7<sup>th</sup> and 8<sup>th</sup>, Skibowl hosts a corporate event with 3,500 people attending each day.

If you are a Patroller or Host working the event you will need to park at the Govy Building. A Skibowl shuttle will swing by to pick us up in the morning. Vouchers/chits cannot be used on these two days.

We still have plenty of dispatch slots available in September, and this will be your last chance to get your days in for the 2018-2019 season

If you have been taking a break from patrolling this summer, dispatching in September is a great opportunity to dust off your patrol pack and get your head back into "patroller-mode" before the OEC refreshers and chairlift evacuation practice days.

See you on the mountain!



Top of Upper Bowl, Skibowl  
Photo by Madeline Westbrook

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# SUMMER RACE SUPPORT

## 2019 RACE SUPPORT

*Mike Anderson, Race Support Coordinator, AS 1510*

We are coming down to the last two race support events of the year in September and October!

First, I'd like to give a big shout-out to the team that worked the August 3<sup>rd</sup> race at Kliever Armory. Thank you to Eric Granning and crew for their great support!

The next two races are a bit out of the norm, which make them even more exciting.

### Sunset on the Springwater Race

On Saturday September 21<sup>st</sup> we have the **Sunset on the Springwater** race, which is an evening race out on the Springwater Corridor. This was moved from August to September due to the heat issues we faced for a few years when the race was held in in August.

Show-up time is 1430 at the Sellwood Riverfront Park, which is just before you get to Oaks Park. It's a very nice location, but parking is a challenge, so you want to arrive early.

We should be done by 1930, and there is music and a bunch of activities lasting until 2100 if you are interested.



### Run Like Hell Race

On Sunday October 26<sup>th</sup> there is the **Run Like Hell** Race, which has been moved from downtown Portland to McMenamins Edgefield in Troutdale.

The show-up time is 0700 and we should be done by noon.

Since this is a brand-new race location, I'm not sure exactly where the first-aid tent will be, but the maps for the run are online and it looks pretty cool.

This is on the same date as one of the OEC Refreshers, but I'm hoping patrollers who want to work this race can schedule their refresher on one of the other two dates on the calendar.

This is a race where runners are in costume and it's one of the largest races of the year.

In past years there has been a great party afterwards and, being at a McMenamins, I wouldn't expect anything different (if not stepped up a notch).

For more information on these races you can look at the maps and other info at [www.terrapinevents.com](http://www.terrapinevents.com).

For questions regarding what to bring, feel free to contact me at [mikeanderson3@comcast.net](mailto:mikeanderson3@comcast.net).

Thank you all for the time you have spent supporting these events.

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## OEC REFRESHER UPDATE

*Matt Wood, OEC Refresher Instructor of Record (IOR), AP/HC 1768*

### Refresher Reminders

By the time you're reading this, Timberline will have transitioned from mixed snow and bike patrol to just bikes. Temps should be cooler, kids will be in school, and we'll get a chance to stretch out our summer muscles and get back into training in the Fall for the... you know... SNOW!

There will be several all-patrol e-mails for guidance on Refreshers, as well as targeted messages to each group on each Refresher day. Here's a quick reminder:

- **Patrol Refresher** dates are Sunday 10/6, Sunday 10/13, and Saturday 10/26.
  - All Patrol Refreshers will be held at Athey Creek Middle School: 2900 SW Borland Road, Tualatin, OR 97062
- **Instructor Refresher** dates are Saturday 9/14 and Sunday 9/22.
  - All Instructor Refreshers will be held at St Vincent Hospital East Pavilion, 9155 SW Barnes Rd, Stanley Family Rooms



### What Patrollers Need To Do To Complete the OEC Refresher

- Complete the OEC Refresher Workbook (hard copy) and keep it to bring to your Refresher. Download a copy from the NSP website if you lost yours or the dog ate it.
- Complete Online Portion of the Hybrid "Cycle C" Refresher (available now)
- Email a copy or scan of the online certificate of completion to: [oecrefresher@mthoodskipatrol.org](mailto:oecrefresher@mthoodskipatrol.org)
- Enroll in Refresher at NSP website – Course number is P054190024 with Matt Wood as Instructor
- *If you are an OEC Instructor and enrolling in the Instructor course, your course number is P054190025, with Kathy Lee as Instructor*
- Dispatch on the new MHSP dispatch site for your preferred hands-on Refresher
- Attend the hands-on skills Refresher!

MHSP Dispatch is now open for all dates – please sign up at your earliest convenience.

Arrival and departure times will be confirmed later, but you can reasonably expect the day to start around 0700 and end by 1500-1530. See my info below, and see Ed Taylor's update on the CPR skills refresher that will happen at the end of the day.

I can be reached for any questions or concerns on my cell at 360-921-8879 or via e-mail at [vicepresident@mthoodskipatrol.org](mailto:vicepresident@mthoodskipatrol.org). Stay tuned for repeat and additional messages on this subject as the Refresher dates draw nearer!

### CPR Skills Review at Refreshers

Apparently, not everyone got the message that CPR needs to be updated every year. While our cards are good for two years, NSP requires us to show proficiency in a skills update annually.

Historically, we did the CPR "Skills Review" at Chair Evac, but the resorts have asked us to focus our energies expressly on Evac and resort procedures, so we are changing up the schedule.

Ed Taylor and James Schuler offered multiple sessions for skills review over the summer, but as a patrol we came up woefully short of complete attendance.

(continued)

We have a bunch of folks who have to perform the skills review, so Ed and other MHEST instructors have graciously offered to host a half-hour session for skills review at the end of each Refresher.

Attendance will be limited to 20 patrollers each session and Dispatch will be set up as a "Night Shift" so those needing to dispatch both for the Refresher *and* the CPR Skills Review can do so. Dispatch slots are available now.

If you do not complete a CPR Skills Review, you cannot patrol. If you have not attended a Skills Review by the last Refresher, you will have to come to a session on an OEC class Tuesday night, or pay to take a complete CPR course outside of MHSP/MHEST. Dispatch today!

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# CALENDAR

## September

- 8 MTR Enhancement Clinic, New Seasons Market Happy Valley, Community Room, 0900 – 1600
- 9 Council Meeting, Providence Portland Medical Center, Conf Rm C/D – 1900
- 10 OEC Class, Providence Hospital, Cancer Center Rooms C/D, NE Glisan, 1800-2145
- 14 OEC Instructor Refresher, St. Vincent Hospital, East Pavilion, Stanley Family Rooms, Approx. 0800
- 15 Instructor Evac Training, Timberline FAR, 0800
- 17 OEC Class, St. Vincent Hospital, Souther Classrooms, 1800-2145
- 21 The Sweep Newsletter Deadline, 1800
- 21 Sunset on the Springwater, Sellwood Riverfront Park, Meet at 1430
- 22 OEC Instructor Refresher, St. Vincent Hospital, Stanley Family Rooms, Approx. 0800
- 24 OEC Class, St. Vincent Hospital, Stanley Family Rooms 22-23, 1800-2145
- 28 Self Evac Training, Timberline, 0800
- 29 All Patrol Chair Evac, Timberline, 0800
- 30 Instructor Development, Clackamas Fire District Station #4, 1900 – 2200

## October

- 1 OEC Class, Providence Hospital, Cancer Center Amphitheater, NE Glisan, 1800-2145
- 6 OEC Refresher, Athey Creek Middle School, 2900 SW Borland Rd, Approx. 0800
- 7 Council Meeting, Providence Portland Medical Center, Conf Rm C/D – 1900
- 8 OEC Class, St Vincent Hospital, Souther Classrooms, SW Barnes, 1800-2145
- 13 OEC Refresher, Athey Creek Middle School, 2900 SW Borland Rd, Approx. 0800
- 14 General Meeting, Providence Portland Medical Center, Social Room, 1900 - 2100
- 15 OEC Class, Providence Hospital, HCC 2, 3, NE Glisan, 1800-2145
- 17 Avalanche Awareness – Apprentices, TBD
- 19 The Sweep Newsletter Deadline, 1800
- 20 Run Like Hell Half Marathon, McMenamins Edgefield, Troutdale, Meet at 0700
- 22 OEC Class, St.Vincent Hospital, Souther Classrooms, SW Barnes, 1800-2145
- 23 APC/HC/AS annual Meeting, Location TBD, 1830-2030
- 26 OEC Refresher, Athey Creek Middle School, 2900 SW Borland Rd, Approx. 0800
- 29 OEC Class, Providence Hospital, Social Room, NE Glisan, 1800-2145

## November

- 2 Nordic Refresher, Govy Building , 0900-1600
  - 2 OEC Class, Location TBD, Time to be announced
  - 2 Self-Evac Class, Timberline Lodge, Barlow Room, Starts at 0800, [avy@mthoodskipatrol.org](mailto:avy@mthoodskipatrol.org)
  - 3 Nordic Refresher, Govy Building , 0900-1600
  - 4 Council Meeting, Providence Portland Medical Center, Conf Rm C/D – 2000 – 2200
  - 5 OEC Class, St Vincent Hospital, Souther Classrooms, 1900-2245
  - 9 Chair Evac, Skibowl, 0800 – 1600
  - 9 OEC Class, Providence Portland Medical Center, Cancer Center Rms C/D, Time to be announced
  - 10 Nordic Refresher, Govy Building , 0900-1600
  - 11 General Meeting, Providence Portland Medical Center, Social Room, 2000 - 2200
  - 12 OEC Class, Providence Portland Hospital, HCC2, 3, 1900-2245
  - 16 The Sweep Newsletter Deadline, 1800
  - 19 OEC Class, St. Vincent Hospital, Souther Classrooms, 1900-2245
  - 26 OEC Class, St. Vincent Hospital, Souther Classrooms, 1900-2245
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